S1 Table

HOUSEHOLD FOOD SECURITY QUESTIONNAIRE

HH_ID:	Enun	nerator's Nam	ne:		
District:		ge:		Date:	
A.1. Personal an	nd demographic inform	nation of the	household	<u>s</u>	
Name of the Respon	ndent:		Ge1	nder: Male	Female
Respondent is the h	ousehold head?	1) Yes	2) No,		
if No, Relationship	with household head _				
Age of the Respond	lent:	Age of the	household l	nead:	
Household Member	rs:	Tot	al earning h	ands:	
Age in Years	Male Member	Females I	Members	Tot	al
< 1					
1-9					
10-17					
Adults					
Education level of h	nousehold head (tick on	e of the follo	wings)		
1- Illiterate		2-	5 Years of	schooling (Pa	rimary)
3- 8 Years of s	chooling (Middle)	4-	10 years of	schooling (H	High)
5- 12 years of	schooling (FA/FSc)	6-	Above 12 y	ears of school	oling
(Graduation)					
6- Masters		7-	Others (Dip	ploma, etc.)	
Decision making re	garding food purchase	consumption	n: Househol	d head (Male	e)
Spouse (Female)					
Tenancy Status					
1- Owner		Owned are	a (acres): _		
		Rented in a	rea (acres):		
		Rented out	area (acres)):	
2- Tenant		Rented in a	rea (acres):		
Does the household	support anyone living	outside the ho	ome with m	oney or food	during
1 , 10 , 1 0					

last 12 months?

	Yes	No	Suppo	rt value in mon	ey = RS
If yes t	hen tick	all those that appl	у		
1)	Other f	amily member(s) l	iving in rural area		
2)	Other f	amily member(s) l	iving in urban area	a	
3)	Other f	amily member(s) 1	iving abroad		
4)	Others	(Specify)			
Is the l	househo	old getting any su	pport (cash, food	, non-food esse	ential services &
goods,	etc.) fr	om anyone outsid	e the household <u>a</u>	<u>it present</u> ? If y	es then what are
those?					
Cash fo	or food	purchases	Yes	No	
Cash fo	or other	non- food essentia	l (school, fees, ren	ntals, other bills) Yes No
Food (i	in kind)		Yes	No	
Other (specify)			
Assets	at hous	sehold home and f	arm		
Sr. No.	Asse	ts		Number	Value (Rs)
1	Hous	se			
	Car				
	Moto	or cycle			
	Trac	tor			
	TV				
	Over	1			
	Refr	igerator			
	Air (Conditioner			
	Othe	r Farm Equipment	S		
				1	
What is	s the so	urce of drinking wa	ater:	Ground Water	r Canal Water
What's	your o	pinion about the qu	uality of drinking v	water you used:	Good Bad

Yes

Home toilet

Open

Pond (Gutter)

No

Open toilet

Sewerage

Closed

Are you use water after boiling:

What is the system of sewerage:

Are you use home toilet or open toilet:

Where you put waste water and toilet waste:

what is the situation of cleanliness at your nome:	G00a	Bad	
Are the household members wash hands with soap	after using toilet:	Yes	No
If yes; with which soap:	_(Specify name)		
What is the frequency of illness in household mem	bers e.g. diarrhea oi	other diseas	ses
i) Once in a week			
ii) Once in a month			
iii) Once in 3 months			
iv) Once in 12 months			
How many doctors are there in the village:			

A.2. <u>Food consumption information for calorie intake calculations (Quantitative information to measure food security – calorie / protein intake method)</u>

A. Food Consumption related data, last 7 and 30 days

Calorie chart for one household							
Sr. No.	English name	Urdu name	Quantity consumed (Kg) (7 days)	Quantity bought (Kg) (30 days)	Quantity Consumed (Kg) (30 days)		
A.1) Bread related							
1	Barley	Jou					
2	Rice	Chaval					
4	Wheat grain flour	Aata					
5	Wheat flour	Maida					
6	Wheat flour	Suji					
7	Biscuit	Biscuit					
A.2) (A.2) Garam masala						
8	Garam masala	Masala					
A.3) I	Fats and oil	I	1				
9	Butter	Makhan					

