## S8 Table. Mean posterior estimates for key parameters of the spatially explicit demogenetic model.

Forward expansion parameters	Mean posterior estimate	95% credible interval
Carrying capacity of the Northern zone, $K_N^a$	558	62-1,334
Carrying capacity of the Central zone, $K_C^a$	826	134-1,417
Carrying capacity of the Southern zone, $K_S^a$	24	4–177
Intrinsic growth rate, r	0.468	0.452-9.60
Intrinsic stepwise migration rate, m	0.0262	0.0039-0.2150
Elevational threshold (meters) b	607	36–1,360

<sup>&</sup>lt;sup>a</sup> Carrying capacities are given as the number of diploid individuals per hectare.

<sup>&</sup>lt;sup>b</sup> The elevational threshold is a parameter separating two different trends of the gene flow relative to the topography.