

Supplemental Information

Supplementary Table 1. Urinary and adipose tissue catecholamines in *Tph1*^{+/+} and *Tph1*^{-/-} mice fed a high-fat diet for 8 weeks.

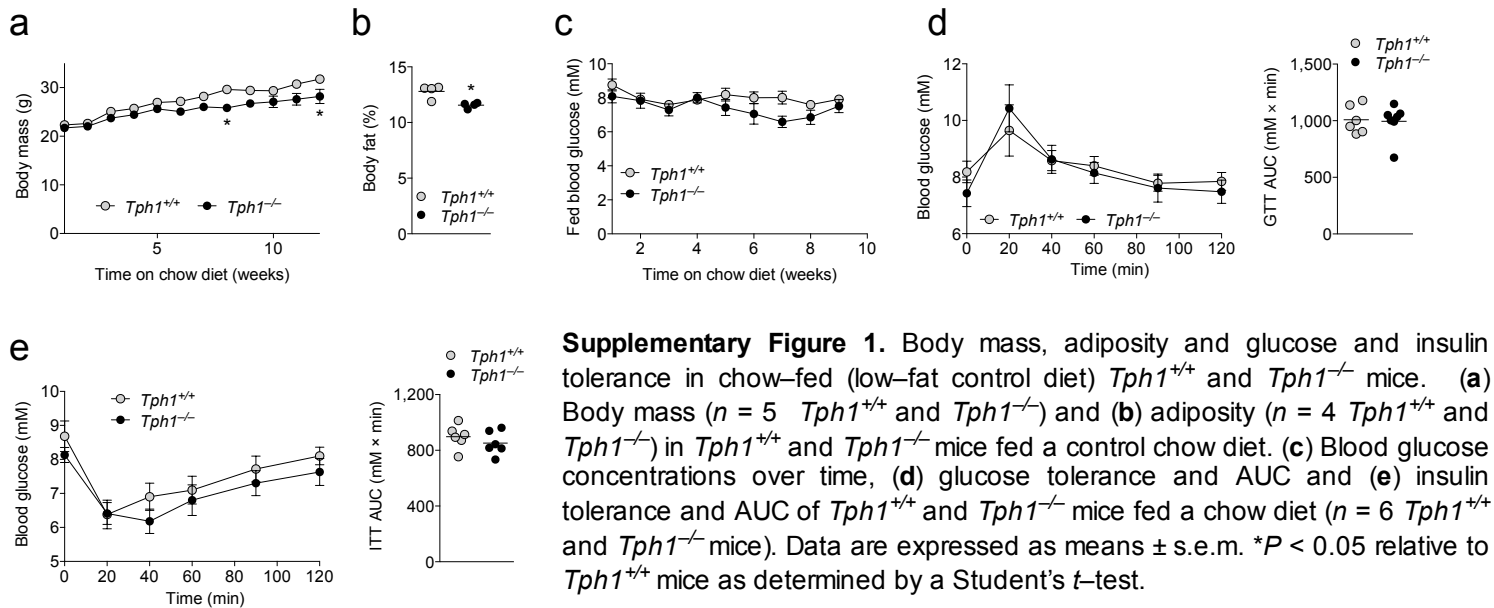
Analyte	<i>Tph1</i> ^{+/+}			<i>Tph1</i> ^{-/-}		
	Urine (ng/ml)	eWAT (pg/mg)	iBAT (pg/mg)	Urine (ng/ml)	eWAT (pg/mg)	iBAT (pg/mg)
Epinephrine	29.7 ± 3.95	113±8.6	170±9.8	16.4 ± 3.37*	106±4.7	286±78
Norepinephrine	174 ± 4.8	8.7±2.0	18.6±1.0	170 ± 3.3	8.5±2.0	18.6±0.9
Dopamine	306 ± 7.8	1.5±0.5	12.1±0.7	270 ± 4.2*	1.4±0.4	15.4±2.8

Data are expressed as means ± s.e.m. $n = 6$. * $P < 0.05$ versus *Tph1*^{+/+} as determined using a Student's t -test. A Welch's t -test was used for the iBAT epinephrine analyses.

