S3 Table. Studies addressing Obesity and outcome after thrombolysis in ischemic stroke

Study	Patients (n)	Outcome	Results		Factors adjusted for in
					multivariate analysis
Diedler, 2011[1]	27'910 patients	Major neurological	2h	OR: 0.92 (95% CI 0.76 – 1.12)	Age, sex, history of
(Germany,	registered in Safe	improvement	24h	OR: 1.12 (95% CI 0.97 – 1.20)	hypertension, diabetes
Sweden, Italy,	Implementation	Incidence of symptomatic	Per SITS MOST	OR: 1.60 (95% CI 1.06 – 2.41)	mellitus,
Slovak Republic)	of Treatment in	intracerebral hemorrhage	Per ECASS II	OR: 1.08 (95% CI 0.81 – 1.43)	hyperlipidemia,
	Stroke-	Functional outcome at 3	mRS 0 - 1	OR: 1.01 (95% CI 0.87 – 1.18)	smoking, stroke
	International	months	mRS 0 - 2	OR: 0.99 (95% CI 0.84 – 1.17)	subtypes (lacunar vs
	Stroke	Mortality at 3 months	OR: 1.32 (95% CI 1.08 – 1.74)		other), baseline
	Thrombolysis	intertainty at 5 months	010. 1.52 (5570 01	1.00	National Institutes of
	Register (SITS-				Health Stroke Scale
	ISTR), 1190				score (NIHSS), baseline
	(4.3%) weighed				blood glucose, blood
	>100kg				pressure, alteplase dose
					(mg/kg)
Sarikaya, 2011[2]	304 patients with	Death at 3 months	Non-obese: 4.0 % Obese: 13.2 %		Age, gender,
(Switzerland)	acute ischemic				hypertension, diabetes
	stroke who	Favorable outcome at 3 Non-obese: 68		ó	mellitus, smoking
	underwent IVT	months	Obese: 50.9 % Non-obese: 1.6 %		status, baseline National
	with alteplase but	Symptomatic intracranial			Institutes of Health
	no other or	hemorrhage at 3 months	Obese: 1.9 %		Stroke Scale score
	additional				(NIHSS), time from

	thrombolytic				stroke onset to
	treatment				treatment, prestroke
					treatment with
					antiplatelet agents
Sarikaya, 2011[3]	1479 patients	Favorable outcome at 3 –	Weight > 100kg: 45.39	0%	Baseline National
(Switzerland)	with acute	months (mRS score 0 or 1)	Weight < 100kg: 47.69	0%	Institutes of Health
	ischemic stroke		OR: 0.715 (95% CI 0.422 – 1.213)		Stroke Scale score
	who underwent Good outcome at 3 – mont		Weight > 100kg: 57.9%		(NIHSS), age, gender,
	IVT $(mRS \text{ score } 0-2)$ Mortality rate at 3 months	(mRS score 0 - 2)	Weight < 100kg: 63.9%  OR: 0.776 (95% CI 0.265 – 0.807)		blood glucose, diastolic
					blood pressure,
		Weight > 100 kg: 16.8%		antiplatelet medication,	
			Weight < 100 kg: 12.3%		systolic blood pressure
			OR: 1.445 (95% CI 1.305 – 5.341)	305 – 5.341)	
		Rate of symptomatic	NINDS definition	Weight > 100kg: 1.1%	
		intracranial hemorrhage		Weight < 100kg: 5.4%	
		(SICH)		OR 0.190 (95% CI 0.041 – 2.251)	
			ECAS II Definition	Weight > 100kg: 1.1%	
				Weight < 100kg: 4.6%	
				OR: 0.372 (95% CI 0.049 – 2.790)	
Hassan, 2013[4]	Total of 81579	No to minimal disability	OR: 1.0 (95% CI 0.8 – 1.1)		Age, sex, diabetes,
(USA)	patients admitted	Moderate to severe disability	OR: 1.2 (95% CI 1.0 – 1.3)		hypertension renal
	with acute	Mortality	OR: 0.6 (95% CI 0.5 – 0.8)		failure, hospital
	ischemic stroke	ICH secondary to	OR: 0.7 (95% CI 0.5 – 0.9)		location/ teaching

	undergoing	thrombolytic treatment		status, APR-DRG
	thrombolysis, of			severity scale
	these 5174 (6.3%)			
	patients			
	categorized as			
	obese			
Seo, 2013[5]	321 patients	Long-term mortality	Underweight: HR: 3.49 (95% CI 1.44 – 8.46)	Age, sex, hypertension,
(South Korea)	treated with			atrial fibrillation,
	thrombolysis			baseline National
	therapy, including		Normal weight: Reference	Institutes of Health
	intravenous			Stroke Scale score on
	recombinant		Overweight: HR: 0.66 (95% CI 0.33 - 1.34)	admission (NIHSS),
	tissue			thrombolysis methods,
	plasminogen			current smoking status,
	activator and/or		Obese: HR: 1.35 (95% CI 0.66 – 2.78)	homocysteine, low-
	intra-arterial			density lipoprotein,
	thrombolysis			apopolipoprotein B,
				free T4
Seet, 2014[6]	169 patients with	Symptomatic intracerebral	Normal-weight: OR: 1 (reference)	Age, stroke severity
(USA, Singapore)	acute ischemic	hemorrhage	Overweight: OR: 0.94 (95% CI 0.52 – 5.12)	(Baseline National
	stroke who		Obese: OR: 0.82 (95% CI 0.63 – 4.94)	Institutes of Health
	received	Poor functional recovery	Normal-weight: OR: 1 (reference)	Stroke Scale score
	intravenous		Overweight: OR: 1.12 (95% CI 0.54 – 6.21)	(NIHSS)), stroke

thrombolysis	Obese	OR: 1.08 (95% CI 0.45 - 4.21)	subtype
within 3 hours of			
symptom onset			

HR: Hazard Ratio, OR: Odds Ratio, RR: Relative Risk, CI: Confidence Interval, -: no data available in study, wk: week, m: month, yr: year

- 1. Diedler J, Ahmed N, Glahn J, Grond M, Lorenzano S, et al. (2011) Is the maximum dose of 90 mg alteplase sufficient for patients with ischemic stroke weighing >100 kg? Stroke 42: 1615-1620.
- 2. Sarikaya H, Elmas F, Arnold M, Georgiadis D, Baumgartner RW (2011) Impact of obesity on stroke outcome after intravenous thrombolysis. Stroke 42: 2330-2332.
- 3. Sarikaya H, Arnold M, Engelter ST, Lyrer PA, Mattle HP, et al. (2011) Outcome of intravenous thrombolysis in stroke patients weighing over 100 kg. Cerebrovasc Dis 32: 201-206.
- 4. Hassan AE, Chaudhry SA, Jani V, Grigoryan M, Khan AA, et al. (2013) Is there a decreased risk of intracerebral hemorrhage and mortality in obese patients treated with intravenous thrombolysis in acute ischemic stroke? J Stroke Cerebrovasc Dis 22: 545-549.
- 5. Seo JH, Jeong HY, Noh S, Kim E-G, Ji K-H, et al. (2013) Relationship of Body Mass Index and Mortality for Acute Ischemic Stroke Patients after Thrombolysis Therapy. J Neurocrit Care 6: 92-96.
- 6. Seet RC, Zhang Y, Wijdicks EF, Rabinstein AA (2014) Thrombolysis outcomes among obese and overweight stroke patients: an age- and National Institutes of Health Stroke Scale-matched comparison. J Stroke Cerebrovasc Dis 23: 1-6.