			Study ID									
				Never	Rare	ely	Less than I	· I	Half	the time or more		
81.	How often do your headaches interfere with your ability to work, study, or enjoy life?											
82.	How often do you have nausea with your head	aches?										
83.	33. How often have you been unusually sensitive to light during your headaches?											
Please re	spond to each question or statement by marking	g one box per row.										
During tl	Ouring the past 7 days		Not at all	A little	e bit	Sc	omewhat	Quite a bit		Very much		
84.	I feel fatigued.	eel fatigued.										
85.	I have trouble starting things because I am	tired.										
86.	How run-down did you feel on average?											
87.	How fatigued were you on average?											
88.	How much were you bothered by your fatigue on average?											
89.	To what degree did your fatigue interfere with your physical functioning?											
90.	How often did you have to push yourself to because of your fatigue?	ften did you have to push yourself to get things done se of your fatigue?										
91.	How often did you have trouble finishing things because of your fatigue?											
Please re	spond to the each question by marking one box	per row.										
92.	What is your current marital status?	<ul><li>☐ Married</li><li>☐ Separated</li><li>☐ Divorced</li></ul>		/idow ever N ving w	Mar	ried Partner						
93.	What is the highest grade of school or highest degree you have completed?	<ul><li>☐ No Schooling</li><li>☐ A few years</li><li>☐ Finished gramn</li><li>☐ GED</li></ul>	☐ Hi	gh sch	nool	school I graduate degree	☐ Some college ☐ Associate degree ☐ Master's degree ☐ Doctoral degree					
94.	About how much income did you receive last year before taxes and deductions?	☐ 0-9,999 ☐ 10,000-24,999 ☐ 25,000-49,999 ☐ 50,000-74,999	□ 10	☐ 75,000-99,999 ☐ 100,000-149,999 ☐ 150,000+								

	Study ID								
15 min	Population Study of Nasal and Sinswer each question to the best of your ability. Please complete this solutes to complete. Use a pen to answer your questions. Please return and the complete. Thank you for your time!	urvey in one	sitting. It sh				amped		
your lif	etime, have you <u>ever</u> had								
1.	Blockage of your nasal passages (nasal congestion) that lasted 3	Yes	□ No						
2.	Nasal discharge (runny nose) that was non-clear, green or yellow in color that lasted 3 months?						□No		
3.	Post-nasal drip (mucus dripping from the back of the nose into your throat) that lasted 3 months?					Yes	□No		
4.	Loss of sense of smell that lasted three months?				_ \	Yes	□No		
5.	Facial pain that lasted three months?				`	Yes	□No		
6.	Facial pressure that lasted three months?				`	Yes	□No		
(IP NOT	ICE: If you answered "no" to all six questions above (questions #1-6), t	hen skip to q	uestion #33			·			
7.	My nasal and sinus symptoms are only a problem during some seasons.								
8.	Ay nasal and sinus symptoms happen when I do NOT have a cold or flu. ☐ Yes					No			
9.	At what age did you start experiencing the nasal or sinus symptoms listed in questions 1 through 6 for more than 3 months at a time? ☐ 16-20 ☐ 21-25					26-30 31-35 36-40 41-45	☐ 46-50 ☐ 51-55 ☐ 56-60 ☐ Over 60		
ne quest	tions below are about breathing and nasal problems you may have had	in the past 3	months.			•			
n avera	ge, how often in the past three months have you had	Never	Once in a while	Some the ti		Most of the time	All the time		
10.	Blockage of your nasal passages (nasal congestion)?								
11.	Nasal discharge that was yellow or green in color?								
12.	Post-nasal drip?								
13.	Loss of sense of smell?								
14.	Facial pain?								
15.	Facial pressure?								
(IP NO	TICE: If you answered "never" or "once in a while" to all six ques	tions #10-15	5, then skip	to que	stion	#33.			
neck the box that describes how often each problem below has appened in the past three months, on average.		Never	Once in a while	Some the ti		Most of the time	All the time		
16.	Both of my nasal passages have blockage.								
17.	At least one of my nasal passages is <u>completely</u> blocked.								
18.	I have been very bothered by my blocked nasal passage(s).								
19.	I have a lot of nasal discharge.								
20.	I have to blow my nose more than 10 times a day because of my nasal discharge.								
21.	I have been very bothered by my nasal discharge.								
22	I have been coughing after Leat or lie down								

I have had mucus in my throat that felt like a lump or

I have been very bothered by my post-nasal drip.

blockage.