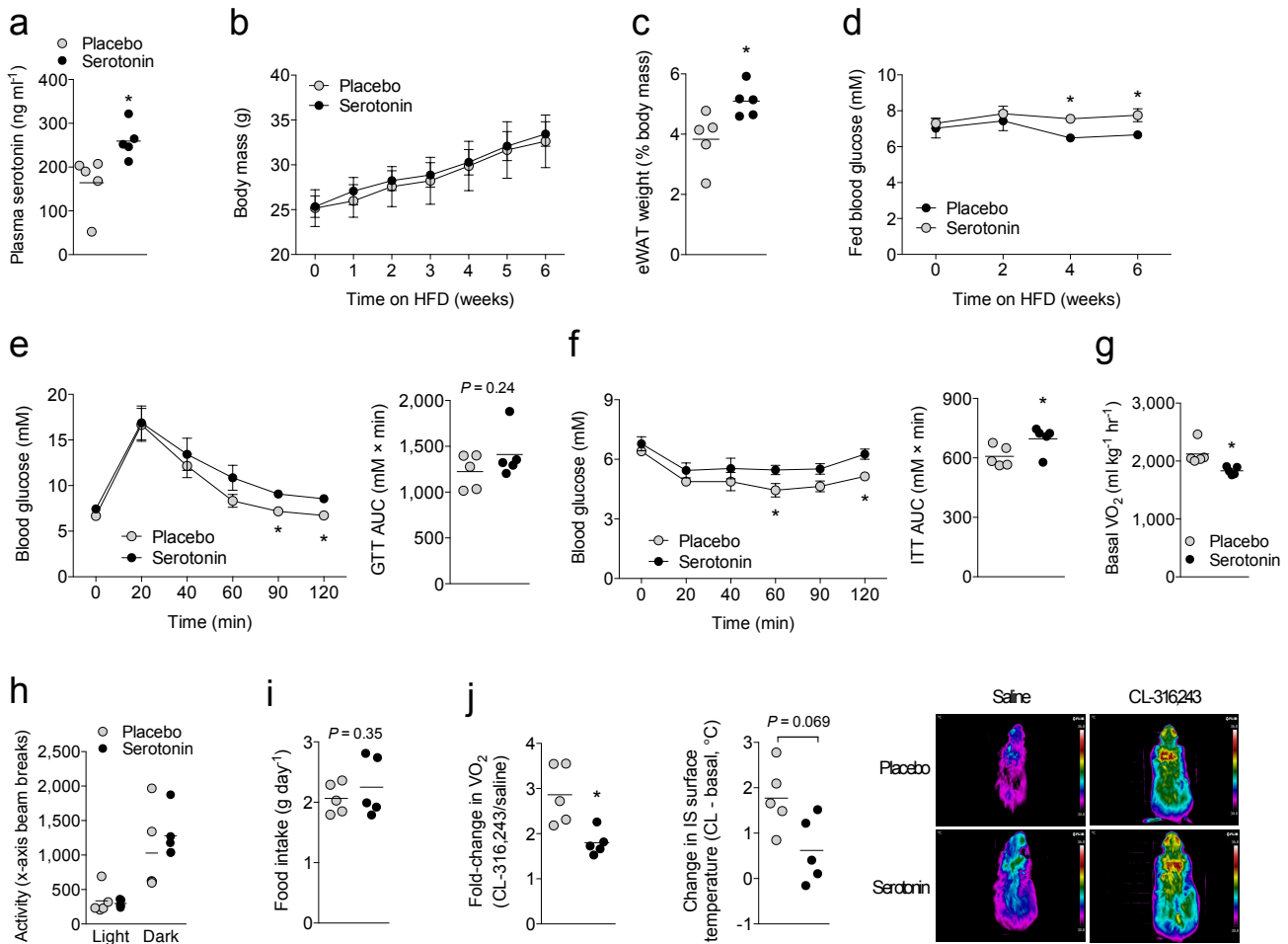
Supplementary Table 2. Tissue weights of HFD-fed C57Bl6 mice treated with vehicle or LP533401 for 10 weeks.

