Medium-term impact of the economic crisis on mortality, health-related behaviours and access to healthcare in Greece

Filippos T. Filippidis^{1,2}, Vasiliki Gerovasili³, Christopher Millett¹, Yannis Tountas²

¹ Department of Primary Care and Public Health, School of Public Health, Imperial College London, United Kingdom

² Center for Health Services Research, School of Medicine, National and Kapodistrian University of Athens, Athens, Greece

³ Department of Respiratory Medicine, Harefield Hospital, Royal Brompton & Harefield NHS Foundation Trust, London, United Kingdom

Supplementary Table S1. Macroeconomic indicators in Greece, 2009-2014

	2009	2010	2011	2012	2013	2014	Change
							2009-
							2014
GDP per capita (€)	21,386	20,324	18,643	17,311	16,451	16,250	-25.6%
Government	2,971	2,645	2,598	2,319	2,357	2,098	-29.4%
expenditure on							
healthcare (US\$							
PPP)							
Unemployment	9.6%	12.7%	17.9%	24.4%	27.5%	26.5%	+176.0%
Gini coefficient	33.1	32.9	33.6	34.3	34.4	34.5	+4.2%
Seasonally	113.0	111.4	106.2	96.1	88.8	90.4	-20.0%
adjusted Wage							
Index							
At-risk-of-poverty							
after social	19.7%	20.1%	21.4%	23.1%	23.1%	22.1%	+12.2%
transfers ^a							
At-risk-of-poverty							
anchored at a fixed	16.4%	16.3%	22.9%	32.3%	40.0%	42.7%	+160.4%
moment in year	10.470	10.570	22.770	32.370	40.070	42.770	+100.470
2005 в							
Living in							
households with	6.5%	7.5%	11.8%	16.1%	19.6%	19.4%	+198.5%
very low work	0.570	7.570	11.070	10.170	17.070	17.470	T170.570
intensity ^c							
Material	23.0%	24.1%	28.4%	33.7%	37.3%	39.5%	+71.7%
deprivation d			20.470	33.170	31.370	37.370	⊤/1.// 0
Households by main	heating me	ans					
Central heating	73.5%	73.1%	72.1%	63.8%	47.0%	44.7%	-39.2%
Firewood stove	5.9%	5.4%	6.7%	7.9%	11.6%	11.0%	+86.4%

^a defined as the proportion of the population living in households where the total equivalised disposable income is lower than 60% of the national median equivalised disposable income.

^b defined as the share of the population whose total equivalised disposable income is lower than 60% of the national median equivalised disposable income of 2005, adjusted for inflation.

^c defined as the proportion of the population aged 18-59 years living in a household where household members of working age worked <20% of their total work potential over the past year.

defined as the proportion of the population that cannot afford at least three of the following items: to pay arrears on mortgage or rent payments, or utility bills, hire purchase instalments or other loan payments; to go on one week's annual holiday away from home; to have a meal with meat, chicken,

fish (or vegetarian equivalent) every second day; to face unexpected expenses; to have a telephone (including mobile phone); to have a colour TV; to have a washing machine; to have a car; or to keep their home adequately warm.

Supplementary Table S2. Standardised mortality (per 100,000) by selected causes of death in Greece, 2001-2014.

	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Respiratory diseases	77.5	82.8	79.4	80.4	84.6	88.9	99.6	97.3	99.4	92.4	89.2	93.9
All Neoplasms	251.3	250.0	250.5	253.0	253.1	246.4	251.9	251.9	246.5	239.9	236.5	239.3
All Cardiovascular	599.7	589.7	591.7	565.8	538.8	532.5	513.5	492.4	471.4	449.9	435.4	434.9
Ischaemic heart disease	177.4	176.4	185.8	180.7	162.3	160.5	152.1	138.9	139.4	129.5	128.3	128.1
Cerebrovascular disease	248.0	241.7	236.0	221.5	211.7	204.0	188.5	181.5	170.0	158.2	154.1	155.5
External causes	41.2	37.6	37.8	38.6	39.1	36.9	37.7	34.9	34.9	31.9	30.9	30.9
Transport accidents	18.6	17.2	16.4	18.2	17.8	16.7	16.2	15.5	14.8	12.9	12.1	10.8
Suicides and self- inflicted injury	3.7	3.5	4.0	3.8	4.3	4.2	3.4	3.9	4.0	3.8	4.8	5.1
Homicide and injury purposely inflicted by other persons	1.4	1.0	1.4	1.2	1.3	1.2	1.5	1.8	1.9	1.9	2.2	2.0
Signs, symptoms and ill- defined conditions	124.2	132.0	140.1	139.4	138.2	114.8	128.6	109.0	116.4	143.8	162.5	167.1
Diseases of the digestive system	31.9	32.7	31.7	29.9	30.4	31.1	30.2	29.4	29.3	28.5	30.0	30.7
Diseases of the urinary system	21.5	18.8	18.3	18.3	18.7	22.4	27.5	27.0	21.9	21.6	19.6	19.9
All causes	1086.3	1083.1	1084.1	1063.1	1043.4	1022.1	1037.6	997.9	976.3	956.4	946.0	959.1

Mortality rates have been standardised by gender and 5-year age groups, using the population of Greece in 2009 as the standard population.

