

Expanded View Figures

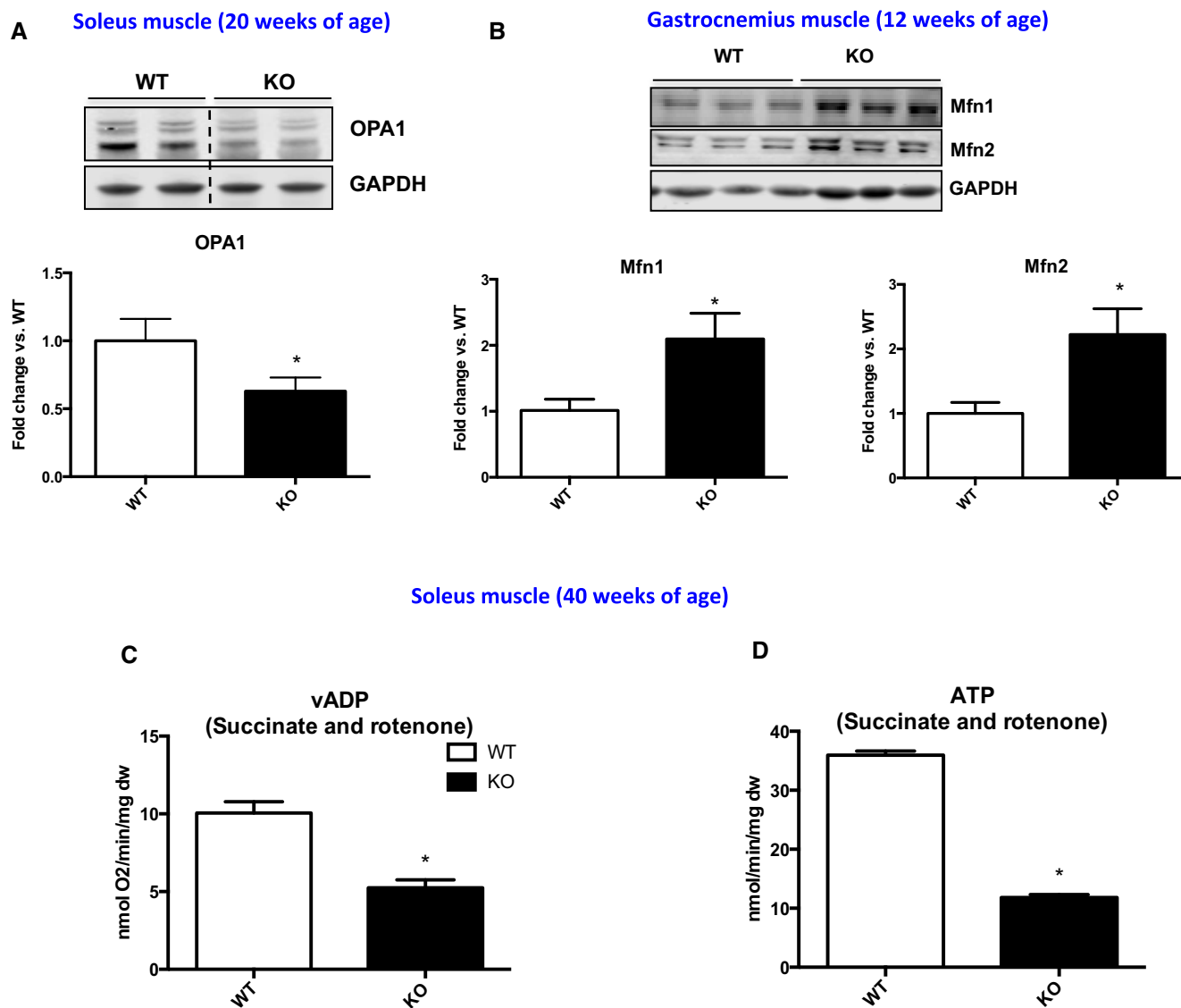


Figure EV1. Mitochondrial dynamics proteins and mitochondrial oxygen consumption.

A, B Representative immunoblots and densitometric quantification in muscle homogenates from WT and mOPA1 KO mice. (A) OPA1 levels in soleus muscle normalized to GAPDH ($n = 3$). (B) Mfn1 and Mfn2 normalized to GAPDH ($n = 4-5$).

