

## Supporting information

### Chitosan-coated mesoporous MIL-100(Fe) nanoparticles as improved bio-compatible oral nanocarriers

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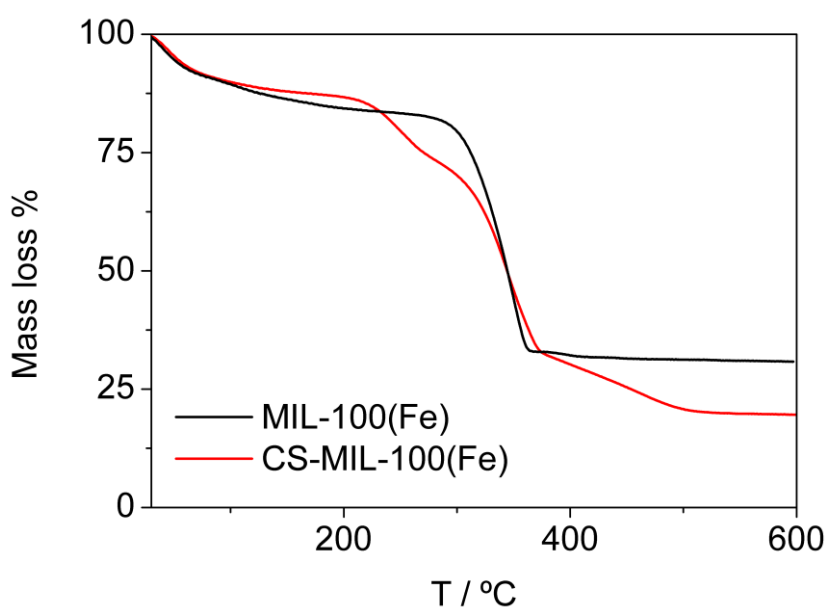
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**Table S2.** Summary of the cytokine production.

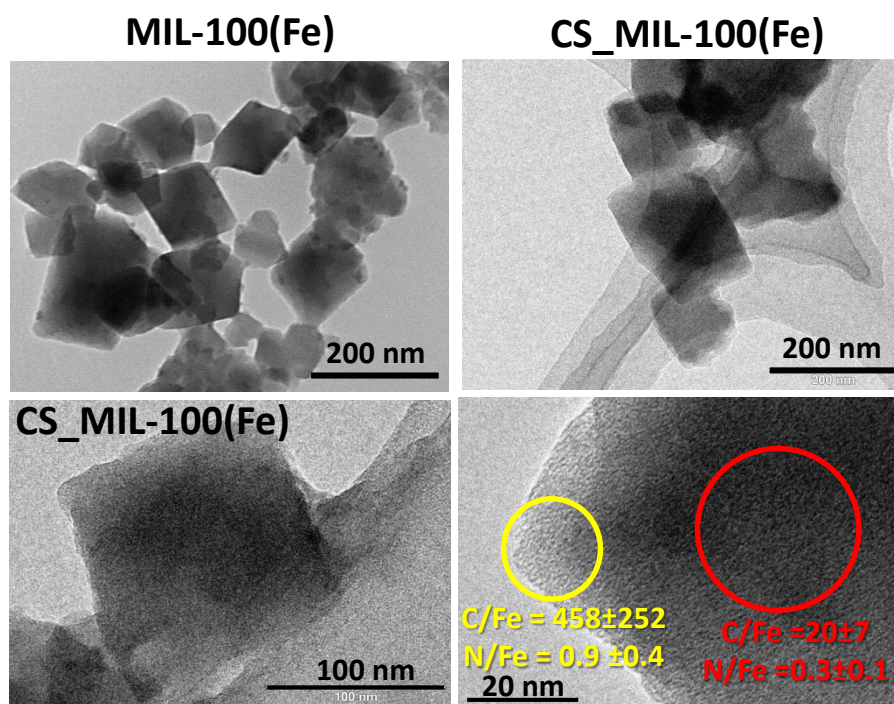
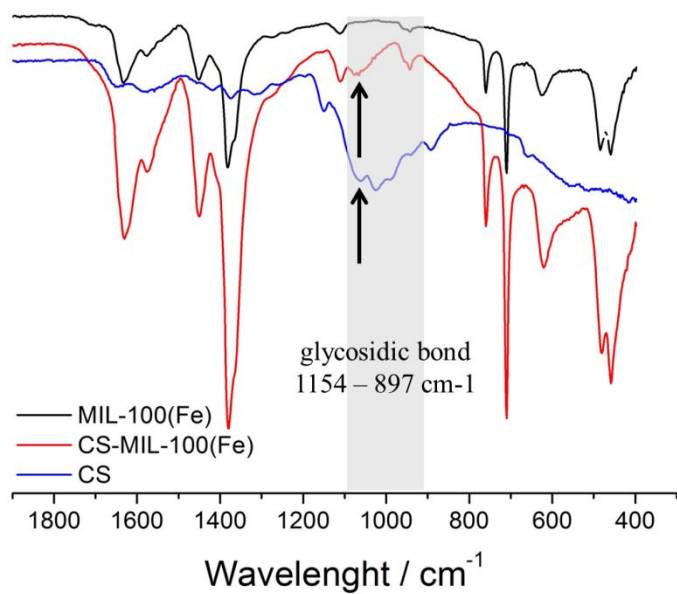
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**References**

