

Identifying Important Gaps in Randomized Controlled Trials of Adult Cardiac Arrest Treatments: A Systematic Review of the Published Literature

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Supplemental Appendix A. Selected Characteristics of Included Studies of RCTs of Adult Cardiac Arrest Treatments

Study Author/ Publication Year	Journal	Location of Arrest	Intervention Studied	Initial Arrest Rhythm	Number of Subjects	Single/Multicenter	Geographic Location	Timing of Intervention
Abu-Laban 2002 ¹	<i>New England Journal of Medicine</i>	OHCA	100 mg IV tissue plasminogen activator versus placebo	PEA	233	Multicenter	Outside U.S.	During Cardiac Arrest
Abu-Laban 2006 ²	<i>Lancet</i>	OHCA	250 mg IV aminophylline versus placebo	Asystole or PEA refractory to epinephrine and atropine	971	Multicenter	Outside U.S.	During Cardiac Arrest
Allegra 2001 ³	<i>Resuscitation</i>	OHCA	2g IV magnesium sulfate versus placebo	Refractory VF	116	Multicenter	U.S.	During Cardiac Arrest
Arntz 2001 ⁴	<i>Circulation</i>	OHCA	Phased chest and abdominal compression-decompression (Lifestick™) CPR versus standard CPR	VF/PEA/Asystole	50	Multicenter	Outside U.S.	During Cardiac Arrest
Aufderheide 2005 ⁵	<i>Critical Care Medicine</i>	OHCA	Active versus sham ITD	Pulseless VT/VF/PEA/Asystole	230	Multicenter	U.S.	During Cardiac Arrest
Aufderheide 2011 ⁶	<i>Lancet</i>	OHCA	ACD-CPR + ITD versus standard CPR	Pulseless VT/VF/PEA/Asystole	1653	Multicenter	U.S.	During Cardiac Arrest
Aufderheide 2011 ⁷	<i>New England Journal of Medicine</i>	OHCA	Active versus sham ITD	Shockable VT/VF/PEA/Asystole	8718	Multicenter	Inside/Outside U.S.	During Cardiac Arrest
Axelsson 2006 ⁸	<i>Resuscitation</i>	OHCA	Mechanical chest compression (LUCAS™) versus standard CPR	Pulseless VT/VF/PEA/Asystole	328	Multicenter	Outside U.S.	During Cardiac Arrest
Axelsson 2009 ⁹	<i>Resuscitation</i>	OHCA	Mechanical ACD-CPR (LUCAS™) versus standard CPR	Pulseless VT/VF/PEA/Asystole	126	Single	Outside U.S.	During Cardiac Arrest
Baker 2008 ¹⁰	<i>Resuscitation</i>	OHCA	3 min of CPR before first defibrillation versus immediate defibrillation	VF	202	Multicenter	Outside U.S.	During Cardiac Arrest

Baubin 1999 ¹¹	<i>Resuscitation</i>	OHCA	Standard CPR followed by ACD-CPR versus ACD-CPR only versus standard CPR	Pulseless VT/VF	90	Single	Outside U.S.	During Cardiac Arrest
Bender 2007 ¹²	<i>Resuscitation</i>	OHCA	2 ml/kg/10 min IV hypertonic saline with HES versus IV HES alone	Pulseless VT/VF/PEA/Asystole	66	Single	Outside U.S.	During Cardiac Arrest
Berdowski 2010 ¹³	<i>Circulation: Arrhythmia and Electrophysiology</i>	OHCA	Use AEDs to perform postshock analysis and prompt pulse check versus resume CPR immediately after defibrillation	Pulseless VT/VF	136	Single	Outside U.S.	During Cardiac Arrest
Bernard 2002 ¹⁴	<i>New England Journal of Medicine</i>	OHCA	Therapeutic hypothermia (33°C) versus normothermia	VF	77	Multicenter	Outside U.S.	Post Cardiac Arrest
Bernard 2010 ¹⁵	<i>Circulation</i>	OHCA	Pre-hospital cooling versus cooling after hospital admission	VF	234	Multicenter	Outside U.S.	Post Cardiac Arrest
Bernard 2012 ¹⁶	<i>Critical Care Medicine</i>	OHCA	Pre-hospital cooling versus cooling after hospital admission	Asystole or PEA	163	Multicenter	Outside U.S.	Post Cardiac Arrest
Bertrand 2006 ¹⁷	<i>Intensive Care Medicine</i>	OHCA	Constant flow insufflation of oxygen versus mechanical ventilation	VF/PEA/Asystole	696	Multicenter	Outside U.S.	During/Post Cardiac Arrest
Bjelland 2012 ¹⁸	<i>Intensive Care Medicine</i>	OHCA	Propofol + remifentanyl versus midazolam + fentanyl during therapeutic hypothermia (33-34°C for 24 hours)	Pulseless VT/VF/PEA/Asystole	59	Multicenter	Outside U.S.	Post Cardiac Arrest
Bohn 2011 ¹⁹	<i>Resuscitation</i>	OHCA	Extended feedback (addition of voice prompts during CPR) versus limited feedback (visual feedback + metronome only)	Pulseless VT/VF/PEA/Asystole	300	Single	Outside U.S.	During Cardiac Arrest
Bottiger 2008 ²⁰	<i>New England Journal of Medicine</i>	OHCA	IV tenecteplase (weight-based dosing) versus placebo	Pulseless VT/VF/PEA/Asystole	1050	Multicenter	Outside U.S.	During Cardiac Arrest

