

Appendix Table A2. UT Southwestern Institutional Radiation Dose Constraints, December 2016

One Fraction

Serial Tissue	Volume	Volume Max (Gy)	Max Point Dose (Gy)**	Endpoint (\geq Grade 3)
Optic Pathway	<0.2 cc	8 Gy	10 Gy	neuritis
Cochlea			9 Gy	hearing loss
Brainstem (not medulla)	<0.5 cc	10 Gy	15 Gy	cranial neuropathy
Spinal Cord and medulla	<0.35 cc	10 Gy	14 Gy	myelitis
Cauda Equina	<5 cc	14 Gy	16 Gy	neuritis
Sacral Plexus	<5 cc	14.4 Gy	16 Gy	neuropathy
Esophagus*	<5 cc	20 Gy	24 Gy	esophagitis
Brachial Plexus	<3 cc	13.6 Gy	16.4 Gy	neuropathy
Heart/Pericardium	<15 cc	16 Gy	22 Gy	pericarditis
Great vessels	<10 cc	31 Gy	37 Gy	aneurysm
Trachea and Large Bronchus*	<4 cc	27.5 Gy	30 Gy	impairment of pulmonary toilet
Bronchus- smaller airways	<0.5 cc	17.4 Gy	20.2 Gy	stenosis with atelectasis
Rib	<5 cc	28 Gy	33 Gy	Pain or fracture
Skin	<10 cc	25.5 Gy	27.5 Gy	ulceration
Stomach	<5 cc	17.4 Gy	22 Gy	ulceration/fistula
Bile duct			30 Gy	stenosis
Duodenum*	<5 cc	17.4 Gy	22 Gy	ulceration
Jejunum/Ileum*	<30 cc	17.6 Gy	20 Gy	enteritis/obstruction
Colon*	<20 cc	20.5 Gy	31 Gy	colitis/fistula
Rectum*	<3.5 cc <20 cc	30 Gy 23 Gy	33.7 Gy	proctitis/fistula
Ureter			35 Gy	stenosis
Bladder wall	<15 cc	12 Gy	25 Gy	cystitis/fistula
Penile bulb	<3 cc	16 Gy		impotence
Femoral Heads	<10 cc	15 Gy		necrosis
Renal hilum/vascular trunk	15 cc	14 Gy		malignant hypertension
Parallel Tissue	Critical Volume (cc)	Critical Volume Dose Max (Gy)		Endpoint (\geq Grade 3)
Lung (Right & Left)	1500 cc for male and 950cc for female***	7.2 Gy		Basic Lung Function
Lung (Right & Left)			V-8Gy <37%	Radiation Pneumonitis
Liver	700 cc***	11.6 Gy		Basic Liver Function
Renal cortex (Right & Left)	200 cc***	9.5 Gy		Basic renal function

*Avoid circumferential irradiation

** “point” defined as 0.035cc or less

***or one third of the “native” total organ volume (prior to any resection or volume reducing disease), whichever is greater

Three Fractions

Serial Tissue	Volume	Volume Max (Gy)	Max Point Dose (Gy)**	Endpoint (\geq Grade 3)
Optic Pathway	<0.2 cc	15.3 Gy	17.4 Gy	neuritis
Cochlea			14.4 Gy	hearing loss
Brainstem (not medulla)	<0.5 cc	15.9 Gy	23.1 Gy	cranial neuropathy
Spinal Cord and medulla	<0.35 cc	15.9 Gy	22.5 Gy	myelitis
Cauda Equina	<5 cc	21.9 Gy	25.5 Gy	neuritis
Sacral Plexus	<5 cc	22.5 Gy	25.5 Gy	neuropathy
Esophagus*	<5 cc	27.9 Gy	32.4 Gy	esophagitis
Brachial Plexus	<3 cc	22 Gy	26 Gy	neuropathy
Heart/Pericardium	<15 cc	24 Gy	30 Gy	pericarditis
Great vessels	<10 cc	39 Gy	45 Gy	aneurysm
Trachea and Large Bronchus*	<5 cc	39 Gy	43 Gy	impairment of pulmonary toilet
Bronchus- smaller airways	<0.5 cc	25.8 Gy	30 Gy	stenosis with atelectasis
Rib	<5 cc	40 Gy	50 Gy	Pain or fracture
Skin	<10 cc	31 Gy	33 Gy	ulceration
Stomach	<5 cc	22.5 Gy	30 Gy	ulceration/fistula
Bile duct			36 Gy	stenosis
Duodenum*	<5 cc	22.5 Gy	30 Gy	ulceration
Jejunum/Ileum*	<30 cc	20.7 Gy	28.5 Gy	enteritis/obstruction
Colon*	<20 cc	28.8 Gy	45 Gy	colitis/fistula
Rectum*	<3.5 cc <20 cc	43 Gy 30.3 Gy	47 Gy	proctitis/fistula
Ureter			40 Gy	stenosis
Bladder wall	<15 cc	17 Gy	33 Gy	cystitis/fistula
Penile bulb	<3 cc	25 Gy		impotence
Femoral Heads	<10 cc	24 Gy		necrosis
Renal hilum/vascular trunk	15 cc	19.5 Gy		malignant hypertension
Parallel Tissue	Critical Volume (cc)	Critical Volume Dose Max (Gy)		Endpoint (\geq Grade 3)
Lung (Right & Left)	1500 cc for males and 950cc for females***	10.8 Gy		Basic Lung Function
Lung (Right & Left)			V-11.4Gy<37%	Pneumonitis
Liver	700 cc***	17.7 Gy		Basic Liver Function
Renal cortex (Right & Left)	200 cc***	14.7 Gy		Basic renal function