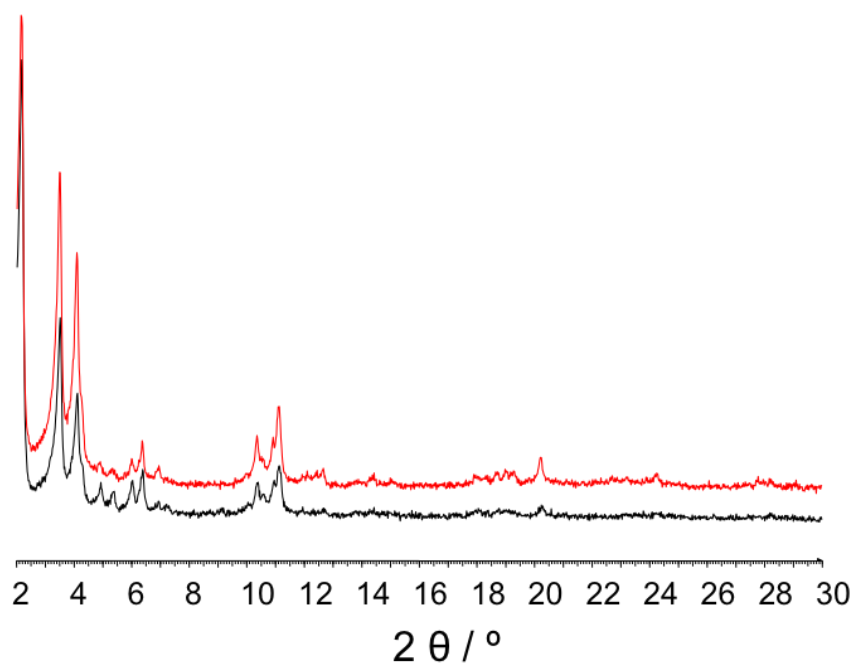


**Figure S1.** TGA of MIL-100(Fe) NPs (black) and CS\_MIL-100(Fe) NPs (red line).

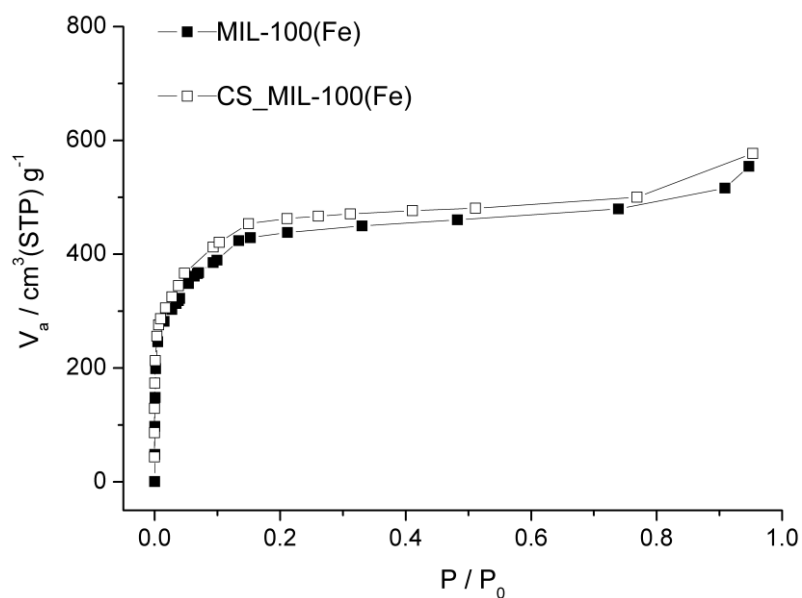
The extent of CS coating on MIL-100(Fe) NPs was quantified by fluorescence spectrometry and TGA. The amount of CS coating on the NPs was indirectly estimated by the difference between the CS concentration in the initial reaction mixture ( $2.50 \pm 0.01 \text{ mg}\cdot\text{mL}^{-1}$ ) and the supernatant collected after reaction and subsequent washing steps ( $0.14 \pm 0.03 \text{ mg}\cdot\text{mL}^{-1}$ ). These values conclude that  $49.1 \pm 0.3 \text{ wt } \%$  of the final coated CS\_MIL-100(Fe) NPs corresponds to CS coating. Consequently, a highly efficient CS grafting of  $94.4 \pm 0.4 \text{ } \%$  was obtained in only 30 min. of reaction (considering as 100 % the total amount of CS in the initial impregnation conditions).



**Figure S2.** Top: FTIR spectra of CS\_MIL-100(Fe) NPs (red) in comparison with the uncoated (black) and chitosan (blue line). Center: TEM images of MIL-100(Fe) and CS\_MIL-100(Fe) NPs. Bottom: TEM images of CS\_MIL-100(Fe) NPs together with the C/Fe and C/N ratio of the layer and bulk sections of the NPs (from EDX analysis).

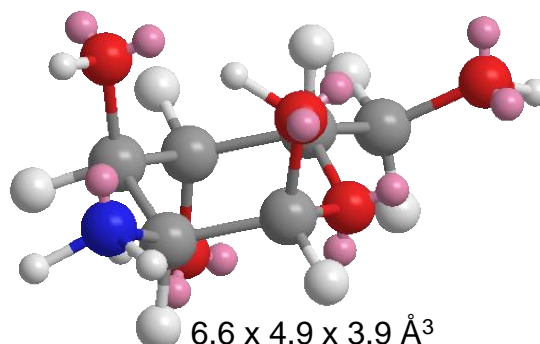
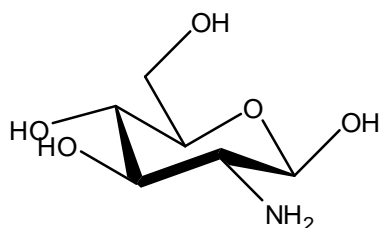


**Figure S3.** XRPD patterns of MIL-100(Fe) nanoparticles before (black) and after (red) external surface modification with chitosan (XRPD collected in a D8 Advance Bruker diffractometer with Cu K $\alpha$ 1 radiation ( $\lambda = 1.54056 \text{ \AA}$ ) from 3 to 30° ( $2\theta$ ) using a step size of 0.02° and 2.5 s per step in continuous mode).



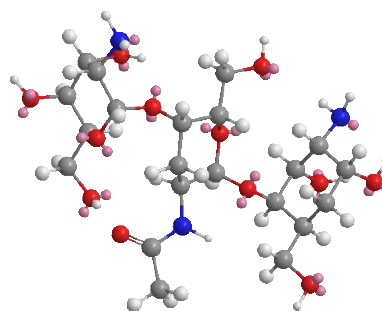
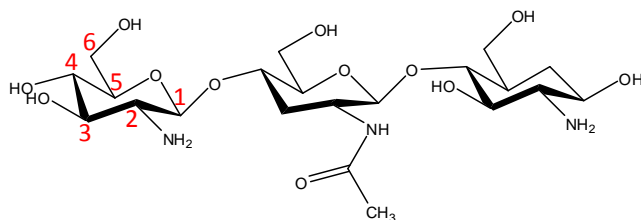
**Figure S4.** N<sub>2</sub> adsorption isotherm at 77 K of MIL-100(Fe) NPs before (full squares) and after CS-coating (empty squares) after outgassing at 140 °C for 3 h. (note: weight correction is applied for CS\_MIL-100(Fe) NPs).

### Chitosan (n= 1)



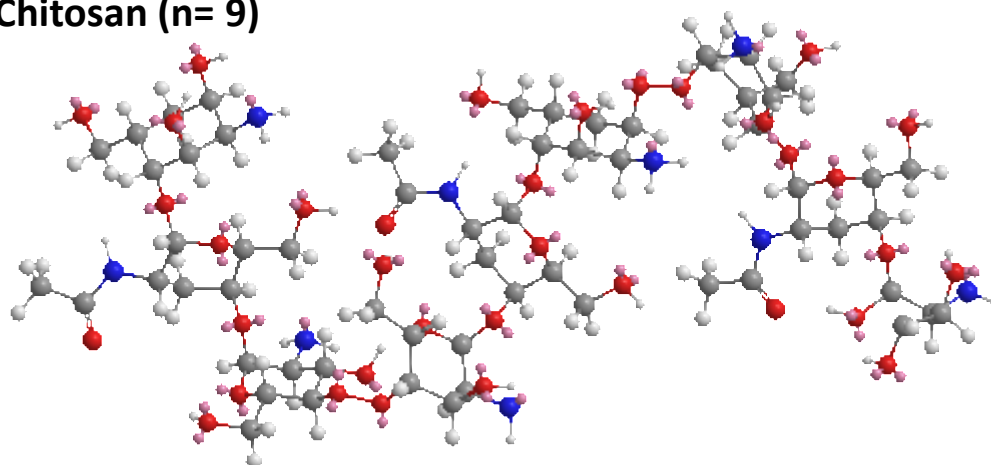
6.6 x 4.9 x 3.9 Å<sup>3</sup>

### Chitosan (n= 3)



13.8 x 9.8 x 5.8 Å<sup>3</sup>

### Chitosan (n= 9)



30.6 x 11.7 x 10.3 Å<sup>3</sup>

**Figure S5.** Molecular simulation of CS (above) as three- (middle) and nine-units (below) oligomers. The size of the molecule is indicated for three different orientations.

#### Estimation of the polymer conformation and density of coating

One can estimate the polymer density using the conformation of the polymer chains on the NP external surface, which is mainly determined by: (i) the distance between grafted CS chains ( $D$ ) (ii) the length/thickness ( $L$ ) of the grafted CS layer and (ii) the Flory radius of the grafted CS ( $R_F$ ).<sup>1</sup>

*Flory radius  $R_F$ :* Polymer conformation can be estimated in terms of the Flory radius ( $R_F$ ), which is the average coil dimension in solution, and the distance between grafted chains ( $D$ ).