10	Banaspati	Ghee					
11	Oil	Tail					
A.4) St	A.4) Sugar, sweets and beverages						
12	Sugar	Cheeni					
13	Gur						
A.5) Legumes							
14	Legumes (4)	Dalain					
A.6) Vegetables							
15	Onion	Piaz					
16	Potato	Aalu					
17	Vegetables	Sabzi					
A.7) F	ruits						
18	Fruits	Phall					
A.8) Meat							
19	Beef	Ghosht					
20	Chicken	Ghosht					
21	Goat/Lamb	Ghosht					
22	Fish	Machli					
A.9) Eg	A.9) Egg						
23	Eggs (one	Anda					
	piece)						
A.10) D	airy products						
24	Milk	Doodh					
25	Curd	Dehi					
26	Cheese	Paneer	_	_			
A.11) O	ther food item	s which you co	nsume commo	nly			
27							
28							
29							
30							

32				
33				
A.3. Household food securit	y qualitative	questions (during last	12 months)

Q.3.2. Considering basic daily food requirements as minimum food intake required for life: do you think that the basic daily food intake of your household has improved?

Yes No

If yes, to what extant?

- a. Slightly better
- b. Better
- c. Much better

If no, then?

- a. Same
- b. Worse
- c. Much worse
- Q.3.3. Did you or other household members ever skip a meal because there was not enough money to buy food over last 12 months?
 - a. Once a week
 - b. Once a month
 - c. Once in 3 months
 - d. Once in 6 months
 - e. Never skipped the meal.
 - f. Don't know
- Q.3.4. Did you or other household members ever not eat for a whole day because of lack of money to buy food?
 - a. Once a week

b.	Once a month
c.	Once in 3 months
d.	Once in 6 months
e.	Never happened.
f.	Don't know
Q.3.5. Did yo	u or other household members ever eat less than you or they would have
needed to eat?	
a.	Once a week
b.	Once a month
c.	Once in 3 months
d.	Once in 6 months
e.	Never
f.	Don't know
Q.3.6. Someti	mes people lose weight because of not having enough to eat. In the past 12
months did yo	ou lose weight due to not enough food?
a.	Yes
b.	No
c.	Don't know
Q.3.7. Did yo	u ever cut the size of children's meals due to not enough food available?
a.	Once a week
b.	Once a month
c.	Once in 3 months
d.	Once in 6 months
e.	Never
f.	Don't know
Q.3.8. Did any	y of the children ever skip a meal due to not enough food?
a.	Once a week
b.	Once a month
c.	Once in 3 months
d.	Once in 6 months
e.	Never

f. Don't know

Q.3.9. Did any of the children ever not eat for a whole day because of lack of money to buy food?

a. Once a week

b. Once a month

c. Once in 3 months

d. Once in 6 months

e. Never

f. Don't know

Q.3.10. "I worried whether our food would run out before we got money to buy more".

What was the frequency of this situation?

a. Once a week

b. Once a month

c. Once in 3 months

d. Once in 6 months

e. Never

f. Don't know

Q.3.11. In your opinion what is a balanced meal?

Q.3.12. "We could not afford to eat balanced meals" what was the frequency?

a. Once a week

b. Once a month

c. Once in 3 months

d. Once in 6 months

e. Never

f. Don't know

Q.3.13. "We could not feed the children a balanced diet due to lack of money" what was the frequency?

a. Once a week

	b.	Once a month					
	c.	Once in 3 months					
	d.	Once in 6 months					
	e.	Never					
	f.	Don't know					
Q.3.14. Hov	v y	ou dealt with such situation (food sh	ortage) over last 12 months?				
(Tick all tha	ıt a	pply)					
	a.	Borrowing from friends, neighbors,	relatives, etc.				
	b.	Stick to simple food (e.g. dal roti or	roti piaz)				
	c.	Reduce expenditures on health					
	d.	Reduce expenditures on education					
	e.	Adults skip meals once a day					
	f.	Selling assets (e.g. cycle, motorcycle	e, bull, farm equipment, etc)				
	g.	Others (Please specify)					
		heavy flooding in the country gener shortage of food items, how you will	deal with such situation, any				
		Yes	No				
If yes, pleas	e e	xplain					
Q.3.16. Do	yoı	ı smoke?					
	,	Yes	No				
If yes							
		a. Less than half a pack per da	y				
		b. Half a pack daily					
		c. One pack daily					
		d. Two packs daily					
		e. Three packs daily					

f. Four packs daily

Q.3.17. Which brand do you normally smoke? ----- (Please Specify)

