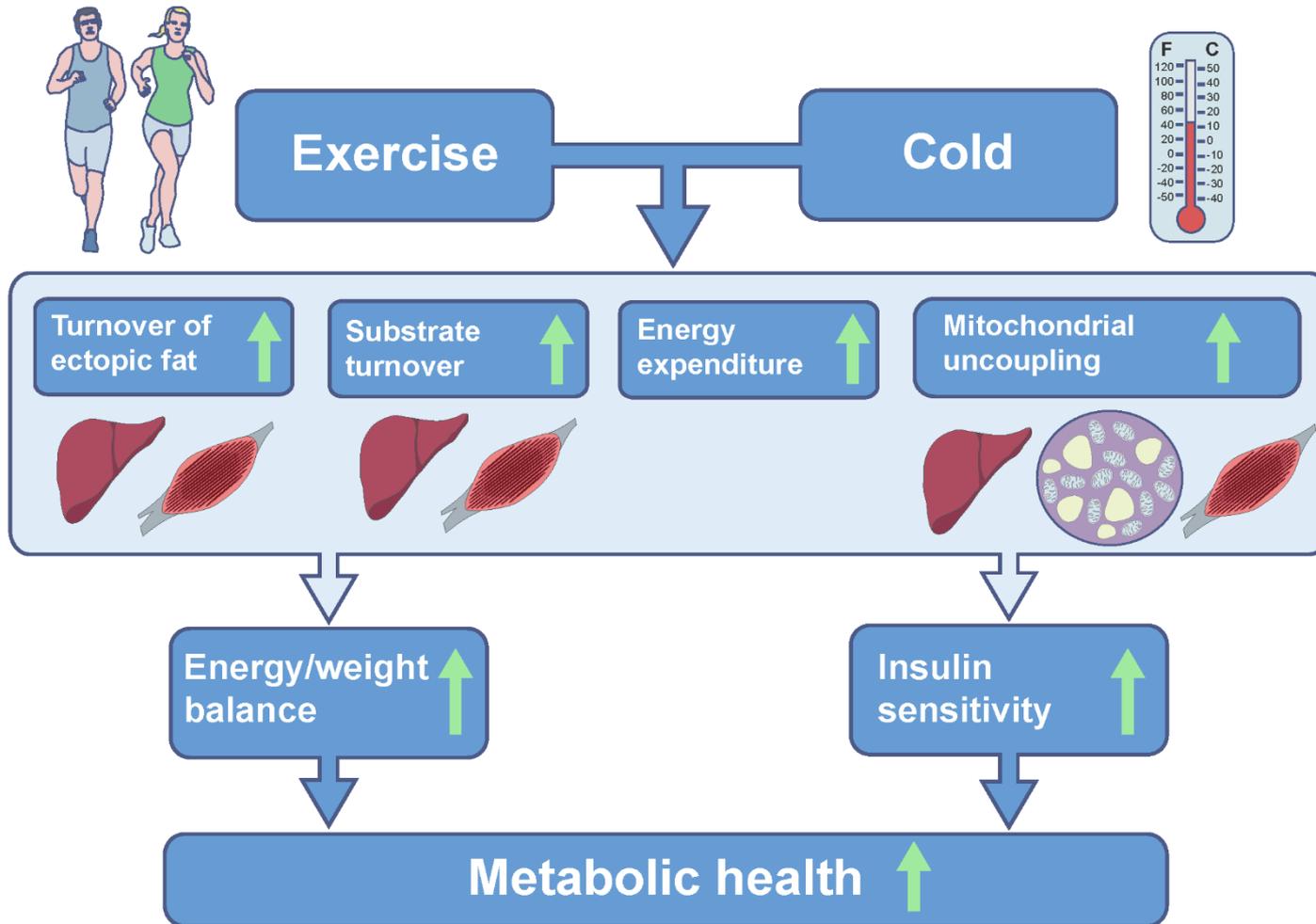


Interventions targeting energy turnover can affect metabolic health



Cellular mechanisms linking energy-boosting interventions to metabolic health effects

