

S1 Appendix – Questionnaire

Demographics

Age _____

Job title _____

Years of practicing _____

Role of technology in your work setting

Please answer the following questions on a scale from 1 (not at all) to 5 (extremely often/useful)

	Not at all (1) – Extremely often/useful (5)
How often do you use technology for your work?	① ② ③ ④ ⑤
How useful is technology for your work?	① ② ③ ④ ⑤
How much does technology improve your work?	① ② ③ ④ ⑤

Knowledge regarding maternal depression

Please answer the following questions on a scale from 1 (no knowledge) to 5 (substantial knowledge)

	No knowledge (1) – Substantial knowledge (5)
Do you have knowledge about the symptomatology of maternal depression?	① ② ③ ④ ⑤
Do you have knowledge of the factors that increase the risk of maternal depression?	① ② ③ ④ ⑤

Questions regarding an e-mental health app for maternal depression

On a scale from 1 (strongly disagree) to 5 (strongly agree), what is your level of agreement with the following statements?

Statements	Strongly disagree (1) - Strongly agree (5)
In terms of cost-benefit, it is beneficial to use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤
E-mental health applications would be useful in the context of maternal depression.	① ② ③ ④ ⑤
Using e-mental health applications in the context of maternal depression is in general a good idea.	① ② ③ ④ ⑤

People who influence my clinical behavior think that I should recommend and use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤
People who are important in the selection of my healthcare services think that I should recommend and use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤
People who are important in assessing my patient care and management think that I should recommend and use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤
I would have the ability to recommend and use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤
Recommending and using e-mental health applications in the context of maternal depression would be totally in my control.	① ② ③ ④ ⑤
I would have the knowledge to recommend and use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤
I would be willing to inform pregnant women / new mothers I attend of e-mental health applications and their utility.	① ② ③ ④ ⑤
Whenever possible I intend to recommend and use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤
I would recommend and use e-mental health applications in the context of maternal depression.	① ② ③ ④ ⑤

Based on the presented general mental healthcare process, how useful would you find e-mental health applications regarding maternal depression for the following steps of this process?

Steps of the general mental healthcare process	Not at all useful (1) – extremely useful (5)
Screening	① ② ③ ④ ⑤
Positive psychology intervention	① ② ③ ④ ⑤
Assessment and diagnosis	① ② ③ ④ ⑤
Prevention program	① ② ③ ④ ⑤
Treatment program	① ② ③ ④ ⑤
Follow-up	① ② ③ ④ ⑤