

Subject No. _____ (to be completed by research staff)

Baseline Questionnaire
Mother's Milk DHA Study
University of South Dakota School of Medicine

Please fill out this short questionnaire and send it in with your first dried milk sample. If you have any questions, please do not hesitate to contact us at info@omegaquant.com. Thank you for your participation!

1. **Name** _____ 2. **Email** _____
3. **Home Address** _____
4. **Phone** _____
5. **Age** _____
6. **Race/ethnicity (optional; circle)** Asian/Pacific Islander Black/African
American Hispanic American Indian White/Caucasian
7. **Pre-Pregnancy Height** _____ ft _____ in
8. **Pre-Pregnancy Weight** _____ pounds
9. **Highest Education** Less than high school High school Some college Associate's degree
Bachelor's degree Post-Graduate Degree (i.e., Masters, Doctoral, etc.)
10. **Number of total pregnancies** _____
11. **Do you currently take a DHA supplement (fish oil, krill oil, or prenatal vitamin)?**
Yes No
 If yes, please indicate Number of pills per week _____
 Amount of DHA per pill _____ mg*
12. **During your last trimester, did you regularly take prenatal vitamin containing DHA?**
Yes No If yes, please indicate the amount of DHA per pill _____ mg*
13. **How many times per month on average do you eat tuna or other non-fried fish as a main course?** _____
14. **How much weight did you gain during this past pregnancy?** _____ pounds
15. **At how many weeks gestation did you deliver?** ____ weeks
16. **How long have you been lactating?** ____ weeks
17. **Did you have diabetes during this past pregnancy?** Yes No
18. **At what time of day did you collect (are you collecting) the milk sample?** ____ AM / PM

- if you don't remember these details, you can answer them on the second questionnaire which will be sent to your home