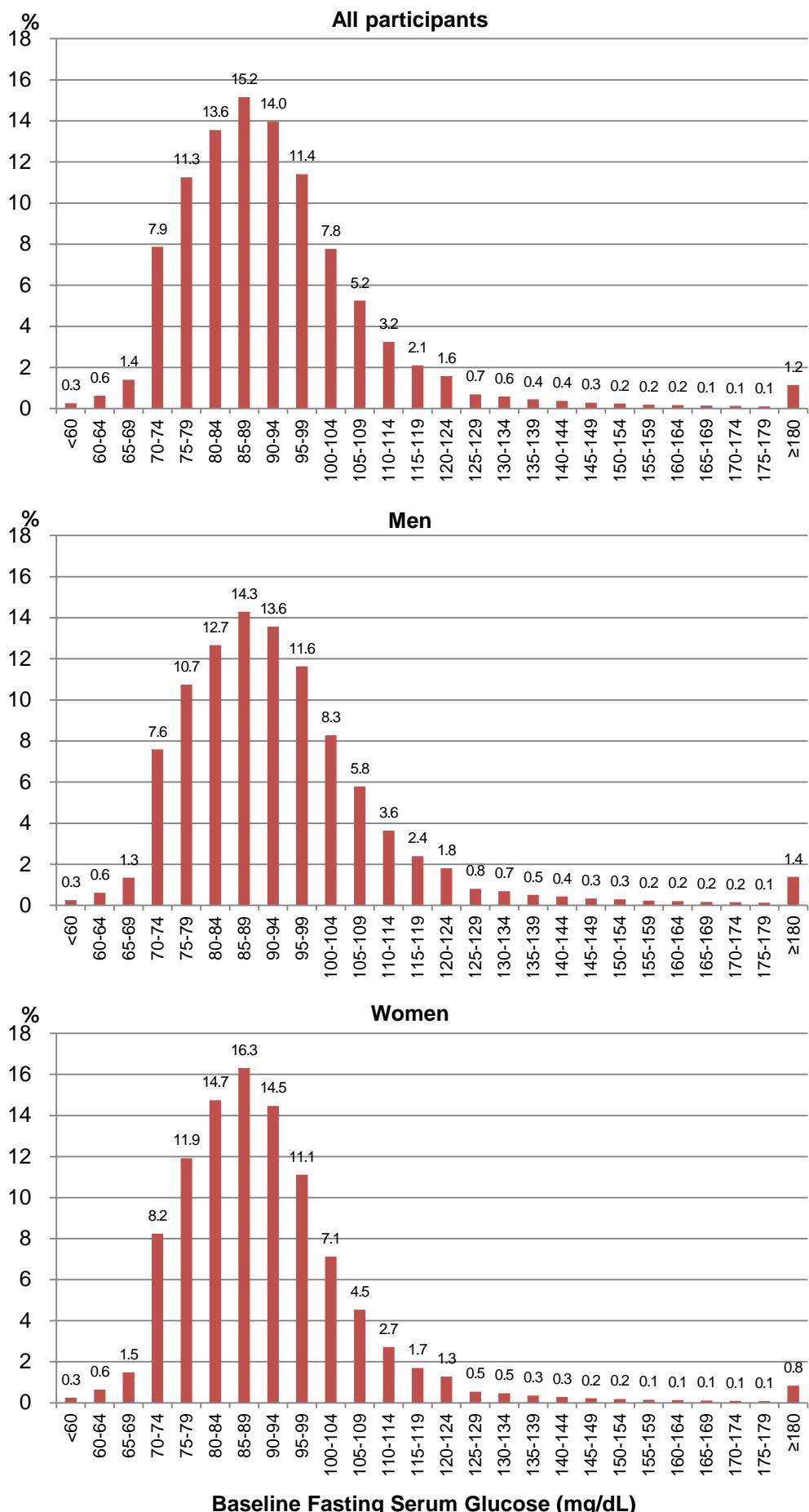


## Online-only Supplementary Data

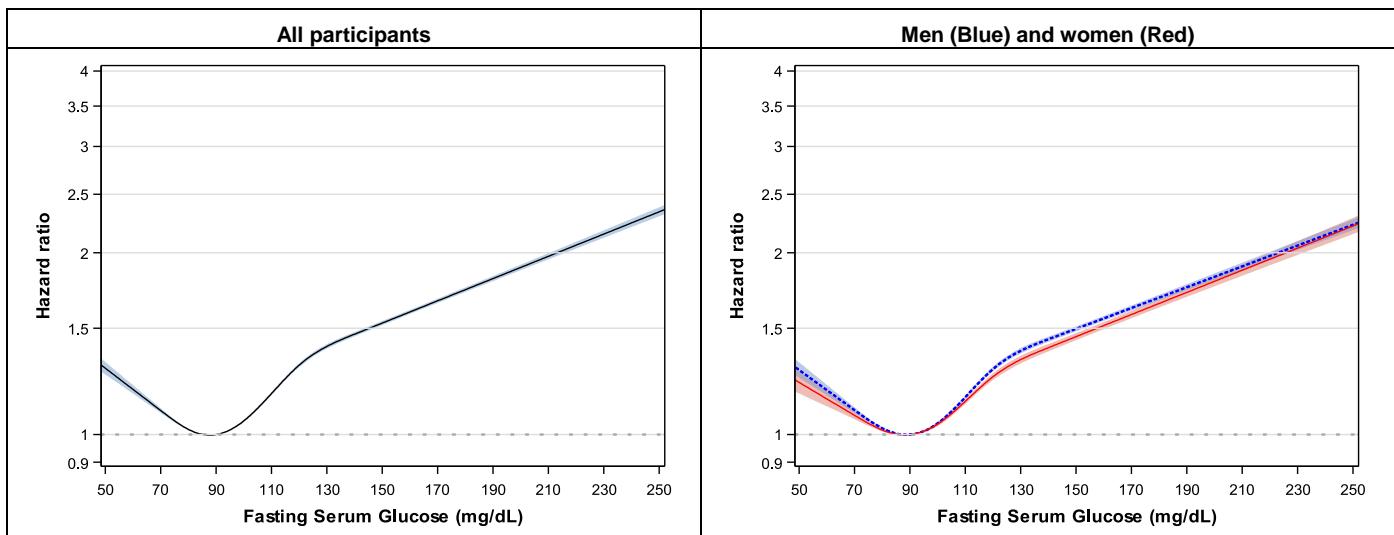
### Association between fasting glucose and all-cause mortality according to sex and age: a prospective cohort study.

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**Figure S1. Distribution of fasting serum glucose concentration in Korean adults.**  
To convert glucose from mg/dL to mmol/L, multiply by 0.0555.



**Figure S2.** Hazard ratios<sup>a</sup> for all-cause mortality according to sex by restricted cubic splines of fasting serum glucose with five knots (70, 85, 100, 120, and 140 mg/dL) and 90 mg/dL as a reference in the participants having fasting glucose  $\leq$  300 mg/dL (n=12,430,323). <sup>a</sup>Hazard ratios and 95% confidence intervals were calculated using Cox hazards models after adjustment for age at baseline (continuous variable), sex (when applicable), smoking status, alcohol use, physical activity, body-mass index, systolic blood pressure, and total cholesterol levels. To convert glucose from mg/dL to mmol/L, multiply by 0.0555.