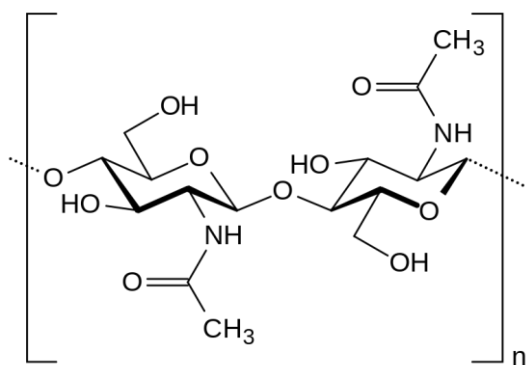
Considering these parameters, there are two main conformations: if the surface density is low ( $D > R_F$ ) the CS chains adopt a "mushroom" conformation and remain not fully extended away from the NP surface. In case of increased coating densities ( $D < R_F$ ), the CS chains acquire a "brush" conformation with a thick layer of CS chains extended away from the NP surface.

If the solution is a good solvent for the polymer (i.e. CS in water:ethanol) the Flory radius can be described according to the following equation:  $R_F = \alpha \cdot n^{3/5}$ , where  $\alpha$  is the length of one CS monomer, and  $n$  is the number of monomers *per* polymer chain. In our case, we have estimated the conformation of CS chains considering the following parameters: (i) the thickness of the coating CS layer ( $\sim 35$  nm, as determined by DLS measurements), (ii) the length of a single monomer of CS, taking as the monomer 9 units linked through  $\beta$ -(1-4) bridges: 6 units of D-glucosamine and 3 of N-Acetyl-D-glucosamine ( $\sim 30.6$  Å, as determined by molecular simulation under vacuum, Figure S5) and (iii) the length of CS chains (MW  $\sim 50000$  Da,  $n \sim 30$  monomers *per* chain, extended CS length  $\sim 90$  nm).

Then, the calculated Flory radius is  $R_F \sim 23$  nm.

The calculated distance between grafted CS chains is  $D \sim 3$  nm, whereas the Flory radius is  $R_F \sim 23$  nm.

Thus, as the distance between CS chains is lower than the Flory radius ( $D \sim 3$  nm  $<$   $R_F \sim 23$  nm) and the thickness of the grafted CS layer ( $L$ ) is of  $\sim 35$  nm ( $L <$  calculated length of a CS chain), CS chains are expected to follow a "brush" conformation with partial folding of the polymer. One could consider that such a conformation of the CS coating may be beneficial to the interaction of the NPs with biological gastrointestinal structures (mucus, enzyme, enterocytes, etc) modifying its oral stability and absorption.



**Figure S6.** Chemical structure of chitin.

**Table S1.** Composition of intestinal simulated media: SIF – *lis*-SIF, *lis*.

Composition	SIF		Supplemented <i>lis</i> -SIF	
	Conc/mM	g per 500 mL	Conc/mM	g per 500 mL
Sodium hydroxide	15.4	0.300	0.6	0.012
Monobasic potassium phosphate	50	3.400	2.0	0.136
<b>Pancreatin</b>	---	---	---	5
<b>Mucin</b>	---	---	---	25
pH		6.8		6.8

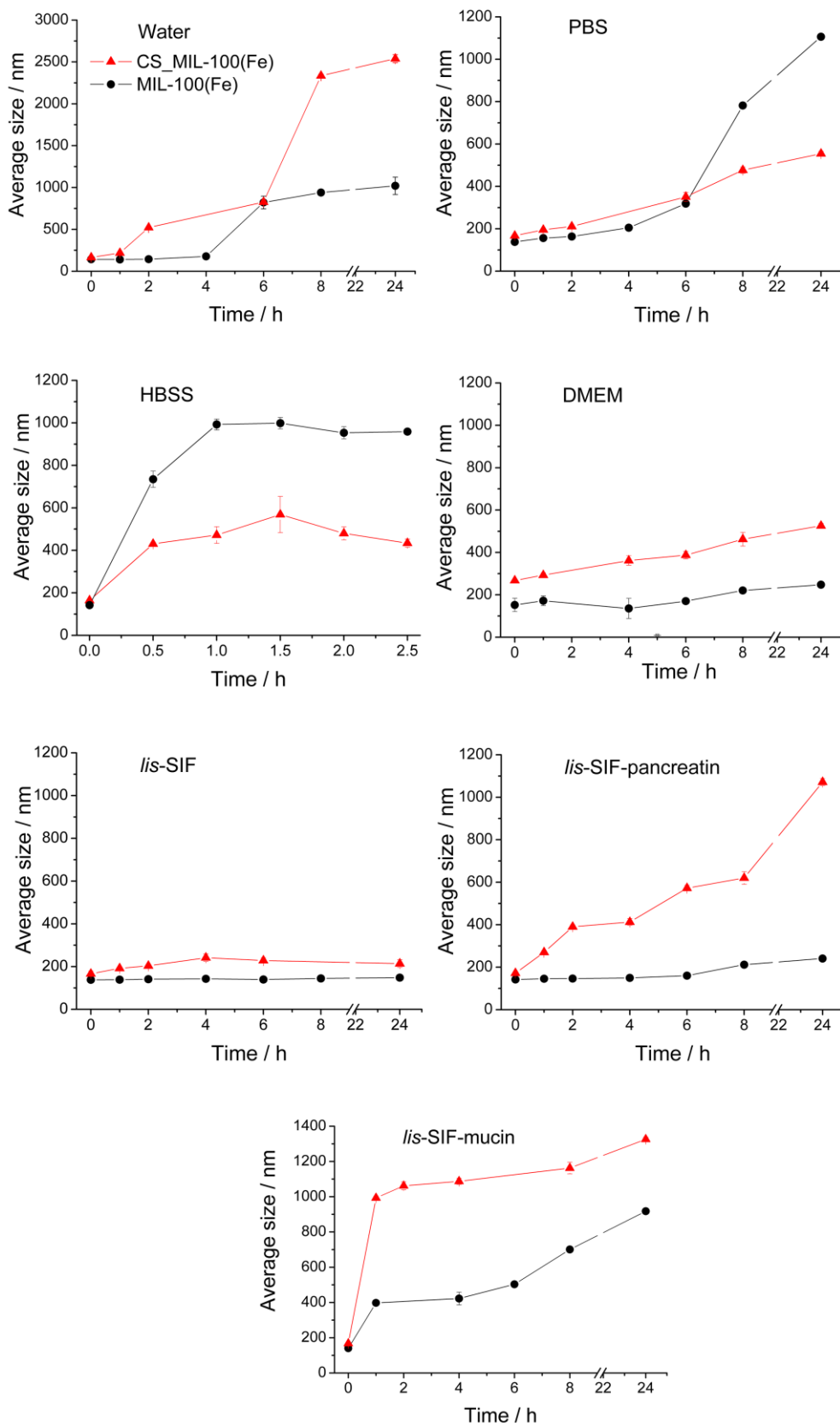
- Simulated intestinal fluid (SIF) was prepared as follows : 38.5 mL of a 0.2 M NaOH solution were added to a solution of 3.4 g of  $\text{KH}_2\text{PO}_4$  dissolved in 125 mL of Milli-Q water.<sup>2</sup> Then, Milli-Q water was added until a volume of 500 mL to finally adjust the pH to 6.8 with 2 M NaOH.

- *lis*-SIF: Low-ionic-strength SIF corresponds to a 1/25 diluted SIF.

- *lis*-SIF-panc: *lis*-SIF supplemented with pancreatin was prepared by dissolving the pancreatin at 1 % w/v in *lis*-SIF and stirring the mixture for 3 h. Then, the solution was centrifuged (10500 rpm, 10 min) to eliminate pancreatin aggregates. Note that the final pancreatin concentration of 1% is rather an estimated value.