Breil 2012 ²¹	<i>Resuscitation</i>	OHCA	2 ml/kg/10 min IV hypertonic saline with HES versus IV HES alone	Pulseless VT/VF/PEA/Asystole	203	Multicenter	Outside U.S.	During Cardiac Arrest
Callaway 2006 ²²	<i>American Journal of Cardiology</i>	OHCA	40 IU Vasopressin versus placebo	VF/PEA/Asystole	325	Single	U.S.	During Cardiac Arrest
Castren 2010 ²³	<i>Circulation</i>	OHCA	Intra-arrest, pre-hospital transnasal evaporative cooling (RhinoChill™) versus standard of care	VF/PEA/Asystole	194	Multicenter	Outside U.S.	Post Cardiac Arrest
Chardoli 2012 ²⁴	<i>Chinese Journal of Traumatology - English Edition</i>	IHCA/OHCA	Echocardiography-integrated CPR versus standard CPR	PEA	100	Multicenter	Outside U.S.	During Cardiac Arrest
Choux 1995 ²⁵	<i>Resuscitation</i>	OHCA	Repeated standard dose (1 mg IV) versus high dose (5 mg IV) of epinephrine	VF/EMD/Asystole	536	Single	Outside U.S.	During Cardiac Arrest
Debaty 2014 ²⁶	<i>Intensive Care Med</i>	OHCA	Intra-arrest therapeutic hypothermia versus TH after hospital admission	Pulseless VT/VF/PEA/Asystole	245	Multicenter	Outside U.S.	During Cardiac Arrest
Dorian 2002 ²⁷	<i>New England Journal of Medicine</i>	OHCA	5 mg/kg IV amiodarone + lidocaine placebo versus 1.5 mg/kg IV lidocaine + amiodarone placebo	Shock-resistant VF	347	Multicenter	Outside U.S.	During Cardiac Arrest
Dybvik 1995 ²⁸	<i>Resuscitation</i>	OHCA	250 ml IV Tribonat™ (buffer solution) versus 250 ml of 0.9% IV normal saline	VF after first defibrillation attempt or Asystole	502	Single	Outside U.S.	During Cardiac Arrest
Fatovich 1997 ²⁹	<i>Resuscitation</i>	OHCA	High dose (5 g) IV magnesium sulfate versus placebo	Pulseless VT/VF/Asystole	67	Single	Outside U.S.	During/Post Cardiac Arrest
Freese 2013 ³⁰	<i>Circulation</i>	OHCA	Using AEDs with a VF waveform analysis algorithm versus standard shock-first protocol	VF	987	Multicenter	Inside/Outside U.S.	During Cardiac Arrest
Gueugniaud 1998 ³¹	<i>New England Journal of Medicine</i>	OHCA	Repeated (up to 15) high doses (5 mg IV each) versus standard doses (1 mg each) of epinephrine	VF/PEA/Asystole	3327	Multicenter	Outside U.S.	During Cardiac Arrest

