

## Quantitation of the immunodominant 33-mer peptide from $\alpha$ -gliadin in wheat flours by liquid chromatography tandem mass spectrometry

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### Supplementary Table S1.

Contents of  $\alpha$ -gliadin, gliadin, gluten, and crude protein [%] in flours of different modern and old common wheat and spelt cultivars.

Wheat cultivar	$\alpha$ -Gliadin [%] <sup>1</sup>	Gliadin [%] <sup>1</sup>	Gluten [%] <sup>1</sup>	Crude protein [%] <sup>1</sup>
CHA	3.2 ± 0.0	6.5 ± 0.0	9.2 ± 0.2	11.3 ± 0.1
FRA	2.9 ± 0.1	7.2 ± 0.0	9.5 ± 0.1	11.3 ± 0.0
WES	3.1 ± 0.3	6.9 ± 0.0	9.6 ± 0.4	11.9 ± 0.2
WYA	3.2 ± 0.0	7.2 ± 0.0	10.0 ± 0.0	11.7 ± 0.1
WYW	2.8 ± 0.0	6.4 ± 0.0	8.8 ± 0.0	10.7 ± 0.1
YIT	3.0 ± 0.0	6.5 ± 0.0	9.5 ± 0.1	11.0 ± 0.1
MUL	3.0 ± 0.1	5.7 ± 0.0	8.4 ± 0.0	10.3 ± 0.1
CAP	5.2 ± 0.1	10.1 ± 0.0	12.5 ± 0.1	14.9 ± 0.1
Y11	3.9 ± 0.0	7.5 ± 0.0	11.0 ± 0.0	12.4 ± 0.2
Y12	3.4 ± 0.1	6.6 ± 0.0	9.5 ± 0.0	11.6 ± 0.1
Y14	5.4 ± 0.2	10.3 ± 0.1	13.7 ± 0.2	16.5 ± 0.1
CAY	3.7 ± 0.3	7.7 ± 0.2	10.5 ± 0.1	13.2 ± 0.2
CAR	4.6 ± 0.4	9.1 ± 0.2	11.8 ± 0.4	15.4 ± 0.1
GPS	3.0 ± 0.1	7.2 ± 0.0	9.7 ± 0.0	11.8 ± 0.0
GSW	3.2 ± 0.0	7.6 ± 0.0	10.3 ± 0.1	12.4 ± 0.1
GEF	3.6 ± 0.0	8.5 ± 0.0	11.5 ± 0.0	13.7 ± 0.2
GLE	3.7 ± 0.1	7.6 ± 0.1	11.1 ± 0.2	12.8 ± 0.1
A13	3.9 ± 0.1	7.7 ± 0.3	11.4 ± 0.4	13.1 ± 0.0
A14	4.1 ± 0.0	8.0 ± 0.0	11.6 ± 0.0	13.6 ± 0.1
D05	3.6 ± 0.0	7.2 ± 0.0	10.4 ± 0.0	12.6 ± 0.1
D11	2.5 ± 0.0	5.1 ± 0.0	7.1 ± 0.0	9.2 ± 0.1
TOM	3.4 ± 0.0	6.5 ± 0.1	9.2 ± 0.1	11.0 ± 0.1
WIN	2.7 ± 0.1	5.4 ± 0.0	6.8 ± 0.1	8.6 ± 0.1
ABD	2.2 ± 0.4	5.0 ± 0.1	6.0 ± 0.2	9.1 ± 0.1
BED	2.0 ± 0.0	4.4 ± 0.1	6.2 ± 0.1	9.7 ± 0.0
CGS	2.4 ± 0.1	5.1 ± 0.3	7.3 ± 0.5	12.2 ± 1.2
DSW	2.5 ± 0.1	6.1 ± 0.2	8.1 ± 0.2	12.1 ± 0.0
EBR	3.0 ± 0.0	6.3 ± 0.0	8.6 ± 0.2	11.4 ± 0.1
FIR	2.9 ± 0.0	7.0 ± 0.3	9.7 ± 0.2	13.0 ± 0.2
JFK	2.6 ± 0.0	5.3 ± 0.0	6.9 ± 0.1	11.2 ± 0.2
KSI	2.7 ± 0.1	5.7 ± 0.0	7.6 ± 0.3	11.1 ± 0.2
RPD	2.1 ± 0.1	4.3 ± 0.3	6.0 ± 0.4	9.4 ± 0.1
RFB	1.6 ± 0.2	3.3 ± 0.1	4.9 ± 0.7	8.5 ± 0.2