In the past 2 years, what difficulties have negatively impacted your household's							
ability to meet your food needs?							
Shock	Tick all the difficulties	Rank the top 3					
	identified by the	difficulties					
	household						
Loss of employment/ reduced							
salary							
Sickness/ health expenditures							
Death of household head							
High food prices							
Debt to reimburse							
Insecurity/ thefts							
Crop disease							
Animal disease / death							
Lack of irrigation water							
Bad climate(poor crop							
yield/harvest)							
Others (Please specify)							

^{&#}x27;a pack' = 20 cigarettes

A.4. Income and expenditure data.

A.4.1 Source of Income

Number of Earners		Amount (Rs.)
Farm Income (over <u>last 12</u>	From crops	
months)	From Livestock	
Off-farm Income	Dehari dar	
	Number of HH Members	
	Wage rate (Rs. daily)	
	Average worked days per	
	week	
	Job Holders (Govt.)	
	Number of HH members	
	Wages (monthly)	
	Job Holders (Private)	
	Number of HH members	
	Wages (monthly)	
Do you make a pool of incomes of	f all earning members?	Yes No
If no, do you take share from each	n earning member to make a po	ool? Yes No
How much share?		

A.4.2 Household Expenditures

Expenditures on (Rs.)		Monthly
Food		
Health	Doctor Fee	
	Medicine	
Clothing		
Education		
Weddings (Son, Daughter)		
Funerals		

Taxes				
Weddings of relatives				
Expenditures on legal matters like courts,				
police station etc.				
Other major exp.				
Proportion of income spent on (%)	<u>Food</u>	Health	Clothing	Education

*A.4.3. Farm Production, Expenditure and Income Data

*Q.A.4.3.1. Which crops have you grown in last 12 months? (Tick all that apply)

- a. Wheat
- b. Barley
- c. Rice
- d. Cotton
- e. Sugarcane
- f. Maize
- g. Vegetables

*Q.A.4.3.2. Please mention the fertilizers you applied for each of these crops

Crops	Urea (Number	DAP (Number	FYM	Others
	of bags)	of bags)	Number of	(Number of
			Trolleys	bags)
Price				
Wheat				
Barley				
Rice				
Cotton				
Sugarcane				
Maize				
Vegetables				

*Q.A.4.3.3. Please mention the seed rates you used for each of these crops

Crops	Area Sown (acres)	Seed Used Kg/acre	Prices (Rs.)
Wheat			
Barley			
Rice			
Cotton			
Sugarcane			
Maize			
Vegetables			

* Q.A.4.3.4. Please mention the plant protection treatments you applied for each of these crops

Crops	No. of treatments /	Price / treatment / acre	Total area
	acre	(Rs.)	treated
Wheat			
Barley			
Rice			
Cotton			
Sugarcane			
Maize			
Vegetables			

*Q.A.4.3.5. Please mention the expenditures on irrigation for these crops

Crops	Tube well	Canal Water	
	If Purchased = Cost	If owned at what price	(Aabyaana)
	(Rs.)	would you sell (Rs.)	(Rs.)
Wheat			
Barley			

Rice				
Cotton				
Sugarcane				
Maize				
Vegetables				
* Q.A.4.3.6. Please mention the expenditures on Labor/family labor				
Wage = In cash Rs. per person per day				

· Q.71.4.5.0. I lease mention and	expenditures on Edoor family 14001	
Wage = In cash	Rs. per person per day	
In Kind	Kg. per person per day	
Land Rent = (if applicable)	(for a year) for	acres

Labor used for	Number of persons	Number of days	If different rates for sugarcane or other crops
Sowing			
Weeding			
Harvesting			
Spray			

*Q.A.4.3.7. Please mention the expenditures on Marketing of your produce

Crops	Quantity (mds)	Transportation	Market charges (Rs.)
	marketed	Costs (Rs.) to the	(fee, taxes, etc)
		nearest market	
Wheat			
Barley			
Rice			
Cotton			
Sugarcane			
Maize			
Vegetables			
Other			