Tissue	Vehicle	LP533401	P -value
Heart	172 ± 4.03	153 ± 10.6	0.06
Spleen	116 ± 5.56	147 ± 23.3	0.45
Retroperitoneal Fat Pad	442 ± 30.5	265 ± 29.9*	0.002
Inguinal Fat Pad	183 ± 21.5	117 ± 16*	0.04
Epididymal Fat Pad	2075 ± 160	1157 ± 121*	0.001

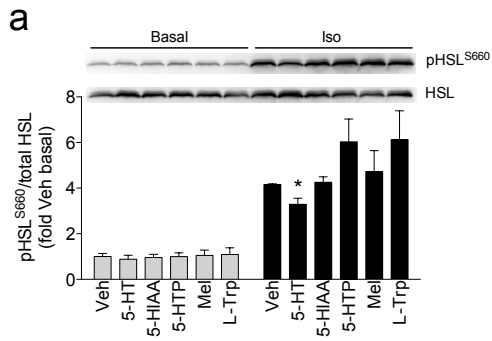
Tissue weights are in milligrams. Data are expressed as means ± s.e.m. $n = 9$ vehicle and $n = 8$ LP533401 treated. P -value was determined using a Student's t -test, except for heart and spleen weight, which required a Welch's t -test.



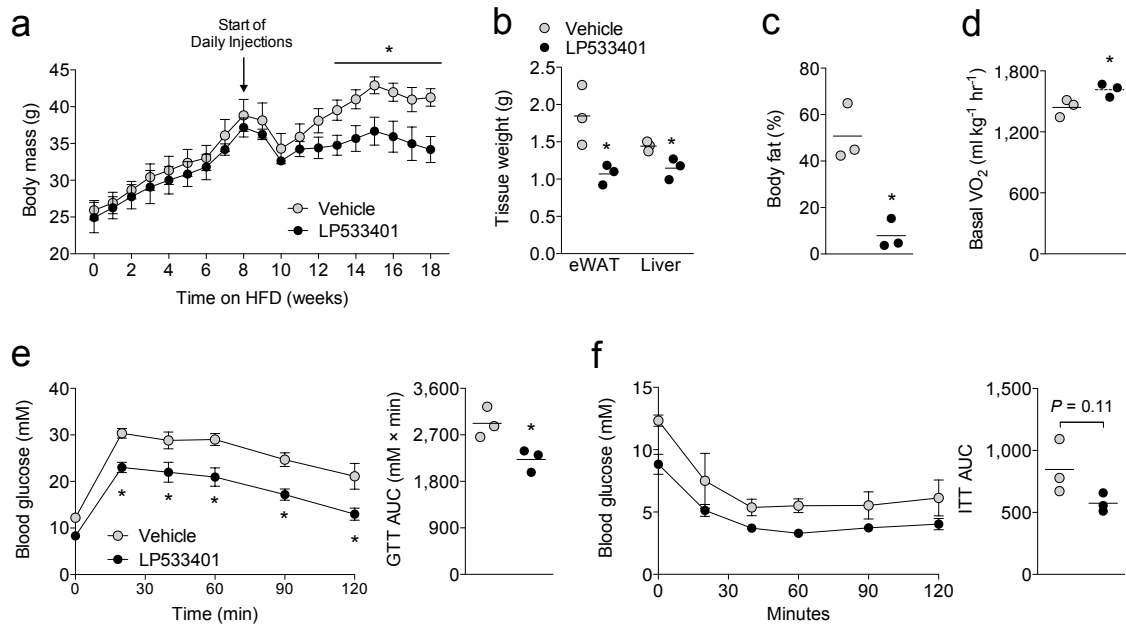
Supplementary Figure 1. Body mass, adiposity and glucose and insulin tolerance in chow-fed (low-fat control diet) *Tph1*^{+/+} and *Tph1*^{-/-} mice. **(a)** Body mass ($n = 5$ *Tph1*^{+/+} and *Tph1*^{-/-}) and **(b)** adiposity ($n = 4$ *Tph1*^{+/+} and *Tph1*^{-/-}) in *Tph1*^{+/+} and *Tph1*^{-/-} mice fed a control chow diet. **(c)** Blood glucose concentrations over time, **(d)** glucose tolerance and AUC and **(e)** insulin tolerance and AUC of *Tph1*^{+/+} and *Tph1*^{-/-} mice fed a chow diet ($n = 6$ *Tph1*^{+/+} and *Tph1*^{-/-} mice). Data are expressed as means \pm s.e.m. * $P < 0.05$ relative to *Tph1*^{+/+} mice as determined by a Student's t -test.



