

| | Quality assessment items | | | | | | | | | | Total |
|-----------------------------|--------------------------|----|----|----|----|----|----|----|----|-----|--------------|
| | #1 | #2 | #3 | #4 | #5 | #6 | #7 | #8 | #9 | #10 | |
| Anttalainen et al., 2014 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 7 |
| Babson et al., 2015 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 3 |
| Bauer et al., 2012 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 1 | 1 | 0 | 5 |
| Chen et al., 2015 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 3 |
| Filion et al., 2015 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 8 |
| Fox et al., 2012 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 8 |
| Freeman et al., 2015 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 9 |
| Ho et al., 2014 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 8 |
| Jernelov et al., 2012 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 9 |
| Koffel et al., 2016 | 0 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 8 |
| Lichstein et al., 2013 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 8 |
| McCurry et al., 2016 | 1 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 1 | 1 | 6 |
| Mendelson et al., 2014 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 9 |
| Stremler et al., 2006 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 8 |
| van Dron-gelen et al., 2014 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 9 |
| Vuletic et al., 2016 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 8 |