C Maximally stimulated succinate-supported mitochondrial respirations in soleus from 40-week-old WT and mOPA1 KO (KO) mice ($n = 5$).

D Succinate-supported ATP synthesis rates in soleus from 40-week-old WT and mOPA1 KO (KO) mice ($n = 5$).

Data information: Data are expressed as means \pm SEM. Significant differences were determined by Student's *t*-test, using a significance level of $P < 0.05$. (*) Significantly different vs. WT mice.

Source data are available online for this figure.

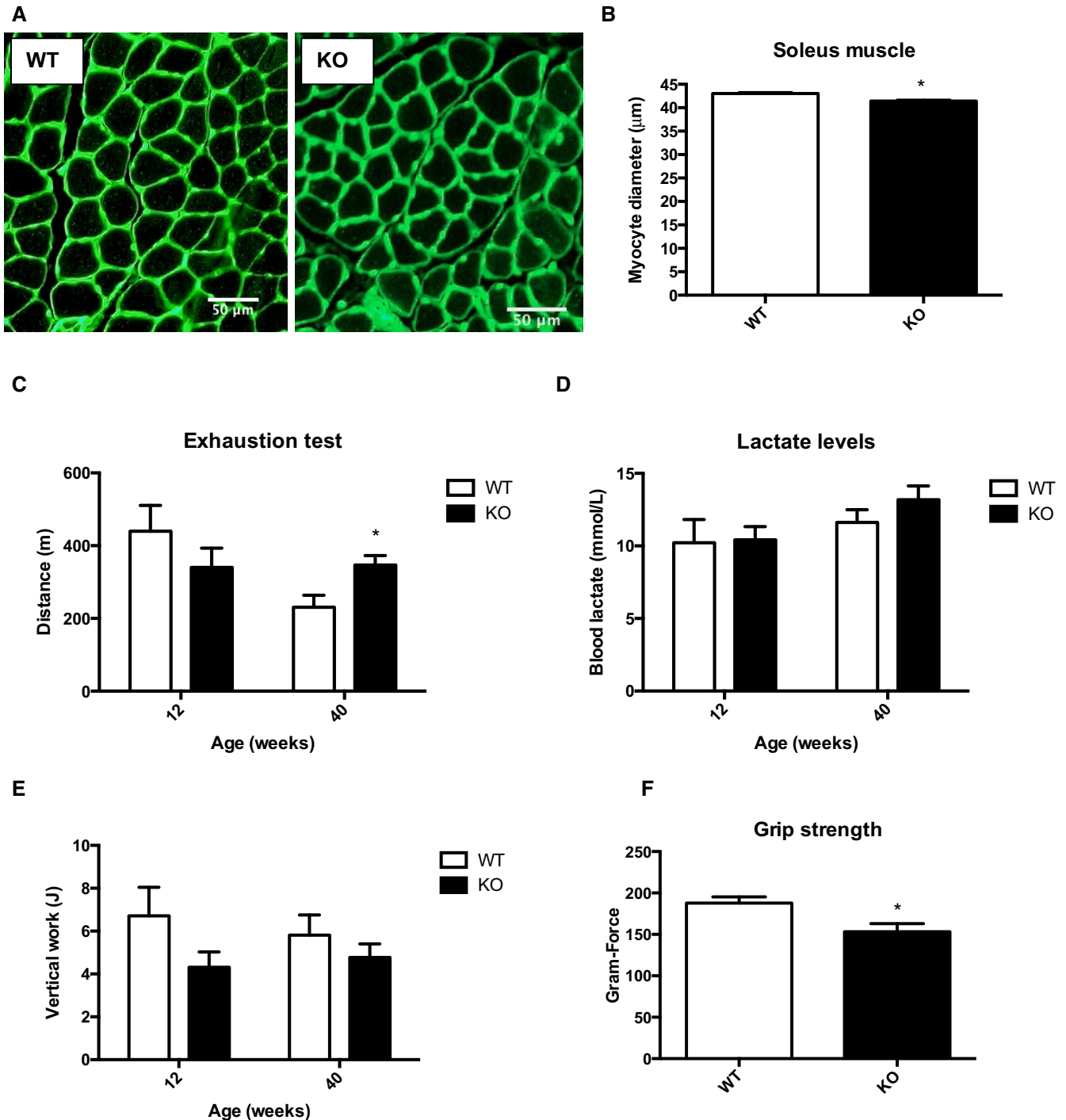


Figure EV2. Assessment of overall muscle health of mOPA1 KO mice.

