

## SUPPLEMENTAL MATERIAL

**Supplemental Table 1.** Baseline characteristics at Visit 5 stratified by sex

	Female	Male
	N=2687	N=1656
<b>Clinical Characteristics</b>		
Age (years)	75±5	76±5
Black	622 (23.1%)	302 (18.2%)
Center		
Forsyth County	580 (21.6%)	398 (24.0%)
Jackson	574 (21.4%)	265 (16.0%)
Minneapolis	806 (30.0%)	555 (33.5%)
Washington County	727 (27.1%)	438 (26.4%)
Diabetes mellitus	866 (32.2%)	599 (36.2%)
Hypertension	2179 (81.1%)	1295 (78.2%)
Current Smoker	143 (5.4%)	101 (6.2%)
Heart rate (bpm)	63± 10	61±11
SBP (mmHg)	131±18	129± 16
DBP (mmHg)	67±10	68±10
<b>Body Composition</b>		
Height (cm)	160±6	174±7
Weight (kg)	73±16	87±15
BMI (kg/m <sup>2</sup> )	28.7±5.9	28.5±46

Fat mass (g)	39.3±7.0	28.8±12.0
Waist circumference (cm)	98.5±14.2	104.3±11.7
Waist hip ratio	0.90±0.08	0.98±0.05

**Laboratory Values**

HbA1c (%)	5.9±0.8	5.9±0.8
Total Chol (mg/dL)	195±40	173±38
LDL (mg/dL)	113±33	102±33
HDL (mg/dL)	57±14	47±11
Triglycerides (mg/dL)	126±60	125±67
hs-CRP (mg/L)	2.17 [1.04, 4.47]	1.73 [0.83, 3.41]
hs-TnT (ng/L)	0.01 [0.01, 0.01]	0.01 [0.01, 0.01]
NT-proBNP (pg/mL)	130 [68, 230]	92 [50, 179]
eGFR (ml/min/1.73m <sup>2</sup> )	71.09±16.30	71.03±16.11

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Data are shown as means±SD, median [IQR], or N (%)