
S1 Appendix

Optimal density maximizing J for regular lattices and random networks.

Global- E_g and local-efficiency E_l can be well approximated, respectively, by the inverse of the characteristic path length L and by the clustering coefficient C [1]. We can then rewrite the quality function (Eq. 1 in the main text) as $J = (L^{-1} + C)/\rho$. In some simple cases, L and C can be expressed as a function of the average node degree k and of the number of nodes n of a network.

In particular, for large 1D regular lattices, corresponding to Watts-Strogatz (WS) model with a rewiring probability $p_{ws} = 0$, we have $L_0 = \frac{n}{2k}$ and $C_0 = \frac{3(k-2)}{4(k-1)}$; while for large random networks ($p_{ws} = 1$), we have $L_1 = \frac{\log n}{\log k}$ and $C_1 = \frac{k}{n}$ [2]. Since the relation $\rho = \frac{k}{n-1}$ holds for any network, we can rewrite the quality function J for regular lattices as:

$$J_0 = 2\frac{(n-1)}{n} + \frac{3(n-1)\rho - 6}{4(n-1)\rho^2 - 4\rho} \quad (\text{S1})$$

and for random networks:

$$J_1 = \frac{\log[(n-1)\rho]}{\rho \log n} + \frac{(n-1)}{n} \quad (\text{S2})$$

Notice that the leading contribution to J is coming from C in the case of a lattice and from L^{-1} in the case of a random network.

For these synthetic networks we can determine analytically the optimal value of the connection density ρ that maximizes the quality function J . In particular, by deriving with respect to ρ and equating to zero, we obtained for lattices the following solution which satisfies the requirement of connectedness ($\rho \geq 2/n$):

$$\rho_0 = \frac{2 + \sqrt{2}}{n-1} \quad (\text{S3})$$

As for random networks we obtained:

$$\rho_1 = \frac{e}{n-1} \quad (\text{S4})$$

It follows from Eq. (S3) and Eq. (S4) that in both cases the optimal density maximizing J can be written as $c/(n-1)$, where the constant c , corresponding to the average node degree k , is approximately equal to 3. Without loss of generality we referred here to undirected networks. For directed networks the same results hold, k corresponding to the average node indegree k_{in} or outdegree k_{out} .

Indeed, in a directed graph the density is $\rho = \frac{m}{n(n-1)}$ and $m = \frac{k_{tot}n}{2}$, where $k_{tot} = k_{in} + k_{out}$. Since in every directed graph $k_{in} = k_{out}$ we can write, for example, $k_{tot} = 2k_{in}$. Hence the density reads as $\rho = \frac{k_{tot}}{2(n-1)} = \frac{k_{in}}{(n-1)}$ which is the same relation we found for undirected graphs but with k_{in} instead of k .

References

1. Latora V, Marchiori M. Efficient behavior of small-world networks. *Physical Review Letters*. 2001;87(19):198701/1–198701/4.
 2. Watts DJ, Strogatz SH. Collective dynamics of 'small-world' networks. *Nature*. 1998;393(6684):440–442.
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