A Cross sections of soleus muscle from 20-week-old mice stained with wheat-germ agglutinin (WGA). Scale bar = 50 μ m.

B Measurements of muscle fiber diameter in soleus muscle from 20-week-old mice ($n = 4$).

C Exhaustion test in 20- and 40-week-old WT and mOPA1 KO mice ($n = 4-9$).

D Blood lactate after the exhaustion test ($n = 4-9$).

E Measurements of vertical work performed by 20- and 40-week-old mice during the exhaustion test ($n = 4-9$).

F Measurements of grip strength in 40-week-old mice ($n = 5$).

Data information: Data are expressed as means \pm SEM. Significant differences were determined by Student's t -test, using a significance level of $P < 0.05$. (*) Significantly different vs. WT mice.

Source data are available online for this figure.

Figure EV3. Metabolic parameters in mOPA1 KO mice.

- A Triglycerides levels in mice fed either a control or a HFD for 12 weeks ($n = 5-6$).
- B Fasting triglyceride levels in the serum of mice fed either a control or a HFD for 12 weeks ($n = 5-8$).
- C *IL-15* and *IL-6* mRNA expression in gastrocnemius muscle of 20-week-old WT and mOPA1 KO mice ($n = 4-5$).
- D Representative immunoblot and densitometric quantification of OPA1 and FGF21 normalized to GAPDH in soleus muscle of 20-week-old mice ($n = 3$).
- E Representative immunoblot and densitometric quantification of PGC-1 α and UCP1 normalized to GAPDH in BAT of 20-week-old mice ($n = 4$).
- F Representative immunoblot and densitometric quantification of PGC-1 α and UCP1 normalized to GAPDH in sc-WAT of 20-week-old mice ($n = 3-4$). Data are represented as fold change vs. WT mice.

Data information: Data are expressed as means \pm SEM. Significant differences were determined by Student's *t*-test (D, F), using a significance level of $P < 0.05$ or by ANOVA followed by Tukey multiple comparison test (A, B), using a significance level of $P < 0.05$. (*) Significantly different vs. WT mice. (*) vs. WT Cont (#) vs. WT HFD. Source data are available online for this figure.

