

Tried Tracking Physical Activity

Instructions

In this survey, we're interested in gathering opinions from people who tried applications or devices to track physical activity and no longer use them. You will be compensated \$1.00 for completing this survey, which should take no more than 8 minutes to fill out.

Physical activity tracking

Many devices and mobile apps are geared toward tracking physical activity. Examples of devices that track physical activity are Fitbit, Jawbone Up, and the Nike Fuel Band. Examples of mobile apps that track physical activity are RunKeeper, Strava, MyFitnessPal, and MapMyRun.

1) Have you ever tried technology to track your physical activity as defined above?*

Yes

No

2) Why did you decide to start tracking your physical activity?*

3) What wearable device or phone app have you used most recently?*

- Fitbit
- Jawbone Up
- Nike Fuel Band
- Map My Run
- RunKeeper
- Apple HealthKit
- Myfitnesspal
- Google fit
- Other wearable device: _____
- Other phone app: _____

4) Have you tried any other wearable devices or phone apps? Which other ones have you tried?

- Fitbit
 - Jawbone Up
 - Nike Fuel Band
 - Map My Run
 - RunKeeper
 - Apple HealthKit
 - Myfitnesspal
 - Google fit
 - Other wearable device: _____
 - Other wearable device: _____
 - Other wearable device: _____
 - Other phone app: _____
 - Other phone app: _____
 - Other phone app: _____
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Physical activity frequency

5) For how long did you use [page("piped title")]?

- Less than 1 week
- 1 week - 1 month
- 1-3 months
- 3-6 months
- 6 months - 1 year
- 1-2 years
- More than 2 years
- I don't remember

6) Why did you stop using or switch away from [page("piped title")] to track your physical activity?*

Demographics

The demographic questions on this page are voluntary, and will not be used in conjunction with your results.

10) How old are you?

11) What gender do you identify as?

Male

Female

Other: _____

12) What is your ethnicity?

American Indian or Alaskan native

Asian or Pacific Islander

Hispanic/Latino

Black/African American

White/Caucasian

Other: _____

13) What state do you live in?

Alabama

Alaska

American Samoa

Arizona

Arkansas

California

- Colorado
- Connecticut
- Delaware
- District of Columbia
- Federated States of Micronesia
- Florida
- Georgia
- Guam
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Maine
- Marshall Islands
- Maryland
- Massachusetts
- Michigan
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- Nevada
- New Hampshire
- New Jersey
- New Mexico
- New York
- North Carolina
- North Dakota

- Northern Mariana Islands
- Ohio
- Oklahoma
- Oregon
- Palau
- Pennsylvania
- Puerto Rico
- Rhode Island
- South Carolina
- South Dakota
- Tennessee
- Texas
- Utah
- Vermont
- Virgin Islands
- Virginia
- Washington
- West Virginia
- Wisconsin
- Wyoming

14) How would you describe where you live?

- Urban
- Suburban
- Rural

15) What is the highest degree or level of school you have completed? *If currently enrolled, highest degree received.*

- Less than high school
- High school graduate or equivalent (e.g. GED)

- Some college, no degree
- Associate's degree
- Bachelor's degree
- Graduate or professional degree (e.g. PhD, MD, JD)
- Other: _____

16) What is your occupation?

Interview

17) We are interested in further interviewing people about their experiences. If you are selected, the interview would last up to one hour, and we will compensate with an additional \$20 Amazon gift card. Would you be interested in participating in such an interview?

Yes

No

18) Please enter the email address we should use to contact you for an interview.

Thank You!

Thank you for taking our survey! Please write down or copy-and-paste the following code into Amazon Mechanical Turk:

[survey("session id")]
