## SUPPLEMENTAL INFORMATION

## The syndrome of central hypothyroidism and macroorchidism: IGSF1 controls *TRHR* and *FSHB* expression by differential modulation of pituitary TGF $\beta$ and Activin pathways

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Supplemental Figure 1: Pituitary response at different stimulation tests and growth charts of the patient with IGSF1 deletion. A) At initial diagnosis of the patient, and to rule out a possible combined pituitary hormone deficiency (CPHD), serum basal growth hormone (GH) was determined in two occasions showing normal values. B) a Synacthen <sup>®</sup> (ACTH) stimulation test was performed as neonate (15 days of life) with normal results (peak >20 µg/dl), discarding cortisol deficiency. C) TRH stimulation tests at 3, 6 and 14 years of age showed a mild improvement in the TSH peak response to TRH along with age. A similar improvement has been described in one patient with congenital central hypothyroidism (15) and could be related to the repeated exposure of the pituitary to TRH at previous tests (Beck-Peccoz P, Amr S, Menezes-Ferreira MM, Faglia G, Weintraub BD. Decreased receptor binding of biologically inactive thyrotropin in central hypothyroidism. Effect of treatment with thyrotropin-releasing hormone. N Engl J Med. 1985; 312(17):1085-90). D) Repeated (two) TRH stimulation tests in the mother of the patient at 36 years of age, showed a flat TSH response to TRH, consistent with a pituitary defect not related to L-T4 treatment. E-F) Height and weight charts of the patient showing normal growth within the 50th percentile in both curves, further ruling out GH deficiency. A physiological and transient deceleration of height and weight is observed during peri-pubertal stages. Adult height at 20 years of age reached 175 cm, which is actually higher than his calculated target-height of 169 cm.



**Supplemental Figure 2: Long-term follow up of patient's testicular size.** Patient with complete IGSF1 deletion developed a progressive macroorchidism observed since 3 years of age, with a testicular size of 3 ml (>p98), which continued increasing above percentile 98 until 12 years of age. At the age of 14 the testicular volume markedly increased, along with the expected and normal elevation of FSH levels during puberty. Reference chart for testicular volume from Joustra SD, van der Plas EM, Goede J, Oostdijk W, Delemarre-van de Waal HA, Hack WW, van Buuren S, Wit JM. New reference charts for testicular volume in Dutch children and adolescents allow the calculation of standard deviation scores. Acta Paediatr. 2015 104(6):e271-278.



Supplemental Figure 3: Glycoprotein hormone cross-reactivity test in TSH- and FSH-bioactivity assays and TSH bioactivity of patient with IGSF1 deletion. Bioactivity of the recombinant TSH (A) and FSH (B) in untransfected HEK293 cells (grey lines) and cells transfected with either TSHR cDNA (blue lines) or FSHR cDNA (red lines). Stimulation of the TSHR by recombinant human TSH (rhTSH) is specific, without any cross-reactive stimulation of the FSHR (A). Similarly, stimulation of the FSHR by recombinant human FSH (rhFSH) is also specific, without detectable cross-reactive stimulation of the TSHR (B). TSH bioactivity of the sera from the mother and father as compared to the patient, showed a decreased bioactivity in patient and his mother (heterozygous carrier of IGSF1 deletion), whereas the father (without IGSF1 deletion) presented normal TSH bioactivity (C). Three different dilutions of the human sera are shown per condition (1:2, 1:4, 1:8). expressed as normalized firefly luciferase activities to the corresponding renilla luciferase activities (means ±S.E.M.).