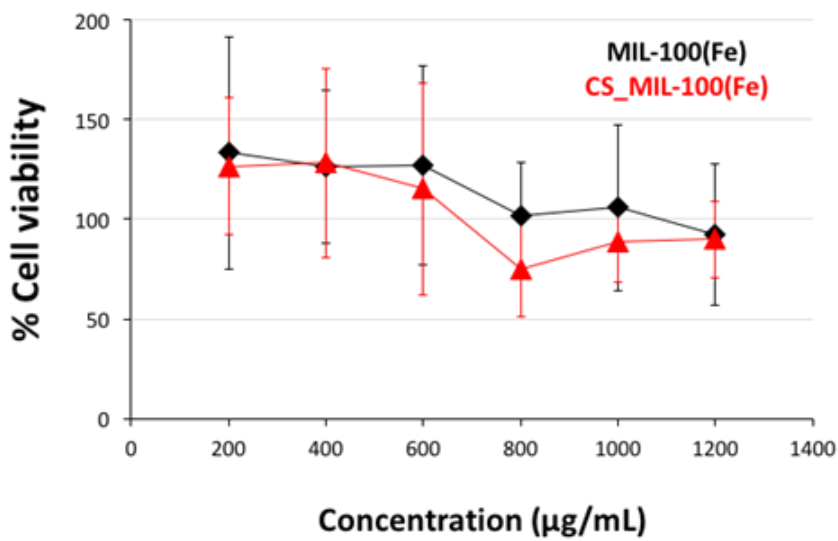
- *lis*-SIF-muc: *lis*-SIF supplemented with mucin was prepared by dissolving the mucin at 5 % w/v in in *lis*-SIF,<sup>3</sup> keeping the mixture under magnetic stirring for 3 h 30 min.

Prior to the analysis, the biological media were kept at 37 °C.

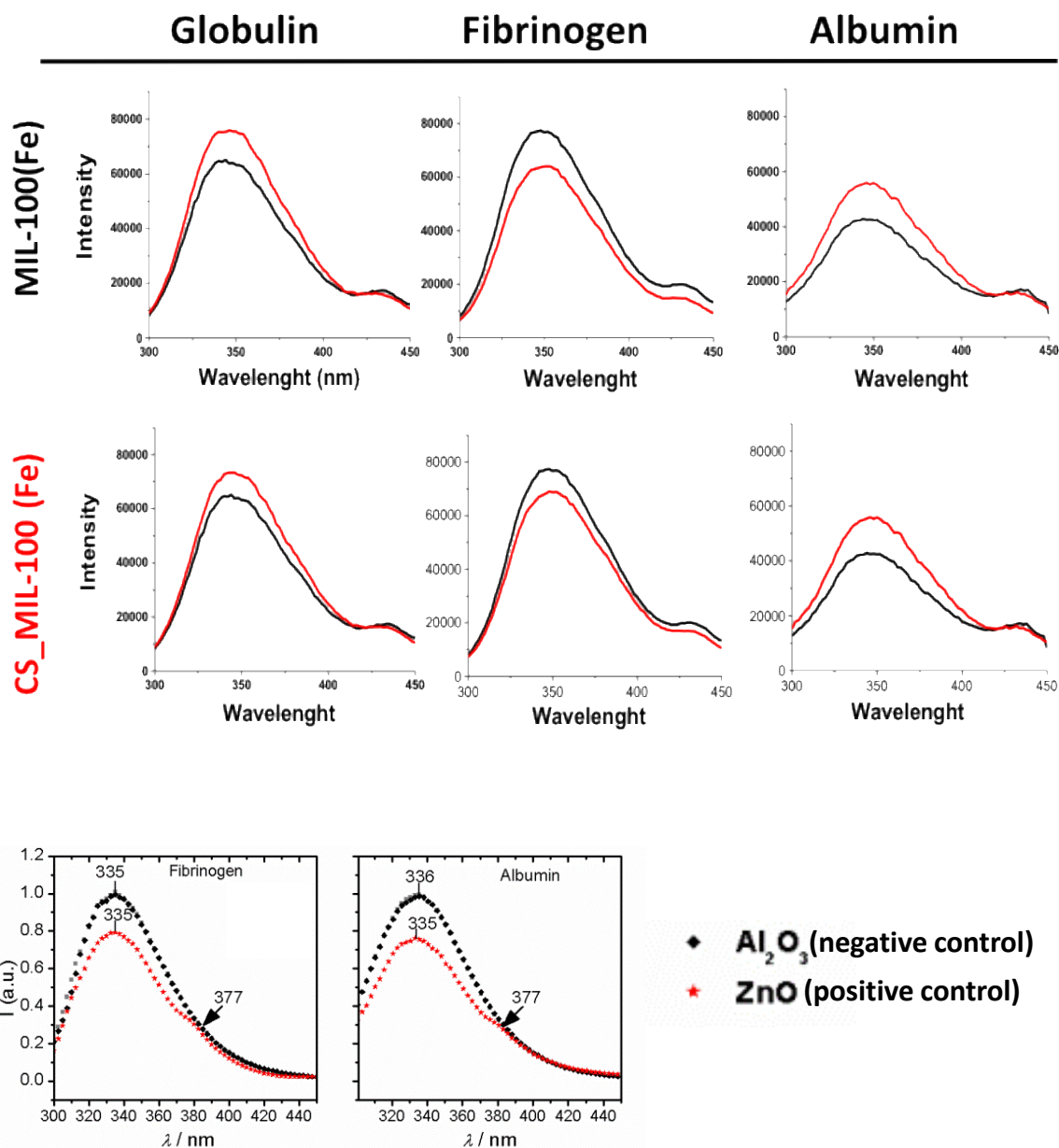


**Figure S7.** Colloidal stability of MIL-100(Fe) (black) and CS\_MIL-100(Fe) NPs (red) in: i) water, ii) PBS, iii) HBSS, iv) DMEM, v) *lis*-SIF, vi) *lis*-SIF-panc and vii) *lis*-SIF-mucin, representing the NP size evolution vs. Time.