**Table S1. Characteristics according to age groups in all participants.**

| Characteristics               | Classification  | Age group        | 18-99 years<br>n = 12,455,361 | 18-34 years<br>n = 3,711,950 | 35-44 years<br>n = 3,214,771 | 45-54 years<br>n = 2,633,280 | 55-64 years<br>n = 1,745,729 | 65-74 years<br>n = 913,306 | 75-99 years<br>n = 236,325 |
|-------------------------------|-----------------|------------------|-------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|----------------------------|----------------------------|
|                               |                 | n (%)            | n (%)                         | n (%)                        | n (%)                        | n (%)                        | n (%)                        | n (%)                      | n (%)                      |
| Age, years                    | Mean (SD)       | 44.0 ±14.1       | 28.0 ±3.9                     | 40.0 ±2.8                    | 49.3 ±2.9                    | 59.6 ±2.9                    | 68.9 ±2.7                    | 79.1 ±3.5                  |                            |
| Fasting serum glucose, mg/dL  | Mean (SD)       | 93.4 ±27.5       | 87.9 ±21.0                    | 92.7 ±26.1                   | 95.8 ±29.4                   | 98.5 ±32.2                   | 99.7 ±33.7                   | 101.4 ±35.2                |                            |
| BMI, kg/m <sup>2</sup>        | Mean (SD)       | 23.5 ±3.2        | 22.5 ±3.3                     | 23.7 ±3.0                    | 24.1 ±2.9                    | 24.2 ±3.0                    | 23.6 ±3.2                    | 22.6 ±3.3                  |                            |
| Systolic blood pressure, mmHg | Mean (SD)       | 123.9 ±17.2      | 118.6 ±13.6                   | 121.2 ±15.3                  | 125.2 ±17.4                  | 130.7 ±18.9                  | 134.3 ±19.8                  | 137.3 ±21.0                |                            |
| Total cholesterol, mg/dL      | Mean (SD)       | 194.0 ±48.7      | 181.7 ±41.3                   | 193.2 ±45.3                  | 201.6 ±50.0                  | 205.0 ±54.2                  | 202.7 ±58.3                  | 198.6 ±56.4                |                            |
| Sex                           | Men             | 7,090,089 (56.9) | 2,279,667 (61.4)              | 2,017,090 (62.7)             | 1,388,966 (52.7)             | 876,433 (50.2)               | 424,218 (46.4)               | 103,715 (43.9)             |                            |
|                               | Women           | 5,365,272 (43.1) | 1,432,283 (38.6)              | 1,197,681 (37.3)             | 1,244,314 (47.3)             | 869,296 (49.8)               | 489,088 (53.6)               | 132,610 (56.1)             |                            |
| Smoking status                | Current smoker  | 3,565,515 (28.6) | 1,337,791 (36.0)              | 1,046,036 (32.5)             | 642,111 (24.4)               | 344,068 (19.7)               | 157,855 (17.3)               | 37,654 (15.9)              |                            |
|                               | Never smoker    | 7,200,954 (57.8) | 1,886,639 (50.8)              | 1,707,160 (53.1)             | 1,623,778 (61.7)             | 1,176,528 (67.4)             | 638,972 (70.0)               | 167,877 (71.0)             |                            |
|                               | Former smoker   | 1,061,104 (8.5)  | 266,935 (7.2)                 | 317,318 (9.9)                | 245,831 (9.3)                | 138,989 (8.0)                | 72,686 (8.0)                 | 19,345 (8.2)               |                            |
|                               | Missing         | 627,788 (5.0)    | 220,585 (5.9)                 | 144,257 (4.5)                | 121,560 (4.6)                | 86,144 (4.9)                 | 43,793 (4.8)                 | 11,449 (4.8)               |                            |
| Drinking status               | Missing         | 487,379 (3.9)    | 176,647 (4.8)                 | 108,904 (3.4)                | 86,368 (3.3)                 | 68,339 (3.9)                 | 37,006 (4.1)                 | 10,115 (4.3)               |                            |
|                               | Monthly or less | 5,886,404 (47.3) | 1,284,852 (34.6)              | 1,361,571 (42.4)             | 1,372,481 (52.1)             | 1,069,585 (61.3)             | 623,335 (68.3)               | 174,580 (73.9)             |                            |
|                               | 2/month-2/week  | 4,883,807 (39.2) | 2,019,567 (54.4)              | 1,410,262 (43.9)             | 871,572 (33.1)               | 404,925 (23.2)               | 148,344 (16.2)               | 29,137 (12.3)              |                            |
|                               | 3-7 days/week   | 1,197,771 (9.6)  | 230,884 (6.2)                 | 334,034 (10.4)               | 302,859 (11.5)               | 202,880 (11.6)               | 104,621 (11.5)               | 22,493 (9.5)               |                            |
| Physical activity,            | No              | 7,466,247 (59.9) | 2,229,657 (60.1)              | 1,818,896 (56.6)             | 1,493,778 (56.7)             | 1,087,972 (62.3)             | 646,432 (70.8)               | 189,512 (80.2)             |                            |
| At least once a week          | Yes             | 4,989,114 (40.1) | 1,482,293 (39.9)              | 1,395,875 (43.4)             | 1,139,502 (43.3)             | 657,757 (37.7)               | 266,874 (29.2)               | 46,813 (19.8)              |                            |
| Fasting serum glucose, mg/dL  | <65             | 110,963 (0.9)    | 48,521 (1.3)                  | 25,018 (0.8)                 | 17,273 (0.7)                 | 11,366 (0.7)                 | 6,973 (0.8)                  | 1,812 (0.8)                |                            |
|                               | 65-69           | 174,961 (1.4)    | 74,660 (2.0)                  | 41,876 (1.3)                 | 28,433 (1.1)                 | 17,517 (1.0)                 | 9,844 (1.1)                  | 2,631 (1.1)                |                            |
|                               | 70-74           | 980,137 (7.9)    | 401,221 (10.8)                | 242,981 (7.6)                | 168,615 (6.4)                | 99,996 (5.7)                 | 53,618 (5.9)                 | 13,706 (5.8)               |                            |
|                               | 75-79           | 1,401,383 (11.3) | 548,646 (14.8)                | 358,856 (11.2)               | 252,736 (9.6)                | 147,503 (8.4)                | 74,874 (8.2)                 | 18,768 (7.9)               |                            |
|                               | 80-84           | 1,688,724 (13.6) | 603,698 (16.3)                | 441,780 (13.7)               | 326,532 (12.4)               | 195,371 (11.2)               | 97,651 (10.7)                | 23,692 (10.0)              |                            |
|                               | 85-89           | 1,887,899 (15.2) | 618,895 (16.7)                | 503,226 (15.7)               | 385,090 (14.6)               | 235,529 (13.5)               | 116,744 (12.8)               | 28,415 (12.0)              |                            |

| Characteristics | Classification | Age group | 18-99 years<br>n = 12,455,361 | 18-34 years<br>n = 3,711,950 | 35-44 years<br>n = 3,214,771 | 45-54 years<br>n = 2,633,280 | 55-64 years<br>n = 1,745,729 | 65-74 years<br>n = 913,306 | 75-99 years<br>n = 236,325 |
|-----------------|----------------|-----------|-------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|----------------------------|----------------------------|
|                 |                |           | n (%)                         | n (%)                        | n (%)                        | n (%)                        | n (%)                        | n (%)                      | n (%)                      |
|                 | 90-94          |           | 1,738,336 (14.0)              | 506,822 (13.7)               | 470,033 (14.6)               | 377,961 (14.4)               | 237,037 (13.6)               | 117,856 (12.9)             | 28,627 (12.1)              |
|                 | 95-99          |           | 1,421,491 (11.4)              | 373,954 (10.1)               | 383,809 (11.9)               | 321,546 (12.2)               | 211,009 (12.1)               | 105,283 (11.5)             | 25,890 (11.0)              |
|                 | 100-104        |           | 968,673 (7.8)                 | 216,062 (5.8)                | 257,400 (8.0)                | 230,668 (8.8)                | 160,206 (9.2)                | 83,392 (9.1)               | 20,945 (8.9)               |
|                 | 105-109        |           | 653,838 (5.2)                 | 128,633 (3.5)                | 168,331 (5.2)                | 159,438 (6.1)                | 117,970 (6.8)                | 62,760 (6.9)               | 16,706 (7.1)               |
|                 | 110-117        |           | 564,899 (4.5)                 | 95,178 (2.6)                 | 137,307 (4.3)                | 141,044 (5.4)                | 111,418 (6.4)                | 62,557 (6.8)               | 17,395 (7.4)               |
|                 | 118-125        |           | 317,825 (2.6)                 | 44,023 (1.2)                 | 71,572 (2.2)                 | 79,480 (3.0)                 | 68,859 (3.9)                 | 41,277 (4.5)               | 12,614 (5.3)               |
|                 | 126-139        |           | 195,850 (1.6)                 | 22,677 (0.6)                 | 40,895 (1.3)                 | 49,825 (1.9)                 | 45,645 (2.6)                 | 28,092 (3.1)               | 8,716 (3.7)                |
|                 | 140-169        |           | 177,790 (1.4)                 | 16,311 (0.4)                 | 35,849 (1.1)                 | 46,274 (1.8)                 | 43,292 (2.5)                 | 27,283 (3.0)               | 8,781 (3.7)                |
|                 | 170-199        |           | 70,377 (0.6)                  | 5,051 (0.1)                  | 14,220 (0.4)                 | 19,384 (0.7)                 | 17,741 (1.0)                 | 10,669 (1.2)               | 3,312 (1.4)                |
|                 | ≥200           |           | 102,215 (0.8)                 | 7,598 (0.2)                  | 21,618 (0.7)                 | 28,981 (1.1)                 | 25,270 (1.4)                 | 14,433 (1.6)               | 4,315 (1.8)                |

BMI, body-mass index; SD, standard deviation

To convert glucose from mg/dL to mmol/L, multiply by 0.0555.

To convert cholesterol from mg/dL to mmol/L, multiply by 0.0259.

