

**Appendix 1 (as supplied by the authors): ATC Level 5 codes identifying benzodiazepine and z-drug dispensations**

<b>ATC 5 CODE</b>	<b>ATC 5 NAME</b>	<b>Drug Class</b>
N03AE01	CLONAZEPAM	Benzodiazepines
N05BA01	DIAZEPAM	Benzodiazepines
N05BA02	CHLORDIAZEPOXIDE	Benzodiazepines
N05BA05	CLORAZEPATE POTASSIUM	Benzodiazepines
N05CD01	FLURAZEPAM	Benzodiazepines
N05BA04	OXAZEPAM	Benzodiazepines
N05BA06	LORAZEPAM	Benzodiazepines
N05BA12	ALPRAZOLAM	Benzodiazepines
N05CD05	TRIAZOLAM	Benzodiazepines
N05CD07	TEMAZEPAM	Benzodiazepines
N05BA08	BROMAZEPAM	Benzodiazepines
N05CD02	NITRAZEPAM	Benzodiazepines
N05CF01	ZOPICLONE	Z-drugs
N05CF02	ZOLPIDEM	Z-drugs
N05CF03	ZALEPLON	Z-drugs