

## Risk-of-Bias Assessments

	Sequence Generation	Allocation Concealment	Blinding of Participants and Personnel	Blinding of Outcome Assessment	Incomplete Outcome Data	Selective Outcome Reporting	Other Issues
Ström, 2004	Unclear	Unclear	Unclear	Unclear	Low	Low	Low
Ritterband, 2009	Low	Unclear	High	Unclear	Low	Low	Low
Vincent, 2009	Low	Unclear	High	Unclear	Low	Low	Low
Espie, 2012	Low	Low	High	Unclear	Low	Low	High
Lancee, 2012	Low	Unclear	High	Unclear	Low	Low	Low
Ritterband, 2012	Low	Unclear	Unclear	Unclear	Low	Low	Low
Lancee, 2013	Low	Unclear	High	Unclear	Low	Low	Low
Ho, 2014	Low	Unclear	High	Low	Low	Low	Low
Holmqvist, 2014	Low	Low	High	Unclear	Low	Low	Low
van Straten, 2014	Low	Low	Unclear	Unclear	High	Low	Low
Blom(a), 2015	Low	Low	High	Unclear	High	Low	Low
Blom(b), 2015	Low	Low	High	Unclear	High	Low	Low
Lancee, 2015	Unclear	Unclear	High	Unclear	Low	Low	Low
Kaldo ,2015	Low	Low	High	Unclear	High	Low	Low