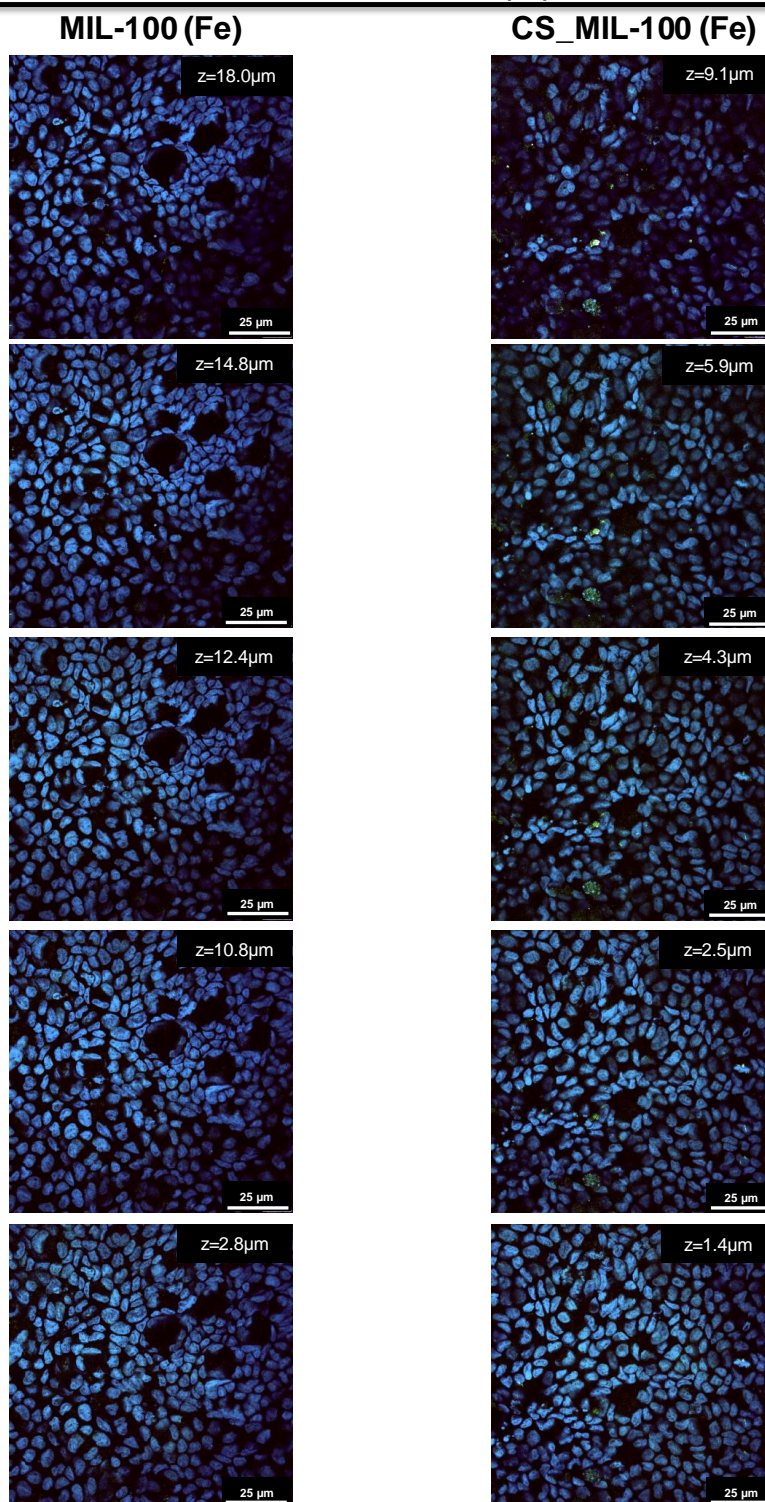


**Figure S8.** Cell viability of Caco-2 cell line after 24 h in contact with uncoated or CS\_MIL-100(Fe) NPs. Note that these data shown in each concentration, corresponding to the average of the quadruplicate replicate obtained in three independent experiments (n=12). The vertical error bars drawn in the diagram indicate the range of fluctuations from which the standard deviations were calculated.



**Figure S9. Top:** Tryptophan fluorescence spectroscopy of different plasmatic protein fractions in contact with MIL-100(Fe) and CS\_MIL-100(Fe) NPs (in red: 100  $\mu\text{g}$  of NPs *per* 440  $\mu\text{g}$  of globulin *per* mL (left); 100  $\mu\text{g}$  of NPs *per* 160  $\mu\text{g}$  of fibrinogen *per* mL (center); 100  $\mu\text{g}$  of NPs *per* 1000  $\mu\text{g}$  of albumin *per* mL (right)). An identical control in absence of NPs is represented in black for comparison. These data correspond to the average of two replicates obtained in two independent experiments ( $n = 4$ ). **Bottom:** Tryptophan fluorescence spectroscopy of fibrinogen and albumin fractions in contact with  $\text{Al}_2\text{O}_3$  NPs and ZnO NPs considered as negative and positive controls, respectively.

0.5 h  
SELF-REFLECTION (Fe)



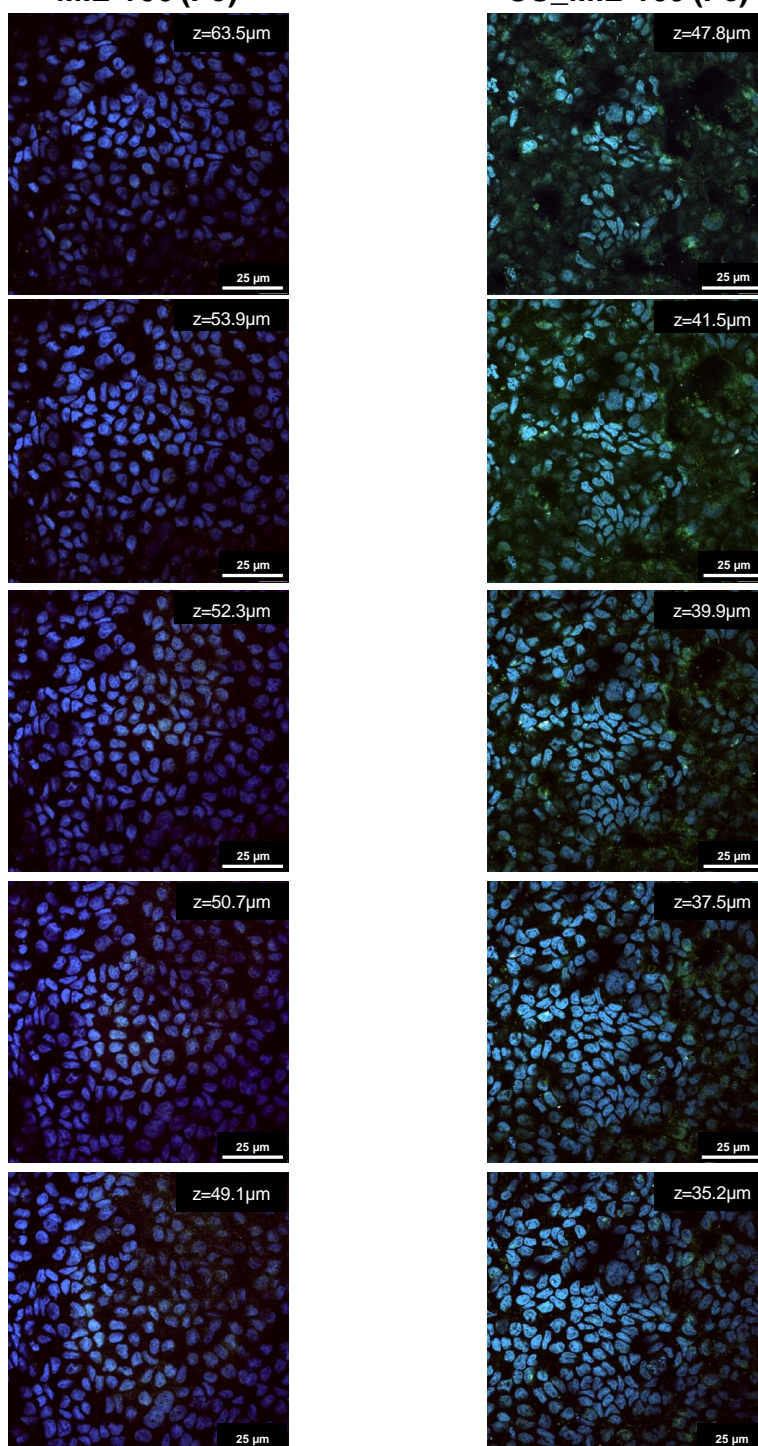
**Figure S10.** Confocal microscopy images at different depths in the Z-axis of Caco-2 cell monolayer containing uncoated and chitosan coated MIL-100(Fe) NPs observed by iron self-reflection signal (in green) and the nucleus stained with DAPI (in blue) after 0.5 h. The scale bar corresponds to 25 μm. All the images are taken at 63X.