RBL	3.5 ± 0.0	7.3 ± 0.0	8.3 ± 0.5	12.3 ± 0.1
SLD	2.9 ± 0.0	6.0 ± 0.1	8.4 ± 0.0	12.3 ± 0.3
STM	2.7 ± 0.3	6.0 ± 0.4	8.4 ± 0.2	11.5 ± 0.0
STD	1.7 ± 0.1	4.1 ± 0.3	5.6 ± 0.4	8.8 ± 0.1
WOP	3.1 ± 0.0	6.6 ± 0.0	8.9 ± 0.3	12.3 ± 0.1
M11	3.0 ± 0.1	6.3 ± 0.0	9.0 ± 0.1	10.6 ± 0.2
M12	3.0 ± 0.0	6.4 ± 0.1	8.9 ± 0.1	11.1 ± 0.1
M14	2.8 ± 0.0	6.0 ± 0.1	8.7 ± 0.1	11.0 ± 0.1
Z11	3.1 ± 0.0	6.2 ± 0.0	8.7 ± 0.2	10.3 ± 0.1
Z12	4.2 ± 0.1	8.6 ± 0.1	12.0 ± 0.0	13.9 ± 0.2
Z14	3.6 ± 0.1	7.6 ± 0.0	11.5 ± 0.1	13.0 ± 0.1
V11	3.0 ± 0.1	6.3 ± 0.0	8.2 ± 0.0	9.8 ± 0.2
V12	4.1 ± 0.0	8.0 ± 0.0	10.9 ± 0.3	12.4 ± 0.2
V14	3.6 ± 0.0	7.4 ± 0.0	10.6 ± 0.2	12.5 ± 0.0
MJO	2.2 ± 0.0	3.9 ± 0.0	6.3 ± 0.1	9.3 ± 0.1
BEZ	3.6 ± 0.0	7.0 ± 0.0	9.5 ± 0.1	11.4 ± 0.0
FRK	2.8 ± 0.1	6.4 ± 0.3	8.1 ± 0.4	12.8 ± 0.1
OBE	4.3 ± 0.1	9.3 ± 0.1	11.5 ± 0.3	16.9 ± 0.1

<sup>1</sup> mean value ± standard deviation (n = 3) based on flour weight

## Supplementary Table S2.

Contents of 33-mer in flours of different modern and old common wheat and spelt cultivars and the significance of differences in 33-mer contents between the 51 flour samples.

Wheat cultivar	33-mer [ $\mu\text{g/g}$ ] <sup>1</sup> in flour	Significant differences <sup>2</sup>
CHA	341.7 $\pm$ 4.2	QRSTUVWXYZd
FRA	423.4 $\pm$ 20.3	IJKO
WES	351.5 $\pm$ 12.2	PQRSTUVWXYZb
WYA	370.7 $\pm$ 7.1	OTb
WYW	305.1 $\pm$ 16.5	WXYZcek
YIT	441.4 $\pm$ 17.3	HIJKN
MUL	363.9 $\pm$ 11.3	OZ
CAP	460.2 $\pm$ 13.7	DEFGHIJK
Y11	415.3 $\pm$ 47.7	JKOP
Y12	370.0 $\pm$ 14.1	OU
Y14	602.6 $\pm$ 33.4	A
CAY	291.7 $\pm$ 6.3	Lmnos
CAR	229.4 $\pm$ 19.7	abcdefghijkl
GPS	215.6 $\pm$ 7.5	pqrs
GSW	213.4 $\pm$ 12.9	pqrs
GEF	252.8 $\pm$ 7.4	jp
GLE	462.6 $\pm$ 18.9	DEFGHIJK
A13	519.0 $\pm$ 18.1	BE
A14	527.1 $\pm$ 27.2	BC
D05	509.2 $\pm$ 26.1	BG
D11	330.9 $\pm$ 5.9	RSTUVWXYZg
TOM	399.5 $\pm$ 19.6	KOQ
WIN	367.0 $\pm$ 21.0	OX
ABD	90.9 $\pm$ 1.5	t
BED	234.3 $\pm$ 12.0	lmnor
CGS	317.1 $\pm$ 23.1	STUVWXYZi
DSW	331.7 $\pm$ 18.0	RSTUVWXYZf
EBR	348.3 $\pm$ 6.1	QRSTUVWXYZc
FIR	325.5 $\pm$ 8.6	RSTUVWXYZh
JFK	283.5 $\pm$ 19.6	defghijko
KSI	290.1 $\pm$ 16.4	abcdefghijklm
RPD	239.0 $\pm$ 3.8	lmnoq
RFB	179.7 $\pm$ 5.5	qrs
RBL	332.4 $\pm$ 7.0	RSTUVWXYZe
SLD	528.0 $\pm$ 22.5	B
STM	309.0 $\pm$ 17.9	TUVWXYZj
STD	200.8 $\pm$ 10.6	pqrs
WOP	365.6 $\pm$ 16.4	OY
M11	380.0 $\pm$ 12.8	NOS
M12	369.9 $\pm$ 11.9	OV
M14	503.6 $\pm$ 1.7	BH
Z11	287.8 $\pm$ 43.3	abcdefghijklkn
Z12	472.2 $\pm$ 34.7	CEFGHIJ
Z14	548.8 $\pm$ 13.4	AB
V11	384.0 $\pm$ 15.8	MNOR

