# **Supplementary Material 1: Interacting Learning Processes during Skill Acquisition: Learning to control with gradually changing system dynamics**

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#### **S1 APPENDIX**

#### **Numeric reward**

Equation 1 describes the instantaneous reward, where  $s_x$  and  $s_\theta$  denote the state variables for the cart position and pole angle and  $F$  denotes the applied force. These variables were normalized using the constraints to the range [0, 1] by dividing by the maximum position (5m), pole angle (60 $\degree$ ) or force (4N) respectively. Multiplication with the time-discretization constant  $\Delta t$  makes sure that the reward provided per second does not depend on the discretization, i.e.  $r(s_x, s_{\theta}, F)$  describes the reward per timediscretization step. The remaining terms keep the reward per second between 0 and 10. The reward function takes the maximum value if the cart is in the centre  $(s_x = 0)$ , the pole is vertical  $(s_\theta = 0)$  and no force  $(F = 0)$  is applied.

$$
r(s_x, s_{\theta}, F) = \frac{10}{3} \left( 3 - \frac{|s_x|}{5} - \frac{|s_{\theta}|}{60} - \frac{|F|}{4} \right) \Delta t \tag{1}
$$

#### **Reward per second**

The cumulative reward was continuously updated and provided throughout each trial (number in the cart, see **Fig1** A in the main text), allowing subjects to infer the current reward per second and to improve further after being confident in balancing. Additionally, subjects were explicitly aware of the factors influencing the received reward per second. Thus, we analysed the average reward per second (**S1 Appendix Fig 1**) in order to examine whether subjects tried to optimize the provided numeric reward. We found that subjects in condition GG received more reward per second at the beginning (first 5 minutes, Wilcoxon rank sum, **p<0.001, median: GG=8.19, CG=7.77**) but approached, towards the end of the experiment, about the same amount of reward as subjects in condition CG (last 5 minutes, Wilcoxon rank sum, **p=0.81, median: GG=7.89, CG=7.95**). Regression analysis using a linear mixedeffects model was conducted to examine the effect of group and time on the reward per second. Although both factors and their interaction reached significance (all **p<0.001**), the reward per second did not change significantly over time (**p=0.09**) for subjects in condition CG, indicating that the numeric reward signal is not used by the subjects to optimize behaviour. Fitting the model to the last 45 minutes did not reveal any significant factors (all **p>0.1**). Hence, the initially higher reward per second observed for subjects in condition GG is potentially an artefact of slower state changes due to the low gravity.



**S1 Appendix Fig 1. Average course of reward per second over the course of the experiment.** The reward per second ranges from zero to ten points. Even though the average reward per second is slightly higher in condition GG, the difference reaches significance only at the very beginning of the experiment. The shaded areas indicate the inter-subject-variability  $(\pm 1 \text{ SEM})$ . The black dashed line indicates the time at which all subjects in condition GG have reached maximum gravity ( $g_{max}=3.5$ m/s<sup>2</sup>) latest. For the purpose of illustration, the curves were smoothed over time.

### **S1 FIGURE**



**S1 Fig 2. The time T<sub>0</sub> as function of the gravity.** (A) The time T<sub>0</sub> as function of the gravity is the trial length in the case that no input force is applied to the cart. The distribution of  $T_0$  been determined by simulating the cart-pole system for each gravity step 1000 times with random initial pole angle. Each simulation yields one sample of T<sub>0</sub>. The red line indicates the mode of fitted shifted-gamma distributions (see B). (B, C) The distribution of  $T_0$  can be well described by a shifted gamma distribution (here exemplified for g<sub>0</sub>=1.0m/s<sup>2</sup>). (B) Empirical histogram  $\hat{f}$  and (C) cumulative histogram  $\hat{F}$  of the observed  $T_0$ 's in comparison to the theoretical probability density function f and cumulative density function  $F$  of the fitted shifted-gamma distribution.

**S2 FIGURE** 



**S2 Fig 3. Removing the influence of learning on the relation between the action timing and trial length.** (A) Action timing as function of the trial length (T) and time in the experiment before normalization (coloured surface). The average action timing across all trial length bins within each time bin is illustrated as red mesh. (B) Subtraction cancels out the influence of learning on the relation between the action timing and trial length. Averaging across time bins yields Figure 6a of the main text. For the purpose of illustration, the surfaces were smoothed.