2.5 h

SELF-REFLECTION (Fe)

MIL-100 (Fe)

CS\_MIL-100 (Fe)



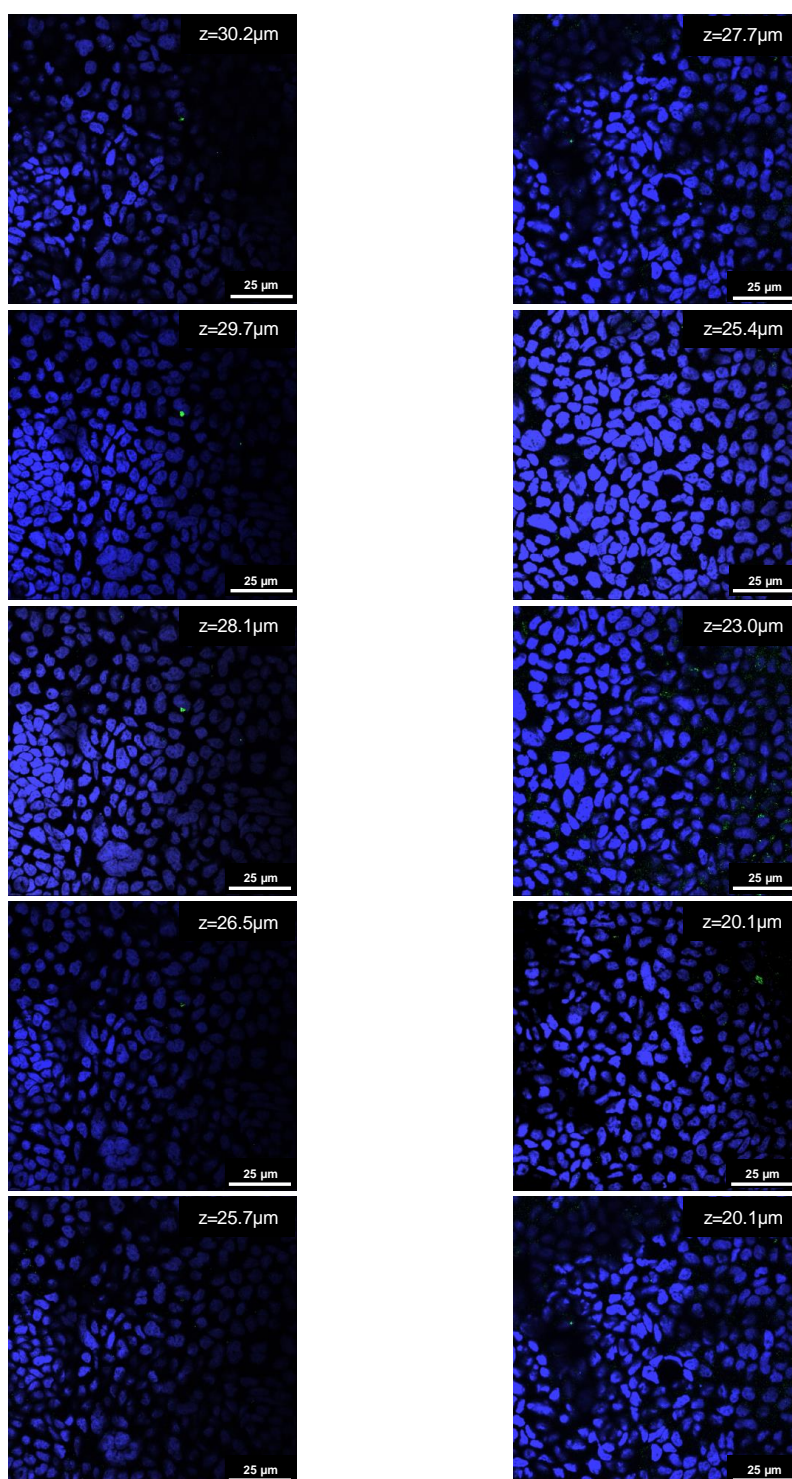
**Figure S11.** Confocal microscopy images at different depths in the Z-axis of Caco-2 cell monolayer containing uncoated and chitosan coated MIL-100(Fe) NPs observed by iron self-reflection signal (in green) and the nucleus stained with DAPI (in blue) after 2.5 h. The scale bar corresponds to 25 μm. All the images are taken at 63X.

24 h

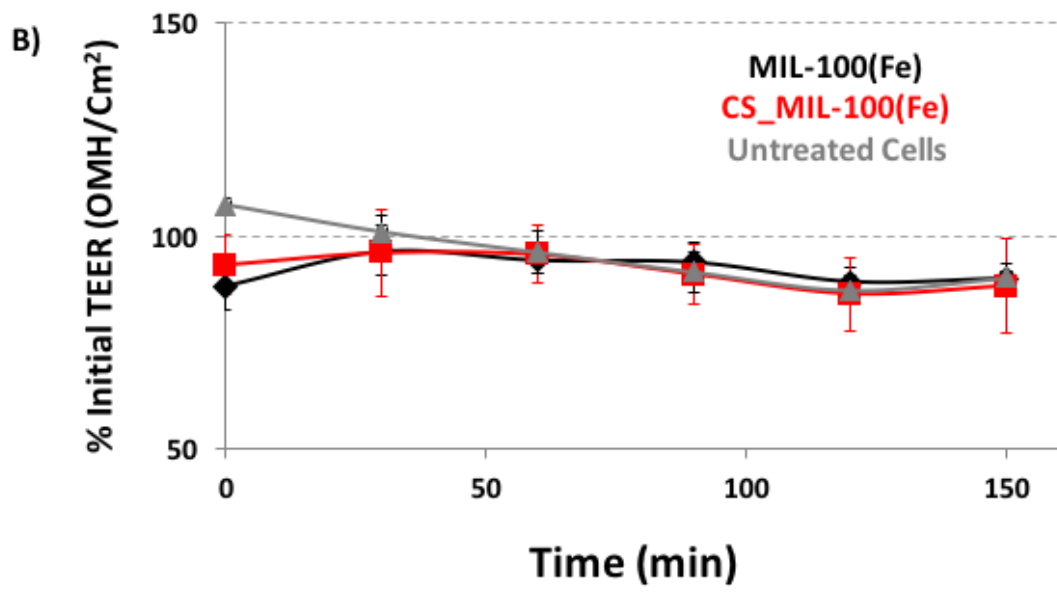
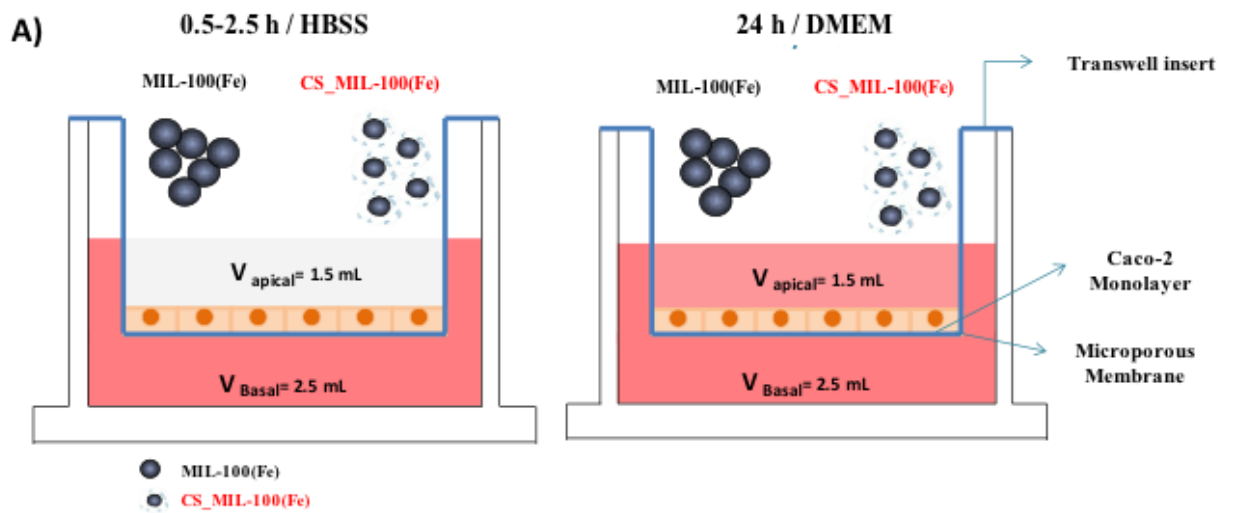
SELF-REFLECTION (Fe)

