Exit Interview – To be filled in by researcher

Q1	Did you have a day-off from school/work on the two assigned days?	1° day—Yes 1° day—No 2° day—Yes 2° day—No
Q2	Did you stay at home because you were ill during the assigned days?	1° day—Yes 1° day—No 2° day—Yes 2° day—No
Q3	Did you have any difficulties filling in the diary? If YES, please explain the difficulties.	Yes No
Q4	Did you record all the contacts you had during the period allocated? If NO, explain why.	Yes No
Q5	Do you think that the diary changed how you or those around you normally behave? If YES, explain why.	Yes No
Q6	Please estimate the age of the person in photographs 1, 2 and 3.	1) Check Check Check Check

Thank you for your participation.
For further questions and comments, kindly contact:
Biomedical Research & Training Institute
Manicaland HIV/STD Prevention Project
Sarupinda Village
Mutasa DC

Tel: 028 2230



CONTACT DIARY

For persons aged 6 years and above

	STUI	DY DETAILS	
Q01	ID study participant	Site Household Line	
Q02	Allocated days of the week to fill in the diary		MON/TUE/WED/THU/ FRI/SAT/SUN
Q03	Allocated dates to fill in the diary		DD1-DD2/MM/YYYY
Q04	Person keeping the diary	Participant Shadow(s)	N° of shadows
Q05	Age group participant		

Human diseases are spread through various ways.

One way that some of these infections spread is through coming into contact with infected saliva or mucous released into the air or deposited on hard surfaces through coughing or sneezing.

For us to know exactly how these diseases may spread in the community, we need to know how people of similar or different ages mix as they perform their daily duties.

This diary will enable us to collect data on how people mix in the household and community, and help to understand how to plan for preventive and control measures against the spread of infections.

Diary Checked by:	Initials	Data checked	Signature
Community Researcher			
Team Leader			

	INSTRUCTIONS							
1	Please keep this diary with you at all times throughout your allocated 48 hour period.							
2	Do not write your name on this diary. Use only the study identifier assigned to you.							
3	Fill in all applicable questions on pages 4-7.							
4	Use page 7 to give details of household members only. A household member is anyone who normally eats from the same pot as yourself and slept in the same house as you in the last 24 hours. For each household member only provide the relationship to you using the following list: wife/husband brother/sister maternal grandfather/mother son/daughter stepfather/mother paternal grandfather/mother, son/daughter in law maternal/paternal aunt adopted/foster child grandchild maternal/paternal uncle other relative father/mother nephew/niece not related. parent -in-law cousin							
5	On pages 8-9 (DAY 1) and on pages 16-17 (DAY 2), we ask you to report the various places where you have been at different times on the assigned two days and the number of people present around you at that time and in that place.							
6	On pages 10-15 (DAY 1) and on pages 18-23 (DAY 2), we ask you to record every person you have contact with during the two assigned days, her/his age, and the setting where the contact occurred.							
7	If you don't know the exact age, give an estimate of the age, trying to be as accurate as possible.							

If you have multiple contacts with a person during the day, record all the settings where you had such a contact and tick "Did you touch?" only if you had at least one physical contact.

"At home" is just for encounters at the residence where you normally live. If you met someone in their home, count this as a "Other" contact.

"At work" stands for encounters that you make at your workplace or throughout the course of your daily job activity (such as meeting customers or clients).

"Other" stands for encounters that you make neither "at home", nor "at school" and nor "at work" (eg. general community, transportation, leisure, church, market, etc).

If you know the exact age of	Did you	Where did you meet?							
the contact, please specify	touch?	At home	At school	At work	Other				

but no skin-to-skin contact (no touching).

following definition:

touching);

We also ask you whether the contact was physical or non-physical according to the

•a physical contact is a skin-to-skin contact such as a handshake or hug (with

•a **non-physical** contact is a two-way conversation with three or more words in the physical presence of another person (standing at most at two-arm distance)

In this part of the questionnaire, you should report the different persons you have encountered during the first of two assigned days.

For each person you met during the day, provide a brief description of the person you have encountered (e.g., mother, brother, school-mate, employer, bus driver, friend, etc.)

Remember to record whether it was a skin-to-skin contact, such as a handshake or a hug, or a non-physical contact, that is, a two-way conversation with three or more words in the physical presence of another person (standing at most at two-arm distance), but no skin-to-skin contact.