**Table S2. Mean of the metabolic mediators according to fasting serum glucose.**

| Age group,<br>years | FSG<br>group,<br>mg/dL | Men and women combined |            |              |              |                             | Men                    |              |              | Women   |                             |                        |              |           |                             |
|---------------------|------------------------|------------------------|------------|--------------|--------------|-----------------------------|------------------------|--------------|--------------|---------|-----------------------------|------------------------|--------------|-----------|-----------------------------|
|                     |                        | BMI, kg/m <sup>2</sup> |            | SBP, mmHg    |              | Total cholesterol,<br>mg/dL | BMI, kg/m <sup>2</sup> |              | SBP, mmHg    |         | Total cholesterol,<br>mg/dL | BMI, kg/m <sup>2</sup> |              | SBP, mmHg | Total cholesterol,<br>mg/dL |
|                     |                        | n                      | Mean (SD)  | Mean (SD)    | Mean (SD)    | n                           | Mean (SD)              | Mean (SD)    | Mean (SD)    | n       | Mean (SD)                   | n                      | Mean (SD)    | Mean (SD) |                             |
| 18-99               | <65                    | 110,963                | 22.7 (3.1) | 120.7 (16.3) | 184.3 (43.7) | 62,538                      | 23.1 (3.0)             | 123.5 (15.3) | 184.4 (42.0) | 48,425  | 22.2 (3.1)                  | 117.0 (17.0)           | 184.3 (45.8) |           |                             |
| all ages            | 65-69                  | 174,961                | 22.7 (3.1) | 120.4 (16.2) | 185.1 (43.3) | 95,443                      | 23.2 (3.0)             | 123.3 (15.1) | 185.5 (41.7) | 79,518  | 22.2 (3.1)                  | 116.9 (16.8)           | 184.6 (45.1) |           |                             |
|                     | 70-74                  | 980,137                | 22.9 (3.1) | 120.8 (16.2) | 187.0 (44.2) | 538,065                     | 23.4 (3.0)             | 123.5 (15.1) | 187.9 (43.1) | 442,072 | 22.3 (3.2)                  | 117.4 (16.8)           | 185.8 (45.5) |           |                             |
|                     | 75-79                  | 1,401,383              | 23.0 (3.1) | 121.0 (16.2) | 188.1 (43.8) | 761,788                     | 23.5 (3.0)             | 123.7 (15.1) | 189.1 (42.2) | 639,595 | 22.4 (3.2)                  | 117.7 (16.9)           | 186.9 (45.6) |           |                             |
|                     | 80-84                  | 1,688,724              | 23.1 (3.1) | 121.5 (16.4) | 189.8 (43.8) | 897,680                     | 23.6 (2.9)             | 124.2 (15.3) | 190.8 (42.7) | 791,044 | 22.6 (3.2)                  | 118.4 (17.0)           | 188.7 (44.9) |           |                             |
|                     | 85-89                  | 1,887,899              | 23.3 (3.1) | 122.2 (16.5) | 191.7 (44.9) | 1,013,051                   | 23.7 (2.9)             | 124.7 (15.4) | 192.1 (43.2) | 874,848 | 22.8 (3.2)                  | 119.4 (17.3)           | 191.1 (46.7) |           |                             |
|                     | 90-94                  | 1,738,336              | 23.5 (3.1) | 123.4 (16.7) | 194.1 (45.4) | 961,999                     | 23.8 (2.9)             | 125.4 (15.6) | 194.0 (43.0) | 776,337 | 23.0 (3.2)                  | 120.8 (17.7)           | 194.2 (48.2) |           |                             |
|                     | 95-99                  | 1,421,491              | 23.7 (3.1) | 124.6 (16.9) | 196.3 (46.0) | 825,247                     | 24.0 (2.9)             | 126.3 (15.8) | 195.6 (43.5) | 596,244 | 23.3 (3.3)                  | 122.3 (18.1)           | 197.2 (49.3) |           |                             |
|                     | 100-104                | 968,673                | 23.9 (3.1) | 126.3 (17.3) | 199.1 (55.7) | 586,708                     | 24.1 (3.0)             | 127.5 (16.2) | 197.6 (53.2) | 381,965 | 23.6 (3.3)                  | 124.3 (18.6)           | 201.5 (59.3) |           |                             |
|                     | 105-109                | 653,838                | 24.1 (3.1) | 127.7 (17.5) | 201.1 (56.4) | 410,578                     | 24.2 (3.0)             | 128.7 (16.6) | 199.2 (54.1) | 243,260 | 23.9 (3.4)                  | 126.1 (18.9)           | 204.3 (59.9) |           |                             |
|                     | 110-117                | 564,899                | 24.3 (3.2) | 129.4 (17.8) | 202.9 (57.7) | 362,861                     | 24.3 (3.0)             | 130.2 (16.9) | 200.6 (54.7) | 202,038 | 24.2 (3.4)                  | 127.9 (19.3)           | 207.1 (62.6) |           |                             |
|                     | 118-125                | 317,825                | 24.4 (3.2) | 130.9 (18.2) | 203.9 (57.6) | 206,899                     | 24.4 (3.1)             | 131.5 (17.4) | 201.2 (55.9) | 110,926 | 24.5 (3.5)                  | 129.7 (19.6)           | 209.1 (60.4) |           |                             |
|                     | 125-139                | 195,850                | 24.6 (3.3) | 132.4 (18.7) | 205.2 (56.3) | 129,551                     | 24.6 (3.1)             | 132.8 (17.9) | 202.0 (54.3) | 66,299  | 24.7 (3.5)                  | 131.6 (20.1)           | 211.5 (59.6) |           |                             |
|                     | 140-169                | 177,790                | 24.7 (3.3) | 133.3 (18.9) | 206.5 (58.6) | 119,162                     | 24.6 (3.2)             | 133.6 (18.2) | 203.1 (57.4) | 58,628  | 24.8 (3.5)                  | 132.6 (20.2)           | 213.4 (60.4) |           |                             |
|                     | 170-199                | 70,377                 | 24.8 (3.3) | 133.8 (19.0) | 208.6 (60.5) | 48,392                      | 24.7 (3.2)             | 134.1 (18.5) | 205.3 (59.0) | 21,985  | 25.0 (3.6)                  | 133.0 (20.2)           | 215.9 (63.2) |           |                             |
|                     | ≥200                   | 102,215                | 24.6 (3.3) | 133.6 (19.4) | 218.0 (88.1) | 70,127                      | 24.5 (3.2)             | 133.9 (18.8) | 214.9 (84.0) | 32,088  | 24.7 (3.5)                  | 132.9 (20.6)           | 225.0 (96.0) |           |                             |

BMI, body-mass index; FSG, fasting serum glucose; SBP, systolic blood pressure; SD, standard deviation

To convert glucose from mg/dL to mmol/L, multiply by 0.0555.

**Table S3. Mean and median of the fasting serum glucose (mg/dL) (Including numerical version of Figure 1).**

| Age,<br>years | Men and women |        |       |        | Men       |        |       |        | Women     |        |       |        | Sex difference <sup>a</sup> |      |
|---------------|---------------|--------|-------|--------|-----------|--------|-------|--------|-----------|--------|-------|--------|-----------------------------|------|
|               | n             | Median | Mean  | (SD)   | n         | Median | Mean  | (SD)   | n         | Median | Mean  | (SD)   | Median                      | Mean |
| 18-99         | 12,455,361    | 89     | 93.4  | (27.5) | 7,090,089 | 90     | 94.7  | (28.8) | 5,365,272 | 88     | 91.7  | (25.6) | 2                           | 3.0  |
| 18-19         | 50,079        | 84     | 85.7  | (19.2) | 10,434    | 84     | 85.4  | (15.1) | 39,645    | 84     | 85.8  | (20.2) | 0                           | -0.4 |
| 20-21         | 167,615       | 84     | 85.4  | (18.5) | 55,725    | 84     | 85.7  | (19.7) | 111,890   | 84     | 85.3  | (18.0) | 0                           | 0.4  |
| 22-23         | 326,869       | 84     | 85.7  | (18.3) | 111,568   | 84     | 86.1  | (19.8) | 215,301   | 84     | 85.5  | (17.4) | 0                           | 0.6  |
| 24-25         | 495,402       | 85     | 86.2  | (19.3) | 206,009   | 85     | 87.1  | (19.6) | 289,393   | 84     | 85.5  | (19.0) | 1                           | 1.6  |
| 26-27         | 564,398       | 85     | 86.8  | (19.5) | 321,754   | 86     | 87.8  | (19.8) | 242,644   | 84     | 85.5  | (18.9) | 2                           | 2.3  |
| 28-29         | 617,749       | 86     | 87.8  | (20.4) | 430,135   | 87     | 88.7  | (20.7) | 187,614   | 84     | 85.8  | (19.7) | 3                           | 2.9  |
| 30-31         | 607,008       | 87     | 88.9  | (21.9) | 456,018   | 87     | 89.8  | (22.6) | 150,990   | 85     | 86.3  | (19.1) | 2                           | 3.5  |
| 32-33         | 583,368       | 88     | 89.9  | (23.3) | 453,377   | 88     | 90.7  | (23.9) | 129,991   | 85     | 87.0  | (21.2) | 3                           | 3.7  |
| 34-35         | 540,608       | 88     | 91.0  | (24.0) | 421,081   | 89     | 91.9  | (24.9) | 119,527   | 86     | 87.7  | (20.4) | 3                           | 4.2  |
| 36-37         | 504,017       | 89     | 91.9  | (25.4) | 390,691   | 90     | 93.0  | (26.3) | 113,326   | 86     | 88.3  | (21.6) | 4                           | 4.7  |
| 38-39         | 484,268       | 89     | 92.6  | (26.2) | 370,178   | 90     | 93.8  | (27.3) | 114,090   | 87     | 88.7  | (22.0) | 3                           | 5.1  |
| 40-41         | 761,812       | 89     | 92.6  | (25.8) | 423,900   | 91     | 94.7  | (27.8) | 337,912   | 88     | 89.9  | (22.8) | 3                           | 4.7  |
| 42-43         | 738,803       | 90     | 93.4  | (26.5) | 412,301   | 91     | 95.7  | (28.9) | 326,502   | 88     | 90.4  | (22.6) | 3                           | 5.3  |
| 44-45         | 681,315       | 90     | 94.0  | (27.7) | 370,434   | 92     | 96.6  | (30.5) | 310,881   | 89     | 91.0  | (23.4) | 3                           | 5.7  |
| 46-47         | 624,363       | 91     | 94.7  | (28.2) | 333,754   | 92     | 97.5  | (31.0) | 290,609   | 89     | 91.5  | (24.3) | 3                           | 6.0  |
| 48-49         | 557,533       | 91     | 95.3  | (29.0) | 288,397   | 93     | 98.2  | (31.8) | 269,136   | 89     | 92.2  | (25.2) | 4                           | 6.1  |
| 50-51         | 488,314       | 91     | 96.1  | (29.9) | 250,952   | 93     | 99.1  | (33.1) | 237,362   | 90     | 93.0  | (25.7) | 3                           | 6.1  |
| 52-53         | 436,421       | 92     | 96.9  | (30.4) | 225,353   | 94     | 99.7  | (33.2) | 211,068   | 90     | 94.0  | (26.7) | 4                           | 5.6  |
| 54-55         | 430,571       | 92     | 97.4  | (30.8) | 223,337   | 94     | 99.8  | (33.8) | 207,234   | 91     | 94.7  | (26.9) | 3                           | 5.1  |
| 56-57         | 370,509       | 93     | 97.8  | (31.3) | 186,665   | 94     | 100.3 | (34.4) | 183,844   | 91     | 95.3  | (27.5) | 3                           | 5.0  |
| 58-59         | 327,034       | 93     | 98.3  | (32.1) | 163,686   | 94     | 100.4 | (34.4) | 163,348   | 92     | 96.2  | (29.5) | 2                           | 4.3  |
| 60-61         | 359,246       | 93     | 98.7  | (32.3) | 177,341   | 94     | 100.7 | (34.3) | 181,905   | 92     | 96.7  | (30.2) | 2                           | 3.9  |
| 62-63         | 335,113       | 93     | 99.0  | (32.5) | 161,496   | 94     | 100.8 | (34.4) | 173,617   | 92     | 97.3  | (30.6) | 2                           | 3.5  |
| 64-65         | 298,159       | 93     | 99.2  | (33.3) | 143,642   | 94     | 100.7 | (34.6) | 154,517   | 93     | 97.7  | (31.9) | 1                           | 2.9  |
| 66-67         | 257,825       | 93     | 99.3  | (33.5) | 121,774   | 94     | 100.5 | (34.8) | 136,051   | 93     | 98.2  | (32.2) | 1                           | 2.3  |
| 68-69         | 219,300       | 93     | 99.3  | (33.2) | 102,337   | 94     | 100.2 | (33.9) | 116,963   | 93     | 98.6  | (32.5) | 1                           | 1.7  |
| 70-71         | 170,418       | 94     | 99.8  | (34.1) | 77,587    | 94     | 100.2 | (34.5) | 92,831    | 93     | 99.4  | (33.8) | 1                           | 0.8  |
| 72-73         | 130,783       | 94     | 99.9  | (33.9) | 57,070    | 94     | 100.0 | (34.3) | 73,713    | 94     | 99.9  | (33.5) | 0                           | 0.1  |
| 74-75         | 103,685       | 94     | 100.3 | (33.8) | 44,964    | 94     | 99.9  | (33.8) | 58,721    | 94     | 100.7 | (33.8) | 0                           | -0.8 |
| 76-77         | 75,978        | 94     | 100.8 | (35.4) | 33,083    | 94     | 100.2 | (35.1) | 42,895    | 94     | 101.2 | (35.7) | 0                           | -0.9 |
| 78-79         | 53,483        | 94     | 101.1 | (34.3) | 23,982    | 94     | 100.5 | (33.6) | 29,501    | 95     | 101.6 | (34.8) | -1                          | -1.0 |
| 80-81         | 39,643        | 94     | 101.3 | (35.9) | 17,658    | 94     | 100.8 | (37.1) | 21,985    | 95     | 101.7 | (34.9) | -1                          | -0.9 |
| 82-83         | 24,476        | 95     | 101.6 | (34.7) | 10,905    | 94     | 101.0 | (34.4) | 13,571    | 95     | 102.1 | (34.8) | -1                          | -1.1 |
| 84-85         | 13,780        | 95     | 101.4 | (31.5) | 6,165     | 94     | 100.4 | (31.2) | 7,615     | 95     | 102.3 | (31.7) | -1                          | -1.9 |
| 86-99         | 15,416        | 96     | 102.5 | (34.9) | 6,336     | 95     | 101.3 | (33.8) | 9,080     | 96     | 103.4 | (35.7) | -1                          | -2.0 |

