

Long-Term Chamomile Therapy of Generalized Anxiety Disorder

Expectation for Therapeutic Effects (ETE)

Patient Initials: Patient # - Visit #: - Date: / /

Chamomile:

Each individual may have a different expectation for the effects of chamomile. If we use the following sentences to describe **your expectation** of **chamomile's** effect on your **anxiety** after the entire course of herbal therapy, how much do you **agree**?

For each statement, please pick the closest the answer by filling in the circle:

	Not at all Agree	A Little Agree	Moderately Agree	Mostly Agree	Completely Agree
1. My anxiety will improve a lot.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. I will be able to cope with my anxiety better.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. The symptoms of my anxiety will disappear.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. My energy level will increase.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>