

Soy Improves Cardiometabolic Health and Cecal Microbiota in Female Low-Fit Rats

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Supplementary Table 1. Bacterial phyla, families, and genera of fecal samples of ovariectomized (OVX) vs. sham-operated (SHM) rats bred for low aerobic capacity fed either a soy-rich (Soy) or soy-free (Control) diet. Values are least-squared means \pm SEM, n = 8-10/group. Means in a row without a common superscript letter differ, $P < 0.05$.

| Phylum | Family | Genus | Soy | | Control | | P values | | |
|-------------------|--------------------------------|------------------------------|--|---|--|---|-----------------|-----------------|--------------|
| | | | OVX | SHM | OVX | SHM | Diet | Surgery | Diet*Surgery |
| Firmicutes | | | 65.0 \pm 1.75 | 63.7 \pm 1.75 | 67.8 \pm 1.96 | 71.3 \pm 1.75 | <0.01 | 0.54 | 0.20 |
| | <i>Undefined Clostridiales</i> | <i>Undefined</i> | 21.9 \pm 2.04 | 27.9 \pm 2.04 | 28.6 \pm 2.28 | 29.5 \pm 2.04 | 0.05 | 0.11 | 0.24 |
| | <i>Ruminococcaceae</i> | | 18.9 \pm 1.44 | 16.5 \pm 1.44 | 16.8 \pm 1.61 | 16.2 \pm 1.44 | 0.42 | 0.32 | 0.57 |
| | | <i>Undefined</i> | 6.95 \pm 0.55 | 6.90 \pm 0.55 | 6.06 \pm 0.61 | 5.70 \pm 0.55 | 0.07 | 0.72 | 0.77 |
| | | <i>Oscillospira</i> | 6.13 \pm 0.76 | 6.18 \pm 0.76 | 7.19 \pm 0.85 | 6.50 \pm 0.76 | 0.38 | 0.68 | 0.64 |
| | | <i>Ruminococcus</i> | 5.78 \pm 0.72 | 3.42 \pm 0.72 | 3.53 \pm 0.80 | 3.96 \pm 0.72 | 0.26 | 0.20 | 0.07 |
| | <i>Lactobacillaceae</i> | <i>Lactobacillus</i> | 10.9 \pm 2.77 | 6.46 \pm 2.77 | 8.24 \pm 3.10 | 8.88 \pm 2.77 | 0.43 | 0.40 | 0.67 |
| | <i>Lachnospiraceae</i> | | 5.86 \pm 0.80 | 6.26 \pm 0.80 | 5.56 \pm 0.90 | 4.30 \pm 0.80 | 0.18 | 0.60 | 0.32 |
| | | <i>Undefined</i> | 2.62 \pm 0.48 | 4.15 \pm 0.48 | 1.99 \pm 0.54 | 1.74 \pm 0.48 | <0.01 | 0.21 | 0.08 |
| | | <i>Anaerostipes</i> | 0.03 \pm 0.01 | 0.05 \pm 0.01 | 0.08 \pm 0.01 | 0.07 \pm 0.01 | <0.01 | 0.50 | 0.14 |
| | | <i>Coprococcus</i> | 1.91 \pm 0.51 | 0.75 \pm 0.51 | 2.43 \pm 0.57 | 1.72 \pm 0.51 | 0.16 | 0.08 | 0.67 |
| | | <i>Dorea</i> | 0.13 \pm 0.03^{ab} | 0.30 \pm 0.03^a | 0.07 \pm 0.04^b | 0.06 \pm 0.03^b | <0.01 | 0.03 | 0.02 |
| | | <i>Roseburia</i> | 0.01 \pm 0.01 | 0.01 \pm 0.01 | 0.04 \pm 0.01 | 0.03 \pm 0.01 | <0.01 | 0.90 | 0.46 |
| | | [<i>Ruminococcus</i>] | 1.16 \pm 0.19 | 0.99 \pm 0.19 | 0.96 \pm 0.21 | 0.68 \pm 0.19 | 0.20 | 0.28 | 0.78 |