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In the past 3 months, on average		Never	Once in a while	Some of the time	Most of the time	All the time				
25.	I have not been able to smell anything.									
26.	I have been very bothered by my loss of sense of smell.									
27.	On a scale of 0 to 10, my facial pain has been at least a 5. (0 is no pain and 10 is worst possible pain.)									
28.	I have been very bothered by my facial pain.									
29.	My <u>facial pressure</u> has been severe.									
30.	I have been very bothered by my facial pressure.									
31.	Where have you had facial pain in the past 3 months?	☐ Section ☐ Section ☐ Section ☐ Section ☐ I have	n 2 n 3	1 3 4 RIGHT LEFT						
32.	Where have you had facial pressure in the past 3 months?	☐ Section ☐ Section ☐ Section ☐ Section ☐ I have	n 2 n 3	1 3 4 RIGHT LEFT						
Check the	Check the box that describes how often, on average, you had the following problems in the past three months.									
	SYMPTOM	Never	Once in a while	Some of the time	Most of the time	All the time				
33.	Headaches									
34.	Fevers									
35.	Coughing									
36.	Bad breath									
37.	Fatigue									
38.	Nasal Itching									
39.	Sneezing									
40.	Eye Itching									
41.	Eye tearing									
42.	Ear fullness									
43.	Ear pain									
44.	Ear pressure									
45.	Wheezing (breathing with whistling sound in chest)									
46.	Chest tightness									
47.	Shortness of breath									
48.	Cold/ flu symptoms									
Check "YES" next to medications you have taken for sinus problems over the <u>past three months</u> . Include medications your doctor prescribed and over the counter medications. If you have not taken medication for sinus problems, check "NO."										
49.	Antibiotics (Examples: Z-pack, Augmentin, Amoxicillin, Azithromycin,	☐ Yes	□ No							
50.	Steroid pills (Examples: Prednisone, Medrol dose pack, Methylprednisolone)									
51.	Nasal steroid sprays (Examples: Nasonex, Mometasone, Flonase, Fluticasone)									
52.	Antihistamine pills (Examples: Allegra, Claritin, Clarinase, Zyrtec)	☐ Yes	☐ No							
53.	Nasal antihistamines (Examples: Astelin, Astepro, Azelastine, Patanas	e, Olopatidin	e)		☐ Yes	□ No				
54.	Decongestants (Examples: Sudafed, Afrin)     ☐ Yes					☐ No				

Please answer the questions below about sinus surgery.											
55.	How many times have you had sinus surgery?	<ul><li>□ 0 – SKIP to</li><li>□ 1</li></ul>	o questio				] 2 ] 3 or more				
56.	Why did you have sinus surgery? (Check all that apply)	inosinusi	sinusitis								
Check "yes" if a doctor has <u>ever</u> told you that you have any of these health problems.											
57.	Migraines			Yes			□ No				
58.	Sinus problems			Yes			□ No				
59.	Nasal polyps			Yes			□ No				
60.	Asthma that is made worse by aspirin (aspirin intolerant asthma)			Yes			□ No				
61.	Hay fever (seasonal allergies)			Yes			□ No				
62.	Lupus			Yes			□ No				
63.	Rheumatoid arthritis			☐ Yes ☐ No							
64.	Psoriasis			Yes			□ No				
65.	Inflammatory bowel disease			Yes			☐ No				
66.	Chronic rhinosinusitis (CRS) (If NO, SKIP to question #68)			Yes			☐ No				
67.	What test(s) did the doctor to do to test for CRS? (Check all that a		☐ Endoscopy			☐ No test☐ Don't know					
Check "yes" if a doctor has <u>ever</u> told you that you have any of these health problems.											
68.	Nasal polyps (If NO, SKIP to question #70)			Yes		□ N	0				
69.	What test(s) did the doctor to do to test for nasal polyps? (Check			CAT Sca Endosco MRI	oscopy   I No test						
70.	Have you ever had a blood test or skin test for allergies? (If NO, SKIP to question #				Yes		□ No				
71.	Check the box next to the allergies that were found after a skin or		☐ Pollen ☐ Pets ☐ Mold ☐ Other:			☐ Don't know☐ No allergies					
Place a ch	heck in the box that describes any wheezing or whistling in the ches	st you have exp	erienced.								
	e box that describes how often each problem below ened in the past twelve months.		Once in So		of ne	Most of the time	All the time				
72.	Wheezing, chest tightness, or whistling in the chest when you did not have a cold or the flu.										
73.	Woken at night due to wheezing.										
74.	Chest has sounded wheezy during or after exercise.										
75.	Dry cough at night, apart from a cough from a cold or chest infection.										
Answer the following questions about asthma.											
76.	Have you ever been told by a doctor that you have asthma?			☐ Yes ☐ No – SKIP to question #8							
77.	Have you had your asthma symptoms in the last 12 months?			☐ Yes ☐ No							
78.	How old were you when your asthma first began?			years old							
79.	How old were you when you had your most recent asthma symptoms?				years old						
Answer the following questions about headaches you have had in the past 12 months.											
80.	How often do you have headaches?				n a while of the tin	☐ Most of the time ☐ All of the time					
SKIP NOT	FICE: If you checked "never" or "once in a while", skip to question #	24									

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