Respiratory diseases include ICD-9 codes 460-519 and ICD-10 codes J00-J98; all neoplasms include ICD-9 codes 140-239 and ICD-10 codes C00-D48; cardiovascular diseases include ICD-9 codes 390-459 and ICD-10 codes I00-I99; ischaemic heart disease include ICD-9 codes 410-414 and ICD-10 codes I20-I25; cerebrovascular disease include ICD-9 codes 430-438 and ICD-10 codes I60-I69; hypertensive disease include ICD-9 codes 401-405 and ICD-10 codes I10-I15; external causes include ICD-9 codes e800-e999 and ICD-10 codes V01-Y89; transport accidents include ICD-9 codes E800-E848 and ICD-10 codes V01-V99, Y85; suicides and self-inflicted injury include ICD-9 codes E950-E959 and ICD-10 codes X64-X84, Y870; homicide and injury purposely inflicted by other persons include ICD-9 codes E960-E969 and ICD-10 codes X85-Y09, Y871; signs, symptoms and ill- defined conditions include ICD-9 codes 780-799 and ICD-10 codes R00-R99; diseases of the digestive system include ICD-9 codes 520-579 and ICD-10 codes K00-K92; and diseases of the urinary system include ICD-9 codes 580-629 and ICD-10 codes N00-N98.

Supplementary Table S3. Standardised mortality (per 100,000) by geographic region in Greece, 2002-2014.

	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Eastern Macedonia and Thrace	1196	1202	1167	1175	1148	1152	1095	1087	1103	1047	1051	1007
Central Macedonia	1168	1170	1143	1127	1100	1107	1067	1030	1022	977	1004	926
Western Macedonia	1053	1076	1062	1031	1007	1000	1008	968	961	937	951	901
Thessaly	1115	1051	1086	1007	986	1037	996	991	950	958	960	884
Epirus	942	931	923	909	898	895	906	845	797	825	824	798
Ionian Islands	1073	1060	1031	977	1019	976	1022	972	889	875	930	876
Western Greece	980	1032	1018	1032	1008	1016	991	981	961	945	964	908
Central Greece	1001	1006	1006	971	963	1002	957	902	883	926	937	834
Peloponnese	948	953	934	920	944	955	934	928	902	895	916	835
Attica	1146	1138	1108	1082	1036	1059	987	986	964	959	965	918
North Aegean	991	1037	999	972	981	979	923	943	906	867	936	851
South Aegean	994	1017	946	965	923	960	894	914	897	929	899	845
Crete	982	1003	948	968	971	972	932	891	893	894	896	833

Mortality rates have been standardised for gender and 5-year age groups, using the population of Greece in 2009 as the standard population.

Supplementary Table S4. Mortality by age group (per 100,000) in Greece, 2002-2015.

Age (in years)	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
0 to 4	115	92	98	93	90	89	73	84	93	78	67	74
5 to 9	13	9	14	16	11	12	8	11	11	10	10	10
10 to 14	11	13	13	15	11	11	10	13	11	14	9	11
15 to 19	42	47	42	40	40	38	32	36	39	33	32	23
20 to 24	65	62	69	74	65	68	56	67	57	57	52	43
25 to 29	64	62	72	77	69	80	70	73	64	56	52	45
30 to 34	70	72	75	73	71	75	73	84	74	68	70	62
35 to 39	99	99	98	104	100	98	86	89	89	86	86	77
40 to 44	155	156	147	146	144	158	142	144	137	133	132	122
45 to 49	251	245	246	235	234	246	232	237	219	226	219	218
50 to 54	370	376	382	384	389	378	359	361	356	357	354	346
55 to 59	594	605	603	582	563	559	548	554	553	566	573	557
60 to 64	851	839	843	815	827	856	851	817	815	791	807	796
65 to 69	1413	1404	1368	1285	1258	1264	1186	1168	1143	1202	1257	1229
70 to 74	2544	2425	2369	2291	2189	2228	2084	1991	1891	1861	1896	1788
75 to 79	4532	4526	4388	4295	4060	4083	3832	3692	3557	3471	3511	3273
80 to 84	7958	8008	7796	7728	7515	7637	7445	7274	7001	6826	7032	6408
85+	16070	16475	16164	15988	16198	16473	16005	15868	16072	16041	16142	14975
TOTAL	1083	1084	1063	1043	1022	1038	998	976	956	946	959	897

Supplementary Table S5. Comparison between survey samples and census data.

	Hellas Health 2006	Hellas Health 2008	Hellas Health 2010	Hellas Health 2011	Hellas Health 2015	Census 2001	Census 2011
Gender							
Male	48.1%	47.6%	50.6%	48.0%	48.0%	49.5%	49.0%
Female	52.0%	52.4%	49.4%	52.0%	52.0%	50.5%	51.0%
Age (years)							
18-34	29.9%	29.6%	28.4%	28.0%	26.9%	32.3%	27.0%
35-54	32.9%	34.7%	37.2%	36.5%	35.0%	33.4%	35.0%
≥55	37.2%	35.7%	34.4%	35.5%	38.1%	34.2%	38.0%
Residence							
Urban	74.6%	69.5%	72.1%	72.4%	77.5%	72.2%	74.5%
Rural	25.6%	30.5%	27.9%	27.6%	22.5%	27.8%	25.5%