| | <i>Veillonellaceae</i> | | 2.44 \pm 0.19 | 1.99 \pm 0.19 | 2.24 \pm 0.22 | 1.95 \pm 0.19 | 0.55 | 0.07 | 0.67 |
| | | <i>Undefined</i> | 1.88 \pm 0.23 | 1.56 \pm 0.23 | 2.11 \pm 0.25 | 1.91 \pm 0.23 | 0.22 | 0.28 | 0.78 |
| | | <i>Anaerovibrio</i> | 0.30 \pm 0.05 | 0.12 \pm 0.05 | 0.09 \pm 0.06 | 0.03 \pm 0.05 | <0.01 | 0.02 | 0.27 |
| | | <i>Phascolarctobacterium</i> | 0.06 \pm 0.10 | 0.30 \pm 0.10 | 0.00 \pm 0.11 | 0.00 \pm 0.10 | 0.09 | 0.25 | 0.26 |
| | | <i>Veillonella</i> | 0.21 \pm 0.10 | 0.01 \pm 0.10 | 0.04 \pm 0.12 | 0.01 \pm 0.10 | 0.45 | 0.29 | 0.45 |
| | <i>Clostridiaceae</i> | | 2.20 \pm 1.08 | 2.32 \pm 1.08 | 3.50 \pm 1.21 | 6.94 \pm 1.08 | 0.01 | 0.12 | 0.15 |
| | | <i>Undefined</i> | 0.64 \pm 0.36^b | 0.12 \pm 0.36^b | 0.87 \pm 0.40^{ab} | 2.33 \pm 0.36^a | <0.01 | 0.22 | 0.01 |
| | | <i>Clostridium</i> | 0.76 \pm 0.33 | 0.04 \pm 0.33 | 0.57 \pm 0.37 | 0.01 \pm 0.33 | 0.74 | 0.07 | 0.80 |
| | | <i>SMB53</i> | 0.80 \pm 0.67 | 2.17 \pm 0.67 | 2.06 \pm 0.75 | 4.60 \pm 0.67 | 0.01 | <0.01 | 0.40 |
| | <i>Streptococcaceae</i> | <i>Streptococcus</i> | 0.94 \pm 0.21 | 0.89 \pm 0.21 | 0.53 \pm 0.24 | 0.29 \pm 0.21 | 0.02 | 0.21 | 0.77 |

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|-----------------------|--------------------------------|------------------------|--------------------------------|--------------------------------|--------------------------------|---------------------------------|-----------------|-----------------|-----------------|
| | <i>[Mogibacteriaceae]</i> | <i>Undefined</i> | 0.88 ± 0.25 | 0.66 ± 0.25 | 0.79 ± 0.28 | 1.30 ± 0.25 | 0.30 | 0.59 | 0.17 |
| | <i>Turicibacteraceae</i> | <i>Turicibacter</i> | 0.41 ± 0.13 | 0.28 ± 0.13 | 0.34 ± 0.15 | 0.56 ± 0.13 | 0.43 | 0.74 | 0.20 |
| | <i>Enterococcaceae</i> | <i>Enterococcus</i> | 0.25 ± 0.12 | 0.00 ± 0.12 | 0.00 ± 0.14 | 0.00 ± 0.12 | 0.35 | 0.35 | 0.35 |
| | <i>Peptococcaceae</i> | | 0.22 ± 0.04 | 0.32 ± 0.04 | 0.22 ± 0.04 | 0.28 ± 0.04 | 0.61 | 0.07 | 0.63 |
| | | <i>Undefined</i> | 0.11 ± 0.03 | 0.16 ± 0.03 | 0.15 ± 0.03 | 0.21 ± 0.03 | 0.13 | 0.05 | 0.93 |
| | | rc4-4 | 0.11 ± 0.03 | 0.16 ± 0.03 | 0.07 ± 0.03 | 0.07 ± 0.03 | 0.02 | 0.47 | 0.41 |
| | <i>Peptostreptococcaceae</i> | <i>Undefined</i> | 0.14 ± 0.26 | 0.20 ± 0.26 | 0.80 ± 0.30 | 0.49 ± 0.26 | 0.09 | 0.66 | 0.49 |