Supplemental Figure 4. IGSF1 is a pituitary protein characteristic of thyrotropes and gonadotropes residing in the plasma membrane. A) Western blot of human and rat adenopituitary (AP) using an antibody raised against the N-terminal moiety. The human HeLa cell line has been used as a human negative control. Full length IGSF1 is a protein >145 kDa. Cleaved IGSF1 C-terminal half (~55 kDa) is further processed in humans (~45 kDa). B) Quantification of the confocal studies co-localizing IGSF1 and the pituitary hormones. Data have been expressed in either or two ways: taking IGSF1 as the principal marker and evaluating the percentage of cells co-staining for a given hormone (above); or quantitating how many endocrine cells of a given type co-expressed IGSF1 (below). C-D) 4x zooming of isolated co-stained cells and IGSF1 subcellular localization. White arrowheads show plasma membrane reinforcement of IGSF1 staining at the periphery of the hormone staining through the different planes, in an aGSU+ve cell (C) and in a LH+ve cell (D). Planes were taken every 70 nm. E) Confirmation of IGSF1 subcellular localization through co-localization of IGSF1 (*a*, *e*, red) and E-Cadherin (*b*, *f*, green), a plasma membrane marker, clearly showing yellow co-staining at the cell membrane (*c*, *q*, white arrowheads,). Co-localization of IGSF1 and E-Cadherin plus DAPI-stained cell nuclei (*d*, *h*).





Supplemental Figure 5. IGSF1 staining of adult mouse testes reveals strong staining in cell granules that is not seen in human stainings. A) Immunohistochemistry of Igsf1 shows cells at the interstitial space (*a*, black arrowheads) but also within seminiferous tubules, with reinforced staining in the basal layer (*a*, *b*, white arrowheads). Sertoli cells seems not stained by Igsf1, as illustrated by the dotted-lined highlighted cell with its characteristic prominent nucleoli (*b*). Igsf1 stains peri-nuclear granules of the germ epithelium (thick open arrows), predominantly at the spermatogonia (*a*, *b*). B) Immunofluorescent colocalization of Igsf1 with Melan A (Leydig and Sertoli cell marker) and Calretinin (specific Leydig marker). Igsf1 (*a*, *e*, *i*, red) is present within seminiferous tubules but also at the interstitial space. As expected, Melan A stains Leydig and some Sertoli cells (*b*, green), but does not co-localize with Igsf1 within seminiferous tubules (*c*, *d*). Calretinin-Igsf1 double fluorescence confirms the presence of both proteins only in Leydig cells (*g*, *h*, *k*, *I*). Within tubules, Igsf1 staining is reinforced at the basal layer with marked granules, also detected by immunohistochemistry, but staining is present all-through the germ cell epithelium width (*g*, *h*, *k*, *I*).



**Supplemental Figure 6.** Activin does not alter the expression of the TRHR promoter nor affect the postive effect of **IGSF1.** Transfection of IGSF1 duplicate the activity of the human TRHR promoter. Addition of Activin does not affect the basal activity nor the IGSF1 induction, and consequently the receptor inhibitor SB431542 has no effect. The promoter is affected neither by a SMAD2 dominant negative (DSMAD2) nor by an Activin receptor constitutively activated mutant (caALK4).





2<sup>nd</sup> Ab all three:

Donkey anti-rabbit Cy3 Donkey anti-goat 488 DAPI

## В

А

Immunohistochemistry :

Control w/o 1<sup>st</sup> Ab, with all other Dako reagents including 2<sup>nd</sup> Ab, counterstained with hematoxylin



Testis 75 y.o. 100x



## Supplemental Figure 7: Controls of immunostainings

- A) Parallel staining of rat pituitary sections for double immunofluorescence with rabbit anti-IGSF1 plus goat-antiTSH (left), omitting the IGSF1 antibody (centre), or with no primary antibody (right). The secondary antibody for all three sections were: donkey anti-rabbit Cy3 (red cells, IGSF1+), donkey anti-goat 488 (green cells, TSH+) together with DAPI.
- B) Immunohistochemistry performed in sections of human testes as in Figure 3 but omitting the primary antibody, and also counterstained with hematoxylin.

