




Appendix
A Cluster Randomized Trial of a Personalized Multi-Condition Risk Assessment in Primary Care
Haas et al.

Appendix A. Sample Provider Schedule Indicating Whether a Patient Had Reported Risk Factor Data

Time	Status	Clinic	Patient Name	Sex/Age	Visit Type
TEST,VIEW,M.D.					
10:00 - 10:20		H	BWHLMRHMTEST.SIX 	F 50	NEW
11:00 - 11:10		H	BWHLMRHMTEST.EIGHT 	F 51	NEW
11:00 - 11:10		H	BWHLMRHMTEST.EIGHTEEN	F 81	NEW
12:00 - 12:10		H	BWHLMRHMTEST.NINETEEN	F 66	NEW
13:00 - 13:10		H	BWHLMRHMTEST.FOUR 	F 41	NEW

Go to Patient Entered Data Queue

Appendix B. Sample Health Risk Appraisal



Name: Lucy Snoopy
Generated On 5/22/2013

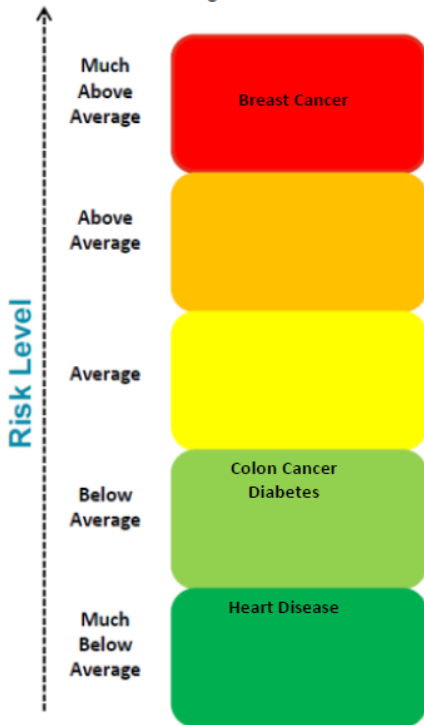
Your Health Snapshot

How is Your Health Risk Determined?

The graph below shows your estimated risk based on your answers to the questions you answered about your health behavior and family history. *If you have skipped some of the questions, these estimates may be less accurate.*

Your Risk

You have Much Above Average risk for **Breast Cancer**, Below Average risk for **Colon Cancer** and **Diabetes**, and Much Below Average risk for **Heart Disease**



Major things you can do to improve your health:

1. Achieve and maintain a healthy weight.
2. Eat a healthy diet low in red meat to reduce your risk of colorectal cancer.
3. Eat a healthy diet including fish two or more times per week to reduce your risk of heart disease

Keep up the good work. You're already doing these things to stay healthy:

1. You exercise regularly.
2. Maintain your healthy blood pressure.
3. Maintain your cholesterol level.
4. You eat whole grains (like whole wheat bread, brown rice, oatmeal or popcorn) most days.
5. You eat at least 3 servings of fruits and vegetables most days.
6. You eat nuts on most days.

My Watch List

In addition to your disease risk, you should also keep track of these factors that are important to your health and well-being.

Talk to Your Doctor

Because you have a family history of heart disease, be sure to talk to your doctor about your risk. Because you have a family history of cancer, be sure to talk to your doctor about your risk.

Weight

Losing some weight would improve your health and help you feel better overall. As little as 5 pounds can have real benefit. Talk to a doctor for some tips.

For more information about any of these conditions visit: <http://www.yourdiseaserisk.wustl.edu/>

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Appendix C. CONSORT Diagram

