### Beta-agonist stimulation ameliorates the phenotype of spinal and bulbar muscular atrophy mice and patient-derived myotubes

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#### Supplementary Figure 1. Clenbuterol increases S6 phosphorylation in SBMA C2C12 cells.

Western blotting analysis of C2C12 myotubes expressing AR24Q and AR100Q and treated with DHT (10 nM) and clenbuterol (Clenb, 10  $\mu$ M) for 14 DIV. Phosphorylated and total S6 were detected with specific antibodies, and beta-Tubulin ( $\beta$ -Tub) was used as loading control. Graph, mean  $\pm$  SEM, n = 3 independent experiments. Two-way ANOVA + Newman-Keuls test.



# Supplementary Figure 2. Clenbuterol ameliorates the motor function and muscle force of AR113Q mice.

- A) Rotarod analysis of motor coordination in CTR and AR113Q mice treated with vehicle and clenbuterol (Clenb, 2 mg/kg) normalized to body weight (BW). Graph, mean ± SEM. Week 25: \* p = 0.05 AR113Q-vehicle vs AR113Q-clenbuterol.
- B) Grip strength analysis of CTR and AR113Q mice normalized to body weight (BW). Graph, mean ± SEM. Week 23: \* p = 0.01 AR113Q-vehicle vs AR113Q-clenbuterol. Week 26: \* p = 0.041 AR113Q-vehicle vs AR113Q-clenbuterol.
- C) *In vivo* force generation of gastrocnemius muscle measured in live 180-day-old AR113Q and CTR mice and normalized to body weight (BW). Graph, mean ± SEM, n = 4 mice.



Supplementary Figure 3. Clenbuterol does not modify the serum levels of creatine kinase. The levels of creatine kinase (CK) were measured in the serum of 180-day-old control (CTR, wild type) and AR113Q mice treated with vehicle and clenbuterol (Clenb, 2 mg/kg). Serum CK levels were not modified by treatment. Graph, mean  $\pm$  SEM, n = 6 CTR-vehicle, 6 CTR-clenbuterol, 8 AR113Q-vehicle, and 6 AR113Q-clenbuterol mice. Two-way ANOVA + Newman-Keuls test.



## Supplementary Figure 4. Clenbuterol does not modify the Akt pathway and AR levels in the brainstem and spinal cord of SBMA mice.

- A-B) Western blotting analysis of phosphorylated and total Akt and S6 levels in the brainstem and spinal cord of 180-day-old AR113Q mice treated with vehicle and clenbuterol (Clenb, 2 mg/kg). Phosphorylated and total Akt and S6 were detected with specific antibodies, and beta-Tubulin (β-Tub) was used as loading control. Graph, mean ± SEM, n = 6 mice for each group.
- C) Western blotting analysis of AR levels in the spinal cord of 180-day-old AR113Q mice treated with vehicle and clenbuterol (Clenb, 2 mg/kg). AR was detected with a specific antibody and beta-Tubulin ( $\beta$ -Tub) was used as loading control. Graph, mean  $\pm$  SEM, n = 6 mice for each group.



#### Supplementary Figure 5. Uncropped Western blotting images.