

		Intervention	Control	Chi-square ^a		P value
Pre		(n=31)	(n=27)			
Health care contact during the last month, n (%)						
	GP ^b	8 (26)	3 (11)	2.03		.15
	Occupational health	1 (3)	0 (0)			>.99
	Social worker	20 (65)	8 (30)	7.03		.01
	Physiotherapist	4 (13)	2 (7)			.68
	Mental health, private practice ^c	3 (10)	2 (7)			>.99
	Mental health, community outpatient ^d	2 (7)	0 (0)			.49
	Specialist physician, general hospital	5 (16)	3 (11)			.71
	Specialist physician, university hospital	3 (10)	4 (15)			.69
	Sick leave during the last month, yes versus no	8 (27)	4 (15)	1.20		.27
Post		(n=17)	(n=16 ^d)			
Health care contact during the last month, n (%)						
	GP	6 (35)	2 (13)			.23
	Occupational health	0 (0)	0 (0)			-
	Social worker	5 (29)	5 (31)			>.99
	Physiotherapist	0 (0)	0 (0)			-
	Mental health (private practice) ^e	1 (6)	1 (6)			>.99
	Mental health (community outpatient) ^d	0 (0)	3 (19)			>.99
	Specialist physician (general hospital)	1 (6)	0 (0)			>.99
	Specialist physician (university hospital)	0 (0)	2 (13)			.23
	Sick leave during the last month, yes versus no	5 (31)	2 (13)			.39
12-month follow-up		(n=15 ^f)	(n=16)			
Health care contact during the last month, n (%)						
	GP	4 (27)	2 (13)			.39
	Occupational health	1 (7)	0 (0)			.48
	Social worker	4 (27)	4 (25)			>.99
	Physiotherapist	3 (20)	1 (6)			.33
	Mental health, private	0 (0)	2 (13)			.48

	practice ^c					
	Mental health, community outpatient ^d	0 (0)	0 (0)			-
	Specialist physician, general hospital	2 (13)	0 (0)			.23
	Specialist physician, university hospital	2 (13)	2 (13)			>.99
	Sick leave during the last month, yes versus no	3 (20)	2 (13)			.65

^aChi-square: *P* values reported are for chi-square tests (or Fisher exact test when no statistic is provided) with two-sided probabilities.

^bGP: general practitioner.

^cIncludes psychologist, psychiatrist, and psychotherapist in private practice.

^dIncludes psychologist, psychiatrist, and psychotherapist in community outpatient settings.

^eFour participants who participated in the postassessment had missing data on health care consumption and sick leave.

^fOne participant who participated in the postassessment had missing data on health care consumption and sick leave.