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V12	484.7 ± 25.4	BHI
V14	355.1 ± 22.9	PQRSTUVWXYZa
MJO	515.0 ± 2.7	BF
BEZ	442.4 ± 10.1	HIJKM
FRK	353.9 ± 24.1	OW
OBE	523.4 ± 53.5	BD

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<sup>1</sup> Mean value ± standard deviation (n = 3)

<sup>2</sup> Different letters denote significant differences (p < 0.05, one-way ANOVA, Tukey's test) between the 33-mer contents

### Supplementary Table S3.

Contents of 33-mer in  $\alpha$ -gliadin of different modern and old common wheat and spelt cultivars and the significance of differences in 33-mer contents between the 51 flour samples.

Wheat cultivar	33-mer [mg/g] <sup>1</sup> in $\alpha$ -gliadin	Significant differences <sup>2</sup>
CHA	10.8 ± 0.1	OPQRSTUVWXYZabf
FRA	14.4 ± 0.7	CE
WES	11.2 ± 0.4	LNOPQRSTUVWXYZab
WYA	11.7 ± 0.2	HTY
WYW	11.0 ± 0.6	MNOPQRSTUVWXYZabf
YIT	15.0 ± 0.6	CD
MUL	12.3 ± 0.4	FGHIT
CAP	8.8 ± 0.3	ghi
Y11	10.8 ± 1.2	OPQRSTUVWXYZabf
Y12	11.0 ± 0.4	MNOPQRSTUVWXYZabf
Y14	11.1 ± 0.6	LMNOPQRSTUVWXYZad
CAY	6.3 ± 0.2	jk
CAR	6.3 ± 0.4	jk
GPS	7.2 ± 0.2	ij
GSW	6.7 ± 0.4	jk
GEF	7.1 ± 0.2	ik
GLE	12.4 ± 0.5	FGHIQ
A13	13.2 ± 0.5	DEFGHIJ
A14	13.0 ± 0.7	DEFGHIL
D05	14.1 ± 0.7	CF
D11	13.1 ± 0.2	DEFGHIK
TOM	11.8 ± 0.6	HIX
WIN	13.8 ± 0.8	CG
ABD	4.1 ± 0.1	j
BED	12.0 ± 0.6	GHIU
CGS	13.5 ± 1.0	CH
DSW	13.3 ± 0.7	CI
EBR	11.4 ± 0.2	JKLMNOPQRSTUVWXYZab
FIR	11.1 ± 0.3	MIYf
JFK	11.1 ± 0.8	MNPQRSTUVWXYZab
KSI	10.6 ± 0.6	OPQRSTUVWXYZabc
RPD	11.6 ± 0.2	HIZ
RFB	11.1 ± 0.3	LMNOPQRSTUVWXYZabc
RBL	9.4 ± 0.2	cdefg
SLD	18.2 ± 0.8	B
STM	11.5 ± 0.7	IYa
STD	11.5 ± 0.6	IYb
WOP	12.0 ± 0.5	GHIV
M11	12.8 ± 0.4	EFGHIN
M12	12.4 ± 0.4	FGHIO
M14	18.2 ± 0.1	B
Z11	9.6 ± 1.4	Zabfh
Z12	11.3 ± 0.8	JKLMNOPQRSTUVWXYZab
Z14	15.1 ± 0.4	C

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V11	12.4 ± 0.5	FGHIP
V12	11.9 ± 0.6	GHIW
V14	9.8 ± 0.6	Yzg
MJO	23.2 ± 0.1	A
BEZ	12.3 ± 0.3	FGHIS
FRK	12.4 ± 0.8	DEFGHIM
OBE	12.3 ± 1.25	FGHIR

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<sup>1</sup> Mean value ± standard deviation (n = 3)

<sup>2</sup> Different letters denote significant differences (p < 0.05, one-way ANOVA, Tukey's test) between the 33-mer contents