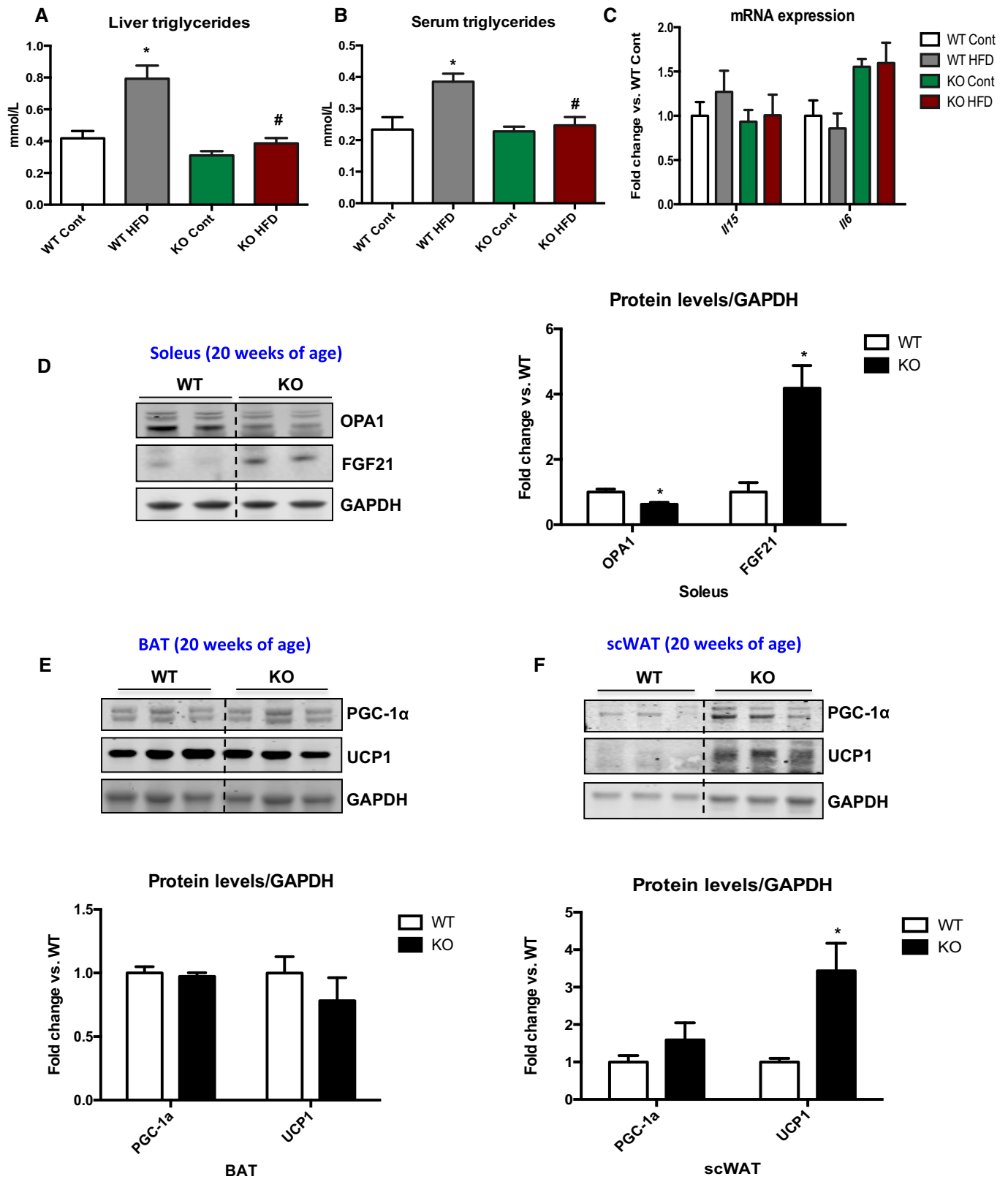


Figure EV3.

Figure EV4. Assessment of overall mitochondrial function and muscle health in mOPA1/FGF21 DKO mice.

- A Representative immunoblots and densitometric quantification of OPA1 normalized to GAPDH in gastrocnemius muscle from 12-week-old WT and mOPA1/FGF21 KO mice ($n = 3$).
- B BN-PAGE in gastrocnemius muscle of 12-week-old mice ($n = 4$).
- C mtDNA copy number in gastrocnemius muscle of 12-week-old mice ($n = 3-4$).
- D Maximally stimulated succinate-supported mitochondrial respirations in soleus from 20-week-old mice ($n = 4-6$).
- E Succinate-supported ATP synthesis rates in soleus from 20-week-old mice ($n = 4-5$).
- F Maximally stimulated succinate-supported mitochondrial respirations in soleus from 40-week-old mice ($n = 5$).
- G Measurements of grip strength in 40-week-old mice ($n = 3$).
- H Body weight and body composition in 20-week-old WT and DKO mice ($n = 5-9$).
- I Cross sections of gastrocnemius muscle from 20-week-old mice stained with wheat-germ agglutinin (WGA). Scale bar = 50 μm .
- J Measurements of muscle fiber diameter in gastrocnemius muscle from 20-week-old mice ($n = 3$).

Data information: Data are expressed as means \pm SEM. Significant differences were determined by Student's *t*-test, using a significance level of $P < 0.05$. (*) Significantly different vs. WT mice.

Source data are available online for this figure.

