




















































Graphical Depiction of Intervention Compared to Control Group

Timeline	Intervention	Control Usual Care
Training	  	
Recruitment		
Baseline (T ₁)		
Randomization		
1 Month	   	
2 Months	  	
3 Months	   	
4 Months	  	
5 Months	   	
6 Months	  	
6 Month (T ₂)		

	Training of the Research Assistants (RA)
	Training of the Intervention Team
	Training of Recruiter
	Recruiter identifies interested and eligible clients
	RA conducts in-home interviews to explain, screen, consent and administer baseline survey. The family caregiver is invited to complete a questionnaire and return in person or by mail.
	Randomization
	In-home or clinic visit [maximum of 3 and minimum of 1, tailored to client needs]
	Usual diabetes care
	Group wellness session [maximum of 6 and minimum of 1, tailored to group needs]
	Monthly case-conference [client care plan and progress review, group wellness session planning]
	RA administers 6-month survey for clients and family caregivers.

LEGEND:  Fixed Component  Flexible Component (adapted from Perera et al 2007)[49]