

FAMILY / ANCESTOR FORM

Biological Rhythms Research Lab
Rush University Medical Center

Name _____ Date _____
Month / Day / Year

We are interested in learning about the body clock (circadian clock) of people from all the different ethnic and racial backgrounds. In order to make sure we have people from a variety of different ethnic and racial groups, we need to ask you some questions about your background. We will also be asking questions about the race/ethnicity of your parents and grandparents. Feel free to call your relatives for help. If necessary, you will be able to take this form home to get more information.

1. Where were you born?

A. City _____ Don't know _____

B. State _____ Don't know _____

C. Country _____ Don't know _____

2. Please put check marks by your race/ethnicity (check **ALL** that apply).

Please circle the word or words in the descriptions below if they led you to choose any of the categories.

A. WHITE _____

A person whose family and ancestors came from Europe, the Middle East or North Africa.

B. BLACK OR AFRICAN AMERICAN _____

A person whose family and ancestors belonged to any of the black racial groups of Africa.

C. ASIAN _____

A person whose family and ancestors came from the Far East, Southeast Asia, or the Indian subcontinent, including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.

D. HISPANIC OR LATINO _____

A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of "race."

E. EUROPEAN _____

A person whose family and ancestors came from Britain, Ireland, France, Spain, Sweden, Germany, Poland, Russia, Yugoslavia, Romania, Lithuania, etc.

F. MIDDLE EASTERN _____

A person whose family and ancestors came from Saudi Arabia, Iraq, Iran, Turkey, Syria, Jordan, Lebanon, Israel, etc. Also those who consider themselves Arabian, Persian, etc.

(SEE MORE CATEGORIES ON THE NEXT PAGE)

G. FAR EAST ASIAN _____

A person whose family and ancestors came from China, Japan, Korea, Hong Kong, Taiwan, etc.

H. SOUTHEAST ASIAN _____

A person whose family and ancestors came from Indonesia, Thailand, Cambodia, Malaysia, the Philippines, Singapore, Laos, Vietnam, Burma (Myanmar), etc.

I. INDIAN SUBCONTINENT _____

A person whose family and ancestors came from India, Afghanistan, Pakistan, Bangladesh, Nepal, Sri Lanka, etc.

J. NORTH AFRICAN _____

A person whose family and ancestors came from Algeria, Morocco, Egypt, Libya, Tunisia, etc.

K. AFRO-CARIBBEAN _____

A person whose family and ancestors came from Jamaica, Haiti, the Dominican Republic, etc. Also, those who consider themselves Creole.

L. AMERICAN INDIAN OR ALASKA NATIVE _____

A person whose family and ancestors came from North, Central, or South America.

M. NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER _____

A person whose family and ancestors came from Hawaii, Guam, Samoa, or other Pacific Islands.

N. OTHER _____

If possible please elaborate. If you think there are additional or better terms to describe your race/ethnicity please add them here.

O. DON'T KNOW _____

On the next pages please fill in as much as you can about your blood relatives.

IF YOU ARE ADOPTED and do not know anything about your biological parents check here and skip the rest of this form. _____

YOUR BIOLOGICAL MOTHER

1. Please fill in her place of birth.

A. City _____ Don't know _____

B. State _____ Don't know _____

C. Country _____ Don't know _____

2. Please put check marks for her race/ethnicity (check **ALL** that apply).

Look back at the first 2 pages for definitions. Please choose all of the words from those definitions that apply to her and write them below.

A. WHITE _____

B. BLACK OR AFRICAN AMERICAN _____

C. ASIAN _____

D. HISPANIC OR LATINO _____

E. EUROPEAN _____

F. MIDDLE EASTERN _____

G. FAR EAST ASIAN _____

H. SOUTHEAST ASIAN _____

I. INDIAN SUBCONTINENT _____

J. NORTH AFRICAN _____

K. AFRO-CARIBBEAN _____

L. AMERICAN INDIAN OR ALASKA NATIVE _____

M. NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER _____

N. OTHER _____

If possible please elaborate. If you think there are additional or better terms to describe her race/ethnicity please add them here.

O. DON'T KNOW _____

YOUR BIOLOGICAL FATHER

1. Please fill in his place of birth.

A. City _____ Don't know _____

B. State _____ Don't know _____

C. Country _____ Don't know _____

2. Please put check marks for his race/ethnicity (check **ALL** that apply).

Look back at the first 2 pages for definitions. Please choose all of the words from those definitions that apply to him and write them below.

A. WHITE _____

B. BLACK OR AFRICAN AMERICAN _____

C. ASIAN _____

D. HISPANIC OR LATINO _____

E. EUROPEAN _____

F. MIDDLE EASTERN _____

G. FAR EAST ASIAN _____

H. SOUTHEAST ASIAN _____

I. INDIAN SUBCONTINENT _____

J. NORTH AFRICAN _____

K. AFRO-CARIBBEAN _____

L. AMERICAN INDIAN OR ALASKA NATIVE _____

M. NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER _____

N. OTHER _____

If possible please elaborate. If you think there are additional or better terms to describe his race/ethnicity please add them here.

