

**Appendix C**

Demographic data and study variables at baseline measurement (before seminar intervention)

Variables	NTS Group Mean (SD)	Control Group Mean (SD)	Significance
Age	25.98 (3.70)	25.88 (3.26)	$t_{(75)} = 0.12, p = .91, r = 0.01$
Students' semester	7.84 (1.05)	8.21 (.48)	$t_{(75)} = -1.90, p = .06, r = 0.21$
<b>Presence</b>			
Presence	3.55 (1.02)	3.23 (1.00)	$t_{(75)} = 1.38, p = .17, r = 0.16$
<b>Stress</b>			
Stress	2.75 (0.55)	2.90 (0.39)	$t_{(74.25)} = -1.41, p = .16, r = 0.16$
<b>Attitude</b>			
Leadership	3.23 (0.50)	3.32 (0.34)	$t_{(75)} = -0.95, p = .35, r = 0.11$
Assertiveness	2.81 (0.71)	2.75 (0.68)	$t_{(75)} = 0.38, p = .70, r = 0.04$
Debriefing	3.71 (0.40)	3.56 (0.53)	$t_{(75)} = 1.42, p = .16, r = 0.16$
Feedback	3.63 (0.54)	3.59 (0.56)	$t_{(75)} = 0.32, p = .75, r = 0.04$
Realistic perception of stress	2.76 (0.86)	2.74 (0.59)	$t_{(75)} = 0.14, p = .89, r = 0.02$
Denial of stress	1.92 (0.99)	1.81 (.78)	$t_{(75)} = 0.53, p = .60, r = 0.06$
Dealing with mistakes	2.49 (0.87)	2.76 (0.63)	$t_{(75)} = -1.56, p = .12, r = 0.18$
Teamwork	2.70 (0.63)	2.71 (0.64)	$t_{(75)} = 0.06, p = .96, r = 0.01$
<b>NTS</b>			
Situation awareness	1.17 (0.50)	1.18 (0.43)	$t_{(75)} = -1.14, p = .89, r = 0.13$
Task management	1.40 (0.65)	1.30 (0.56)	$t_{(75)} = 0.69, p = .49, r = 0.08$
Teamwork	1.37 (0.57)	1.31 (0.53)	$t_{(75)} = 0.44, p = .66, r = 0.05$
Decision making	0.90 (0.58)	0.85 (0.58)	$t_{(75)} = 0.39, p = .70, r = 0.04$

Range of scales: Presence from 0 to 5, Stress from 0 to 4, Attitudes from 0 to 4, and NTS from 0 to 3.