

Fidelity Checklist

Program Components	Data Source(s)
<i>Staffing and Supervision</i>	
<ul style="list-style-type: none"> Interventionists receive training prior to starting the program Interventionists meet with investigators on a monthly basis RAs receive training prior to interviews and administering questionnaires 	Record of attendance
<i>Home Visits</i>	
<ul style="list-style-type: none"> Initial home visit conducted by the RN & RD Follow up interim visit by RN or RD Follow up visit by the RN or RD at 5 months 	Provider Log sheet
<ul style="list-style-type: none"> Screening for diabetes-related complications and comorbidities Review of medications 	Home Visit Record
<ul style="list-style-type: none"> Assessment of self-management of T2DM Use of motivational interviewing and problem-solving to foster behavioural change and encourage self-care 	Home Visit Record
<i>Monthly Group Sessions</i>	
<ul style="list-style-type: none"> Participation in the program 	Provider Log sheet
<ul style="list-style-type: none"> Content of the program 	Program Documentation
<ul style="list-style-type: none"> Provision of transportation (if needed) 	Coordinator's notes
<i>Care Coordination</i>	
<ul style="list-style-type: none"> RN helps clients access necessary supports and services in the community as needed 	Client Care-plan
<i>Monthly Case Conferences</i>	
<ul style="list-style-type: none"> Collaboration and coordination of program components 	Team Meeting Record
<ul style="list-style-type: none"> Case conference discussions help the intervention team develop and implement a client-centred care-plan for the group program 	Client Care-plan