STROBE Statement: Checklist of items that should be included in reports of observational studies. Checklist annotated according to the manuscript, "Improving access to mental health care by delivering psychosomatic consultation within the workplace: A cross-sectional exploratory trial".

	Item No	Recommendation	Location in primary paper, or other details
Title and abstract	1	( <i>a</i> ) Indicate the study's design with a commonly used term in the title or the abstract	Done in the respective section ("title") of the manuscript
		( <i>b</i> ) In the abstract, provide an informative and balanced summary of what was done and what was found	Done in the respective section ("abstract") of the manuscript
Introduction			
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported	Done in: "Introduction"
Objectives	3	State specific objectives, including any pre-specified hypotheses	Done in: "Introduction", last paragraph. No pre-specified hypothesis, but "research question"
Methods			
Study design	4	Present the key elements of the study design early in the paper	Done in the first paragraph of "Methods", further detailed information in published "Study Protocol" (enclosed)
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection	Setting and location is described under "Methods, Setting" Periods of recruitment are reported under "Methods, Participants". There is no follow up in this cross-sectional study. Data collection is described under "Methods, Measures"
Participants	6	<ul> <li>(a) Cohort study-Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up</li> <li>Case-control study-Give the eligibility criteria and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls</li> <li>Cross-sectional study-Give the eligibility criteria and the sources and methods of selection of participants</li> </ul>	Cross-sectional study: all criteria are reported in the respective section
		(b) Cohort study-For matched studies, give matching criteria and number of exposed and unexposed Case-control study-For matched studies, give matching criteria and the number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and	Compare: Fig 1-Conditional latent profile model

		effect modifiers. Give diagnostic criteria, if applicable	
Data sources/	8*	For each variable of interest, give sources of data and details of methods of	All variables are explained in "Methods", please also compare.
measurement		assessment (measurement). Describe comparability of assessment methods if	the legend of Table 3: Latent profiles of impairment for four fou
		there is more than one group	class solution
Bias	9	Describe any efforts to address potential sources of bias	Done in: "Methods, Bias"
Study size	10	Explain how the study size was arrived at	Done in: "Methods, Study size"
Quantitative	11	Explain how quantitative variables were handled in the analyses. If applicable,	Compare: Fig 1-Conditional latent profile model
variables		describe which groupings were chosen and why	
Statistical methods	12	(a) Describe all statistical methods, including those used to control for	Done in: "Methods, Analysis"
		confounding	
		(b) Describe any methods used to examine subgroups and interactions	Not applicable
		(c) Explain how missing data were addressed	Missing data were handled with full information maximum
			likelihood (FIML) estimation, as foreseen in MPlus
		(d) Cohort study-If applicable, explain how loss to follow-up was addressed Case-control study-If applicable, explain how matching of cases and controls was addressed Cross-sectional study-If applicable, describe analytical methods while taking account of sampling strategy	Not applicable
		( <i>e</i> ) Describe any sensitivity analyses	Not applicable
Results			
Participants	13*	(a) Report numbers of individuals at each stage of study, e.g. numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed	Done in "Participants" as applicable
		(b) Give reasons for non-participation at each stage	Not systematically assessed
		(c) Consider use of a flow diagram	See: Fig 2-Flowchart of participants
Descriptive data	14*	(a) Give characteristics of study participants (e.g., demographic, clinical, social)	Detailed in Table 1
		and information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of	See: Table 3-Latent profiles of impairment for four four-class
		interest	solution. Numbers of complete cases per variable of interest are
		interest	solution. Numbers of complete cases per variable of interest are reported in Fig 2-Flowchart of participants
		interest (c) <i>Cohort study</i> -Summarise follow-up time (e.g., average and total amount)	

		time	
		<i>Case-control study</i> -Report numbers in each exposure category, or summary measures of exposure	
		Cross-sectional study-Report numbers of outcome events or summary measures	See: Table 1-Sample description, Fig 2-Flowchart of participants, and Table 5-Descriptive data of the four profiles
Main results	16	( <i>a</i> ) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (e.g., 95% confidence interval). Make clear which confounders were adjusted for and why they were included	See: Table 3-Latent profiles of impairment for four four-class solution
		(b) Report category boundaries when continuous variables were categorised	See: Legend Table 3-Latent profiles of impairment for four four- class solution
		( <i>c</i> ) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	Not applicable
Other analyses	17	Report other analyses done, e.g. analyses of subgroups and interactions, and sensitivity analyses	Model fit parameters are reported (Table 2-Goodness of fit statistics for three to five class solutions)
Discussion			
Key results	18	Summarise key results with reference to study objectives	First paragraph of "Discussion"
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias	Fifth paragraph of "Discussion"
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence	Paragraphs 2–4 of "Discussion"
Generalisability	21	Discuss the generalisability (external validity) of the study results	End of paragraph five of "Discussion"
Other information			
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based	Details after "Discussion"

\*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

**Note:** An Explanation and Elaboration article discusses each checklist item and gives the methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.