SD, standard deviation.

<sup>a</sup> Concentration in men minus concentration in women.

To convert glucose from mg/dL to mmol/L, multiply by 0.0555.

**Table S4. HRs<sup>a</sup> for death associated with fasting glucose, after adjustment for potential risk factors (Including numerical version of Figure 2).**

| sex           | mg/dL   | Person year | No. of death | ASR <sup>e</sup> | Sex, and age adjusted <sup>b</sup> |                  | Additionally behavioral factors adjusted <sup>c</sup> |                  | Fully adjusted <sup>d</sup> |                  |
|---------------|---------|-------------|--------------|------------------|------------------------------------|------------------|---|------------------|-----------------------------|------------------|
|               |         |             |              |                  | p-value                            | HR (95% CI)      | p-value   | HR (95% CI)      | p-value                     | HR (95% CI)      |
| Men and Women | <65     | 1,192,954   | 5,635        | 2,064            | <0.001                             | 1.31 (1.27-1.34) | <0.001  | 1.26 (1.22-1.29) | <0.001                      | 1.21 (1.18-1.25) |
| Women         | 65-69   | 1,878,971   | 7,503        | 1,871            | <0.001                             | 1.16 (1.14-1.19) | <0.001  | 1.13 (1.10-1.16) | <0.001                      | 1.10 (1.07-1.12) |
|               | 70-74   | 10,458,930  | 39,102       | 1,828            | <0.001                             | 1.11 (1.10-1.13) | <0.001  | 1.09 (1.07-1.10) | <0.001                      | 1.06 (1.05-1.08) |
|               | 75-79   | 14,945,216  | 53,540       | 1,774            | <0.001                             | 1.07 (1.06-1.08) | <0.001  | 1.06 (1.04-1.07) | <0.001                      | 1.04 (1.03-1.05) |
|               | 80-84   | 17,939,000  | 65,942       | 1,697            | <0.001                             | 1.03 (1.02-1.05) | <0.001  | 1.02 (1.01-1.04) | 0.018                       | 1.01 (1.00-1.02) |
|               | 85-89   | 19,978,332  | 76,216       | 1,672            | 0.069                              | 1.01 (1.00-1.02) | 0.294   | 1.01 (1.00-1.02) | 0.782                       | 1.00 (0.99-1.01) |
|               | 90-94   | 18,345,353  | 75,204       | 1,657            |                                    | 1.00 (Reference) |   | 1.00 (Reference) |                             | 1.00 (Reference) |
|               | 95-99   | 14,962,321  | 67,675       | 1,659            | 0.007                              | 1.01 (1.00-1.02) | 0.008   | 1.01 (1.00-1.02) | <0.001                      | 1.02 (1.01-1.03) |
|               | 100-104 | 10,155,341  | 53,854       | 1,717            | <0.001                             | 1.05 (1.04-1.06) | <0.001  | 1.05 (1.04-1.06) | <0.001                      | 1.06 (1.05-1.07) |
|               | 105-109 | 6,827,745   | 42,071       | 1,767            | <0.001                             | 1.10 (1.09-1.11) | <0.001  | 1.10 (1.08-1.11) | <0.001                      | 1.11 (1.10-1.12) |
|               | 110-117 | 5,866,662   | 43,507       | 1,873            | <0.001                             | 1.18 (1.17-1.20) | <0.001  | 1.17 (1.16-1.19) | <0.001                      | 1.19 (1.18-1.21) |
|               | 118-125 | 3,276,325   | 30,093       | 1,964            | <0.001                             | 1.27 (1.25-1.28) | <0.001  | 1.25 (1.23-1.27) | <0.001                      | 1.27 (1.25-1.29) |
|               | 126-139 | 2,001,263   | 21,310       | 2,081            | <0.001                             | 1.36 (1.34-1.38) | <0.001  | 1.34 (1.32-1.36) | <0.001                      | 1.36 (1.34-1.38) |
|               | 140-169 | 1,802,570   | 22,938       | 2,272            | <0.001                             | 1.53 (1.51-1.55) | <0.001  | 1.49 (1.47-1.52) | <0.001                      | 1.52 (1.50-1.54) |
|               | 170-200 | 708,388     | 10,236       | 2,498            | <0.001                             | 1.76 (1.72-1.79) | <0.001  | 1.71 (1.68-1.75) | <0.001                      | 1.75 (1.71-1.79) |
|               | ≥200    | 1,016,125   | 17,563       | 2,978            | <0.001                             | 2.31 (2.27-2.34) | <0.001  | 2.25 (2.21-2.29) | <0.001                      | 2.30 (2.26-2.34) |
| Men           | <65     | 671,180     | 3,920        | 2,771            | <0.001                             | 1.35 (1.31-1.40) | <0.001  | 1.29 (1.25-1.33) | <0.001                      | 1.23 (1.19-1.27) |
|               | 65-69   | 1,025,428   | 5,029        | 2,376            | <0.001                             | 1.18 (1.15-1.21) | <0.001  | 1.13 (1.10-1.17) | <0.001                      | 1.09 (1.06-1.12) |
|               | 70-74   | 5,753,320   | 26,184       | 2,381            | <0.001                             | 1.13 (1.11-1.15) | <0.001  | 1.09 (1.08-1.11) | <0.001                      | 1.06 (1.05-1.08) |
|               | 75-79   | 8,147,381   | 35,271       | 2,307            | <0.001                             | 1.08 (1.07-1.10) | <0.001  | 1.06 (1.04-1.07) | <0.001                      | 1.04 (1.02-1.05) |
|               | 80-84   | 9,566,606   | 42,537       | 2,184            | <0.001                             | 1.04 (1.03-1.05) | <0.001  | 1.03 (1.01-1.04) | 0.121                       | 1.01 (1.00-1.02) |
|               | 85-89   | 10,756,986  | 48,987       | 2,140            | 0.046                              | 1.01 (1.00-1.03) | 0.317   | 1.01 (0.99-1.02) | 0.655                       | 1.00 (0.98-1.01) |
|               | 90-94   | 10,188,727  | 48,506       | 2,117            |                                    | 1.00 (Reference) |   | 1.00 (Reference) |                             | 1.00 (Reference) |
|               | 95-99   | 8,714,867   | 44,012       | 2,101            | 0.430                              | 1.01 (0.99-1.02) | 0.324   | 1.01 (0.99-1.02) | 0.063                       | 1.01 (1.00-1.03) |
|               | 100-104 | 6,165,166   | 35,683       | 2,194            | <0.001                             | 1.04 (1.03-1.06) | <0.001  | 1.05 (1.03-1.06) | <0.001                      | 1.06 (1.04-1.07) |
|               | 105-109 | 4,295,599   | 27,980       | 2,253            | <0.001                             | 1.09 (1.07-1.11) | <0.001  | 1.09 (1.07-1.10) | <0.001                      | 1.11 (1.09-1.12) |
|               | 110-117 | 3,774,615   | 28,958       | 2,368            | <0.001                             | 1.17 (1.15-1.18) | <0.001  | 1.16 (1.15-1.18) | <0.001                      | 1.18 (1.16-1.20) |
|               | 118-125 | 2,136,369   | 20,062       | 2,510            | <0.001                             | 1.26 (1.24-1.28) | <0.001  | 1.25 (1.23-1.27) | <0.001                      | 1.27 (1.25-1.29) |
|               | 126-139 | 1,326,024   | 14,392       | 2,654            | <0.001                             | 1.36 (1.33-1.39) | <0.001  | 1.34 (1.32-1.37) | <0.001                      | 1.37 (1.35-1.40) |
|               | 140-169 | 1,209,792   | 15,741       | 2,905            | <0.001                             | 1.54 (1.51-1.57) | <0.001  | 1.50 (1.47-1.53) | <0.001                      | 1.53 (1.50-1.55) |
|               | 170-200 | 487,727     | 7,088        | 3,115            | <0.001                             | 1.73 (1.69-1.77) | <0.001  | 1.69 (1.64-1.73) | <0.001                      | 1.72 (1.68-1.76) |
|               | ≥200    | 697,032     | 12,207       | 3,702            | <0.001                             | 2.28 (2.24-2.33) | <0.001  | 2.22 (2.17-2.26) | <0.001                      | 2.27 (2.22-2.31) |