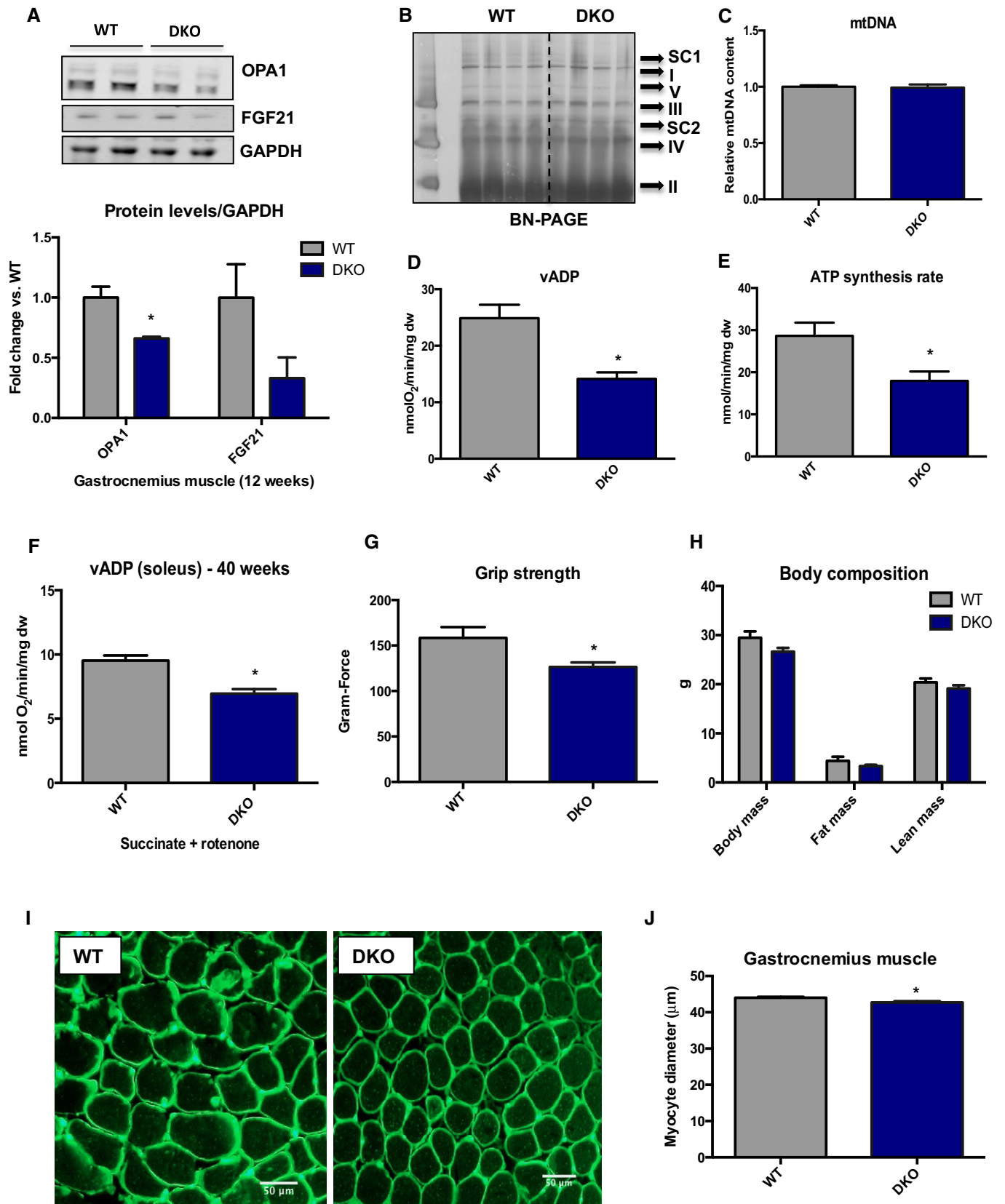


Figure EV4.

Figure EV5. Mitochondrial stress and ER stress in C2C12 myotubes.

- A FGF21 protein levels measured by immunoblot, in cell lysates from C2C12 myotubes treated either with vehicle, oligomycin, or tunicamycin ± PBA for 8 h. Data are represented as fold change vs. vehicle normalized to GAPDH ($n = 4-8$).
- B FGF21 in the media secreted from C2C12 myotubes treated either with vehicle, oligomycin, or tunicamycin ± PBA for 8 h ($n = 3$).
- C mRNA expression of *Fgf21*, *Atf4*, and *BiP* in C2C12 myotubes treated with vehicle or oligomycin for 8 h (data are expressed as fold change vs. vehicle) ($n = 4-6$).
- D Western blot analysis and densitometric quantification of phosphorylated AMPK normalized to total AMPK in C2C12 cells treated with vehicle or AICAR for 12 h ($n = 4$).
- E FGF21 mRNA expression in C2C12 cells treated with vehicle or AICAR for 12 h ($n = 3-4$). Data are represented as fold change vs. vehicle.

