

Supplementary data

Table 2. Screened patients and patients excluded from participating in outpatient surgery at both hospital

	Vejle Hospital	Hvidovre Hospital	p-value
Included in outpatient surgery, n (%) ^a	94 (45)	208 (60)	
Excluded from outpatient surgery, n (%) ^a	115 (55)	140 (40)	< 0.001
ASA > 3, n (%) ^b	43 (37)	74 (53)	0.01
Selected n (%) ^b	15 (13)	7 (5)	0.02
Third in the operating room, n (%) ^b	44 (38)	47 (34)	0.4
Sleep apnea requiring treatment, n (%) ^b	4 (3)	7 (5)	0.5
Other, n (%) ^b	9 (8)	5 (4)	0.1
Total screened, n	209	348	

^a Percentage of all screened patients.

^b Percentage of excluded patients.

Table 3. Reasons for not being discharged on DOS, for THA and TKA patients. Values are number of patients (percentage) not fulfilling the specific discharge criterion

Discharge criteria	THA	TKA
< 500 mL intraoperative blood loss	23 (27)	2 (3)
Back in patient ward before 3 p.m.	19 (22)	8 (13)
Received instruction from physiotherapist and is safely mobilized	51 (59)	34 (54)
No clinical symptoms of anemia	14 (16)	9 (14)
Pain < 3 while resting, < 5 during exercise.	24 (28)	12 (19)
Spontaneous urination	2 (2)	3 (5)
Postoperative radiograph is performed and approved	19 (22)	13 (21)
Motivated and accepts same-day discharge ^a	65 (76)	37 (59)
Standard discharge criteria fulfilled ^b	75 (87)	50 (79)

^a No patients were not discharged due to lack of motivation alone.

^b Standard discharge criteria were: ability to get dressed independently, ability to get in and out of bed, ability to sit and rise from a chair/toilet, independence in personal care, mobilization with walker/crutches, and ability to walk > 70 m with crutches.