Gueugniaud 2008 ³²	<i>New England Journal of Medicine</i>	OHCA	1 mg IV epinephrine + 40 IU of IV vasopressin versus 1 mg IV epinephrine + saline placebo	VF after 3 failed defibrillation attempts/ PEA/Asystole	2894	Multicenter	Outside U.S.	During Cardiac Arrest
Hallstrom 2000 ³³	<i>New England Journal of Medicine</i>	OHCA	Dispatcher-instructed bystander CPR by chest compression alone versus CPR by chest compression + mouth-to-mouth ventilation	Pulseless VT/VF/PEA/Asystole	520	Single	U.S.	During Cardiac Arrest
Hallstrom 2006 ³⁴	<i>Journal of the American Medical Association</i>	OHCA	Automated load-distributing band (LDB-CPR) chest compression device versus manual CPR	Pulseless VT/VF/PEA/Asystole	767	Multicenter	Inside/Outside U.S.	During Cardiac Arrest
Hassan 2002 ³⁵	<i>Emergency Medicine Journal</i>	OHCA	2 g IV magnesium sulfate versus placebo	VF/EMD/Asystole	105	Multicenter	Outside U.S.	Post Cardiac Arrest
Heard 2010 ³⁶	<i>Resuscitation</i>	OHCA	Mechanical device for temperature management (Arctic Sun™) versus surface cooling with standard blankets + ice packs	Pulseless VT/VF/PEA/Asystole	64	Multicenter	U.S.	Post Cardiac Arrest
Holzer 2002 (HACA) ³⁷	<i>New England Journal of Medicine</i>	OHCA	Therapeutic hypothermia (32-34°C for 24 hours) versus normothermia	Pulseless VT/VF	275	Multicenter	Outside U.S.	Post Cardiac Arrest
Hostler 2011 ³⁸	<i>British Medical Journal</i>	OHCA	Real-time audio and visual feedback during CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	1586	Multicenter	Inside/Outside U.S.	During Cardiac Arrest
Jacobs 2005 ³⁹	<i>Emergency Medicine Australasia</i>	OHCA	90 seconds of CPR before defibrillation versus immediate defibrillation	Pulseless VT/VF	256	Single	Outside U.S.	During Cardiac Arrest
Jacobs 2011 ⁴⁰	<i>Resuscitation</i>	OHCA	1 mg IV adrenaline versus saline placebo	Pulseless VT/VF/PEA/Asystole	534	Multicenter	Outside U.S.	During Cardiac Arrest
Jaffe 2004 ⁴¹	<i>American Journal of Cardiology</i>	OHCA	200 micrograms IV isoproterenol versus no isoproterenol	Asystole	79	Multicenter	Outside U.S.	During Cardiac Arrest

Jost 2010 ⁴²	<i>Circulation</i>	OHCA	AED CPR protocol (1 minute CPR before 1 st shock, shorter CPR interruptions, no stacked shocks) versus control protocol	VF	845	Single	Outside U.S.	During Cardiac Arrest
Kim 2007 ⁴³	<i>Circulation</i>	OHCA	In-field cooling (up to 2 L of 4°C normal saline) versus standard care	VF/PEA/Asystole	125	Multicenter	U.S.	Post Cardiac Arrest
Kim 2014 ⁴⁴	<i>Journal of the American Medical Association</i>	OHCA	Pre-hospital cooling (up to 2 L of 4°C normal saline) versus standard care	Pulseless VT/VF/PEA/Asystole	1359	Multicenter	U.S.	Post Cardiac Arrest
Knor 2011 ⁴⁵	<i>Signa Vitae</i>	OHCA	10,000 units of intra-arrest IV heparin administration versus standard of care (no heparin)	Pulseless VT/VF/PEA/Asystole	63	Multicenter	Outside U.S.	During Cardiac Arrest
Kovoor 2005 ⁴⁶	<i>Internal Medicine Journal</i>	OHCA	100 mg IV sotalol versus 100 mg IV lignocaine	VF and ≥ 4 defibrillatory monophasic shocks	129	Single	Outside U.S.	During Cardiac Arrest
Kudenchuk 1999 ⁴⁷	<i>New England Journal of Medicine</i>	OHCA	300 mg IV amiodarone versus placebo	Pulseless VT/VF/PEA/Asystole	504	Multicenter	U.S.	During Cardiac Arrest
Kudenchuk 2006 ⁴⁸	<i>Circulation</i>	OHCA	Transthoracic Incremental Monophasic versus Biphasic Defibrillation by Emergency Responders (TIMBER)	Pulseless VT/VF	168	Single	U.S.	During Cardiac Arrest
Laurent 2005 ⁴⁹	<i>Journal of the American College of Cardiology</i>	OHCA	Isovolumic high-volume hemofiltration (200 mL/kg/hr over 8 hrs) +/-mild TH (32°C for 24 hrs) versus standard care	Pulseless VT/VF/PEA/Asystole	61	Multicenter	Outside U.S.	Post Cardiac Arrest
Longstreth 2002 ⁵⁰	<i>Neurology</i>	OHCA	2g IV Mg sulfate or 10mg IV diazepam or both versus placebo	Pulseless VT/VF/PEA/Asystole	300	Single	U.S.	During Cardiac Arrest

