

Patients interview topic guide

Main topic	Questions or prompts	Issues to be explored
History of illness		
	Can you tell me about how your problem started? When did you notice there was something wrong? When were you told you had a problem? How did you cope? Did you go to see a doctor?	Patient's perceived diagnosis; Main issues experienced How patient copes with these issues
Current issues		
Physical	What are your main problems? Have you had any physical problems? How do your physical problems affect your daily life?	Physical symptoms: (breathlessness, fatigue, insomnia ankle swelling etc)
Psychological	How do you feel about yourself? What do you worry about?	Psychological symptoms: anxiety and depression
Social	Has your illness affected how you relate with family and friends?	Social support networks and isolation
Spiritual	Have you thought why this is happening? What helps you cope? How is this affected by your illness? What is important to you in life? Do you think about the future?	Beliefs and if they help in coping
Experience and expectation of care		
	What type of care are you receiving? Is this helpful? Would you like to change the care you are receiving? What would you change about the care you receive?	Awareness of the type of care being received, What do they expect from care and what would they change
	How do you find talking to doctors/nurses? Do you get a chance to ask questions? Do you understand what they tell you?	Communication relationship with health professionals

Carers Interview topic guide

Main topic	Questions or prompts	Issues to be explored
Current issues		
Physical	<p>What were X's main problems?</p> <p>Had X had any physical problems?</p> <p>How did X's physical problem affect his/her daily life?</p>	Physical symptoms: (breathlessness, fatigue, insomnia, ankle swelling etc)
Psychological	<p>How do you think X felt about his or himself? What do you think X worried about?</p>	Psychological symptoms: anxiety and depression
Social	<p>How did X's illness affect how he/she related with family and friends?</p>	Social support networks and isolation
Spiritual	<p>Do you think X thought why this was happening?</p> <p>What helped X cope? How did this affect their illness</p> <p>What do you think was important to X? Did X think about the future?</p>	Beliefs and if they help in coping
Experience and Expectation of care		
	<p>What type of care was X receiving? Was it helpful? Would X like to change the care he/she was receiving? What would X change about the care he/she was receiving</p>	Awareness of the type of care received, What did they expect from care and what would they change
	<p>How did X find talking to doctors/nurses? Did X get a chance to ask questions?</p> <p>What was X told about his/her illness? Did X understand what they were told?</p>	Patient's view of the care they received