

APPENDIX

TABLE A1 Questions and Weights Given to Each Response

Questions	Response categories	Weights given to each response
1. Do you have any full-time or part-time maid in your house to help you?	No	1
	Yes, part-time	2
	Yes, full-time	3
2. Mostly who does the following household activities? <ul style="list-style-type: none"> • Sweeping and swabbing • Utensils cleaning • Cooking • Washing 	Done by women	1
	Done by women with others	2
	Done by others	3
3. How much time do you devote to watching television during a normal day?	< 1 h/day	1
	1–2 h/day	2
	> 2 h/day	3

TABLE A2 Distribution of Sedentary Lifestyle Index Along with Scores, Mean, *SD*, and Cut-Off Points of Indices

Levels of sedentary lifestyle	Score range (6–17)	Percentage of women	Number of women
Low	6–8	44.6	145
Medium	9–12	33.5	109
High	13–17	21.8	71
Mean	9.96		
<i>SD</i>	3.02		

TABLE A3 Calculation of Weight

Categories of sample	Sample in NFHS-2 Urban Delhi N	Proportion of NFHS-2 Urban Delhi P1	Sample selected for follow-up survey n1	Proportion of sample selected for follow-up survey P2	Sample found in follow-up survey n2	Response rate R	Probability of selection from sample P3	Joint probability (with response rate) JP	Weight (1/JP) Wt1	Normalized weight (Wt1 × n/N) Wt
Normal	1117	0.613736	217	0.364706	113	0.520737	0.194270	0.101164	9.884956	1.830346
Overweight	500	0.274725	227	0.381513	124	0.546256	0.454000	0.248000	4.032258	0.746632
Obese	203	0.111538	151	0.253782	100	0.662252	0.743842	0.492611	2.030000	0.375885
Total	1820	1.00	595	1.00	337	—	—	—	—	—