| sex   | FSG group,<br>mg/dL | Sex, and age adjusted <sup>b</sup> |              |                  |         | Additionally behavioral factors adjusted <sup>c</sup> |         | Fully adjusted <sup>d</sup> |         |                  |
|-------|---------------------|------------------------------------|--------------|------------------|---------|---|---------|-----------------------------|---------|------------------|
|       |                     | Person year                        | No. of death | ASR <sup>e</sup> | p-value | HR (95% CI)   | p-value | HR (95% CI)                 | p-value |                  |
| Women | <65                 | 521,774                            | 1,715        | 1,358            | <0.001  | 1.21 (1.15-1.27)                                      | <0.001  | 1.18 (1.13-1.24)            | <0.001  | 1.16 (1.11-1.22) |
|       | 65-69               | 853,543                            | 2,474        | 1,367            | <0.001  | 1.14 (1.09-1.18)                                      | <0.001  | 1.12 (1.07-1.17)            | <0.001  | 1.10 (1.06-1.15) |
|       | 70-74               | 4,705,611                          | 12,918       | 1,274            | <0.001  | 1.08 (1.06-1.10)                                      | <0.001  | 1.07 (1.05-1.09)            | <0.001  | 1.06 (1.04-1.08) |
|       | 75-79               | 6,797,835                          | 18,269       | 1,241            | <0.001  | 1.06 (1.04-1.08)                                      | <0.001  | 1.05 (1.03-1.07)            | <0.001  | 1.04 (1.02-1.06) |
|       | 80-84               | 8,372,394                          | 23,405       | 1,210            | 0.002   | 1.03 (1.01-1.05)                                      | 0.008   | 1.02 (1.01-1.04)            | 0.045   | 1.02 (1.00-1.04) |
|       | 85-89               | 9,221,345                          | 27,229       | 1,203            | 0.478   | 1.01 (0.99-1.02)                                      | 0.523   | 1.01 (0.99-1.02)            | 0.717   | 1.00 (0.99-1.02) |
|       | 90-94               | 8,156,627                          | 26,698       | 1,196            |         | 1.00 (Reference)                                      |         | 1.00 (Reference)            |         | 1.00 (Reference) |
|       | 95-99               | 6,247,454                          | 23,663       | 1,218            | 0.002   | 1.03 (1.01-1.05)                                      | 0.004   | 1.03 (1.01-1.04)            | 0.001   | 1.03 (1.01-1.05) |
|       | 100-104             | 3,990,176                          | 18,171       | 1,240            | <0.001  | 1.05 (1.03-1.07)                                      | <0.001  | 1.05 (1.03-1.07)            | <0.001  | 1.05 (1.03-1.07) |
|       | 105-109             | 2,532,146                          | 14,091       | 1,281            | <0.001  | 1.10 (1.08-1.13)                                      | <0.001  | 1.10 (1.08-1.12)            | <0.001  | 1.11 (1.08-1.13) |
|       | 110-117             | 2,092,046                          | 14,549       | 1,378            | <0.001  | 1.19 (1.16-1.21)                                      | <0.001  | 1.18 (1.16-1.20)            | <0.001  | 1.19 (1.17-1.22) |
|       | 118-125             | 1,139,956                          | 10,031       | 1,419            | <0.001  | 1.24 (1.21-1.27)                                      | <0.001  | 1.23 (1.20-1.26)            | <0.001  | 1.25 (1.22-1.28) |
|       | 126-139             | 675,239                            | 6,918        | 1,508            | <0.001  | 1.31 (1.27-1.34)                                      | <0.001  | 1.30 (1.26-1.33)            | <0.001  | 1.31 (1.28-1.35) |
|       | 140-169             | 592,779                            | 7,197        | 1,638            | <0.001  | 1.46 (1.42-1.50)                                      | <0.001  | 1.45 (1.41-1.48)            | <0.001  | 1.46 (1.42-1.50) |
|       | 170-200             | 220,660                            | 3,148        | 1,880            | <0.001  | 1.75 (1.68-1.81)                                      | <0.001  | 1.73 (1.67-1.80)            | <0.001  | 1.76 (1.70-1.83) |
|       | ≥200                | 319,093                            | 5,356        | 2,253            | <0.001  | 2.25 (2.19-2.32)                                      | <0.001  | 2.23 (2.16-2.29)            | <0.001  | 2.27 (2.20-2.33) |

ASR, age standardized death rate per 100,000 person-years; CI, confidence interval; FSG, fasting serum glucose; HR, hazard ratio

<sup>a</sup> HRs were calculated by Cox models stratified by age (baseline age, years: 18-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75-84, 85-99), after adjustment for risk factors.

<sup>b</sup> Adjustment for age at baseline, and sex (if applicable)

<sup>c</sup> Adjustment for age at baseline, sex (if applicable), smoking status, alcohol use, and physical activity.

<sup>d</sup> Adjustment for age at baseline, sex (if applicable), smoking status, alcohol use, physical activity, body mass index, systolic blood pressure, and total cholesterol.

<sup>e</sup> Uniformly age-standardized death rate per 100,000 person-years (namely, the simple mean of calculable age-specific rates in the 14 age-specific rates at ages 18-24 years, and 25-29 years to 85 years or older by 5 years based on attained age during follow-up) was calculated for each FSG category. Several age-specific rates were calculated at each age group, and age-specific rate in the oldest ages at each age group can be very high due to small number of follow-up years. Therefore, death rate at a FSG category can be very high compared to other categories.

To convert glucose from mg/dL to mmol/L, multiply by 0.0555.