| | <i>Erysipelotrichaceae</i> | <i>Allobaculum</i> | 0.04 ± 0.22 | 0.01 ± 0.22 | 0.26 ± 0.25 | 0.59 ± 0.22 | 0.09 | 0.51 | 0.42 |
| Bacteroidetes | | | 25.3 ± 1.61 | 25.5 ± 1.61 | 14.95 ± 1.80 | 14.6 ± 1.61 | <0.01 | 0.95 | 0.86 |
| | <i>Prevotellaceae</i> | | 14.3 ± 1.52 | 14.7 ± 1.52 | 4.05 ± 1.70 | 3.46 ± 1.52 | <0.01 | 0.95 | 0.75 |
| | | <i>Undefined</i> | 0.15 ± 0.03 | 0.08 ± 0.03 | 0.00 ± 0.03 | 0.00 ± 0.03 | <0.01 | 0.22 | 0.24 |
| | | <i>Prevotella</i> | 14.1 ± 1.51 | 14.6 ± 1.51 | 4.05 ± 1.69 | 3.45 ± 1.51 | <0.01 | 0.97 | 0.74 |
| | <i>S24-7</i> | <i>Undefined</i> | 7.07 ± 0.48 | 8.85 ± 0.48 | 7.39 ± 0.54 | 8.34 ± 0.48 | 0.85 | <0.01 | 0.41 |
| | <i>[Paraprevotellaceae]</i> | | 2.23 ± 0.25 | 1.05 ± 0.25 | 1.26 ± 0.28 | 1.09 ± 0.25 | 0.09 | 0.01 | 0.06 |
| | | <i>CF231</i> | 0.20 ± 0.06 | 0.16 ± 0.06 | 0.43 ± 0.07 | 0.43 ± 0.06 | <0.01 | 0.77 | 0.84 |
| | | <i>Paraprevotella</i> | 0.77 ± 0.20 | 0.00 ± 0.20 | 0.00 ± 0.23 | 0.00 ± 0.20 | 0.08 | 0.08 | 0.08 |
| | | <i>[Prevotella]</i> | 1.26 ± 0.23 | 0.88 ± 0.23 | 0.83 ± 0.26 | 0.66 ± 0.23 | 0.17 | 0.26 | 0.64 |
| | <i>Bacteroidaceae</i> | <i>Bacteroides</i> | 0.97 ± 0.33 | 0.55 ± 0.33 | 1.26 ± 0.37 | 0.44 ± 0.33 | 0.80 | 0.08 | 0.57 |
| | <i>Undefined Bacteroidales</i> | <i>Undefined</i> | 0.47 ± 0.10^b | 0.11 ± 0.10^b | 0.66 ± 0.11^a | 0.90 ± 0.10^a | <0.01 | 0.56 | <0.01 |
| | <i>Rikenellaceae</i> | <i>Undefined</i> | 0.23 ± 0.03 | 0.22 ± 0.03 | 0.25 ± 0.04 | 0.25 ± 0.03 | 0.53 | 0.89 | 0.89 |
| | <i>[Odoribacteraceae]</i> | <i>Butyricimonas</i> | 0.04 ± 0.02 | 0.03 ± 0.02 | 0.08 ± 0.02 | 0.07 ± 0.02 | 0.04 | 0.76 | 0.99 |
| Proteobacteria | | | 7.53 ± 0.96^b | 11.0 ± 0.96^b | 14.7 ± 1.07^a | 8.84 ± 0.96^{ab} | <0.01 | 0.23 | 0.02 |
| | <i>Helicobacteraceae</i> | | 5.61 ± 0.91 | 6.56 ± 0.91 | 8.85 ± 1.01 | 7.59 ± 0.91 | 0.03 | 0.87 | 0.25 |
| | | <i>Undefined</i> | 0.25 ± 0.04 | 0.30 ± 0.04 | 0.41 ± 0.05 | 0.35 ± 0.04 | 0.03 | 0.88 | 0.26 |
| | | <i>Flexispira</i> | 0.18 ± 0.03 | 0.22 ± 0.03 | 0.29 ± 0.04 | 0.27 ± 0.03 | 0.03 | 0.78 | 0.39 |
| | | <i>Helicobacter</i> | 5.18 ± 0.83 | 6.05 ± 0.83 | 8.16 ± 0.93 | 6.97 ± 0.83 | 0.03 | 0.86 | 0.24 |
| | <i>Desulfovibrionaceae</i> | | 1.44 ± 0.57 | 2.18 ± 0.58 | 4.99 ± 0.64 | 3.40 ± 0.58 | <0.01 | 0.48 | 0.06 |
| | | <i>Undefined</i> | 1.28 ± 0.54 | 1.95 ± 0.54 | 4.60 ± 0.60 | 3.08 ± 0.54 | <0.01 | 0.45 | 0.06 |
