

Impact of initial active engagement in self-monitoring with a telemonitoring device on glycemic control among patients with type 2 diabetes

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	β (95% CI)	p
Age, yr	0.024 (0.004-0.044)	0.020
Sex, male, % (n)	-0.164 (-0.576-0.249)	0.433
Weight, kg	0.001 (-0.004-0.005)	0.871
BMI, kg/m ²	-0.010 (-0.004-0.005)	0.522
SBP, mmHg	0.005 (-0.008-0.018)	0.431
LDL-C, mg/dL	0.001 (0.197-0.844)	0.844
Fructosamine, μ mol/L	0.001 (-0.002-0.004)	0.697
HbA1c, %	-0.097 (-0.214-0.020)	0.105
Self-efficacy scale	0.010 (0.003-0.017)	0.005

Supplementary Table S1. Linear regression analysis of factors associated with SMBG frequency of the first 6 weeks.