O. DON'T KNOW _____

YOUR GRANDMOTHER ON YOUR MOTHER'S SIDE
(YOUR MOTHER'S BIOLOGICAL MOTHER)

1. Please fill in her place of birth.

A. City _____ Don't know _____

B. State _____ Don't know _____

C. Country _____ Don't know _____

2. Please put check marks for her race/ethnicity (check **ALL** that apply).

Look back at the first 2 pages for definitions. Please choose all of the words from those definitions that apply to her and write them below.

A. WHITE _____

B. BLACK OR AFRICAN AMERICAN _____

C. ASIAN _____

D. HISPANIC OR LATINO _____

E. EUROPEAN _____

F. MIDDLE EASTERN _____

G. FAR EAST ASIAN _____

H. SOUTHEAST ASIAN _____

I. INDIAN SUBCONTINENT _____

J. NORTH AFRICAN _____

K. AFRO-CARIBBEAN _____

L. AMERICAN INDIAN OR ALASKA NATIVE _____

M. NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER _____

N. OTHER _____

If possible please elaborate. If you think there are additional or better terms to describe her race/ethnicity please add them here.

O. DON'T KNOW _____

YOUR GRANDFATHER ON YOUR MOTHER'S SIDE
(YOUR MOTHERS BIOLOGICAL FATHER)

1. Please fill in his place of birth.

A. City _____ Don't know _____

B. State _____ Don't know _____

C. Country _____ Don't know _____

2. Please put check marks for his race/ethnicity (check **ALL** that apply).

Look back at the first 2 pages for definitions. Please choose all of the words from those definitions that apply to him and write them below.

A. WHITE _____

B. BLACK OR AFRICAN AMERICAN _____

C. ASIAN _____

D. HISPANIC OR LATINO _____

E. EUROPEAN _____

F. MIDDLE EASTERN _____

G. FAR EAST ASIAN _____

H. SOUTHEAST ASIAN _____

I. INDIAN SUBCONTINENT _____

J. NORTH AFRICAN _____

K. AFRO-CARIBBEAN _____

L. AMERICAN INDIAN OR ALASKA NATIVE _____

M. NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER _____

N. OTHER _____

If possible please elaborate. If you think there are additional or better terms to describe his race/ethnicity please add them here.

O. DON'T KNOW _____

YOUR GRANDMOTHER ON YOUR FATHER'S SIDE
(YOUR FATHER'S BIOLOGICAL MOTHER)

1. Please fill in her place of birth.

A. City _____ Don't know _____

B. State _____ Don't know _____

C. Country _____ Don't know _____

2. Please put check marks for her race/ethnicity (check **ALL** that apply).

Look back at the first 2 pages for definitions. Please choose all of the words from those definitions that apply to her and write them below.

A. WHITE _____

B. BLACK OR AFRICAN AMERICAN _____

C. ASIAN _____

D. HISPANIC OR LATINO _____

E. EUROPEAN _____

F. MIDDLE EASTERN _____

G. FAR EAST ASIAN _____

H. SOUTHEAST ASIAN _____

I. INDIAN SUBCONTINENT _____

J. NORTH AFRICAN _____

K. AFRO-CARIBBEAN _____

L. AMERICAN INDIAN OR ALASKA NATIVE _____

M. NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER _____

N. OTHER _____

If possible please elaborate. If you think there are additional or better terms to describe her race/ethnicity please add them here.

O. DON'T KNOW _____

YOUR GRANDFATHER ON YOUR FATHER'S SIDE
(YOUR FATHER'S BIOLOGICAL FATHER)

1. Please fill in his place of birth.

A. City _____ Don't know _____

B. State _____ Don't know _____

C. Country _____ Don't know _____

2. Please put check marks for his race/ethnicity (check **ALL** that apply).

Look back at the first 2 pages for definitions. Please choose all of the words from those definitions that apply to him and write them below.

A. WHITE _____

B. BLACK OR AFRICAN AMERICAN _____

C. ASIAN _____

D. HISPANIC OR LATINO _____

E. EUROPEAN _____

F. MIDDLE EASTERN _____

G. FAR EAST ASIAN _____

H. SOUTHEAST ASIAN _____

I. INDIAN SUBCONTINENT _____

J. NORTH AFRICAN _____

K. AFRO-CARIBBEAN _____

L. AMERICAN INDIAN OR ALASKA NATIVE _____

M. NATIVE HAWAIIAN OR OTHER PACIFIC ISLANDER _____

N. OTHER _____

If possible please elaborate. If you think there are additional or better terms to describe his race/ethnicity please add them here.

O. DON'T KNOW _____