* Q.A.4.3.8. Please mention the expenditures on livestock

Livestock	Numbers of animals (at the time of interview)	Feed (Rs. Per month)	Medicine (Rs. Per month)	Other expenditures (Rs.) (tools, fence replacements, etc.)
Goats				
Sheep				
Buffalo				
Cow				
Oxen				
Chickens				
Horses/ donkeys				
Other				

Q.A.4.3.9. Please pro	ovide informati	on about any l	oan taken du	ring last 12 months
Loan Taken		Yes	No	
Source:	Banks	Non-Bank (v	which one pl	ease mention)
Purpose:	Production	Perso	onal	Development
Interest rate				
*Q.A.4.3.10. Please	mention the pro	oduction per ac	ere and sale	price of your farm produce
during <u>last 12 month</u>	<u>.s</u>			

Crops	Production per acre	Price (sold) per unit
	(Mds)	(Rs/Md)
Wheat		
Barley		
Rice		
Cotton		
Sugarcane		
Maize		
Vegetables		

Others	

* Q.A.4.3.11. Please mention; production, consumption and sold livestock during last 12 months

Livestock Income	Production	Home	sold in ma	arket
	(Kg for Milk and	Consumption (Kg		
	Numbers for	for Milk and		
	Meat and dozens	Numbers for Meat		
	for eggs)	and dozens for		
		eggs)		
		Quantity	Quantity	Price (Rs.)
Milk				
Goat/ Sheep				
Cow				
Buffalo				
Meat				
Goat				
Sheep				
Buffalo				
Cow				
Oxen				
Chickens Meat				
Eggs (Dozens)				
Others				

^(*) means 'skip if landless'

A.5. Information about accessibility to input and output markets

Q.5.1. Please mention the distance to nearest markets from your home/farm etc.

		Distance in	Transportation	Transportation
No.	Distance to nearest	Kilometres	Cost (1 time)	Cost (Last 12
		(Km)	in PKR	months) in PKR

1	Tarred	Road						
2	Seed a	nd Fertilizer M	larket					
3	Pestici	des Market						
4	Output	Market (Mand	di) your you					
-	sell yo	ur farm produc	ee					
5	PASSO	CO Centre						
6	Utility	Store						
7	Shop f	rom where you	purchased					
,	food st	tuff for home u	se daily					
							_	
Q.5.2	. Do yo	ou have easy	access and sati	sfied with	the ex	tension servi	ces of	Punjab
Agric	cultural l	Department?						
			Yes	No)			
If Ye	s: to wh	at extent						
	i)	Dissatisfied						
	ii)	Less Satisfie	d					
	iii)	Satisfied						
If No	; what a	re the reasons						
i)	• • • • • • •		•••••	• • • • • • • • • • • • • • •	• • • • • • •			• • • • • • •
ii)	• • • • • • •		•••••	• • • • • • • • • • • • • • • • • • • •	• • • • • • • •		• • • • • • • • • • • • • • • • • • • •	• • • • • • •
iii)								
Q.5.3	3. Do yo	ou have credit a	access?					
			Yes	No)			
If No	o; what a	are the reasons						
i)	• • • • • • •			• • • • • • • • • • • • • • • • • • • •	• • • • • • •			
ii)				• • • • • • • • • • • • • • • • • • • •	• • • • • • • •			•••••
iii)				• • • • • • • • • • • • • • • • • • • •	• • • • • • • •			•••••
Q.5.4	4. Do yo	ou have electric	ity access at you	ur farm?				
			Yes	No)			

Q.5.5	5. Do y	ou think the ex	tension workers	have influence of	on your sales decisions?
			Positive		Negative
Q.5.6	6. Do y	ou think coope	erative societies h	ave influence or	n your sales decisions?
			Positive		Negative
Q.5.7	7. Do y	ou have access	s to market inform	nation?	
			Yes	No	
If Ye	es; to w	hat extent			
	i)	Negligible			
	ii)	Very less			
	iii)	less			
	iv)	Enough			
	v)	Full			
If No	; then v	what are the rea	asons		
i)				•••••	
ii)				•••••	
iii)				• • • • • • • • • • • • • • • • • • • •	