Data information: Data are expressed as means ± SEM. Significant differences were determined by Student's *t*-test (C, D), using a significance level of $P < 0.05$ or by ANOVA followed by Tukey multiple comparison test (A, B), using a significance level of $P < 0.05$. (*) Significantly different vs. vehicle. (*) and (#) vs. oligomycin or tunicamycin.

Source data are available online for this figure.

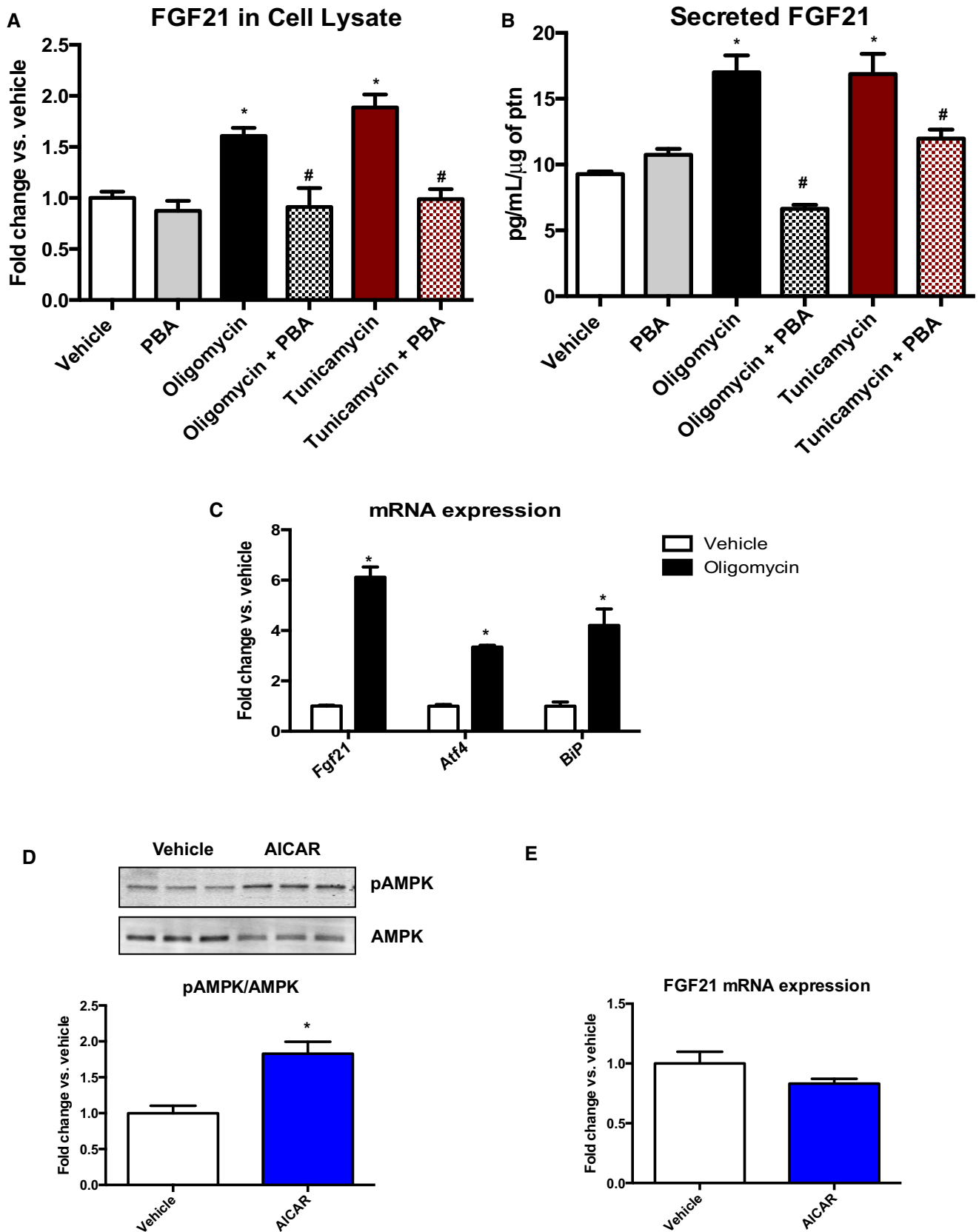


Figure EV5.