

Supplemental table 1. Characteristics of the cardiovascular health screening program attendees and non-attendees

Characteristic	No.	Non-attendee (n=201,622)	Attendee (n=104,584)	P-value*
Age (y)				<0.001
40–49	154,011	101,595 (50.39)	52,416 (50.12)	
50–59	77,885	48,869 (24.24)	29,016 (27.74)	
60–69	46,840	30,196 (14.98)	16,644 (15.91)	
≥70	27,470	20,962 (10.40)	6,508 (6.22)	
Female gender	154,704	107,222 (53.18)	47,482 (45.40)	<0.001
Disability	14,031	9,615 (4.77)	4,416 (4.22)	<0.001
Charlson comorbidity index		0.41±0.87	0.45±0.83	
Body mass index (kg/m ²)	104,536		23.70±2.92	
<18.5			2,846 (2.72)	
18.5–23.0			40,575 (38.81)	
23.0–25.0			28,530 (27.29)	
25.0–30.0			30,282 (28.97)	
>30.0			2,303 (2.20)	
Smoking	97,291			
Non smoker			67,105 (68.97)	
Past smoker			4,613 (4.74)	
Current smoker			25,573 (26.29)	
Drinking	103,135			
Non drinker			56,874 (55.15)	
Drinker			46,261 (44.85)	
Systolic BP (mm Hg)	104,547		124.86±17.28	
<140			81,849 (78.29)	
≥140			22,698 (21.71)	
Diastolic BP (mm Hg)	104,538		78.36±11.36	
<90			81,609 (78.07)	
≥90			22,929 (21.93)	
Fasting glucose (mg/dL)	104,468		94.97±26.83	
<126			99,459 (95.21)	
≥126			5,009 (4.79)	
Total cholesterol (mg/dL)	104,408		197.65±37.18	
<240			91,303 (87.45)	
≥240			13,105 (12.55)	

Values are presented as number (%) or mean±standard deviation.

BP, blood pressure.

*By chi-square test for categorical variable.