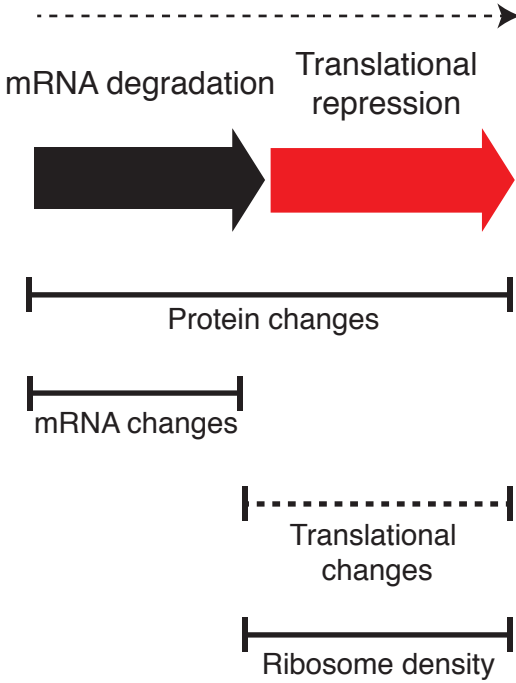


Overall effect of miRNA on targets



Method	Direct vs. Indirect
Immunoblot Proteomics Ribosome Profiling	Direct
qRT-PCR Microarray RNA-seq	Direct
Subtract mRNA changes from protein changes	Indirect estimation
<b>Polysome Profiling</b>	<b>Direct</b>