

Multidimensional Assessment of Parenting Scale (MAPS)

Parent Version

Child's Name/ID _____	Child Sex: (Circle One)	Female / Male
Parent's Name/ID _____	Child Date of Birth (mm/dd/yyyy)	___ / ___ / ___
Relationship to Child _____	Today's Date (mm/dd/yyyy)	___ / ___ / ___
Child's Age: _____	Child's Grade	_____

Instructions:

Parents have different ways of trying to raise their children. Please read each statement and rate how much each one best describes your parenting during the **past two months** with the child indicated above.

	Never	Almost Never	Sometimes	Often	Always
1. I express affection by hugging, kissing, and holding my child.	1	2	3	4	5
2. If my child whines or complains when I take away a privilege, I will give it back	1	2	3	4	5
3. I am afraid that disciplining my child for misbehavior will cause her/him to not like me.	1	2	3	4	5
4. I argue with my child.	1	2	3	4	5
5. I use threats as punishment with little or no justification.	1	2	3	4	5
6. The punishment I give my child depends on my mood.	1	2	3	4	5
7. I have warm and intimate times together with my child.	1	2	3	4	5
8. I yell or shout when my child misbehaves	1	2	3	4	5
9. My child talks me out of punishing him/her after he/she has done something wrong	1	2	3	4	5
10. I show respect for my child's opinions by encouraging him/her to express them.	1	2	3	4	5
11. If my child does his/her chores, I will recognize his/her behavior in some manner.	1	2	3	4	5
12. I let my child out of a punishment early (like lift restrictions earlier than I originally said).	1	2	3	4	5
13. I explode in anger toward my child.	1	2	3	4	5
14. I spank my child with my hand when he/she has done something wrong.	1	2	3	4	5
15. I give reasons for my requests (such as "We must leave in five minutes, so it's time to clean up.")	1	2	3	4	5

	Never	Almost Never	Sometimes	Often	Always
16. I lose my temper when my child doesn't do something I ask him/her to do.	1	2	3	4	5
17. I encourage my child to talk about her/his troubles.	1	2	3	4	5
18. If I give my child a request and she/he carries out the request, I praise her/him for listening and complying.	1	2	3	4	5
19. I warn my child before a change of activity is required (such as a five-minute warning before leaving the house in the morning).	1	2	3	4	5
20. If my child gets upset when I say "No," I back down and give in to her/him.	1	2	3	4	5
21. My child and I hug and/or kiss each other.	1	2	3	4	5
22. I listen to my child's ideas and opinions.	1	2	3	4	5
23. I feel that getting my child to obey is more trouble than it's worth.	1	2	3	4	5
24. I spank my child when I am extremely angry.	1	2	3	4	5
25. I use physical punishment as a way of disciplining my child.	1	2	3	4	5
26. If my child cleans his room, I will tell him/her how proud I am.	1	2	3	4	5
27. I give in to my child when she/he causes a commotion about something.	1	2	3	4	5
28. I tell my child my expectations regarding behavior before my child engages in an activity.	1	2	3	4	5
29. When I am upset or under stress, I am picky and on my child's back.	1	2	3	4	5
30. I tell my child that I like it when he/she helps out around the house.	1	2	3	4	5
31. I use physical punishment (for example, spanking) to discipline my child because other things I have tried have not worked.	1	2	3	4	5
32. I provide my child with a brief explanation when I discipline his/her misbehavior.	1	2	3	4	5
33. I avoid struggles with my child by giving clear choices.	1	2	3	4	5
34. When my child misbehaves, I let him know what will happen if she/he doesn't behave.	1	2	3	4	5

MAPS scoring

Proactive Parenting: MAPS_PP=MEAN(MAPS_15, MAPS_19, MAPS_28, MAPS_32, MAPS_33, MAPS_34).

Positive Reinforcement: MAPS_PR=MEAN(MAPS_11, MAPS_18, MAPS_26, MAPS_30).

Warmth: MAPS_WM=MEAN(MAPS_1, MAPS_7, MAPS_21).

Supportiveness: MAPS_SP=MEAN(MAPS_10, MAPS_17, MAPS_22).

Hostility: MAPS_HS=MEAN(MAPS_4, MAPS_5, MAPS_6, MAPS_8, MAPS_13, MAPS_16, MAPS_29).

Lax Control: MAPS_LC=MEAN(MAPS_2, MAPS_3, MAPS_9, MAPS_12, MAPS_20, MAPS_23, MAPS_27).

Physical Control: MAPS_PC=MEAN(MAPS_14, MAPS_24, MAPS_25, MAPS_31).

Broadband Positive Parenting: MAPS_POS=MEAN(MAPS_PP, MAPS_PR, MAPS_WM, MAPS_SP).

Broadband Negative Parenting: MAPS_NEG=MEAN(MAPS_HS, MAPS_LC, MAPS_PC).