**Table S5. HRs<sup>a</sup> for death associated with fasting glucose in men and women, according to age.**

| Age group,<br>years | FSG<br>group,<br>mg/dL | Men<br>(n=7,090,089) |              |                  |         |                  | Women<br>(n=5,365,272) |              |                  |         |                  |
|---------------------|------------------------|----------------------|--------------|------------------|---------|------------------|------------------------|--------------|------------------|---------|------------------|
|                     |                        | Person year          | No. of death | ASR <sup>b</sup> | p-value | HR (95% CI)      | Person year            | No. of death | ASR <sup>b</sup> | p-value | HR (95% CI)      |
|                     |                        |                      |              |                  |         |                  |                        |              |                  |         |                  |
| 18-34               | <65                    | 306,809              | 222          | 70               | 0.093   | 1.13 (0.98-1.29) | 226,074                | 68           | 87               | 0.379   | 1.12 (0.87-1.44) |
|                     | 65-69                  | 459,120              | 284          | 65               | 0.641   | 0.97 (0.86-1.10) | 357,353                | 105          | 30               | 0.440   | 1.09 (0.88-1.34) |
|                     | 70-74                  | 2,510,762            | 1,568        | 72               | 0.689   | 0.99 (0.92-1.05) | 1,846,955              | 568          | 35               | 0.034   | 1.13 (1.01-1.27) |
|                     | 75-79                  | 3,430,299            | 2,082        | 77               | 0.159   | 0.96 (0.90-1.02) | 2,522,360              | 753          | 44               | 0.096   | 1.10 (0.98-1.22) |
|                     | 80-84                  | 3,741,429            | 2,200        | 78               | 0.010   | 0.92 (0.87-0.98) | 2,783,251              | 769          | 41               | 0.836   | 1.01 (0.91-1.13) |
|                     | 85-89                  | 3,932,918            | 2,403        | 71               | 0.149   | 0.96 (0.90-1.02) | 2,727,931              | 808          | 38               | 0.163   | 1.08 (0.97-1.20) |
|                     | 90-94                  | 3,379,961            | 2,167        | 73               |         | 1.00 (Reference) | 2,067,005              | 571          | 33               |         | 1.00 (Reference) |
|                     | 95-99                  | 2,647,841            | 1,658        | 72               | 0.311   | 0.97 (0.91-1.03) | 1,364,378              | 409          | 38               | 0.245   | 1.08 (0.95-1.22) |
|                     | 100-104                | 1,628,404            | 1,104        | 85               | 0.369   | 1.03 (0.96-1.11) | 690,653                | 215          | 31               | 0.212   | 1.11 (0.94-1.29) |
|                     | 105-109                | 1,019,857            | 703          | 91               | 0.441   | 1.03 (0.95-1.13) | 361,706                | 117          | 97               | 0.193   | 1.14 (0.94-1.39) |
|                     | 110-117                | 783,818              | 645          | 97               | <0.001  | 1.21 (1.11-1.32) | 239,403                | 82           | 79               | 0.130   | 1.20 (0.95-1.51) |
|                     | 118-125                | 377,702              | 371          | 69               | <0.001  | 1.41 (1.27-1.58) | 96,713                 | 40           | 37               | 0.028   | 1.43 (1.04-1.98) |
|                     | 126-139                | 199,528              | 194          | 94               | <0.001  | 1.38 (1.19-1.60) | 45,186                 | 18           | 37               | 0.188   | 1.37 (0.86-2.19) |
|                     | 140-169                | 145,001              | 160          | 147              | <0.001  | 1.54 (1.31-1.81) | 31,253                 | 13           | 30               | 0.226   | 1.40 (0.81-2.43) |
|                     | 170-200                | 45,206               | 58           | 81               | <0.001  | 1.77 (1.36-2.30) | 9,405                  | 6            | 76               | 0.074   | 2.08 (0.93-4.66) |
|                     | ≥200                   | 65,853               | 143          | 234              | <0.001  | 3.05 (2.57-3.61) | 15,750                 | 21           | 106              | <0.001  | 4.33 (2.79-6.70) |
| 35-44               | <65                    | 169,590              | 311          | 152              | 0.001   | 1.22 (1.09-1.37) | 104,849                | 102          | 105              | 0.018   | 1.27 (1.04-1.56) |
|                     | 65-69                  | 276,203              | 394          | 193              | 0.444   | 0.96 (0.87-1.06) | 181,763                | 147          | 62               | 0.486   | 1.06 (0.90-1.26) |
|                     | 70-74                  | 1,569,494            | 2,436        | 187              | 0.049   | 1.05 (1.00-1.10) | 1,066,458              | 840          | 96               | 0.405   | 1.04 (0.95-1.13) |
|                     | 75-79                  | 2,303,436            | 3,510        | 165              | 0.102   | 1.04 (0.99-1.08) | 1,582,610              | 1,180        | 83               | 0.632   | 0.98 (0.91-1.06) |
|                     | 80-84                  | 2,768,741            | 4,135        | 183              | 0.323   | 1.02 (0.98-1.07) | 2,000,243              | 1,494        | 87               | 0.429   | 0.97 (0.90-1.04) |
|                     | 85-89                  | 3,187,194            | 4,682        | 179              | 0.816   | 1.00 (0.96-1.05) | 2,232,438              | 1,670        | 97               | 0.337   | 0.97 (0.90-1.04) |
|                     | 90-94                  | 3,099,955            | 4,536        | 163              |         | 1.00 (Reference) | 1,955,557              | 1,537        | 89               |         | 1.00 (Reference) |
|                     | 95-99                  | 2,672,240            | 3,900        | 179              | 0.591   | 0.99 (0.95-1.03) | 1,453,344              | 1,197        | 99               | 0.376   | 1.03 (0.96-1.12) |
|                     | 100-104                | 1,882,498            | 3,117        | 180              | <0.001  | 1.10 (1.05-1.15) | 880,720                | 723          | 99               | 0.781   | 1.01 (0.93-1.11) |
|                     | 105-109                | 1,292,728            | 2,253        | 202              | <0.001  | 1.14 (1.08-1.19) | 514,122                | 446          | 122              | 0.347   | 1.05 (0.95-1.17) |
|                     | 110-117                | 1,092,431            | 2,206        | 252              | <0.001  | 1.28 (1.22-1.35) | 380,449                | 397          | 135              | <0.001  | 1.24 (1.11-1.39) |
|                     | 118-125                | 590,693              | 1,389        | 267              | <0.001  | 1.45 (1.37-1.54) | 176,829                | 204          | 156              | <0.001  | 1.36 (1.17-1.57) |
|                     | 126-139                | 349,425              | 911          | 339              | <0.001  | 1.59 (1.48-1.70) | 88,782                 | 110          | 158              | <0.001  | 1.43 (1.18-1.74) |
|                     | 140-169                | 311,437              | 940          | 358              | <0.001  | 1.80 (1.68-1.93) | 73,018                 | 115          | 207              | <0.001  | 1.79 (1.48-2.16) |
|                     | 170-200                | 124,300              | 435          | 341              | <0.001  | 2.07 (1.88-2.29) | 28,212                 | 36           | 81               | 0.027   | 1.45 (1.04-2.02) |
|                     | ≥200                   | 186,795              | 980          | 576              | <0.001  | 3.11 (2.90-3.33) | 42,988                 | 104          | 308              | <0.001  | 2.78 (2.28-3.40) |
| 45-54               | <65                    | 96,440               | 483          | 630              | <0.001  | 1.24 (1.13-1.36) | 90,617                 | 154          | 211              | 0.026   | 1.20 (1.02-1.41) |

| Age group,<br>years | FSG<br>group,<br>mg/dL | Men<br>(n=7,090,089) |              |                  |                  |                  |             | Women<br>(n=5,365,272) |                  |                  |                  |  |  |
|---------------------|------------------------|----------------------|--------------|------------------|------------------|------------------|-------------|------------------------|------------------|------------------|------------------|--|--|
|                     |                        | Person year          | No. of death | ASR <sup>b</sup> | p-value          | HR (95% CI)      | Person year | No. of death           | ASR <sup>b</sup> | p-value          | HR (95% CI)      |  |  |
|                     |                        |                      |              |                  |                  |                  |             |                        |                  |                  |                  |  |  |
| 65-69               | 149,078                | 699                  | 627          | <0.001           | 1.19 (1.10-1.29) | 156,721          | 228         | 155                    | 0.634            | 1.03 (0.90-1.18) |                  |  |  |
| 70-74               | 885,719                | 3,513                | 520          | 0.190            | 1.03 (0.99-1.07) | 918,594          | 1,408       | 168                    | 0.003            | 1.10 (1.03-1.17) |                  |  |  |
| 75-79               | 1,303,374              | 5,089                | 460          | 0.120            | 1.03 (0.99-1.07) | 1,397,248        | 2,058       | 160                    | 0.039            | 1.06 (1.00-1.12) |                  |  |  |
| 80-84               | 1,635,948              | 6,306                | 484          | 0.109            | 1.03 (0.99-1.06) | 1,843,369        | 2,656       | 214                    | 0.199            | 1.04 (0.98-1.09) |                  |  |  |
| 85-89               | 1,946,425              | 7,298                | 449          | 0.643            | 1.01 (0.98-1.04) | 2,147,481        | 3,027       | 172                    | 0.760            | 1.01 (0.96-1.06) |                  |  |  |
| 90-94               | 1,986,767              | 7,316                | 529          |                  | 1.00 (Reference) | 2,025,160        | 2,848       | 181                    |                  | 1.00 (Reference) |                  |  |  |
| 95-99               | 1,807,390              | 6,872                | 499          | 0.037            | 1.04 (1.00-1.07) | 1,604,444        | 2,346       | 177                    | 0.340            | 1.03 (0.97-1.08) |                  |  |  |
| 100-104             | 1,384,637              | 5,463                | 491          | <0.001           | 1.07 (1.04-1.11) | 1,060,642        | 1,610       | 207                    | 0.118            | 1.05 (0.99-1.12) |                  |  |  |
| 105-109             | 1,016,017              | 4,370                | 572          | <0.001           | 1.16 (1.11-1.20) | 671,636          | 1,162       | 212                    | <0.001           | 1.18 (1.10-1.26) |                  |  |  |
| 110-117             | 945,298                | 4,425                | 568          | <0.001           | 1.24 (1.19-1.29) | 546,410          | 1,024       | 203                    | <0.001           | 1.25 (1.16-1.34) |                  |  |  |
| 118-125             | 551,679                | 2,880                | 636          | <0.001           | 1.35 (1.29-1.41) | 288,293          | 618         | 259                    | <0.001           | 1.41 (1.29-1.54) |                  |  |  |
| 126-139             | 357,630                | 2,108                | 753          | <0.001           | 1.50 (1.43-1.58) | 166,916          | 342         | 190                    | <0.001           | 1.32 (1.18-1.48) |                  |  |  |
| 140-169             | 345,020                | 2,359                | 858          | <0.001           | 1.71 (1.63-1.79) | 142,127          | 336         | 388                    | <0.001           | 1.51 (1.35-1.69) |                  |  |  |
| 170-200             | 148,950                | 1,141                | 1,034        | <0.001           | 1.89 (1.78-2.01) | 54,534           | 158         | 363                    | <0.001           | 1.86 (1.58-2.18) |                  |  |  |
| ≥200                | 218,154                | 2,370                | 1,356        | <0.001           | 2.70 (2.58-2.83) | 82,138           | 373         | 548                    | <0.001           | 2.91 (2.61-3.24) |                  |  |  |
| 55-64               | <65                    | 60,126               | 894          | 1,889            | <0.001           | 1.25 (1.17-1.34) | 58,581      | 294                    | 585              | 0.008            | 1.17 (1.04-1.32) |  |  |
|                     | 65-69                  | 87,952               | 1,197        | 2,124            | <0.001           | 1.18 (1.11-1.25) | 95,019      | 430                    | 770              | 0.196            | 1.07 (0.97-1.18) |  |  |
|                     | 70-74                  | 508,796              | 6,158        | 1,757            | <0.001           | 1.08 (1.05-1.12) | 529,392     | 2,218                  | 763              | 0.262            | 1.03 (0.98-1.08) |  |  |
|                     | 75-79                  | 728,245              | 8,311        | 1,705            | 0.003            | 1.04 (1.01-1.07) | 804,431     | 3,380                  | 693              | 0.091            | 1.04 (0.99-1.08) |  |  |
|                     | 80-84                  | 932,736              | 10,131       | 1,611            | 0.264            | 1.02 (0.99-1.04) | 1,094,876   | 4,532                  | 573              | 0.080            | 1.04 (1.00-1.08) |  |  |
|                     | 85-89                  | 1,112,916            | 11,625       | 1,532            | 0.348            | 0.99 (0.96-1.01) | 1,328,291   | 5,321                  | 609              | 0.812            | 1.00 (0.97-1.04) |  |  |
|                     | 90-94                  | 1,139,320            | 11,838       | 1,523            |                  | 1.00 (Reference) | 1,314,640   | 5,213                  | 632              |                  | 1.00 (Reference) |  |  |
|                     | 95-99                  | 1,059,488            | 11,058       | 1,551            | 0.163            | 1.02 (0.99-1.05) | 1,122,375   | 4,635                  | 646              | 0.065            | 1.04 (1.00-1.08) |  |  |
|                     | 100-104                | 839,922              | 8,964        | 1,665            | <0.001           | 1.05 (1.02-1.08) | 813,453     | 3,454                  | 638              | 0.011            | 1.06 (1.01-1.10) |  |  |
|                     | 105-109                | 639,512              | 7,087        | 1,490            | <0.001           | 1.09 (1.06-1.12) | 575,612     | 2,659                  | 715              | <0.001           | 1.14 (1.09-1.20) |  |  |
|                     | 110-117                | 626,003              | 7,486        | 1,878            | <0.001           | 1.17 (1.13-1.20) | 519,922     | 2,500                  | 702              | <0.001           | 1.17 (1.12-1.23) |  |  |
|                     | 118-125                | 398,717              | 5,285        | 1,833            | <0.001           | 1.28 (1.24-1.33) | 306,926     | 1,635                  | 726              | <0.001           | 1.28 (1.21-1.35) |  |  |
|                     | 126-139                | 269,932              | 3,934        | 1,999            | <0.001           | 1.41 (1.36-1.46) | 194,409     | 1,117                  | 1,015            | <0.001           | 1.38 (1.29-1.47) |  |  |
|                     | 140-169                | 262,647              | 4,395        | 2,454            | <0.001           | 1.61 (1.55-1.66) | 175,620     | 1,134                  | 939              | <0.001           | 1.54 (1.44-1.64) |  |  |
|                     | 170-200                | 112,257              | 2,089        | 2,608            | <0.001           | 1.78 (1.70-1.87) | 65,686      | 531                    | 1,070            | <0.001           | 1.92 (1.75-2.10) |  |  |
|                     | ≥200                   | 154,574              | 3,826        | 3,296            | <0.001           | 2.38 (2.30-2.47) | 94,390      | 1,081                  | 1,664            | <0.001           | 2.70 (2.53-2.88) |  |  |
| 65-74               | <65                    | 32,275               | 1,371        | 5,773            | <0.001           | 1.23 (1.17-1.30) | 33,915      | 634                    | 2,788            | <0.001           | 1.22 (1.12-1.32) |  |  |
|                     | 65-69                  | 43,811               | 1,594        | 5,319            | 0.003            | 1.08 (1.03-1.14) | 51,411      | 868                    | 3,212            | <0.001           | 1.13 (1.06-1.21) |  |  |
|                     | 70-74                  | 233,268              | 8,217        | 5,975            | <0.001           | 1.08 (1.05-1.11) | 283,168     | 4,387                  | 3,296            | 0.001            | 1.06 (1.02-1.10) |  |  |
|                     | 75-79                  | 320,489              | 10,643       | 6,053            | 0.002            | 1.04 (1.02-1.07) | 404,590     | 6,130                  | 2,752            | 0.003            | 1.05 (1.02-1.09) |  |  |