Hormone Assay	Source	Sensitivity	Range of Detection	Standard calibration
Human TSH	Immulite 2000 analyzer (Siemens Healthcare Diagnostics)	0.001 mIU/L	0.01 -100 mIU/L	NCCLS document EP17
FT4	Vitros ECi immunoanalyzer	0.24 pmol/L	0.88-90 pmol/L	NCCLS document EP17
FT3	Vitros ECi immunoanalyzer	0.18 pmol/L	0.77-35 pmol/L	NCCLS document EP17
Human FSH	Immulite 2000 analyzer (Siemens Healthcare Diagnostics)	0.1 mIU/L	up to 170 mIU/mL	WHO 2nd IRP 78/549
Human LH	Immulite 2000 analyzer (Siemens Healthcare Diagnostics)	0.05 mIU/mL	up to 200 mIU/mL	WHO 1st IRP 68/40 and 2nd IS 80/552
Testosterone	Coat-A-Count radioimmunoassay (Siemens Healthcare Diagnostics)	0.5 nmol/L	0.7 and 55 nmol/L	∆4-Androsten- 17Beta-ol-3-one
Human Inhibin B	OBI-DSL (Beckman Coulter)	7 pg/ml	11-900 pg/ml	Note: 0.5% cross- reaction to Inhibin A
Human AMH	Immunotech SAS	0.02 ng/mL	0.1-22 ng/mL	CLSI EP17-A2

Supplemental Table 1. Analytical limits of detection and dynamic range of the hormone assays

	Source	Origin	Dilution			
1 <sup>st</sup> Antibody			WB	IF	Magnetic immunopurification	
IGSF-1	Genetex, GTX112633	R	1:1000	1:200, 4ºC, o.n.		
a-Tubulin	Sigma, T5168	М	1:2500			
aGSU (hCG alpha)	Sunny lab (BM319- MGH2)	М		1:100, 4ºC, o.n.		
GH	NIDDK, AFP222387790	Gp		1:800, R.T., 1h		
GH	NIDDK, AFPC11981A	R			1:25, ice, 30 min.	
ACTH	Dako, M3501	М		1:100, 4ºC, o.n.		
PRL	Biodesign, E30610M	М		1:500, 4ºC, o.n.		
Beta-TSH	Santa Cruz Biotech, sc- 7813	G		1:50, 4ºC, o.n.		
Beta-TSH	NIDDK, AFP1274789	R			1:12,5, ice, 30 min	
Beta-LH	Thermo, Ms-9078P1	М		1:100, 4ºC, o.n.		
Beta-FSH	Zymed, 18-0020	М		1:100, 4ºC, o.n.		
Beta-FSH	NIDDK, AFP7798-1289	R	1:1000		1:12,5, ice, 30 min	
Pit-1	BD, 610223	М		1:200, 4ºC, o.n.		
Phospho-SMAD2 Ser465-467	Cell Signaling, 3108	R	1:1000			
SMAD2/3	Santa Curz Biotech, sc- 8332	R	1:1000			

2 <sup>nd</sup> Antibody	Company	Origin	Dilution
Anti-rabbit IgG-HRP	GE Healthcare NA934V	D	1:5000
Anti-mouse IgG/HRP	DAKO, P0260	R	1:5000
Anti-mouse Alexa 488 Donkey Anti-Mouse IgG (H+L) Alexa Fluor 488	Molecular Probes, A-21202	D	1:400
Anti-rabbit-Fab-Cy3 Goat Anti-Rabbit IgG, F(ab')2 Fragment Specific)	Jackson, 111-166-047	G	1:600
Anti-Guinea pig-IgG-Alexa F488 Goat Anti-Guinea Pig IgG Alexa Fluor 488	Molecular Probes, A-11073	G	1:1500
Anti-goat-Fab-IgG Cy2 Donkey Anti-goat F(ab')2 IgG (H+L) Cy2	Jackson, 705-226-147	D	1:600
Anti-Rabbit IgG MACS MicroBeads	Miltenyi Biotec, 130-048-602	G	1:4, ice, 15 min

Supplemental Table 2. Antibodies and kits used in the experiments and its dilutions. (M=mouse; R=rabbit; G=Goat; Gp=guinea pig; D=Donkey)