

**Table 3: Risk Factors for Nutritional Rickets and Osteomalacia [2][3]**

<i>Maternal Factors</i>	<i>Infant/Childhood Factors</i>
<b>Vitamin D deficiency</b>	<b>Neonatal vitamin D deficiency secondary to maternal deficiency / Vitamin D deficiency</b>
Dark skin pigmentation	Lack of infant supplementation with vitamin D
Full body clothing cover	Prolonged breastfeeding without appropriate complementary feeding from 6 months
High latitude during winter/spring season	High latitude during winter/spring season
Other causes of restricted sun (UVB) exposure, e.g. predominant indoor-living, disability, pollution, cloud cover	Dark skin pigmentation and/or restricted sun (UVB) exposure, e.g. predominant indoor-living, disability, pollution, cloud cover
Low Vitamin D diet	Low Vitamin D diet
<b>Low Calcium Diet</b>	<b>Low Calcium Diet</b>
Poverty, malnutrition, special diets	Poverty, malnutrition, special diets