| Age group,<br>years | FSG<br>group,<br>mg/dL | Men<br>(n=7,090,089) |              |                  |                  |                  |             | Women<br>(n=5,365,272) |                  |                  |                  |  |  |
|---------------------|------------------------|----------------------|--------------|------------------|------------------|------------------|-------------|------------------------|------------------|------------------|------------------|--|--|
|                     |                        | Person year          | No. of death | ASR <sup>b</sup> | p-value          | HR (95% CI)      | Person year | No. of death           | ASR <sup>b</sup> | p-value          | HR (95% CI)      |  |  |
| 80-84               | 410,628                | 13,109               | 5,188        | 0.052            | 1.02 (1.00-1.05) | 538,223          | 7,868       | 2,751                  | 0.048            | 1.03 (1.00-1.06) |                  |  |  |
| 85-89               | 484,597                | 15,149               | 5,006        | 0.191            | 1.02 (0.99-1.04) | 650,456          | 9,172       | 2,522                  | 0.908            | 1.00 (0.97-1.03) |                  |  |  |
| 90-94               | 489,806                | 14,769               | 4,623        |                  | 1.00 (Reference) | 658,325          | 9,215       | 2,528                  |                  | 1.00 (Reference) |                  |  |  |
| 95-99               | 444,095                | 13,535               | 5,063        | 0.056            | 1.02 (1.00-1.05) | 578,920          | 8,358       | 2,685                  | 0.065            | 1.03 (1.00-1.06) |                  |  |  |
| 100-104             | 363,336                | 11,224               | 5,776        | <0.001           | 1.05 (1.02-1.07) | 444,396          | 6,704       | 2,657                  | <0.001           | 1.07 (1.04-1.11) |                  |  |  |
| 105-109             | 275,076                | 8,877                | 5,281        | <0.001           | 1.10 (1.07-1.13) | 329,784          | 5,200       | 2,340                  | <0.001           | 1.11 (1.07-1.15) |                  |  |  |
| 110-117             | 274,607                | 9,322                | 5,365        | <0.001           | 1.16 (1.13-1.19) | 323,508          | 5,564       | 2,914                  | <0.001           | 1.21 (1.17-1.25) |                  |  |  |
| 118-125             | 180,539                | 6,517                | 6,620        | <0.001           | 1.23 (1.19-1.27) | 211,542          | 3,853       | 2,961                  | <0.001           | 1.27 (1.22-1.32) |                  |  |  |
| 126-139             | 124,836                | 4,703                | 5,525        | <0.001           | 1.31 (1.26-1.35) | 139,122          | 2,684       | 3,196                  | <0.001           | 1.35 (1.30-1.41) |                  |  |  |
| 140-169             | 121,154                | 5,162                | 6,545        | <0.001           | 1.45 (1.41-1.50) | 131,553          | 2,828       | 3,733                  | <0.001           | 1.50 (1.44-1.56) |                  |  |  |
| 170-200             | 47,681                 | 2,281                | 5,378        | <0.001           | 1.66 (1.58-1.73) | 48,973           | 1,310       | 4,146                  | <0.001           | 1.88 (1.77-1.99) |                  |  |  |
| ≥200                | 60,670                 | 3,505                | 9,283        | <0.001           | 2.05 (1.97-2.12) | 65,743           | 2,141       | 4,975                  | <0.001           | 2.32 (2.21-2.43) |                  |  |  |
| 75-99               | <65                    | 5,941                | 639          | 10,912           | <0.001           | 1.19 (1.10-1.29) | 7,739       | 463                    | 5,708            | 0.307            | 1.05 (0.96-1.15) |  |  |
|                     | 65-69                  | 9,263                | 861          | 9,026            | 0.375            | 1.03 (0.96-1.11) | 11,275      | 696                    | 5,906            | 0.006            | 1.11 (1.03-1.20) |  |  |
|                     | 70-74                  | 45,279               | 4,292        | 9,418            | 0.001            | 1.07 (1.03-1.11) | 61,044      | 3,497                  | 5,471            | 0.040            | 1.04 (1.00-1.09) |  |  |
|                     | 75-79                  | 61,539               | 5,636        | 9,088            | 0.004            | 1.05 (1.02-1.09) | 86,597      | 4,768                  | 5,265            | 0.557            | 1.01 (0.97-1.05) |  |  |
|                     | 80-84                  | 77,124               | 6,656        | 8,476            | 0.355            | 0.98 (0.95-1.02) | 112,432     | 6,086                  | 5,163            | 0.805            | 1.00 (0.96-1.03) |  |  |
|                     | 85-89                  | 92,936               | 7,830        | 8,278            | 0.098            | 0.97 (0.94-1.00) | 134,749     | 7,231                  | 5,087            | 0.882            | 1.00 (0.97-1.04) |  |  |
|                     | 90-94                  | 92,919               | 7,880        | 8,335            |                  | 1.00 (Reference) | 135,939     | 7,314                  | 5,090            |                  | 1.00 (Reference) |  |  |
|                     | 95-99                  | 83,813               | 6,989        | 8,195            | 0.356            | 0.98 (0.95-1.02) | 123,993     | 6,718                  | 5,130            | 0.356            | 1.02 (0.98-1.05) |  |  |
|                     | 100-104                | 66,369               | 5,811        | 8,609            | 0.011            | 1.04 (1.01-1.08) | 100,311     | 5,465                  | 5,154            | 0.299            | 1.02 (0.98-1.06) |  |  |
|                     | 105-109                | 52,411               | 4,690        | 8,823            | <0.001           | 1.08 (1.04-1.12) | 79,286      | 4,507                  | 5,386            | 0.003            | 1.06 (1.02-1.10) |  |  |
|                     | 110-117                | 52,459               | 4,874        | 9,201            | <0.001           | 1.12 (1.08-1.16) | 82,354      | 4,982                  | 5,729            | <0.001           | 1.14 (1.10-1.18) |  |  |
|                     | 118-125                | 37,039               | 3,620        | 9,754            | <0.001           | 1.17 (1.12-1.22) | 59,653      | 3,681                  | 5,830            | <0.001           | 1.16 (1.11-1.20) |  |  |
|                     | 126-139                | 24,674               | 2,542        | 10,184           | <0.001           | 1.26 (1.20-1.31) | 40,823      | 2,647                  | 6,115            | <0.001           | 1.22 (1.16-1.27) |  |  |
|                     | 140-169                | 24,532               | 2,725        | 11,063           | <0.001           | 1.33 (1.27-1.39) | 39,208      | 2,771                  | 6,758            | <0.001           | 1.35 (1.30-1.42) |  |  |
|                     | 170-200                | 9,333                | 1,084        | 11,687           | <0.001           | 1.45 (1.36-1.54) | 13,850      | 1,107                  | 7,713            | <0.001           | 1.56 (1.46-1.66) |  |  |
|                     | ≥200                   | 10,987               | 1,383        | 12,852           | <0.001           | 1.64 (1.54-1.73) | 18,083      | 1,636                  | 8,976            | <0.001           | 1.85 (1.75-1.95) |  |  |