*Avoid circumferential irradiation

** “point” defined as 0.035cc or less

***or one third of the “native” total organ volume (prior to any resection or volume reducing disease), whichever is greater

Five Fractions

Serial Tissue	Volume	Volume Max (Gy)	Max Point Dose (Gy)**	Endpoint (\geqGrade 3)
Optic Pathway	<0.2 cc	23 Gy	25 Gy	neuritis
Cochlea			22 Gy	hearing loss
Brainstem (not medulla)	<0.5 cc	23 Gy	31 Gy	cranial neuropathy
Spinal Cord and medulla	<0.35 cc	22 Gy	28 Gy	myelitis
Cauda Equina	<5 cc	30 Gy	31.5 Gy	neuritis
Sacral Plexus	<5 cc	30 Gy	32 Gy	neuropathy
Esophagus*	<5 cc	32.5 Gy	38 Gy	esophagitis
Brachial Plexus	<3 cc	27 Gy	32.5 Gy	neuropathy
Heart/Pericardium	<15 cc	32 Gy	38 Gy	pericarditis
Great vessels	<10 cc	47 Gy	53 Gy	aneurysm
Trachea and Large Bronchus*	<5 cc	45 Gy	50 Gy	impairment of pulmonary toilet
Bronchus- smaller airways	<0.5 cc	32 Gy	40 Gy	stenosis with atelectasis
Rib	<5 cc	45 Gy	57 Gy	Pain or fracture
Skin	<10 cc	36.5 Gy	38.5 Gy	ulceration
Stomach	<5cc	26.5 Gy	35 Gy	ulceration/fistula
Bile duct			41 Gy	stenosis
Duodenum*	<5 cc	26.5 Gy	35 Gy	ulceration
Jejunum/Ileum*	<30 cc	24 Gy	34.5 Gy	enteritis/obstruction
Colon*	<20 cc	32.5 Gy	52.5 Gy	colitis/fistula
Rectum*	<3.5 cc <20 cc	50 Gy 37.5 Gy	55 Gy	proctitis/fistula
Ureter			45 Gy	stenosis
Bladder wall	<15 cc	20 Gy	38 Gy	cystitis/fistula
Penile Bulb	<3 cc	30 Gy		impotence
Femoral Heads	<10 cc	30 Gy		necrosis
Renal hilum/vascular trunk	15 cc	23 Gy		malignant hypertension
Parallel Tissue	Critical Volume (cc)	Critical Volume Dose Max (Gy)		Endpoint (\geqGrade 3)
Lung (Right & Left)	1500 cc for males and 950cc for females***	12.5 Gy		Basic Lung Function
Lung (Right & Left)			V-13.5Gy<37%	Pneumonitis
Liver	700 cc***	21.5 Gy		Basic Liver Function
Renal cortex (Right & Left)	200 cc***	17.5 Gy		Basic renal function

*Avoid circumferential irradiation

** “point” defined as 0.035cc or less

***or one third of the “native” total organ volume (prior to any resection or volume reducing disease), whichever is greater