

## **Additional file 1**

### **The Saskatchewan/New Brunswick Healthy Start-Départ Santé Intervention: Implementation cost estimates of a physical activity and healthy eating intervention in early learning centers<sup>1</sup>**

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Table S1: Training sessions by year and community size (large, medium, small and rural) in Saskatchewan

	2013-2014				2014-2015				2015-2016			
	Large	Medium	Small	Rural	Large	Medium	Small	Rural	Large	Medium	Small	Rural
Total # of sessions	15	4	9	5	5	3	8	4	11	1	8	7
Total # of hours	45	11	27	15	21	11	32	14	44	3	38	31
Total # of educators trained	109	40	73	22	64	42	59	13	153	5	79	50
Total # of directors trained	15	4	9	5	5	3	8	4	11	1	8	7
Total # of others trained	14	7	20	5	8	6	9	1	10	1	23	4
Total # of trainers					6	5	9	5	15	2	11	10
Total # of hours travelled by trainers	0	11.2	37.1	15	5	11.8	24	28.3	9.9	4.8	44.8	17.1
Total # of overnight stays by trainers	0	0	0	0	1	2	3	2	1	0	4	3

Note: Large communities have a population of 100 000 or more, medium communities have a population between 30, 000 and 99, 999, small communities have a population of between 1000 to 29, 999 and rural communities have a population of under 999.

Table S2 Training sessions by year and community size (large, medium, small and rural) in New Brunswick

	2013-2014				2014-2015			
	Large	Medium	Small	Rural	Large	Medium	Small	Rural
Total # of sessions	1	2	5	0	1	5	8	2
Total # of hours	3	6	15	0	3	15	24	6
Total # of educators trained	6	11	32	0	1	16	19	5
Total # of directors trained	1	2	5	0	1	5	8	2
Total # of trainers	2	4	10	0	2	10	16	4
Total # of hours travelled by trainers	0	6.1	19.6	0	0	20	33	6.3
Total # of overnight stays by trainers	0	2	4	0	0	2	7	2

Note: Large communities have a population of 100 000 or more, medium communities have a population between 30, 000 and 99, 999, small communities have a population of between 1000 to 29, 999 and rural communities have a population of under 999.

Table S3: Booster Sessions by year and community size (large, medium, small and rural) in Saskatchewan

	2013-2014				2014-2015				2015-2016			
	Large	Medium	Small	Rural	Large	Medium	Small	Rural	Large	Medium	Small	Rural
Total # of sessions	5	1	5	1	7	5	9	4	7	0	10	18
Total # of hours	2.75	1	6.75	1.5	8.25	6	12	5	9.42	0	14.08	31
Total # of educators trained	41	6	35	7	37	20	47	10	41	0	29	42
Total # of directors trained	5	1	5	1	6	5	8	4	7	0	9	15
Total # of others trained	3	1	5	1	1	2	5	1	4	0	6	7
Total # of trainers	5	1	5	1	8	5	9	6	7	0	10	18
Total # of hours travelled by trainers	.83	1.73	11.27	1.73	15	22	49.37	38.9	0	0	50.87	110.33
Total # of overnight stays by trainers	0	0	0	0	1	2	1	1	0	0	3	6

Note: Large communities have a population of 100 000 or more, medium communities have a population between 30, 000 and 99, 999, small communities have a population of between 1000 to 29, 999 and rural communities have a population of under 999.

Table S4 Booster Sessions by year and community size (large, medium, small and rural) in New Brunswick

	2013-2014				2014-2015			
	Large	Medium	Small	Rural	Large	Medium	Small	Rural
Total # of sessions	0	1	4	0	0	2	5	0
Total # of hours	0	1	4	0	0	2	5	0
Total # of educators trained	0			0	0			0
Total # of directors trained	0	1	4	0	0	2	5	0
Total # of trainers	0	1	4	0	0	2	5	0
Total # of hours travelled by trainers	0	3.07	16.53	0	0	6.6	13.7	0
Total # of overnight stays by trainers	0	1	3	0	0	2	4	0

Note: Large communities have a population of 100 000 or more, medium communities have a population between 30, 000 and 99, 999, small communities have a population of between 1000 to 29, 999 and rural communities have a population of under 999.