Luiz 1996 ⁵¹	<i>Journal of Cardiothoracic and Vascular Anesthesia</i>	OHCA	ACD-CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	56	Single	Outside U.S.	During Cardiac Arrest
Ma 2012 ⁵²	<i>Resuscitation</i>	OHCA	CPR first versus rhythm analysis for defibrillation first strategy	Pulseless VT/VF/PEA/Asystole	289	Single	Outside U.S.	During Cardiac Arrest
Mader 1999 ⁵³	<i>Resuscitation</i>	OHCA	250 mg IV aminophylline versus placebo	Asystole	82	Single	U.S.	During Cardiac Arrest
Mader 2003 ⁵⁴	<i>Academic Emergency Medicine</i>	OHCA	250 mg IV Aminophylline versus placebo	Atropine-resistant asystole	111	Multicenter	U.S.	During Cardiac Arrest
Mauer 1996 ⁵⁵	<i>Resuscitation</i>	OHCA	ACD-CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	220	Single	Outside U.S.	During Cardiac Arrest
Mauer 1998 ⁵⁶	<i>Resuscitation</i>	OHCA	Measuring end tidal CO ₂ with ACD-CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	120	Single	Outside U.S.	During Cardiac Arrest
Mentzelopoulos 2009 ⁵⁷	<i>Archives of Internal Medicine</i>	IHCA	120 IU IV vasopressin + 1 mg IV epinephrine + 40 mg IV methyl prednisolone versus 1 mg IV epinephrine + placebo during CPR and post-resuscitation hydrocortisone 300 mg IV for 7 days versus placebo	Pulseless VT/VF/PEA/Asystole	100	Single	Outside U.S.	During/Post Cardiac Arrest
Mentzelopoulos 2013 ⁵⁸	<i>Journal of the American Medical Association</i>	IHCA	120 IU IV vasopressin + 1 mg IV epinephrine + 40 mg IV methyl prednisolone versus 1 mg IV epinephrine	Pulseless VT/VF/PEA/Asystole	268	Multicenter	Outside U.S.	During/Post Cardiac Arrest

			+ placebo during CPR and post-resuscitation hydrocortisone 300 mg IV for 7 days versus placebo					
Morrison 2005 ⁵⁹	<i>Resuscitation</i>	OHCA	Rectilinear biphasic versus monophasic damped sine defibrillation waveforms (ORBIT)	Pulseless VT/VF	169	Multicenter	Outside U.S.	During Cardiac Arrest
Mukoyama 2009 ⁶⁰	<i>Resuscitation</i>	OHCA	Maximum of 4 injections of either 40 IU IV vasopressin versus 1mg IV epinephrine immediately after ER arrival	Pulseless VT/VF/PEA/Asystole	336	Single	Outside U.S.	During Cardiac Arrest
Nielsen 2013 ⁶¹	<i>New England Journal of Medicine</i>	OHCA	Targeted temperature management at either 33°C versus 36°C	Pulseless VT/VF/PEA/Asystole	939	Multicenter	Outside U.S.	Post Cardiac Arrest
Oksanen 2007 ⁶²	<i>Intensive Care Med</i>	OHCA	Strict (72-108 mg/dl) versus moderate (108-144 mg/dl) glucose control during first 48 hrs of ICU treatment	Pulseless VF	90	Multicenter	Outside U.S.	Post Cardiac Arrest
Olasveengen 2009 ⁶³	<i>Journal of the American Medical Association</i>	OHCA	ACLS with IV drug administration versus ACLS without IV drug administration	Pulseless VT/VF/PEA/Asystole	851	Single	Outside U.S.	During Cardiac Arrest
Ong 2012 ⁶⁴	<i>Resuscitation</i>	IHCA/OHCA	1mg IV adrenaline versus 40 IU IV vasopressin	Pulseless VT/VF/PEA/Asystole	727	Multicenter	Outside U.S.	During Cardiac Arrest

Patrick 1995 ⁶⁵	<i>American Journal of Respiratory and Critical Care Medicine</i>	IHCA/OHCA	40 mg IV methoxamine versus 2mg IV epinephrine	Pulseless VT/VF/PEA/Asystole	145	Single	Outside U.S.	During Cardiac Arrest
Pittl 2013 ⁶⁶	<i>Clinical Research in Cardiology</i>	IHCA/OHCA	Invasive cooling (Coolgard™) versus non-invasive surface cooling (Artic Sun™)	Pulseless VT/VF/PEA/Asystole	80	Single	Outside U.S.	Post Cardiac Arrest
Plaisance 1997 ⁶⁷	<i>Circulation</i>	OHCA	ACD-CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	512	Multicenter	Outside U.S.	During Cardiac Arrest
Plaisance 1999 ⁶⁸	<i>New England Journal of Medicine</i>	OHCA	ACD-CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	750	Multicenter	Outside U.S.	During Cardiac Arrest
Plaisance 2004 ⁶⁹	<i>Resuscitation</i>	OHCA	ACD-CPR + active ITD versus ACD-CPR + sham ITD	Pulseless VT/VF/PEA/Asystole	400	Multicenter	Outside U.S.	During Cardiac Arrest
Reades 2011 ⁷⁰	<i>Annals of Emergency Medicine</i>	OHCA	Tibial intraosseous versus humoral intraosseous versus peripheral intravenous	Pulseless VT/VF/PEA/Asystole	182	Single	U.S.	During Cardiac Arrest
Rubertsson 2014 ⁷¹	<i>Journal of the American Medical Association</i>	OHCA	Mechanical chest compression and simultaneous defibrillation versus standard CPR (LINC)	Pulseless VT/VF/PEA/Asystole	2589	Multicenter	Outside U.S.	During Cardiac Arrest
Saissy 2000 ⁷²	<i>Anesthesiology</i>	OHCA	Continuous insufflation of O2 versus IPPV in ACD-CPR	Pulseless VT/VF/PEA/Asystole	95	Multicenter	Outside U.S.	During Cardiac Arrest
Schmidbauer 2000 ⁷³	<i>Resuscitation</i>	OHCA	High dose (5mg) versus standard dose (2.5mg) of endobronchial epinephrine	Pulseless VT/VF/PEA/Asystole	57	Single	Outside U.S.	During Cardiac Arrest