<	 DAY 2 -
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CODE	Relationship of the	Gender	Age						
	contact to you	(F/M)	<1	1-5	6-12	13-18	19-34	35-59	60+

INSTRUCTIONS

9	Be sure to register each person only once for each day, even if you have several contacts with that person on that day.
	If you have contact with the same person on both of the days, you should register that person for each of the two days.
	Each new person you contact should have a different line in the diary
10	If possible, record each of the your contacts from time-to-time throughout the day to avoid missing any contacts.
11	When recording your contacts it is easier to use a chronological order according to when you met the person for the first time during your assigned day and then add anyone else that you might remember as you go through your daily activities. However, chronological order is not essential.
12	After you have finished recording the diary, we suggest that you double check the diary entries trying to remember all of your activities to make sure you haven't missed any contact person.
13	For the purposes of the study, the day starts at 4 am of the first assigned day, and ends at 4 am of the day following the second assigned day (e.g. if your first assigned day is Monday, you start recording contacts occurred from Monday at 4 am until Wednesday at 4 am).
14	Do not fill in the last section. A researcher will take you through these questions.
15	Do not write in any grey areas. These are for administrative purposes only.

	STUDY PARTICIPANT DETAILS							
Q06	Date of birth	DD/MM/YYYY						
Q07	Including yourself, how many people live in your household?							

SHADOW(S) DETAILS (If not applicable, go directly to Q11) Relation of the shadow to Q08 1S 2S If other for 1° shadow, the study participant Mother If other for 2° shadow, Teacher Other Total years of education of Q09 1S 2S 1S 2S the shadow 0 1-2 3-7 8-12 13+ Don't answer Occupation of the shadow 1S 2S 1S 2S Q10 Teacher Office worker Retail (shops, Agriculture/ petty trading) fishing Casual labour Retired Unemployed Other If other for 1° shadow, If other for 2° shadow,

DURING DAY 2, WHO ARE THE PEOPLE YOU ENTERED IN CONTACT WITH?

If you have multiple contacts with a person during the day, record all the settings where you had such a contact and tick "Did you touch?" only if you had at least one physical contact.

"At home" is just for encounters at the residence where you normally live. If you met someone in their home, count this as a "Other" contact.

"At work" stands for encounters that you make at your workplace or throughout the course of your daily job activity (such as meeting customers or clients).

If you know the exact age of	Did you	Where did you meet?							
the contact, please specify	touch?	At home	At school	At work	Other				

In this part of the questionnaire, you should report the different persons you have encountered during the first of two assigned days.

For each person you met during the day, provide a brief description of the person you have encountered (e.g., mother, brother, school-mate, employer, bus driver, friend, etc.)

Remember to record whether it was a skin-to-skin contact, such as a handshake or a hug, or a non-physical contact, that is, a two-way conversation with three or more words in the physical presence of another person (standing at most at two-arm distance), but no skin-to-skin contact.

<	DAY	2	-
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CODE	Relationship of the		Age				Age		
	contact to you	(F/M)	< 1	1-5	6-12	13-18	19-34	35-59	60+

	SCHOOL DETAILS OF TH	IE STUDY PARTICIPANT IF APPLICABLE
Q11	Are you currently attending school?	Yes No If no, go directly to Q19
Q12	What level are you in?	Pre-school Primary Secondary College/University
Q13	What is the name of the school you are currently attending?	
Q14	Where is the school located?	Village/ town District
Q15	Estimate the distance from home to your school.	km
Q16	How do you get to school?	On foot By bus By bike By car Other If other,
Q17 Q18	How many students are attending your school? How many students are in the class where you spend	
	most of your time?	

	WORK DETAILS OF THE S	TUDY PARTICIPANT IF APPLICABLE
Q19	Have you ever worked to earn money outside of the household?	Yes No If no, go directly to Q25
Q20	Which sector of employment are you currently working in? If unemployed or retired,	Teacher Agriculture/ fishing Casual labour Unemployed Office worker Retail (shops, petty trade) Retired Other If other,
Q21	Where is your workplace located?	Village/town District
Q22	Estimate the distance from home to your workplace.	km
Q23	How do you get to work?	On foot By bus By bike By car Other If other,
Q24	Approximately how many people are employed in your workplace (incl. yourself)?	

If you have multiple contacts with a person during the day, record all the settings where you had such a contact and tick "Did you touch?" only if you had at least one physical contact.

"At home" is just for encounters at the residence where you normally live. If you met someone in their home, count this as a "Other" contact.

"At work" stands for encounters that you make at your workplace or throughout the course of your daily job activity (such as meeting customers or clients).

					>
If you know the exact age of	Did you		Where did	you meet?	
the contact, please specify	touch?	At home	At school	At work	Other

In this part of the questionnaire, you should report the different persons you have encountered during the first of two assigned days.

For each person you met during the day, provide a brief description of the person you have encountered (e.g., mother, brother, school-mate, employer, bus driver, friend, etc.)

