

Research Title:

Barriers and facilitators to adherence with antidepressants among major depressive disorder: A qualitative study

SECTION A: DEMOGRAPHIC AND CLINICAL BACKGROUND DATA COLLECTION FORM

1. Age (years):

_____ years old

2. Gender:

- Male
- Female

3. Ethnicity:

- Malay
- Chinese
- Indian

4. Religion:

- Islam
- Buddhist
- Hindu
- Christian
- Other _____

5. Current marital status:

- Single
- Married
- Divorced
- Widowed
- Separated

6. Current household income/month (RM):

- < 1500
- 1501 – 2500
- 2501 – 3500
- 3501 - 4500
- >4500

7. Highest level of education you have completed:

- None
- Primary school
- Secondary school
- Diploma
- University or higher

8. Current employment:

- Unemployed
- Housewife
- Student
- Self-employed
- Retired
- Others _____

9. When were you first diagnosed with depression?

Year _____

10. When were you first prescribed with antidepressant?

Year _____

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11. What are the name and dose of antidepressants that you currently take?

(eg: T. Sertraline 50mg once a day) -*information obtained from patient's BHT*

_____	_____
_____	_____
_____	_____

12. What other medical illnesses (co-morbid) do you have for which you take medication?

(eg: Hypertension, Diabetes, cancer, kidney failure, etc)- *Information obtained from patient's BHT*

_____	_____
_____	_____
_____	_____

13. What other medication do you take apart from antidepressants?

Please state medication's name and dosage taken. (eg: T. Atenolol 100mg for hypertension)

-*information obtained from patient's BHT*

_____	_____
_____	_____
_____	_____
_____	_____

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SECTION B: INTERVIEW GUIDE

Background	
1) Depression duration	How long have you had depression? (<i>.....months/years</i>)
2) Antidepressant duration	I understand that you are taking medication for your depression am I right? How long have you been taking it? (<i>.....months/years</i>)
Medications and Adherence	
1) How it started	How do you take your antidepressant at home?
<i>Probe</i>	<i>Is anyone assisting you take your medication? (family/friends/care giver?) How are they helping?</i>
2) Influencing factors (barriers & facilitators)	What difficulties/problems do you face when taking your antidepressants as prescribed by your doctor? Do you have at any situations/factors that make it hard for you to take your antidepressant as prescribed by your doctor? (<i>if yes, can you describe the situation?</i>) What situations/factors make it easy for you to take your antidepressants as prescribed by your doctor?
3) Perception/view on antidepressants	How do you feel about your antidepressants? Do you plan to change the way you take your antidepressants? (<i>if yes, how and why?</i>)
4) Needs	What are your concerns about your antidepressants? What do you think could be done to help you take your medication? (<i>patient's point of view</i>)
<i>Probe</i>	<i>What can your family members do to help you? What can you yourself do to help you take your antidepressants? How can healthcare providers (Dr./Ph./nurses) assist you to take your medication for depression?</i>

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	What are the ways that can help you take your antidepressants as prescribed by the doctor?
<i>Probe</i>	<i>What helps you remember to take your medication?</i>
Beliefs and Experiences	
1) Illness	Do you have any religious or cultural beliefs which might influence the way you feel about your depression? <i>(If yes, how & why? /If no, why no?)</i>
	How do your family and friends/co-worker feel about your depression?
2) Medication/treatment	Do you seek any spiritual or religious help for your depression? <i>(if yes, how & why? If no, why no?)</i>
	Have you ever stopped taking your antidepressants because of your religious or cultural beliefs? <i>(If yes, how & why?/If no, why no?)</i>
	Have you ever used/are you currently using herbal/traditional medicines for your depression? <i>(if yes, what & why?)</i>
Wrap Up	
	Do you have anything else to share regarding your depression or your antidepressants?
	Is there anything that you will like to ask me?
	How did you feel about this interview?

~END OF INTERVIEW~