ASR, age standardized death rate per 100,000 person-years; CI, confidence interval; FSG, fasting serum glucose; HR, hazard ratio

<sup>a</sup> HRs were calculated by Cox models stratified by age (baseline age, years: 18-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75-84, 85-99), after adjustment for age at baseline, sex (if applicable), smoking status, alcohol use, physical activity, body mass index, systolic blood pressure, and total cholesterol.

<sup>b</sup> Uniformly age-standardized death rate per 100,000 person-years (namely, the simple mean of calculable age-specific rates in the 14 age-specific rates at ages 18-24 years, and 25-29 years to 85 years or older by 5 years based on attained age during follow-up) was calculated for each FSG category. Several age-specific rates were calculated at each age group, and age-specific rate in the oldest ages at each age group can be very high due to small number of follow-up years. Therefore, death rate at a FSG category can be very high compared to other categories.

To convert glucose from mg/dL to mmol/L, multiply by 0.0555.

**Table S6. HRs<sup>a</sup> for death associated with four categories of fasting glucose**

| Age group, | FSG group, | ADA classification |                  |         |                  |         |                  | WHO classification |               |                  |
|------------|------------|--------------------|------------------|---------|------------------|---------|------------------|--------------------|---------------|------------------|
|            |            | Men and women      |                  | Men     |                  | Women   |                  | FSG group,         | Men and women |                  |
| years      | mg/dL      | p-value            | HR (95% CI)      | p-value | HR (95% CI)      | p-value | HR (95% CI)      | mg/dL              | p-value       | HR (95% CI)      |
| 18-99      | <70        | <0.001             | 1.12 (1.11-1.14) | <0.001  | 1.13 (1.11-1.16) | <0.001  | 1.10 (1.07-1.14) | <70                | <0.001        | 1.11 (1.09-1.13) |
| all ages   | 70-99      |                    | 1.00 (Reference) |         | 1.00 (Reference) |         | 1.00 (Reference) | 70-109             |               | 1.00 (Reference) |
| combined   | 100-125    | <0.001             | 1.12 (1.11-1.13) | <0.001  | 1.12 (1.11-1.12) | <0.001  | 1.11 (1.10-1.12) | 110-125            | <0.001        | 1.19 (1.18-1.20) |
|            | ≥126       | <0.001             | 1.60 (1.59-1.61) | <0.001  | 1.61 (1.59-1.62) | <0.001  | 1.54 (1.52-1.57) | ≥126               | <0.001        | 1.58 (1.57-1.59) |
| 18-34      | <70        | 0.102              | 1.07 (0.99-1.15) | 0.120   | 1.07 (0.98-1.17) | 0.675   | 1.03 (0.89-1.20) | <70                | 0.145         | 1.06 (0.98-1.14) |
|            | 70-99      |                    | 1.00 (Reference) |         | 1.00 (Reference) |         | 1.00 (Reference) | 70-109             |               | 1.00 (Reference) |
|            | 100-125    | <0.001             | 1.14 (1.10-1.18) | <0.001  | 1.15 (1.10-1.20) | 0.103   | 1.08 (0.98-1.20) | 110-125            | <0.001        | 1.30 (1.22-1.38) |
|            | ≥126       | <0.001             | 1.77 (1.63-1.92) | <0.001  | 1.77 (1.63-1.93) | <0.001  | 1.81 (1.39-2.35) | ≥126               | <0.001        | 1.76 (1.62-1.91) |
| 35-44      | <70        | 0.029              | 1.07 (1.01-1.15) | 0.235   | 1.05 (0.97-1.13) | 0.032   | 1.15 (1.01-1.30) | <70                | 0.079         | 1.06 (0.99-1.13) |
|            | 70-99      |                    | 1.00 (Reference) |         | 1.00 (Reference) |         | 1.00 (Reference) | 70-109             |               | 1.00 (Reference) |
|            | 100-125    | <0.001             | 1.17 (1.14-1.20) | <0.001  | 1.18 (1.15-1.21) | <0.001  | 1.11 (1.05-1.17) | 110-125            | <0.001        | 1.30 (1.26-1.34) |
|            | ≥126       | <0.001             | 1.96 (1.90-2.03) | <0.001  | 1.98 (1.91-2.06) | <0.001  | 1.80 (1.62-2.00) | ≥126               | <0.001        | 1.93 (1.87-2.00) |
| 45-54      | <70        | <0.001             | 1.16 (1.10-1.22) | <0.001  | 1.19 (1.12-1.26) | 0.238   | 1.06 (0.96-1.18) | <70                | <0.001        | 1.14 (1.08-1.20) |
|            | 70-99      |                    | 1.00 (Reference) |         | 1.00 (Reference) |         | 1.00 (Reference) | 70-109             |               | 1.00 (Reference) |
|            | 100-125    | <0.001             | 1.15 (1.13-1.17) | <0.001  | 1.15 (1.13-1.17) | <0.001  | 1.13 (1.10-1.17) | 110-125            | <0.001        | 1.24 (1.21-1.27) |
|            | ≥126       | <0.001             | 1.82 (1.78-1.86) | <0.001  | 1.84 (1.79-1.88) | <0.001  | 1.69 (1.59-1.79) | ≥126               | <0.001        | 1.79 (1.75-1.83) |
| 55-64      | <70        | <0.001             | 1.16 (1.12-1.20) | <0.001  | 1.19 (1.14-1.24) | 0.033   | 1.08 (1.01-1.17) | <70                | <0.001        | 1.15 (1.11-1.19) |
|            | 70-99      |                    | 1.00 (Reference) |         | 1.00 (Reference) |         | 1.00 (Reference) | 70-109             |               | 1.00 (Reference) |
|            | 100-125    | <0.001             | 1.11 (1.10-1.12) | <0.001  | 1.11 (1.09-1.12) | <0.001  | 1.11 (1.09-1.14) | 110-125            | <0.001        | 1.18 (1.16-1.20) |
|            | ≥126       | <0.001             | 1.69 (1.66-1.72) | <0.001  | 1.68 (1.65-1.71) | <0.001  | 1.70 (1.64-1.76) | ≥126               | <0.001        | 1.67 (1.64-1.70) |
| 65-74      | <70        | <0.001             | 1.13 (1.10-1.16) | <0.001  | 1.12 (1.08-1.16) | <0.001  | 1.14 (1.08-1.20) | <70                | <0.001        | 1.12 (1.09-1.15) |
|            | 70-99      |                    | 1.00 (Reference) |         | 1.00 (Reference) |         | 1.00 (Reference) | 70-109             |               | 1.00 (Reference) |
|            | 100-125    | <0.001             | 1.10 (1.09-1.12) | <0.001  | 1.09 (1.08-1.11) | <0.001  | 1.12 (1.10-1.14) | 110-125            | <0.001        | 1.17 (1.15-1.18) |
|            | ≥126       | <0.001             | 1.53 (1.51-1.55) | <0.001  | 1.49 (1.46-1.52) | <0.001  | 1.59 (1.56-1.63) | ≥126               | <0.001        | 1.52 (1.49-1.54) |
| 75-99      | <70        | <0.001             | 1.09 (1.05-1.13) | 0.001   | 1.09 (1.03-1.15) | 0.011   | 1.08 (1.02-1.14) | <70                | <0.001        | 1.08 (1.04-1.12) |
|            | 70-99      |                    | 1.00 (Reference) |         | 1.00 (Reference) |         | 1.00 (Reference) | 70-109             |               | 1.00 (Reference) |
|            | 100-125    | <0.001             | 1.08 (1.07-1.10) | <0.001  | 1.09 (1.07-1.11) | <0.001  | 1.08 (1.06-1.09) | 110-125            | <0.001        | 1.13 (1.11-1.15) |
|            | ≥126       | <0.001             | 1.38 (1.36-1.40) | <0.001  | 1.36 (1.33-1.39) | <0.001  | 1.39 (1.36-1.43) | ≥126               | <0.001        | 1.37 (1.34-1.39) |

ADA, American Diabetes Association; CI, confidence interval; FSG, fasting serum glucose; HR, hazard ratio

<sup>a</sup> HRs were calculated by Cox models stratified by age (baseline age, years: 18-24, 25-34, 35-44, 45-54, 55-64, 65-74, 75-84, 85-99), after adjustment for age at baseline, sex (if applicable), smoking status, alcohol use, physical activity, body mass index, systolic blood pressure, and total cholesterol.

To convert glucose from mg/dL to mmol/L, multiply by 0.0555.