| | | <i>Desulfovibrio</i> | 0.16 ± 0.06 | 0.23 ± 0.06 | 0.39 ± 0.06 | 0.32 ± 0.06 | <0.01 | 0.95 | 0.22 |
| | <i>Alcaligenaceae</i> | <i>Sutterella</i> | 0.37 ± 0.17 | 0.05 ± 0.17 | 0.05 ± 0.19 | 0.00 ± 0.17 | 0.31 | 0.30 | 0.45 |
| | <i>Enterobacteriaceae</i> | <i>Undefined</i> | 0.09 ± 0.33 | 0.04 ± 0.33 | 0.8 ± 0.37 | 0.00 ± 0.33 | 0.32 | 0.22 | 0.28 |
| | <i>Pasteurellaceae</i> | <i>Aggregatibacter</i> | 0.02 ± 0.01 | 0.01 ± 0.01 | 0.02 ± 0.01 | 0.00 ± 0.01 | 0.57 | 0.02 | 0.98 |
| Cyanobacteria | <i>Undefined YS2</i> | <i>Undefined</i> | 0.81 ± 0.13 | 0.88 ± 0.13 | 0.49 ± 0.15 | 0.34 ± 0.13 | <0.01 | 0.78 | 0.42 |
| Actinobacteria | | | 0.67 ± 0.34 | 0.22 ± 0.34 | 0.79 ± 0.38 | 1.60 ± 0.34 | <0.01 | 0.44 | 0.06 |
| | <i>Bifidobacteriaceae</i> | <i>Bifidobacterium</i> | 0.52 ± 0.34 | 0.00 ± 0.34 | 0.45 ± 0.38 | 1.3 ± 0.34 | 0.09 | 0.63 | 0.06 |

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|----------------------|---------------------------------|-------------------------|--------------------|--------------------|--------------------|--------------------|-----------------|-------------|-------------|
| | <i>Coriobacteriaceae</i> | | 0.14 ± 0.03 | 0.21 ± 0.03 | 0.33 ± 0.04 | 0.29 ± 0.03 | <0.01 | 0.72 | 0.12 |
| | | <i>Undefined</i> | 0.06 ± 0.02 | 0.08 ± 0.02 | 0.14 ± 0.02 | 0.09 ± 0.02 | 0.01 | 0.59 | 0.11 |
| | | <i>Adlercreutzia</i> | 0.09 ± 0.03 | 0.13 ± 0.03 | 0.19 ± 0.03 | 0.19 ± 0.03 | <0.01 | 0.49 | 0.50 |
| | <i>Micrococcaceae</i> | <i>Rothia</i> | 0.01 ± 0.00 | 0.01 ± 0.00 | 0.01 ± 0.00 | 0.01 ± 0.00 | 0.12 | 0.96 | 0.47 |
| Spirochaetes | <i>Spirochaetaceae</i> | <i>Treponema</i> | 0.50 ± 0.11 | 0.45 ± 0.11 | 0.88 ± 0.13 | 0.73 ± 0.11 | <0.01 | 0.39 | 0.66 |
| Deferribacteres | <i>Deferribacteraceae</i> | <i>Mucispirillum</i> | 0.09 ± 0.04 | 0.11 ± 0.04 | 0.18 ± 0.05 | 0.16 ± 0.04 | 0.10 | 0.98 | 0.58 |
| Elusimicrobia | <i>Elusimicrobiaceae</i> | <i>Undefined</i> | 0.10 ± 0.02 | 0.05 ± 0.02 | 0.03 ± 0.02 | 0.01 ± 0.02 | <0.01 | 0.10 | 0.49 |
| Verrucomicrobia | <i>Verrucomicrobiaceae</i> | <i>Akkermansia</i> | 0.00 ± 0.09 | 0.16 ± 0.09 | 0.08 ± 0.10 | 0.28 ± 0.09 | 0.06 | 0.27 | 0.85 |
| TM7 | <i>F16</i> | <i>Undefined</i> | 0.04 ± 0.01 | 0.02 ± 0.01 | 0.04 ± 0.01 | 0.03 ± 0.01 | 0.70 | 0.12 | 0.71 |
| Tenericutes | <i>Undefined RF39</i> | <i>Undefined</i> | 0.01 ± 0.02 | 0.04 ± 0.02 | 0.01 ± 0.02 | 0.01 ± 0.02 | 0.29 | 0.32 | 0.67 |