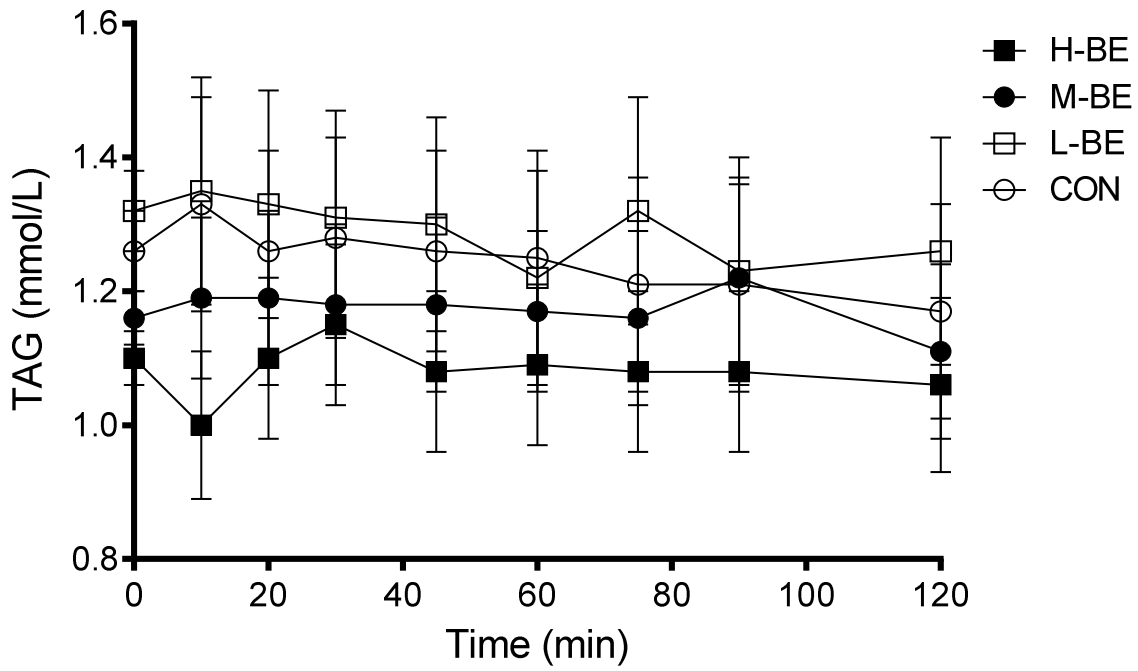
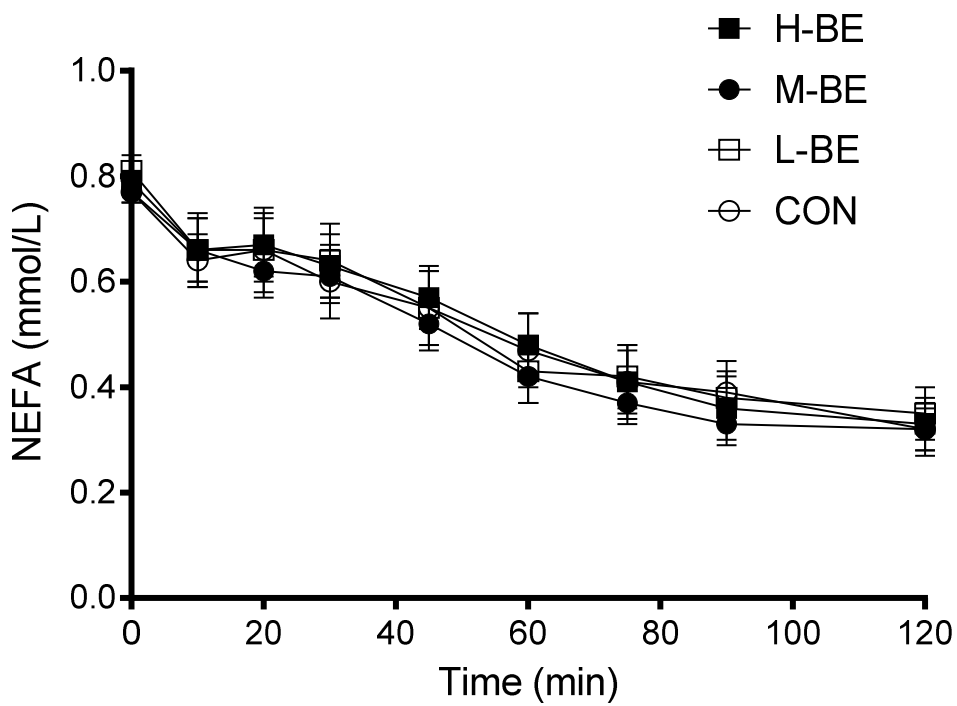


A**B**

Supplementary Figure 1: Postprandial plasma TAG and NEFA concentrations

Mean (\pm SEM) plasma TAG (**A**) and NEFA (**B**) concentrations following ingestion of 4 low sugar fruit drinks 2 minutes before consuming a mixed carbohydrate meal, in randomized order: H-BE: high blackcurrant extract (600 mg anthocyanins); M-BE: medium blackcurrant extract (300 mg anthocyanins); L-BE: low blackcurrant extract (150 mg anthocyanins); CON: placebo (0 mg anthocyanins). $n = 22$. All data were natural log transformed before mixed model analysis. For TAG, there was a treatment effect ($P < 0.0000001$) on raw values but not for changes from baseline and no treatment \times time interactions was observed. There were no statistically significant treatment differences in NEFA concentrations. **A**: ^a $P < 0.005$ for the treatment difference at baseline.