Schneider 2000 ⁷⁴	<i>Circulation</i>	OHCA	AED with 150 J biphasic shocks versus 200-to-360 J monophasic shocks	VF	115	Multicenter	Outside U.S.	During Cardiac Arrest
Schwab 1995 ⁷⁵	<i>Journal of the American Medical Association</i>	OHCA	ACD-CPR versus Standard CPR	VF/PEA/Asystole	860	Multicenter	U.S.	During Cardiac Arrest
Sherman 1997 ⁷⁶	<i>Pharmacotherapy</i>	OHCA	High-dose (0.1 mg/kg) IV epinephrine versus standard-dose (0.01 mg/kg) IV epinephrine	VF or Asystole	140	Multicenter	U.S.	During Cardiac Arrest
Skogvoll 1999 ⁷⁷	<i>Resuscitation</i>	OHCA	ACD-CPR versus Standard CPR	Pulseless VT/VF/PEA/Asystole	302	Single	Outside U.S.	During Cardiac Arrest
Smekal 2011 ⁷⁸	<i>Resuscitation</i>	OHCA	Mechanical chest compressions (LUCAS™) versus Standard CPR	Pulseless VT/VF/PEA/Asystole	148	Multicenter	Outside U.S.	During Cardiac Arrest
Stiell 1996 ⁷⁹	<i>Journal of the American Medical Association</i>	IHCA/OHCA	ACD-CPR versus Standard CPR	Pulseless VT/VF/PEA/Asystole	1784	Multicenter	Outside U.S.	During Cardiac Arrest
Stiell 2001 ⁸⁰	<i>Lancet</i>	IHCA	40 IU IV Vasopressin versus 1mg IV epinephrine	Pulseless VT/VF/PEA/Asystole	200	Multicenter	Outside U.S.	During Cardiac Arrest
Stiell 2007 ⁸¹	<i>Circulation</i>	OHCA	Fixed lower energy (150-150-150 J) versus escalating higher energy (200-300-360 J)	Pulseless VT/VF patients with initial defibrillation by biphasic AED	221	Multicenter	Outside U.S.	During Cardiac Arrest
Stiell 2011 ⁸²	<i>New England Journal of Medicine</i>	OHCA	Early-rhythm analysis (30 to 60 seconds CPR) versus delayed-rhythm analysis (180 seconds CPR)	Pulseless VT/VF/PEA/Asystole	9933	Multicenter	Inside/Outside U.S.	During Cardiac Arrest

Svensson 2010 ⁸³	<i>New England Journal of Medicine</i>	OHCA	Compression-only CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	1276	Multicenter	Outside U.S.	During Cardiac Arrest
Takeda 2014 ⁸⁴	<i>Resuscitation</i>	IHCA/OHCA	Pharyngeal cooling (saline 5°C into pharyngeal cuff for 120 min) versus standard of care	Pulseless VT/VF/PEA/Asystole	108	Multicenter	Outside U.S.	Post Cardiac Arrest
Thel 1997 ⁸⁵	<i>Lancet</i>	IHCA	IV magnesium sulfate (2 g bolus followed by 8 g over 24 hours) versus placebo	Pulseless VT/VF/EMD/Bradycardia/Asystole	156	Single	U.S.	During/Post Cardiac Arrest
van Alem 2003 ⁸⁶	<i>Resuscitation</i>	OHCA	Biphasic truncated exponential versus monophasic damped sine shocks	VF	120	Multicenter	Outside U.S.	During Cardiac Arrest
Vukmir 2006 ⁸⁷	<i>American Journal of Emergency Medicine</i>	OHCA	1 mEq/kg IV sodium bicarbonate versus placebo	Pulseless VT/VF/PEA/Asystole	792	Multicenter	U.S.	During Cardiac Arrest
Wenzel 2004 ⁸⁸	<i>New England Journal of Medicine</i>	OHCA	2 ampules of either 40 IU IV vasopressin versus 1 mg IV epinephrine	VF/PEA/Asystole	1186	Multicenter	Outside U.S.	During Cardiac Arrest
Wik 2003 ⁸⁹	<i>Journal of the American Medical Association</i>	OHCA	CPR before defibrillation versus immediate defibrillation	Pulseless VT/VF	200	Single	Outside U.S.	During Cardiac Arrest
Wik 2014 ⁹⁰	<i>Resuscitation</i>	OHCA	Integrated automated load-distributing band CPR versus standard CPR	Pulseless VT/VF/PEA/Asystole	4231	Multicenter	Inside/Outside U.S.	During Cardiac Arrest
Wolcke 2003 ⁹¹	<i>Circulation</i>	OHCA	ACD-CPR + ITD versus standard CPR	Pulseless VT/VF/PEA/Asystole	210	Multicenter	Outside U.S.	During Cardiac Arrest