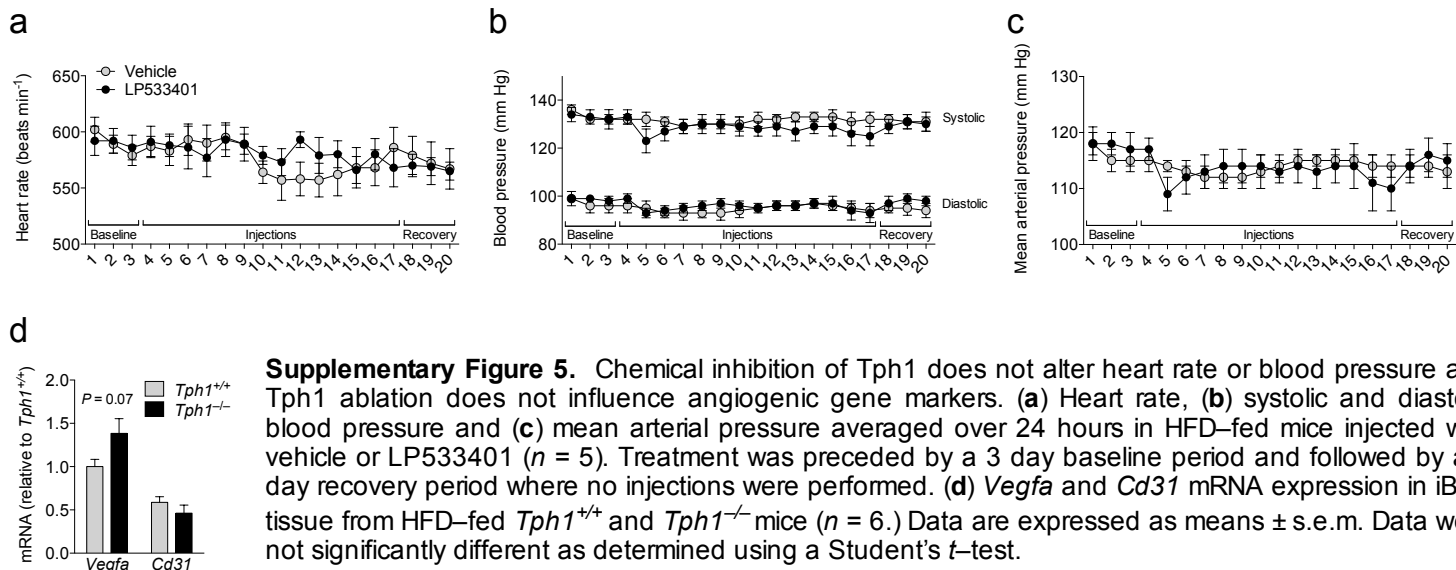
Supplementary Figure 2. Replacement of serotonin in *Tph1*^{-/-} mice increases adiposity, reduces glucose tolerance and insulin sensitivity and suppresses basal metabolic rate and UCP1 mediated thermogenesis. **(a)** Plasma serotonin in HFD-fed *Tph1*^{-/-} mice implanted with subcutaneous 60-day slow release placebo or serotonin (0.5 mg) producing pellet ($n = 5$). **(b)** Body mass, **(c)** eWAT mass, **(d)** fed blood glucose over time, **(e)** glucose tolerance and **(f)** insulin sensitivity in HFD-fed *Tph1*^{-/-} mice implanted with a subcutaneous placebo or serotonin pellet ($n = 5$). **(g)** Basal oxygen consumption, **(h)** cage activity and **(i)** food intake in HFD-fed *Tph1*^{-/-} mice implanted with subcutaneous placebo or serotonin producing pellet ($n = 5$). **(j)** Change in oxygen uptake (left) and dorsal interscapular surface temperature (right) of HFD-fed *Tph1*^{-/-} mice implanted with subcutaneous placebo or serotonin pellets following acute injection with saline or the β 3-adrenergic activator CL-316,243 ($n = 5$, representative thermal images at far right). Data are expressed as means \pm s.e.m. * $P < 0.05$ relative to placebo pellet mice as determined by a Student's *t*-test.



