QUESTIONNAIRE ON EXPECTATIONS BEFORE CORONARY ANGIOGRAPHY

Information about the questionnaire:
By answering these questions you will help us **find out what expectations you have for your upcoming examination, care and treatment.**

Instructions on how you should complete the questionnaire**:**
Answer the questions by placing a cross in the box next to the statement that you feel best describes your case. If you are unsure, select the option that is closest.

1. What is, in your opinion, the main reason for you to undergo a coronary angiography?

Answer only <u>ONE</u> of the following options.

a. To investigate whether there are changes in my heart that could pose a risk for my future life.	☐
b. To investigate what is causing my symptoms (shortness of breath, palpitations, pain / pressure in the chest, etc).	☐
c. To investigate whether any intervention (angioplasty or bypass surgery) can be performed to make my symptoms disappear.	☐
d. To investigate whether my heart is healthy enough for me to undergo other planned surgery (not on the heart).	☐
e. I will be investigated prior to undergoing heart valve surgery	☐

2. What do the symptoms or the clinical findings that have prompted the planned coronary examination mean to you?

Answer ALL the questions below, a-g, with the option that best applies to you

	Agree entirely	Agree almost entirely	Agree partially	Completely disagree
a. I have no symptoms.	☐	☐	☐	☐
b. My symptoms do not affect me much.	☐	☐	☐	☐
c. My symptoms are limiting my ability to live an active life.	☐	☐	☐	☐
d. My symptoms are of a physical nature.	☐	☐	☐	☐
e. My relatives are worried.	☐	☐	☐	☐
f. My relationships with family and friends are affected.	☐	☐	☐	☐
g. I am worried about my future health and survival.	☐	☐	☐	☐

QUESTIONNAIRE ON EXPECTATIONS BEFORE CORONARY ANGIOGRAPHY

3. What do you expect the coronary examination to show?

Answer only ONE of the following options.

a. That there is no narrowing of the coronary vessels. ☐

b. That there is narrowing of the coronary vessels, but not worse than that lifestyle changes (consisting of e.g. smoking cessation, physical exercise and dietary changes) will suffice as treatment. ☐

c. That there is narrowing of the coronary vessels that may explain my symptoms and that the appropriate treatment will be with drugs. ☐

d. That there is narrowing of the coronary vessels that can be appropriately treated with balloon angioplasty. ☐

e. That there is narrowing of the coronary vessels that is suitable for treatment with bypass surgery. ☐

f. That there is narrowing of my coronary vessels that cannot be treated with any of the above options. ☐

4. Do you have symptoms such as palpitations, shortness of breath or pain / pressure in the chest?

No	If **No**, skip the remaining parts of question 4 and go on to question 5⟶	☐
Yes	If **Yes**, answer the question below:	☐

b. Can you imagine living with your symptoms, if they do not pose an increased risk for your future life and health?

Yes	If Yes, skip the remaining parts of question 4 and go on to question 5⟶	☐
No	If No, answer the question below:	☐

No, I cannot imagine living with these symptoms because:

(Choose ONE of the following options, the one which is the most important for you)

c. They do not allow me to exert myself physically. ☐

d. They make me worry. ☐

e. They remind me of being ill. ☐

QUESTIONNAIRE ON EXPECTATIONS BEFORE CORONARY ANGIOGRAPHY

If coronary angiography shows that you <u>have</u> narrowing of your coronary vessels

5. What best describes your attitude towards the choice of treatment?

Answer only <u>ONE</u> of the following options.

a. I have a fixed opinion about which treatment I prefer. ☐

b. I want to be informed about the different treatment options available and then decide together with the responsible cardiologist which treatment I will receive. ☐

c. I want the responsible cardiologist to decide which treatment I will receive. ☐

If coronary angiography shows that you <u>have</u> narrowing of your coronary vessels

6. **Which of the following treatment options would you then prefer?**

Answer only <u>ONE</u> of the following options.

a. I would prefer lifestyle changes (consisting of e.g. smoking cessation, physical exercise and dietary changes) ☐

b. I would prefer only medical treatment ☐

c. I would prefer angioplasty ☐

d. I would prefer bypass surgery ☐

7. What is your view on changing your lifestyle (consisting of e.g. smoking cessation, physical exercise and dietary changes)**?**

Answer only <u>ONE</u> of the following options.

a. I would prefer to start with lifestyle changes and resort to another treatment later if it becomes necessary. ☐

b. I would prefer lifestyle changes only as a complement to other treatment. ☐

c. I do not want to make any lifestyle changes. ☐

d. I have already done everything possible in terms of lifestyle changes. ☐

8. **What is your view on a lifelong medical treatment consisting of anti-thrombotic, lipid-lowering and cardioprotective drugs?**

Answer only <u>ONE</u> of the following options.

a. I do not want any medical treatment.	☐
b. I can imagine being treated with drugs for a limited time (treatment duration of about one year).	☐
c. I can imagine lifelong medical treatment.	☐

9. Some questions about information and availability

Answer ALL the questions below, a-g, with the option that best applies to you

	Agree entirely	Agree almost entirely	Agree partially	Completely disagree
a. I trust that I will receive all necessary information before any future treatment.	☐	☐	☐	☐
b. I trust that I will receive the treatment that my condition requires.	☐	☐	☐	☐
c. I trust that I will receive the treatment that I need in a timely manner.	☐	☐	☐	☐
d. I trust that I will be well received (by medical staff) in connection with the examination, health care and treatment.	☐	☐	☐	☐
e. I trust that I will be able to feel safe in connection with the examination, health care and treatment that I receive.	☐	☐	☐	☐

10. Do you think that your present state will be affected by the treatment you will possibly receive after coronary angiography?

Answer only <u>ONE</u> of the following options.

a. I expect to be completely recovered. I hope to be completely fine.	☐
b. I expect to be almost completely recovered. I hope to improve even if I am not entirely fine.	☐
c. I expect to be only partially recovered. I hope to get somewhat better.	☐
d. I expect no improvement at all. I have no hopes of getting better.	☐

QUESTIONNAIRE ON EXPECTATIONS BEFORE CORONARY ANGIOGRAPHY

11. What possible result of the examination and treatment is most important for you?

Rank the following options from 1 to 6, write 1 for the most important option, 2 for the second most important, and so on.

a. To be completely free of symptoms.	☐
b. To live a normal life and be able to perform desirable activities.	☐
c. To have a good knowledge about my symptoms / condition.	☐
d. To know whether my symptoms / condition present a risk for my future life and health.	☐
e. To obtain relief from my symptoms.	☐
d. To reduce anxiety and increase a feeling of safety	☐

Thank you for your participation!