Woodhouse 1995 ⁹²	<i>Resuscitation</i>	IHCA/OHCA	High-dose (10 mg IV) versus standard-dose (1 mg IV) adrenaline versus placebo	Pulseless VT/VF/EMD/Asystole	194	Single	Outside U.S.	During Cardiac Arrest
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Supplementary Appendix Table A Abbreviations. ACD = active compression-decompression; AED = automated external defibrillator; CPR = cardiopulmonary resuscitation; EMD = electromechanical dissociation; IHCA = in-hospital cardiac arrest; Hydroxy ethyl starch; ITD = impedance threshold device; IV = intravenous; OHCA = out-of-hospital cardiac arrest; PEA = pulseless electrical activity; TH = therapeutic hypothermia; VT = ventricular tachycardia; VF = ventricular fibrillation; IPPV = intermittent positive pressure ventilation.

Supplemental Appendix B. Cochrane Collaboration Risk of Bias Assessment of Included Studies of RCTs of Adult Cardiac Arrest Treatments

Study Author/Publication Year	Trial Intervention	Sequence Generation	Allocation Concealment	Blinding of Primary Personnel	Blinding of Primary Outcome Assessors	Blinding of Global Ordinal/ Quality-of-Life Outcome Assessors
Abu-Laban 2002 ¹	Drug	Yellow	Yellow	Green	Green	Green
Abu-Laban 2006 ²	Drug	Green	Yellow	Green	Green	Green
Allegra 2001 ³	Drug	Green	Yellow	Green	Green	Yellow
Arntz 2001 ⁴	Device	Yellow	Yellow	Red	Yellow	Yellow
Aufderheide 2005 ⁵	Device	Green	Green	Green	Green	Green
Aufderheide 2011 ⁶	Device	Green	Yellow	Red	Green	Green
Aufderheide 2011 ⁷	Device	Green	Green	Green	Green	Green
Axelsson 2006 ⁸	Device	Yellow	Red	Red	Green	Yellow
Axelsson 2009 ⁹	Device	Green	Red	Red	Green	Grey
Baker 2008 ¹⁰	Protocol intervention	Yellow	Green	Red	Green	Green
Baubin 1999 ¹¹	Device	Yellow	Red	Red	Yellow	Grey
Bender 2007 ¹²	Drug	Green	Yellow	Green	Green	Grey
Berdowski 2010 ¹³	Protocol intervention	Yellow	Green	Red	Green	Grey
Bernard 2002 ¹⁴	Device	Red	Red	Red	Green	Green
Bernard 2010 ¹⁵	Device	Green	Green	Red	Green	Green
Bernard 2012 ¹⁶	Device	Green	Green	Red	Green	Green
Bertrand 2006 ¹⁷	Drug	Yellow	Yellow	Red	Green	Grey
Bjelland 2012 ¹⁸	Drug	Green	Yellow	Red	Yellow	Yellow
Bohn 2011 ¹⁹	Protocol intervention	Yellow	Red	Red	Green	Grey
Bottiger 2008 ²⁰	Drug	Yellow	Yellow	Green	Green	Yellow
Breil 2012 ²¹	Drug	Green	Green	Green	Green	Green
Callaway 2006 ²²	Drug	Green	Green	Green	Green	Yellow
Castren 2010 ²³	Device	Yellow	Yellow	Red	Yellow	Red
Chardoli 2012 ²⁴	Protocol intervention	Yellow	Yellow	Red	Green	Grey
Choux 1995 ²⁵	Drug	Yellow	Yellow	Green	Green	Yellow
Debaty 2014 ²⁶	Device	Yellow	Yellow	Red	Green	Green
Dorian 2002 ²⁷	Drug	Yellow	Yellow	Green	Green	Grey
Dybvik 1995 ²⁸	Drug	Green	Green	Green	Green	Grey
Fatovich 1997 ²⁹	Drug	Yellow	Yellow	Green	Green	Yellow