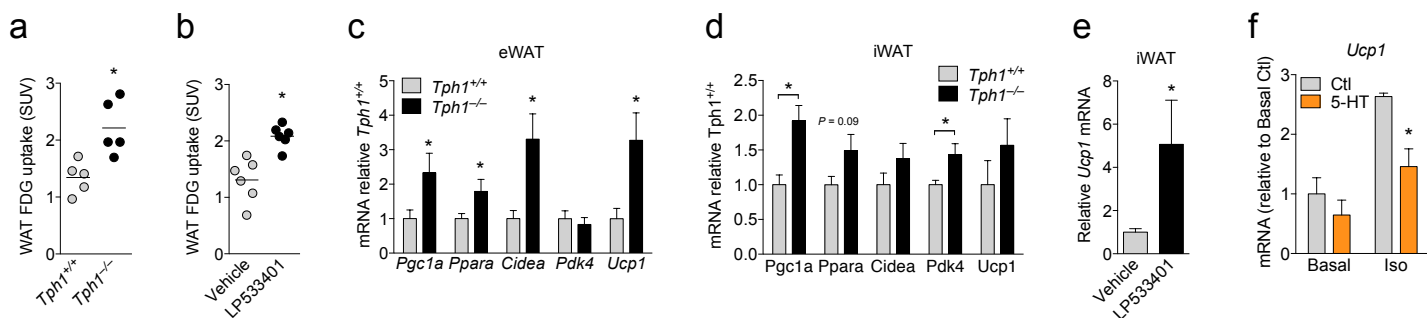
Supplementary Figure 3. Serotonin precursors and end products do not inhibit PKA signaling in BAT cells. **(a)** HSL phosphorylation (S660) in differentiated brown adipocytes treated with and without isoproterenol following treatment with serotonin related metabolites ($n = 3$ experiments). Data are expressed as means \pm s.e.m. * $P < 0.05$ versus corresponding vehicle condition as determined using a Student's t -test. 5-HT, 5-hydroxytryptamine; 5-HIAA, 5-hydroxyindoleacetic acid; 5-HTP, 5-hydroxytryptophan; Mel, melatonin; L-try, L-tryptophan.



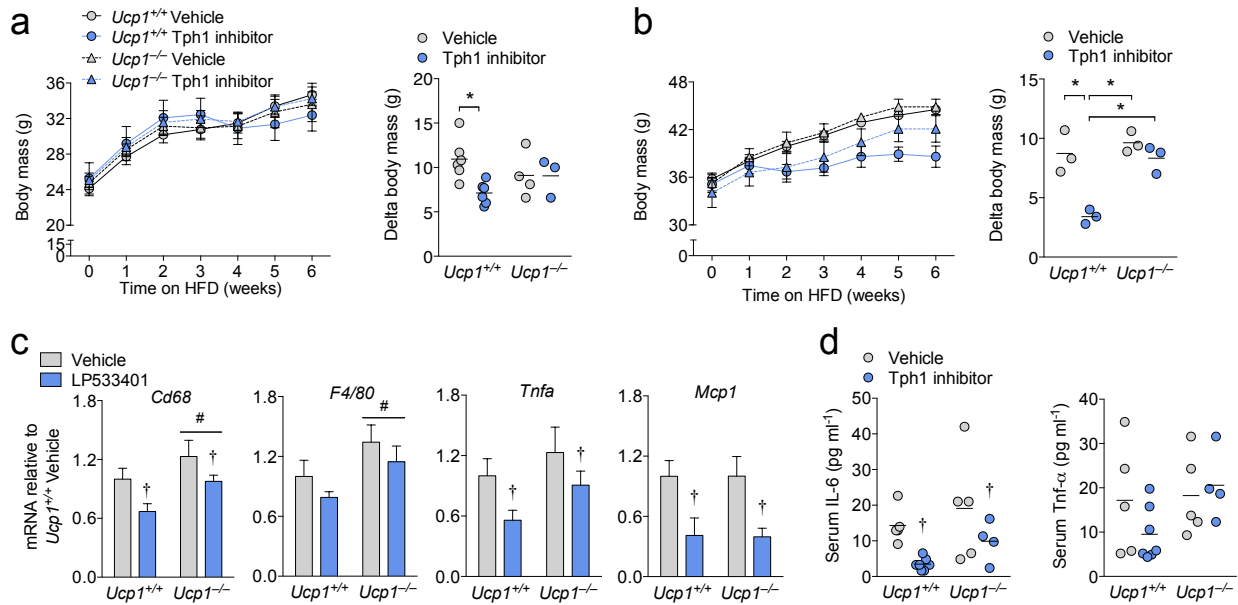
Supplementary Figure 4. Reversal of obesity and dysglycemia with chemical inhibition of Tph1. **(a)** Body mass over time, **(b)** eWAT pad and liver weights, **(c)** % body fat, and **(d)** basal oxygen consumption (during an absence of cage movement) in C57Bl6 mice fed a HFD for 8 wks before being treated with vehicle or LP533401 for 10 wks ($n = 3$ Vehicle and LP533401 treated). **(e)** Glucose tolerance and **(f)** insulin sensitivity of C57Bl6 mice fed a HFD for 8 weeks before being treated with vehicle or LP533401 for 10 weeks ($n = 3$ Vehicle and LP533401 treated). Data are expressed as means \pm s.e.m. * $P < 0.05$ versus vehicle as determined using a Student's t -test.