MIL-100 (Fe)

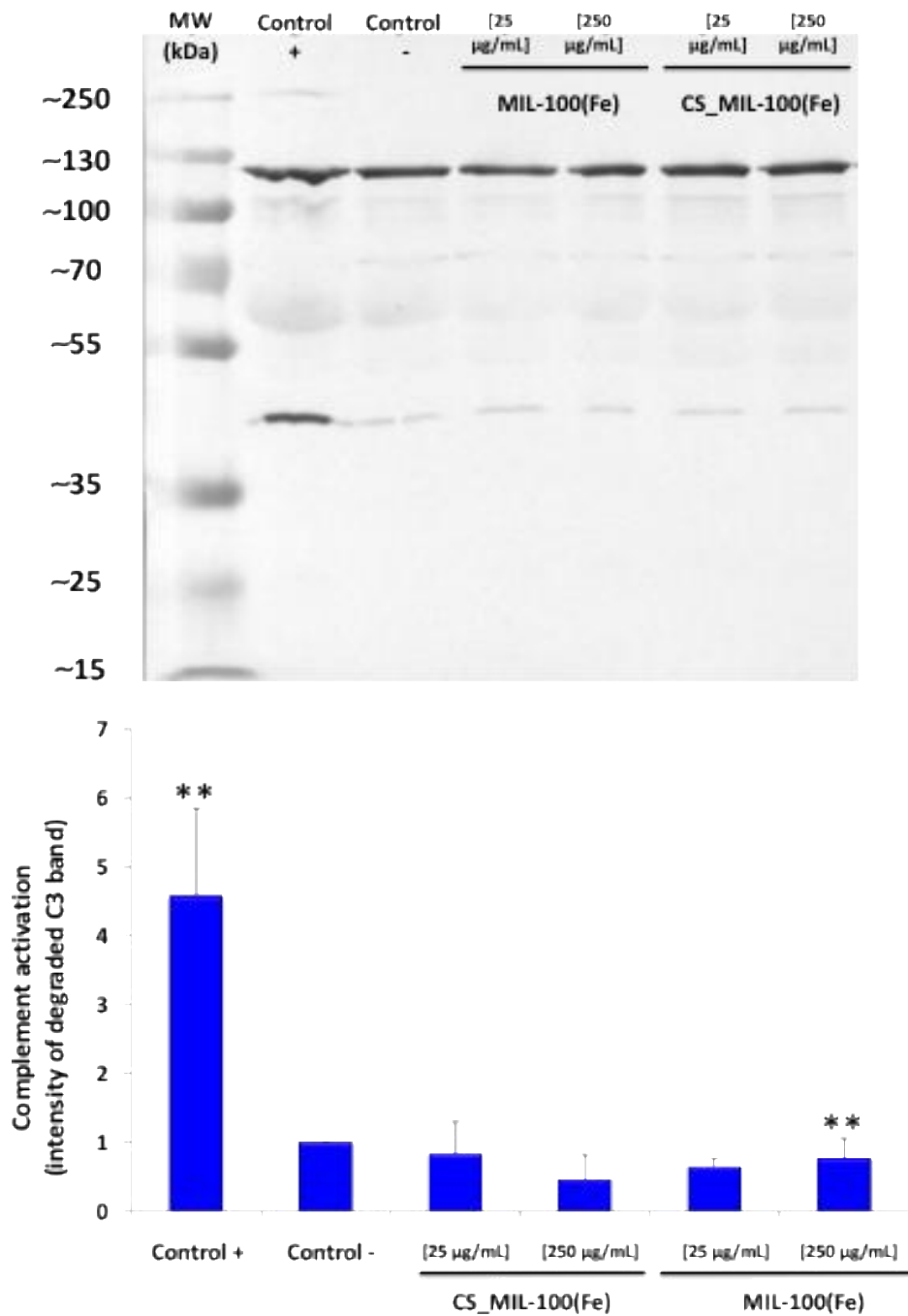
CS\_MIL-100 (Fe)



**Figure S12.** Confocal microscopy images at different depths in the Z-axis of Caco-2 cell monolayer and the nucleus stained with DAPI (in blue) after 24 h. The scale bar corresponds to 25 μm. All the images are taken at 63X.



**Figure S13.** A) Scheme of Transepithelial resistance assay developed until 24h. B) Transepithelial resistance measurement provided by Caco-2 cell line after 2.5 h of contact with uncoated and CS\_MIL-100(Fe) NPs.

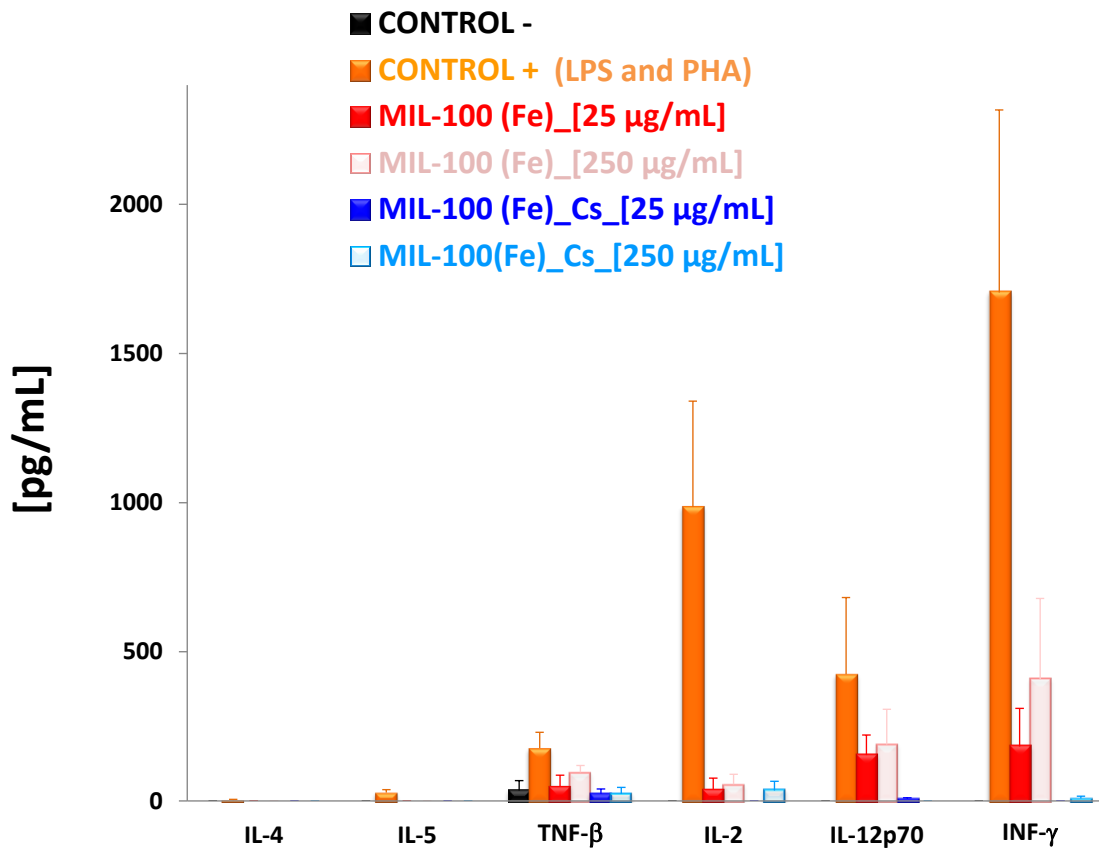
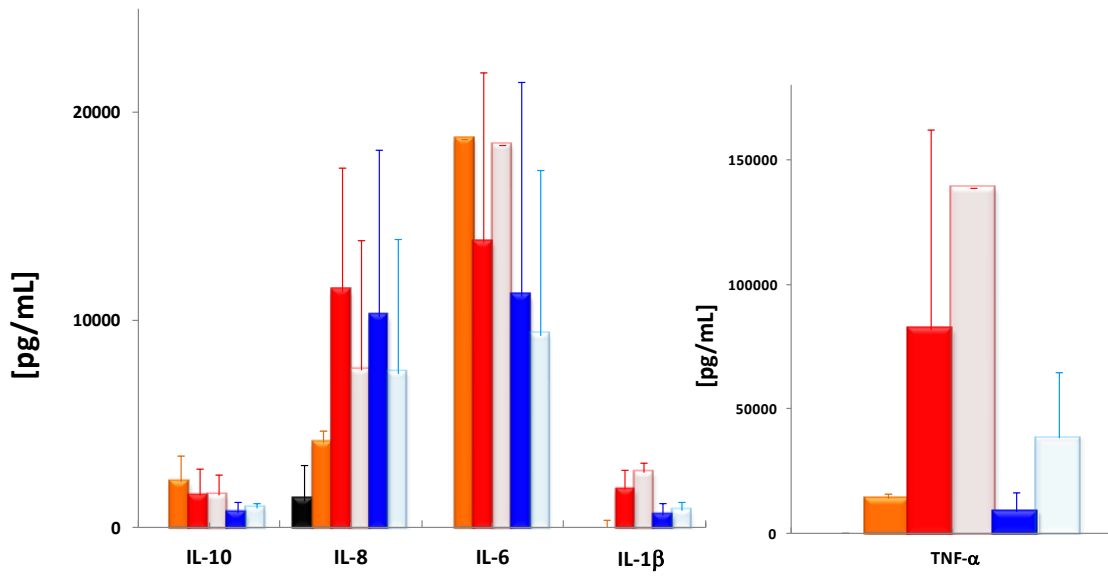