Freese 2013 ³⁰	Protocol intervention					
Gueugniaud 1998 ³¹	Drug					
Gueugniaud 2008 ³²	Drug					
Hallstrom 2000 ³³	Protocol intervention					
Hallstrom 2006 ³⁴	Device					
Hassan 2002 ³⁵	Drug					
Heard 2010 ³⁶	Device					
Holzer 2002 (HACA) ³⁷	Device					
Hostler 2011 ³⁸	Protocol intervention					
Jacobs 2005 ³⁹	Protocol intervention					
Jacobs 2011 ⁴⁰	Drug					
Jaffe 2004 ⁴¹	Drug					
Jost 2010 ⁴²	Protocol intervention					
Kim 2007 ⁴³	Device					
Kim 2014 ⁴⁴	Device					
Knor 2011 ⁴⁵	Drug					
Kovoor 2005 ⁴⁶	Drug					
Kudenchuk 1999 ⁴⁷	Device					
Kudenchuk 2006 ⁴⁸	Drug					
Laurent 2005 ⁴⁹	Device					
Longstreth 2002 ⁵⁰	Drug					
Luiz 1996 ⁵¹	Device					
Ma 2012 ⁵²	Protocol intervention					
Mader 1999 ⁵³	Drug					
Mader 2003 ⁵⁴	Drug					
Mauer 1996 ⁵⁵	Device					
Mauer 1998 ⁵⁶	Device					
Mentzelopoulos 2009 ⁵⁷	Drug					
Mentzelopoulos 2013 ⁵⁸	Drug					
Morrison 2005 ⁵⁹	Device					
Mukoyama 2009 ⁶⁰	Drug					
Nielsen 2013 ⁶¹	Device					
Oksanen 2007 ⁶²	Drug					
Olasveengen 2009 ⁶³	Protocol intervention					

Ong 2012 ⁶⁴	Drug	Yellow	Green	Green	Green	Green
Patrick 1995 ⁶⁵	Drug	Green	Yellow	Green	Green	Green
Pittl 2013 ⁶⁶	Device	Green	Yellow	Red	Green	Green
Plaisance 1997 ⁶⁷	Device	Red	Red	Red	Green	Yellow
Plaisance 1999 ⁶⁸	Device	Red	Red	Red	Green	Yellow
Plaisance 2004 ⁶⁹	Device	Yellow	Green	Green	Green	Yellow
Reades 2011 ⁷⁰	Protocol intervention	Yellow	Yellow	Red	Yellow	Gray
Rubertsson 2014 ⁷¹	Device	Yellow	Yellow	Red	Green	Yellow
Saissy 2000 ⁷²	Drug	Yellow	Yellow	Red	Green	Gray
Schmidbauer 2000 ⁷³	Drug	Yellow	Yellow	Yellow	Green	Gray
Schneider 2000 ⁷⁴	Device	Yellow	Red	Red	Green	Yellow
Schwab 1995 ⁷⁵	Device	Red	Red	Red	Green	Yellow
Sherman 1997 ⁷⁶	Drug	Green	Green	Green	Green	Yellow
Skogvoll 1999 ⁷⁷	Device	Green	Green	Red	Yellow	Yellow
Smekal 2011 ⁷⁸	Device	Yellow	Yellow	Red	Green	Gray
Stiell 1996 ⁷⁹	Device	Yellow	Green	Red	Green	Green
Stiell 2001 ⁸⁰	Drug	Green	Green	Green	Green	Yellow
Stiell 2007 ⁸¹	Device	Yellow	Yellow	Green	Green	Green
Stiell 2011 ⁸²	Protocol intervention	Yellow	Red	Red	Yellow	Yellow
Svensson 2010 ⁸³	Protocol intervention	Green	Green	Red	Green	Gray
Takeda 2014 ⁸⁴	Device	Yellow	Green	Red	Green	Gray
Thel 1997 ⁸⁵	Drug	Yellow	Yellow	Green	Green	Yellow
van Alem 2003 ⁸⁶	Device	Yellow	Red	Red	Green	Gray
Vukmir 2006 ⁸⁷	Drug	Yellow	Yellow	Green	Green	Gray
Wenzel 2004 ⁸⁸	Drug	Yellow	Yellow	Green	Green	Yellow
Wik 2003 ⁸⁹	Protocol intervention	Yellow	Yellow	Red	Green	Green
Wik 2014 ⁹⁰	Device	Yellow	Yellow	Red	Green	Red
Wolcke 2003 ⁹¹	Device	Green	Red	Red	Green	Yellow
Woodhouse 1995 ⁹²	Drug	Yellow	Yellow	Green	Green	Gray

Risk of bias is denoted as low risk of bias (green box), high risk of bias (red box), and unclear risk of bias (yellow box).