Supplementary Figure 5. Chemical inhibition of Tph1 does not alter heart rate or blood pressure and Tph1 ablation does not influence angiogenic gene markers. **(a)** Heart rate, **(b)** systolic and diastolic blood pressure and **(c)** mean arterial pressure averaged over 24 hours in HFD-fed mice injected with vehicle or LP533401 ($n = 5$). Treatment was preceded by a 3 day baseline period and followed by a 3 day recovery period where no injections were performed. **(d)** *Vegfa* and *Cd31* mRNA expression in iBAT tissue from HFD-fed *Tph1*^{+/+} and *Tph1*^{-/-} mice ($n = 6$.) Data are expressed as means \pm s.e.m. Data were not significantly different as determined using a Student's *t*-test.



Supplementary Figure 6. Beige adipose tissue markers in HFD-fed LP533401 or vehicle treated mice. FDG uptake into WAT of HFD-fed (a) *Tph1*^{+/+} and *Tph1*^{-/-} mice ($n = 5$) and (b) vehicle and LP533401 treated C57Bl6 mice ($n = 6$ per treatment). Gene expression of brown adipose markers in (c) eWAT and (d) iWAT depots of HFD-fed *Tph1*^{+/+} and *Tph1*^{-/-} mice ($n = 8$ *Tph1*^{+/+} and *Tph1*^{-/-}). (e) *Ucp1* mRNA expression from HFD-fed mice treated with vehicle or LP533401 ($n = 8$ for vehicle and LP533401) and in (f) control and isoproterenol-stimulated differentiated inguinal stromal vascular cells ($n = 4$ per treatment). 5-HT, 5-hydroxytryptamine. Data are expressed as means \pm s.e.m. * $P < 0.05$ versus corresponding *Tph1*^{+/+}, vehicle or control condition as determined using a Student's *t*-test.



Supplementary Figure 7. Body mass over time in HFD-fed *Ucp1*^{+/+} and *Ucp1*^{-/-} mice treated with a chemical Tph1 inhibitor. Weekly body weights (left) and the increase in body mass after 6 weeks of HFD (right) in (a) cohort 1 and (b) cohort 2 of *Ucp1*^{+/+} and *Ucp1*^{-/-} mice injected with vehicle or LP533401. Cohort 1: $n = 6$ for *Ucp1*^{+/+} vehicle and LP533401, $n = 4$ for *Ucp1*^{-/-} vehicle and $n = 3$ for *Ucp1*^{-/-} LP533401; cohort 2: ($n = 3$ for all groups). (c) Inflammatory gene expression in eWAT of *Ucp1*^{+/+} and *Ucp1*^{-/-} mice injected with vehicle or LP533401 ($n = 9$ for *Ucp1*^{+/+} vehicle and LP533401, $n = 7$ for *Ucp1*^{-/-} vehicle and $n = 6$ for *Ucp1*^{-/-} LP533401). (d) Serum IL-6 and Tnf- α of *Ucp1*^{+/+} and *Ucp1*^{-/-} mice injected with vehicle or LP533401 ($n = 5$ for *Ucp1*^{+/+} vehicle, $n = 7$ for *Ucp1*^{+/+} LP533401, $n = 5$ for *Ucp1*^{-/-} vehicle and $n = 4$ for *Ucp1*^{-/-} LP533401). Data are expressed as means \pm s.e.m. * $P < 0.05$ compared to vehicle, † $P < 0.05$ as a main effect of LP533401 treatment and # $P < 0.05$ relative to *Ucp1*^{+/+} as determined using a 2-way ANOVA.