**Figure S14. Top:** Complement activation was represented by determining the intensity of the band at 43 kD, corresponding to the degraded C3 factor, and compared with the band at 115 kD, corresponding to the intact protein. The samples were normalized respect to the negative control. **Bottom:** Complement activation data for uncoated and CS\_MIL-100(Fe) NPs determined by Western blot using a specific C3 antibody to measure the degradation of the protein. Note that these data were obtained by duplicates from three independent experiments ( $n=6$ ) and the error bars correspond to the standard deviation. Statistically significant differences between the control group and the coated/uncoated group were evidenced by the Mann-Whitney U test ( $P<0,05$ )\*\*.

Statistical results for all of the groups :

- Negative control – Positive control: 0.02\*
- Negative control – MIL-100(Fe) [25 mg.mL<sup>-1</sup>]: 0.059
- Negative control – MIL-100(Fe) [250 mg.mL<sup>-1</sup>]: 0.257
- Negative control – CS\_MIL-100(Fe) [25 mg.mL<sup>-1</sup>]: 0.317
- Negative control – CS\_MIL-100(Fe) [250 mg.mL<sup>-1</sup>]: 0.023\*





**Figure S15.** Human cytokine production from peripheral blood mononuclear cells (3 different donors) after 24 h in contact with 25 or 250 μg/mL of MIL-100(Fe) and CS\_MIL-100(Fe) NPs.

**Table S2.** Summary of the cytokine production. The values correspond to the variation of the concentration of cytokines (in  $\text{pg mL}^{-1}$ ) in comparison with the negative control ( $<1$ ,  $1-10$ ,  $10^2-10^3$ ,  $10^3-10^4$  or  $>10^4$  times) obtained from 3 different donors (1/3, 2/3 or 3/3), with the representation of the activation showed in the positive control (LPS and PHA).<sup>4</sup>

		<b>NPs dose (<math>\mu\text{g/mL}</math>)</b>	<b>LPS and PHA</b>	<b>MIL-100(Fe)</b>	<b>CS_MIL-100(Fe)</b>
<b>Th1 cytokines</b>	IL-12p70	25	<b>3/3</b> ( $10^2-10^3$ )	<b>3/3</b> ( $10^2-10^3$ )	<b>2/3</b> (1-10)
		250			<b>3/3</b> (0)
	INF- $\gamma$	25	<b>3/3</b> ( $10^3-10^4$ )	<b>2/3</b> ( $10^2-10^3$ )	<b>2/3</b> (0-1)
		250			<b>2/3</b> (1-10)
	IL-2	25	<b>2/3</b> ( $10^2-10^3$ )	<b>2/3</b> ( $10-10^2$ )	<b>2/3</b> (0-1)
		250			<b>2/3</b> ( $10-10^2$ )
<b>Th2 cytokines</b>	IL-10	25	<b>2/3</b> ( $10^3-10^4$ )	<b>2/3</b> ( $10^3-10^4$ )	<b>2/3</b> ( $10^2-10^3$ )
		250			<b>2/3</b> ( $10^3-10^4$ )
	IL-6	25	<b>3/3</b> ( $>10^5$ )	<b>3/3</b> ( $10^2-10^3$ )	<b>2/3</b> ( $10^3-10^4$ )
		250			<b>2/3</b> ( $10^3-10^4$ )
<b>Other proinflammatory cytokines</b>	IL-8	25	<b>2/3</b> ( $10^3-10^4$ )	<b>2/3</b> ( $10^2-10^3$ )	<b>2/3</b> ( $10^4-10^5$ )
		250			<b>3/3</b> ( $10^2-10^3$ )
	IL-1 $\beta$	25	<b>3/3</b> ( $10^2-10^3$ )	<b>3/3</b> ( $10^3-10^4$ )	<b>2/3</b> ( $10^2-10^3$ )
		250			<b>3/3</b> ( $10^2-10^3$ )
	TNF- $\alpha$	25	<b>3/3</b> ( $10^3-10^4$ )	<b>2/3</b> ( $>10^5$ )	<b>2/3</b> ( $10^4-10^5$ )
		250			<b>3/3</b> ( $>10^5$ )
	TNF- $\beta$	25	<b>3/3</b> ( $10^3-10^4$ )	<b>2/3</b> ( $10^2-10^3$ )	<b>2/3</b> ( $10-10^2$ )
		250			

\*IL-4 and IL-5 secretion was not observed with both MIL-100(Fe) and CS\_MIL-100(Fe) NPs.

**Table S3.** Quantification of the NPs crossing by HPLC

<b>Contact time</b>	<b>% NPs in basolateral compartment</b>		
	<b>0.5h</b>	<b>2.5h</b>	<b>24h</b>
<b>MIL-100(Fe)</b>	0.30 ± 0.02	0.10 ± 0.04	0.20 ± 0.09
<b>CS_MIL-100(Fe)</b>	0.44 ± 0.03	0.50 ± 0.07	4.10 ± 0.03

## References

<sup>1</sup> (a) De gennes, P. G. Conformations of Polymers Attached to an Interface. *Macromolecules* **13**, 1069-1075 (1980). (b) Jokerst, J. V., Lobovkina, T., Zare, R. R. & Gambhir, S. S. Nanoparticle PEGylation for imaging and therapy. *Nanomedicine* **6**, 715-728 (2011).

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<sup>3</sup> Lai, S. K., Wang, Y.Y., Wirtz, D. & Hanes, J. Micro- and macrorheology of mucus *Adv. Drug Deliv. Rev.* **61**, 86-100 (2009).

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