For the “blinding of global ordinal/quality-of-life outcome assessors” domain, a gray box was used to indicate studies that did not report the aforementioned outcomes.

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Supplemental Appendix C. Electronic Search Terms within the PubMed/EMBASE/Scopus Databases

PubMed

Therapy/Narrow[filter] AND (("heart arrest"[All Fields] OR "cardiac arrest"[All Fields]) OR ("Cardiopulmonary Resuscitation"[Mesh] OR "Heart Arrest"[Mesh])) AND ("1995/01/01"[PDAT] : "3000/12/31"[PDAT])

EMBASE *Note: eliminated keyword searches due to high search retrieval; all articles indexed so only Emtree terms utilized*

'heart arrest'/exp AND 'resuscitation'/exp AND ([cochrane review]/lim OR [systematic review]/lim OR [controlled clinical trial]/lim OR [randomized controlled trial]/lim OR [meta analysis]/lim) AND (1995:py OR 1996:py OR 1997:py OR 1998:py OR 1999:py OR 2000:py OR 2001:py OR 2002:py OR 2003:py OR 2004:py OR 2005:py OR 2006:py OR 2007:py OR 2008:py OR 2009:py OR 2010:py OR 2011:py OR 2012:py OR 2013:py OR 2014:py)

Scopus *Note: filtered using adapted RCT strategy due to high search retrieval*

(TITLE-ABS-KEY ("cardiac arrest" OR "heart arrest" OR "cardiopulmonary resuscitation")) AND (TITLE-ABS-KEY ((clinical AND trial) OR "clinical trial*" OR random* OR "random allocation" OR "therapeutic use" OR "randomized controlled trial" OR (randomized AND controlled AND trial))) AND (LIMIT-TO (PUBYEAR , 2014) OR LIMIT-TO (PUBYEAR , 2013) OR LIMIT-TO (PUBYEAR , 2012) OR LIMIT-TO (PUBYEAR , 2011) OR LIMIT-TO (PUBYEAR , 2010) OR LIMIT-TO (PUBYEAR , 2009) OR LIMIT-TO (PUBYEAR , 2008) OR LIMIT-TO (PUBYEAR , 2007) OR LIMIT-TO (PUBYEAR , 2006) OR LIMIT-TO (PUBYEAR , 2005) OR LIMIT-TO (PUBYEAR , 2004) OR LIMIT-TO (PUBYEAR , 2003) OR LIMIT-TO (PUBYEAR , 2002) OR LIMIT-TO (PUBYEAR , 2001) OR LIMIT-TO (PUBYEAR , 2000) OR LIMIT-TO (PUBYEAR , 1999) OR LIMIT-TO (PUBYEAR , 1998) OR LIMIT-TO (PUBYEAR , 1997) OR LIMIT-TO (PUBYEAR , 1996) OR LIMIT-TO (PUBYEAR , 1995))

Supplemental Appendix D. PRISMA Checklist

Section/topic	#	Checklist item	Reported on page #
TITLE			
Title	1	Identify the report as a systematic review, meta-analysis, or both.	1
ABSTRACT			
Structured summary	2	Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.	2
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known.	3
Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).	3
METHODS			
Protocol and registration	5	Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and, if available, provide registration information including registration number.	N/A
Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.	4
Information sources	7	Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.	4
Search	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.	S.A. D
Study selection	9	State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).	4,5
Data collection process	10	Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.	5
Data items	11	List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.	5,6
Risk of bias in individual studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.	6
Summary measures	13	State the principal summary measures (e.g., risk ratio, difference in means).	5,6
Synthesis of results	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I^2) for each meta-analysis.	N/A

Section/topic	#	Checklist item	Reported on page #
Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).	N/A
Additional analyses	16	Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.	N/A
RESULTS			
Study selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.	7
Study characteristics	18	For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.	7-9, 19, 21-23, S.A. A
Risk of bias within studies	19	Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).	8, 20, S.A. B
Results of individual studies	20	For all outcomes considered (benefits or harms), present, for each study: (a) simple summary data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot.	N/A
Synthesis of results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency.	N/A
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies (see Item 15).	N/A
Additional analysis	23	Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).	N/A
DISCUSSION			
Summary of evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).	9-12
Limitations	25	Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).	12
Conclusions	26	Provide a general interpretation of the results in the context of other evidence, and implications for future research.	13
FUNDING			
Funding	27	Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.	14

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