

Supplemental Information 2. Additional characteristics of study participants by disease activity.

Characteristic	Subcategory	Remission (N=93)	Active disease (N=105)	All patients (N=200)	P value between subgroups
Age, mean (SD)		30.60 (9.94)	32.86 (10.75)	31.80 (10.41)	0.087
Male gender, n (%)		40 (43.0)	44 (41.9)	84 (42.2)	0.875
Age at diagnosis, mean (SD)		24.14 (10.26)	24.73 (10.88)	24.46 (10.57)	0.548
Place of residence, n (%)	City with a population of \geq 100 thousands	56 (60.2)	52 (50.0)	110 (55.3)	0.227
	City with a population of <100 thousands	19 (20.4)	32 (30.8)	51 (25.6)	
	Village	18 (19.4)	20 (19.2)	38 (19.1)	
Comorbidities	Any, n (%)	35 (37.6)	50 (47.6)	87 (43.5)	0.157
	Number of comorbidities ^a , median (IQR)	1 (1 to 2)	1 (1 to 2)	1 (1 to 2)	0.666
Comorbidities with >5% prevalence ^a	Allergies, n (%) ^a	5 (14.3)	7 (14.0)	12 (13.8%)	0.970
	Psoriasis, n (%) ^a	3 (8.6)	7 (14.0)	11 (12.6)	0.445
	Asthma, n (%) ^a	4 (11.4)	5 (10.0)	9 (10.3)	0.833
	Hashimoto's thyroiditis, n (%) ^a	2 (5.7)	5 (10.0)	7 (8.0)	0.479
	Celiac disease, n (%) ^a	2 (5.7)	3 (6.0)	5 (5.7)	0.956
Penetrating disease course	Absent, n (%)	66 (70.97)	60 (58.82)	126 (63.96)	0.127
	Present, n (%)	19 (20.43)	34 (33.33)	54 (27.41)	
	'don't know'/ 'don't remember', n (%)	8 (8.60)	8 (7.84)	17 (8.63)	
Current treatment, n (%)	Mesalazine or sulfasalazine	75 (80.6)	90 (85.7)	166 (83.0)	0.339
	Azathioprine, mercaptopurine or methotrexate	52 (55.9)	50 (47.6)	104 (52.0)	0.244
	Budesonide, prednisone, prednisolone or methylprednisolone	13 (14.0)	37 (35.2)	51 (25.5)	0.001
	Infliximab or adalimumab	10 (10.8)	18 (17.1)	28 (14.0)	0.198

Characteristic	Subcategory	Remission (N=93)	Active disease (N=105)	All patients (N=200)	P value between subgroups
Surgical treatment in the past	Any, n (%)	38 (40.9)	53 (51.5)	92 (46.5)	0.138
	Number of surgeries ^a , median (IQR)	2 (1 to 3)	2 (1 to 3)	2 (1 to 3)	0.969
	Months since last surgery ^a , median (IQR)	33 (12 to 70)	27 (10.5 to 55)	30 (12 to 60)	0.781
Disease activity at last clinical assessment, as indicated by responder	Remission or mild disease, n (%)	84 (90.3)	57 (54.3)	141 (70.5)	<0.001
	Moderate or severe disease, n (%)	6 (6.5)	44 (41.9)	52 (26.0)	
	'don't know'/ 'don't remember', n (%)	3 (3.2)	4 (3.8)	7 (3.5)	
Current disease activity	P-HBI, mean score (SD)	1.88 (1.37)	9.20 (3.98)	5.76 (4.76)	not applicable
	Remission or mild disease, n (%)	93 (100)	41 (39.0)	134 (67.7)	not applicable
	Moderate disease, n (%)	n/a	58 (55.2)	58 (29,3)	
	Severe disease, n (%)	n/a	6 (5.7)	6 (3.0)	
Current work status	Any occupational activity, n (%)	60 (64.5)	58 (55.2)	120 (60.0)	0.184
	Full-time, n (%) ^a	51 (85.0)	47 (85.5)	99 (84.6)	0.982
	Part-time, n (%) ^a	3 (5.0)	3 (5.5)	6 (5.1)	
	Retired, n (%)	2 (2.2)	2 (1.9)	4 (2.0)	0.902
	On a social or disability pension, n (%)	4 (4.3)	16 (15.2)	21 (10.5)	0.011
	Student, n (%)	21 (22.6)	21 (20.0)	42 (21.0)	0.658

^a among participants with higher-level category characteristic