Remember to record whether it was a skin-to-skin contact, such as a handshake or a hug, or a non-physical contact, that is, a two-way conversation with three or more words in the physical presence of another person (standing at most at two-arm distance), but no skin-to-skin contact.

	<	DAY 2 -
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CODE	Relationship of the					Age			
	contact to you	(F/M)	<1	1-5	6-12	13-18	19-34	35-59	60+

HOUSEHOLD DETAILS OF THE STUDY PARTICIPANT

Q25 A household member is anyone who normally eats from the same pot as yourself and slept in the same house as you in the last 24 hours.

List all the different people who belong to your household based on the relationship this person has with you (see detailed list on page 2)

CODE	Relationship to you	Age (years)	Gender	Do you sleep in
			(F/M)	the same
			([[[[[[[[[[[[[[[[[[[room? (Y/N)
				1
				+

DURING DAY 1, WHERE DID YOU SPEND YOUR TIME?

In this part of the questionnaire, we ask you to report the various settings where you have been during day 1 of the two assigned days and the number of people present in that setting.

If in a certain time slot you have been in different settings, tick a box for each of the settings that apply.

DURING DAY 2, WHERE DID YOU SPEND YOUR TIME?

"At home" means the residence where you normally live. If you spent time in someone else's home the "Other" setting category applies.

"At work" can either mean at your workplace or throughout the course of your daily job activity (such as meeting customers or clients).

"Other" refers to settings different from "at home", "at school", and "at work" (eg. general community, transportation, leisure, church, market, etc).

For each of the settings you have been in, report the **number of people present around you at that time**. If this is difficult, please provide an estimate.

-----> Time slots Where were you at that time? How many people were present around you at that time, including yourself? At home | At school | At work At home At school At work Other Other Within the Within the Within the Outside Village District, outside Village, outside the District the Village the homestead Dawn (approx. 04:00-05:00) Twilight (approx.5:00-06:00) Sunrise (approx. 6:00-7:00) Early morning (7:00-10:00) Late morning (10:00-12:00) Midday/Lunch (12:00-14:00) Early afternoon (14:00-16:00) Late afternoon (16:00-17:00) Sunset (approx. 17:00-18:00) Twilight (approx. 18:00-19:00) Dusk (approx. 19:00-20:00) Early night (20:00-0:00) Late night (0:00-4:00)

DURING DAY 2, WHERE DID YOU SPEND YOUR TIME?

In this part of the questionnaire, we ask you to report the various settings where you have been during day 2 of the two assigned days and the number of people present in that setting.

If in a certain time slot you have been in different settings, tick a box for each of the settings that apply.

DURING DAY 1, WHERE DID YOU SPEND YOUR TIME?

"At home" means the residence where you normally live. If you spent time in someone else's home the "Other" setting category applies.

"At work" can either mean at your workplace or throughout the course of your daily job activity (such as meeting customers or clients).

"Other" refers to settings different from "at home", "at school", and "at work" (eg. general community, transportation, leisure, church, market, etc).

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-----> Time slots Where were you at that time? How many people were present around you at that time, including yourself? Other At home | At school | At work At home At school At work Other Within the Within the Outside Within the District, outside Village Ward, outside the District the Ward the Village Dawn (approx. 04:00-05:00) Twilight (approx.5:00-06:00) Sunrise (approx. 6:00-7:00) Early morning (7:00-10:00) Late morning (10:00-12:00) Midday/Lunch (12:00-14:00) Early afternoon (14:00-16:00) Late afternoon (16:00-17:00) Sunset (approx. 17:00-18:00) Twilight (approx. 18:00-19:00) Dusk (approx. 19:00-20:00) Early night (20:00-0:00) Late night (0:00-4:00)

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DURING DAY 1, WHO ARE THE PEOPLE YOU ENTERED IN CONTACT WITH?

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CODE	Relationship of the					Age				If you know the exact age of	Did you		Where did	you meet?	
	contact to you	(F/M)	<1	1-5	6-12	13-18	19-34	35-59	60+	the contact, please specify	touch?	At home	At school	At work	Other

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CODE	Relationship of the		Age							If you know the exact age of	Did you	Where did you meet?			
	contact to you	(F/M)	<1	1-5	6-12	13-18	19-34	35-59	60+	the contact, please specify	touch?	At home	At school	At work	Other

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"At work" stands for encounters that you make at your workplace or throughout the course of your daily job activity (such as meeting customers or clients).

CODE		Gender				Age				If you know the exact age of	Did you		Where did	you meet?	
	contact to you	(F/M)	<1	1-5	6-12	13-18	19-34	35-59	60+	the contact, please specify	touch?	At home	At school	At work	Other
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