Cognitive and behavioural strategies for self-directed weight loss: systematic review of qualitative studies

Jamie Hartmann-Boyce, Anne-Marie Boylan, Susan A. Jebb, Ben Fletcher, Paul Aveyard Nuffield Department of Primary Care Health Sciences, University of Oxford

Corresponding author: Jamie Hartmann-Boyce, Nuffield Department of Primary Care Health Sciences, University of Oxford, Radcliffe Observatory Quarter, OX2 6GG, UK. Email: Jamie.hartmann-boyce@phc.ox.ac.uk

Figure S1 PRISMA diagram of study flow

