Questionnaire: The Clinical Use of Placebo

Please answer the following questions:

- 1. Age: _____
- 2. Sex:
- a. Male
- b. Female
- 3. Profession:
- a. Physician
- b. Nurse
- 4. Years of work since professional accreditation:
- 5. I work in a:
- a. Inpatient and hospital-based outpatient medical department
- b. Inpatient and hospital-based outpatient surgical department
- c. Family physicians clinic in the community
- 6. The number of patient I see in the course of week is:
 - a. <10
 - b. 10-30
 - c. 30-50
 - d. 50-100
 - e. >100
- 7. I prescribe or administer placebos:
 - a. On a daily basis
 - b. Once a week on average
 - c. Once a month on average
 - d. Once a year in average

- e. Not relevant: I never give placebo
- 8. Before I prescribe or administer placebo I tell the patient that:
 - a. It is medication
 - b. It is a placebo
 - c. It is a medicine with no specific effect
 - d. I say nothing
 - e. Not relevant: I never give placebo
- 9. When I use placebo it is:
 - a. Usually effective
 - b. Sometimes effective
 - c. Never effective
 - d. I do not know if it is effective
 - e. Not relevant: I never give placebo
- 10. In the following situations I have prescribed or administered placebo (you may choose more than one option):
 - a. Instead of medication, when using that medicine is not justified
 - b. As a supplement to medication
 - c. Instead of a medication in order to buy time between one dose and the next of the medication
 - d. To calm a patient
 - e. To mollify a complaining patient
 - f. As a diagnostic tool (i.e. in order to distinguish between a genuine and imaginary symptom, or an organic and psychological symptom)
 - g. As a treatment for a nonspecific symptom
 - h. To control pain (including in the context of patient controlled analgesia)
 - i. In other conditions (please elaborate)

- j. Not relevant: I never give placebo
- 11. Scientific data suggests that some patients benefit from the placebo. In my opinion the mechanism behind this phenomena is (you may choose more than one option):
 - a. Biochemical
 - b. Psychological
 - c. The natural course of the illness
 - d. Positive energies
 - e. Unexplained factors
 - f. I do not know
- 12. My position concerning the use of placebo is that it is:
 - a. Always prohibited
 - b. Permitted if research supports its efficiency
 - c. Permitted if the experience in the department supports its efficiency
 - d. Permitted after notifying the patient that he or she is receiving a placebo