

## Multimedia Appendix 5.

### Correlations (Pearson's r) between standardized measures and IMS

	PHQ-9	GAD-7	Rumination	IMS total	IMS-12	IMS12_depr	IMS12_anx
<b>PHQ-9</b>	1						
<b>GAD-7</b>	.78**	1 (99)					
<b>Rumination</b>	.73** (65)	.73** (65)	1				
<b>IMS total</b>	.59** (110)	.57** (93)	.57** (64)	1			
<b>IMS-12</b>	.59** (110)	.54** (93)	.59** (64)	.97** (110)	1		
<b>IMS12_depr</b>	.57** (110)	.46** (93)	.53** (64)	.88** (110)	.92** (110)	1	
<b>IMS12_anx</b>	.49** (110)	.51** (93)	.53** (64)	.87** (110)	.89** (110)	.64** (110)	1

Note: number of participants (n) appears in parenthesis; \*\* $P<.001$  (two-tailed). Abbreviations: IMS12\_depr: depression subscale of the 12-item IMS; IMS12\_anx: anxiety subscale of the 12-item IMS.